



Innovations in Sport, Physical Activity and Exercise from Childhood to Older Adult

Guest Editors:

Dr. Luis Leitão

Dr. Teresa Figueiredo

Dr. Hugo Louro

**Prof. Dr. José Carmelo Adsuar
Sala**

Deadline for manuscript
submissions:
closed (31 August 2023)

Message from the Guest Editors

Physical activity, exercise and sport represent major industries in developed countries. Sports facilities are increasingly popular; however, scientific knowledge on many issues related to physical activity and sport remains weak. This Special Issue aims to publish scientific articles related to the latest scientific evidence on physical activity, physical exercise and sport. We welcome the submission of contributions on the abovementioned topics in any of the following forms: reliability studies, validity studies, correlational studies, observational studies, study protocols, longitudinal studies, cross-sectional studies, case reports, qualitative studies, studies with discourse analysis, bibliometric reviews, narrative reviews, scoping reviews, systematic reviews, and meta-analyses.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

International Journal of
Environmental Research and Public
Health Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)