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Clinical Updates in Peri-Operative Optimization for Orthopaedic Surgery

Guest Editor:

Dr. Mitchell K. Ng

Maimonidies Medical Center, Brooklyn, NY, USA

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Message from the Guest Editor

Dear Colleagues,

The practice of orthopedics is constantly evolving. In the U.S., over a million total joint arthroplasties are performed annually, with 540,000+ total hip arthroplasties and 790,000 total knee arthroplasties. In addition, over 400,000 spinal fusion surgeries are performed annually, with over 340,000 interbody fusions. While guidelines for the preoperative optimization of such patients do exist, with respect to hemoglobin, kidney function, and HbA1c status, they are still often dependent on the institution. There are important considerations prior to surgery, including bone health (osteoporosis, osteopenia), pre-operative planning (robotics/navigation), and appropriate operative indications (e.g., unicompartmental knee arthroplasty, cemented versus cementless constructs, disc arthroplasty, laminoplasty), that remain incompletely understood. In this Special Issue, we welcome authors to submit papers regarding clinical updates in the peri-operative management of orthopedic surgery.



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Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, University of Tokyo, Tokyo 113-8655, Japan

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Journal of Clinical Medicine Editorial Office MDPI, St. Alban-Anlage 66 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/jcm jcm@mdpi.com X@JCM_MDPI