



New Insights in Oral Health and Diets

Guest Editors:

Prof. Dr. Theodoros Varzakas

Department of Food Science and
Technology, University of
Peloponnese, 24100
Antikalamos, Greece

Dr. Maria Antoniadou

Department of Dentistry, School
of Health Sciences, National and
Kapodistrian University of
Athens, 15784 Athens, Greece

Deadline for manuscript
submissions:

closed (30 September 2021)

Message from the Guest Editors

The Special Issue will incorporate articles of modern diet perspectives and coaching approaches that lead to new dietary habits. Suggestions for the food industry that will help toward better food choices for the geriatric and adult population will also be outlined. The link between industry, the medical and dental practitioner, and the consumer–patient will be explored in a more productive collaboration from every aspect.

Highlights:

- Oral health coaching and communication strategies on diet;
- Nutritional aspects of modern societies for the geriatric and adult population;
- Malnutrition and oral health status;
- Industry approaches to modern packaging and dosage of food related to population needs.

The aim of this Special Issue is to attract papers in the general area of food industry and geriatric and adult dietary intake philosophy as well as counseling and coaching processing techniques and values for healthier diets.

Keywords: oral health coaching; malnutrition; innovative food products; processing; geriatric population; nutritional aspects





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo

Dipartimento di Fisica,
Politecnico di Milano, Piazza L.
da Vinci 32, 20133 Milano, Italy

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), Inspec, CAPlus / SciFinder, and other databases.

Journal Rank: JCR - Q2 (*Engineering, Multidisciplinary*) / CiteScore - Q1 (*General Engineering*)

Contact Us

Applied Sciences Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/applsci
applsci@mdpi.com
X@Applsci