



The Biopsychosocial Facets of Alexithymia and Its Role in Psychiatric, Psychosomatic, and Medical Illnesses

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Message from the Guest Editors

It has been suggested that alexithymic subjects may scarcely respond to both pharmacotherapy and psychotherapy. The characteristic attributes of alexithymic behavior are predominantly manifest in social interactions with high emotional significance. The affect-avoiding interpersonal pattern behavior showed by such subjects is often maladaptive and may elicit disorders and conflicts in important relationships, finally contributing the risk of the development of psychiatric symptoms such as depression or anxiety, thus increasing the risk of suicide.

Therefore, the aim of the present Issue is to give an update on biopsychosocial aspects of alexithymia concerning several points of view (neurobiological, structural, functional, psychological aspects, etc.). Both theoretical and empirical papers are welcome, as well as reviews, mini-reviews, interesting case-reports, and commentaries. All areas concerning alexithymia may be welcomed, from neurobiological and imaging findings to psychopathological and psychological issues. In addition, review papers or original studies on psychosomatic diseases and somatic symptoms would be of great interest.





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Message from the Editor-in-Chief

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