



## 2nd Edition: Evidence-Based Nature for Human Health

Guest Editors:

**Prof. Dr. Choong Hwan Lee**

**Prof. Dr. Sin-Ae Park**

**Dr. Chorong Song**

Deadline for manuscript  
submissions:

**closed (31 December 2022)**

### Message from the Guest Editors

Dear Colleagues,

For modern people, it is not easy to stay healthy because of many reasons such as stress, environmental pollution, urbanization. Nature-based complementary and alternative medicine is necessary for maintaining homeostasis, which is the ability or tendency of an organism to maintain internal stability, compensating for environmental changes. In addition, nature-based complementary and alternative medicine improves or recovers health. Nature-based complementary and alternative medicine includes horticultural therapy, forest therapy, care farming, natural products with therapeutic effects, etc.

This Special Issue seeks papers about the health benefits of nature-based complementary and alternative medicine established by using scientific research methodology and evaluation. We also welcome high-quality systematic reviews or meta-analysis papers related to these matters. We would be very happy if this Special Issue serves as a trigger for considering more effective applications of nature-based complementary and alternative medicine in the future.





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## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**

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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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