



Nutrition in the First 1000 Days

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Message from the Guest Editor

A baby's first 1000 days of life provide a unique window of opportunity.

From conception to two years of age, nutrition plays a vital role in children's immune function, health, development, and even learning potential. Pregnancy nutrition, breastfeeding, introduction of solids, and exposure to healthy foods are all important nutritional aspects during this time.

Nutrition in pregnancy can affect aspects such as placenta function and birth weight, and may even influence a baby's later taste preferences. We continue to learn more about the benefits of breastfeeding and how to assist women in achieving their breastfeeding goals. Early childhood nutrition is linked to obesity and some chronic diseases. The first 1000 days are also an important time for the development of the child's gut microbiome and risk of allergic disease.

This Special Issue seeks papers on topics related to early life nutrition, including conception, pregnancy, infant feeding and child nutrition. By learning more about the opportunity presented by this time period, we can better target interventions to improve children's futures.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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