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## Advanced Studies of Plant Sterol-Enriched Functional Foods

Guest Editors:

**Prof. Dr. Amparo Alegria**

Nutrition and Food Science Area,  
Faculty of Pharmacy, University  
of Valencia, Avda. Vicente Andrés  
Estellés s/n, Burjassot, 46100  
Valencia, Spain

**Dr. Antonio Cilla**

Nutrition and Food Science Area,  
Faculty of Pharmacy, University  
of Valencia, Avda. Vicente Andrés  
Estellés s/n, Burjassot, 46100  
Valencia, Spain

**Dr. Guadalupe Garcia-Llatas**

Nutrition and Food Science Area,  
University of Valencia, Avda.  
Vicent Andres Estelles s/n 46100,  
Burjassot, Valencia, Spain

### Message from the Guest Editors

Several foods (margarine spreads, yogurt, low-fat milk, fruit juices, and rye bread) can be enriched with plant sterols (PS) to provide them with cholesterol-lowering properties. In the last 20 years, the commercialization of these enriched products has increased, since several of their health claims have been accepted.

The main goal of this Special Issue is to provide new insights and data (original research and review articles) on the advances in different aspects related to PS-enriched foods. Original research and review articles are highly welcomed.

Deadline for manuscript  
submissions:  
**closed (8 October 2021)**



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# Special Issue



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## Editor-in-Chief

### **Prof. Dr. Arun K. Bhunia**

1. Department of Food Science,  
Purdue University, West  
Lafayette, IN, USA

2. Department of Comparative  
Pathobiology (Courtesy), Purdue  
University, West Lafayette, IN,  
USA

## Message from the Editor-in-Chief

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*Foods* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

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