



## Advances in Clinical Management of Bipolar Disorder: 2nd Edition

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### Message from the Guest Editor

Bipolar disorder is a disabling illness due to its early onset, severity and chronicity. Its global prevalence in 2019 was estimated at nearly 40 million patients, and the disorder poses a risk for patients' well-being, not only through direct negative outcomes but also through indirect effects associated with poverty, suicide and co-morbid health issues. Furthermore, bipolar disorder places a considerable burden on families and significant others. These facts point to the significance of appropriate therapeutic interventions for bipolar disorder. To a large extent, the first onset of the disorder will require hospitalization, with a high chance for subsequent re-entries to a clinical environment. The aim of this Special Issue is to highlight the difficulties in the clinical handling of bipolar disease and any new treatment solutions.





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