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The Continuum of Social Isolation and Connectedness: The Impact on Health

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Message from the Guest Editors

We are living in an age defined by advanced technology and social media, physical and social distancing of family and friends due to changing family structures, work-related influences, as well as the lingering effects of the COVID-19 pandemic on social well-being. Such factors are likely to have negative health effects, manifested in a sense of isolation and resulting in increased loneliness, depression, social withdrawal, and substance use and misuse with implications for suicidal ideation and increased morbidity and mortality.

The focus of this Special Issue will be on the complex biopsychosocial mechanisms resulting in the body's regulation or dysregulation and behaviors in response to social connectedness versus isolation. This Special Issue seeks articles that will help to describe and explain the experiences of social connectedness and social isolation and their impact on health. Equally valued will be articles that explore novel interventions promoting social connectedness and strengthening individual health, wellbeing, and recovery from illness, as well as supporting group function.













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Message from the Editor-in-Chief

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