



## Functional Beverages, from Idea to Functionality

Guest Editors:

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submissions:  
**closed (30 April 2019)**

### Message from the Guest Editors

Dear Colleagues,

The original idea of health-promoting foods and beverages is several millennia old, and many different cultures worldwide have practiced the development of beverages with nutraceutical properties. Nowadays, there is an increasing demand. In Western society, use of functional beverages is a relatively new concept, and it is predominately orientated towards the fortification/addition of ingredients that can exhibit potential beneficial health effects. Several studies have already identified (or are still under investigation) the beneficial uses of these beverages and have influenced the beverages industry towards mass-scale production.

Therefore, the aim of this Special Issue is to compile recent high-quality research manuscripts (letters to the editor, original research and review papers) on functional beverages, covering topics from the generation of ideas, stability studies to animal and human trials, as well as any other functional applications of these types of beverages. This Special Issue is expected to provide up-to-date information on all aspects of research in functional beverages with a main emphasis on potential health benefits.

*Guest Editors*

