



Oxidative Stress in Cataracts: Mechanisms and Therapies

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Message from the Guest Editors

Cataracts, a widespread and leading cause of vision impairment worldwide, manifest as clouding of the eye's natural lens. This clouding effect can progressively obstruct vision, leading to difficulties in daily activities and a reduced quality of life for affected individuals.

One of the key mechanisms underlying the formation of cataracts is oxidative stress. Oxidative stress occurs when there is an imbalance between the production of harmful reactive oxygen species (ROS) and the body's ability to neutralize them with antioxidants. In the eye, this imbalance can lead to the oxidation of proteins and lipids within the lens, causing structural changes that result in cloudiness and opacity.

Deadline for manuscript
submissions:

31 August 2024





an Open Access Journal by MDPI

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Message from the Editor-in-Chief

It has been recognized in medical sciences that in order to prevent adverse effects of "oxidative stress" a balance exists between prooxidants and antioxidants in living systems. Imbalances are found in a variety of diseases and chronic health situations. Our journal *Antioxidants* serves as an authoritative source of information on current topics of research in the area of oxidative stress and antioxidant defense systems. The future is bright for antioxidant research and since 2012, *Antioxidants* has become a key forum for researchers to bring their findings to the forefront.

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