

International Journal of *Environmental Research and Public Health*



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Environmental Aspects of Mental Health and Medical Care in the COVID-19 Pandemic

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Message from the Guest Editors

Dear Colleagues,

This Special Issue specifically, but not exclusively, seeks to study the effect of all environmental factors, including natural, social, and economic environments on public mental health and medical care during this pandemic. We also intend to complete and expand our knowledge of changes in social behavior. It has already been demonstrated that many of these pandemic rules of life have left their mark on interpersonal relationships. To date, not all endogenous personality factors that could potentially be predictors of increased pandemic stress are known. It is important to understand the social mechanisms and behaviors that may modify the intensity of perceived stress. In this aspect, the identification of those constraints that exacerbate pandemic stress seems to be crucial. Therefore, it is particularly important to seek out all methods to effectively combat pandemic stress in its widest sense. Thus, we want to identify any ways to prevent the negative effects of restrictions introduced during the COVID-19 pandemic.

Dr. Andrzej R. Skrzypczak Prof. Dr. Piotr Tryjanowski *Guest Editors*





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Editor-in-Chief

Message from the Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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