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# The Advantages of Combining Therapies in Treating Psychiatric Patients

Guest Editor:

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## Message from the Guest Editor

Existing treatment modalities in psychiatry, whether biological or psychosocial in nature, are not universally effective. A wide range of variations are observed in the response to these treatments, from complete symptomatic remission to non-response. Due to this, there has been a growing interest in combining different modalities of treatment, both within and across these classes, to optimize mental health outcomes and cost-effectiveness while minimizing adverse events. Recent research has shed light on genetic, biological, and psychosocial factors that may help in predicting treatment response. The purpose of the current Special Issue is to highlight both existing knowledge and cutting-edge research in this field. Both original research and well-conducted reviews on various forms of combined treatment in psychiatry, covering issues such as the efficacy, safety, and prediction of treatment outcomes, will be considered for publication. Emphasis will be placed on work that is innovative in nature and that has well-defined implications for clinical practice or future research in this field



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