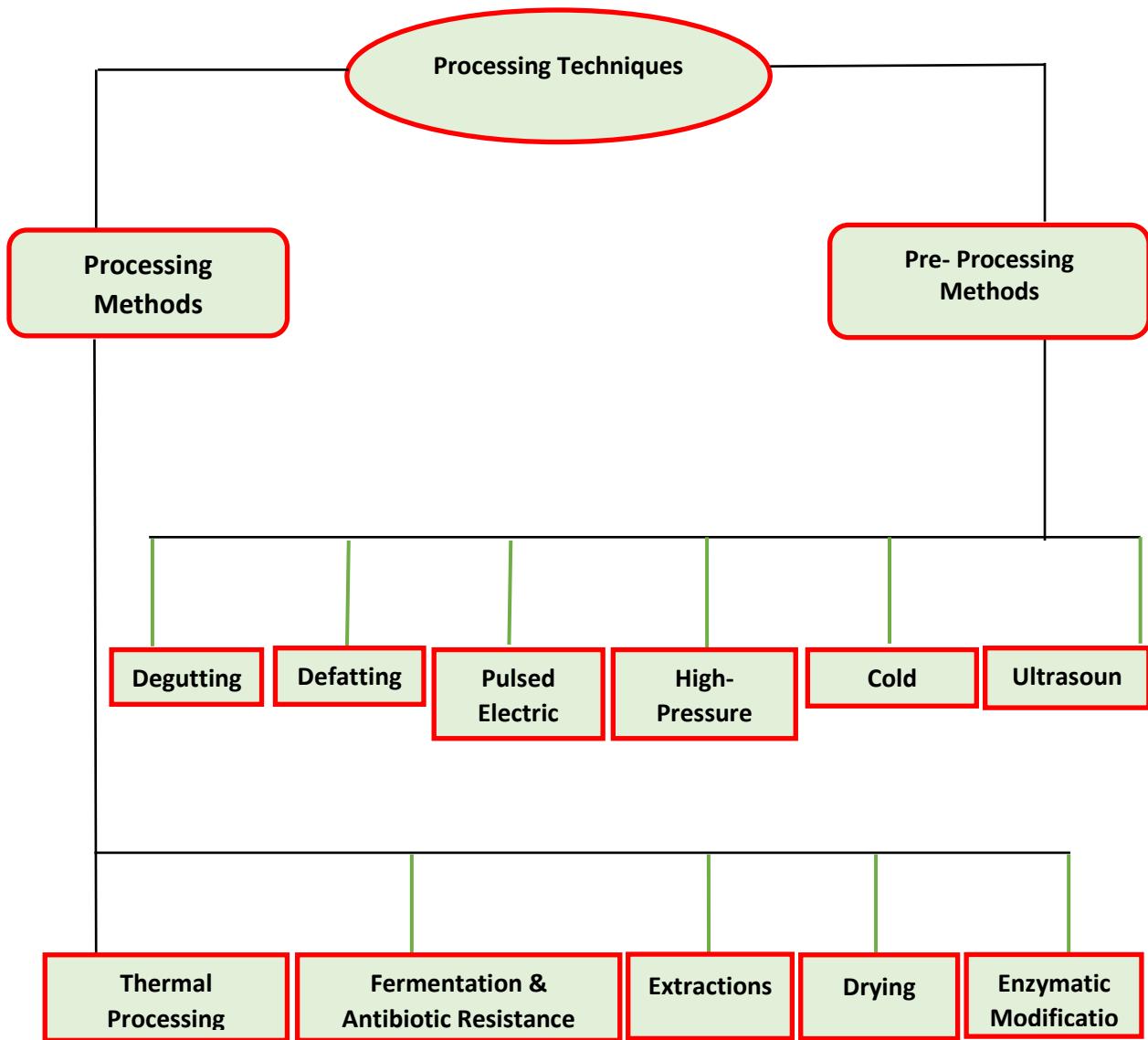


**Table S1:** Patterns of amino acids (mg/g CP) of six commonly used edible insect species. Sources [80,82,152–155]

Amino Acids	<i>Acheta domesticus</i> (adults/nymphs)	<i>Tenebrio molitor</i> (larvae)	<i>Zophobas morio</i> (larvae)	<i>Hermetia illucens</i> (larvae/prepupae)	<i>Musca domestica</i> (Maggot)	<i>Bombyx mori</i> (Pupae)
<b>Alanine</b>	87.8	80.2	72.7	62.7	5.8	5.8
<b>Arginine</b>	65.7	60	57.4	52.8	4.6	5.6
<b>Aspartic acid</b>	79.1	81	83.1	88.3	7.5	10.4
<b>Glutamic acid</b>	109.2	112.1	127	103.7	11.7	13.9
<b>Glycine</b>	52.3	53.1	48.7	55	4.2	4.8
<b>Histidine</b>	22.8	30.2	31.1	32.4	2.4	2.6
<b>Isoleucine</b>	40.3	46.1	46.9	43.3	3.2	5.1
<b>Leucine</b>	78.6	84.9	80.4	69.9	5.4	7.5
<b>Lysine</b>	55.3	55.4	54.6	59.1	6.1	7
<b>Methionine</b>	15.8	13.3	12.2	18.8	2.2	3.5
<b>Phenylalanine</b>	31.5	35.2	37.2	41.5	4.6	5.2
<b>Proline</b>	56.7	68.1	55.9	55.4	3.3	5.2
<b>Serine</b>	44.1	47.2	44.1	38.3	3.6	5
<b>Threonine</b>	35.7	40.3	39.9	39	3.5	5.1
<b>Tryptophan</b>	7.2	10.5	11.4	15.1	1.5	0.9
<b>Valine</b>	54.1	62.9	60.5	63.8	4	5.5



**Figure S1:** The processing techniques of the insect's-based feed.