



Diagnostic and Interventions in Team Sports

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Message from the Guest Editor

Dear Colleagues,

To date, diagnostic testing in team sports (e.g., soccer, handball, basketball, ice hockey) is often unspecific. Unfortunately, the same tests (e.g., SJ, CMJ, Yo-Yo IR1, sprint 10 m) are often performed on different team sports, despite their different physical demands and requirements.

Furthermore, the direct link between test performance and match performance is missing because it is difficult to measure match performance as a primary outcome.

Therefore, it is necessary to improve the parametrization of match performance as the “gold standard” in order to validate new complex specific tests. The scientific evaluation of these tests (validity, reliability) and the provision of position-specific and league-specific reference data are important aims in this context. Such data would provide valuable information in the design of individual and position-specific training regimens.





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Message from the Editor-in-Chief

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