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Urban Forests and Human Health

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Message from the Guest Editors

Urban forests, comprising trees, green spaces, and natural elements within cities, have been recognized for their profound impact on public well-being. From air quality improvement to mental health benefits, urban forests play a pivotal role in enhancing our overall health and quality of life. This Special Issue aims to delve into the multifaceted relationship between urban forests and human health, exploring the potential of forests to mitigate health challenges in urban environments. Contributions to this Special Issue will shed light on the latest research and insights into the dynamic nexus between urban forests and human health. We invite researchers, practitioners, and policymakers to share their innovative approaches, empirical studies, and visionary perspectives to collectively advance our understanding of this crucial relationship.

Potential topics include, but are not limited to:

- Air quality impact of urban forests;
- Mental health benefits of urban green spaces;
- Physical activity promotion through urban forests;
- Urban planning strategies for maximizing health benefits;
- Community engagement in urban forest development.



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Special Issue



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Message from the Editorial Board

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