



Xiaohui Sun, Yuan Luo, Xuenuan Li, Yujie Wang, Shilong Lin, Weile Ding, Kailong Guo, Kaiyou Zhang and Aimiao Qin \*

Key Laboratory of New Processing Technology for Nonferrous Metal & Materials, Ministry of Education, Guangxi Key Laboratory of Optical and Electronic Materials and Devices, College of Material Science and Engineering, Guilin University of Technology, Guilin 541004, China; sxh2510061004@163.com (X.S.); kaiyou2014@glut.edu.cn (K.Z.)

\* Correspondence: 2005032@glut.edu.cn

Abstract: SiO<sub>2</sub> has a much higher theoretical specific capacity (1965 mAh g<sup>-1</sup>) than graphite, making it a promising anode material for lithium-ion batteries, but its low conductivity and volume expansion problems need to be improved urgently. In this work, pompon mum-like SiO<sub>2</sub>/C nanospheres with the sandwich and porous nanostructure were obtained by using dendritic fibrous nano silica (DFNS) and glucose as matrix and carbon source, respectively, through hydrothermal, carbonization and etching operations. The influence of SiO<sub>2</sub> content and porous structure on its electrochemical performance was discussed in detail. The final results showed that the C/DFNS-6 with a SiO<sub>2</sub> content of 6 wt% exhibits the best electrochemical performance as a negative electrode material for lithium-ion batteries due to its optimal specific surface area, porosity, and appropriate SiO<sub>2</sub> content. C/DFNS-6 displays a high specific reversible capacity of 986 mAh g<sup>-1</sup> at 0.2 A g<sup>-1</sup> after 200 cycles, and 529 mAh g<sup>-1</sup> at a high current density (1.0 A g<sup>-1</sup>) after 300 cycles. It also has excellent rate capability, with a reversible capacity that rises from 599 mAh g<sup>-1</sup> to 1066 mAh g<sup>-1</sup> when the current density drops from 4.0 A g<sup>-1</sup> to 0.2 A g<sup>-1</sup>. These SiO<sub>2</sub>/C specific pompon mum-like nanospheres with excellent electrochemical performance have great research significance in the field of lithiumion batteries.

**Keywords:** SiO<sub>2</sub>; silicon/carbon; lithium-ion batteries; pompon mum-like nanospheres; anode materials

### 1. Introduction

Given the escalating global challenges like climate change, environmental risks, and energy resource limitations, it is imperative to aggressively advance energy storage technologies and curtail carbon emissions through reduced reliance on fossil fuels to foster sustainable global energy progress. Lithium-ion batteries (LIBs) are characterized by their high energy density, high power density, and long cycle performance [1–4], so they have been entrusted with a heavy responsibility in the field of electric vehicles, energy storage, consumer electronics and other fields [5,6].

It is widely recognized that the anode materials significantly influence the energy storage and release processes in lithium-ion batteries [7–9]. Graphite anode, which is widely used at present, is quite mature in preparation technology, but the low theoretical specific capacity (372 mAh  $g^{-1}$ ) of graphite has posed challenges in meeting the market demand for high-capacity LIBs [9,10]. On the flip side, silicon has garnered interest as an anode material due to its higher specific capacity (4200 mAh  $g^{-1}$ ). Unfortunately, the process of preparing nano silicon, which usually involves several steps and complex manufacturing processes, is fairly complicated, and the high cost also makes the practical application of silicon unfavorable [11–13].



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In recent years, researchers have conducted extensive research on silicon oxide negative electrode materials, which exhibit good cycling stability compared to Si elemental materials [14,15]. Among them,  $SiO_2$  has become a much sought-after alternative material because of its electrochemical properties comparable to silicon. Due to its low discharge voltage (0.2 V vs. Li<sup>+</sup>/Li), substantial Li-ion storage capacity (1965 mAh  $g^{-1}$ ), excellent cycling stability and widespread availability, SiO<sub>2</sub> is regarded as a promising environmentally friendly Li-ion anode material [16–18]. However, improving its poor electrical conductivity and unsatisfactory rate performance is still not less challenging. To this end, compounding with highly conductive carbon materials has proven to be a promising method for enhancing electron transport and mitigating volume changes [19]. Subsequently,  $SiO_2/C$ composites with different morphologies have been prepared and used as anode materials for LIBs, with nanosphere morphology accounting for the majority [20–23]. Li et al. successfully prepared dual-porosity structure  $SiO_2/C$  nanospheres composites, which can obtain a reversible capacity of 635.7 mAh  $g^{-1}$  by cycling 200 times at a current density of  $0.1 \text{ A g}^{-1}$ , and also demonstrated good multiplicity performance [24]. In addition, Pang et al. synthesized SiO<sub>2</sub>@carbon composite nanorods with core-shell structure using a simple method of in situ capping polydopamine, which achieved a reversible capacity of 690 mAh  $g^{-1}$  at a current density of 0.1 A  $g^{-1}$ , and even at a high 1.0 A  $g^{-1}$  current density, a capacity of 344.9 mAh  $g^{-1}$  can be achieved [25]. Moreover, Zhang et al. used ZIF-8 as a template to design nanocubes SiO2/C composites with an initial discharge capacity of 863.6 mAh  $g^{-1}$  at a current density of 0.1 A  $g^{-1}$ , and the reversible capacity was stabilized after 150 cycles at 723 mAh  $g^{-1}$  [26]. Among these many morphologies, SiO<sub>2</sub>/C composites containing voids offer space to accommodate the mechanical strain, enabling  $SiO_2$ to expand without pulverization during the intercalation and deintercalation process of lithium-ion, thus contributing to the formation of a relatively stable structure [27], and such  $SiO_2/C$  composites exhibit excellent electrochemical properties even with reduced silica content. For example, Chen et al. prepared lemon-like hollow silica spheres as an anode material for LIBs using the soft template method, and the sample at about 56% SiO<sub>2</sub> content had a discharge mass specific capacity of 786 mA h  $g^{-1}$  after 500 cycles at a current density of 1.0 A g<sup>-1</sup> [21]. Liu et al. prepared SiO<sub>2</sub>@C hollow spheres by a sacrificial template method, in which the charge/discharge specific capacity was 653.4/649.6 mAh g<sup>-1</sup> after 160 cycles at a SiO<sub>2</sub> content of 67 wt% and a current density of 0.11 mA cm<sup>-2</sup> [28].

In this work, an advanced  $SiO_2/C$  anode material with pompon mum-like morphology and sandwich porous nanostructure is prepared by hydrothermal, carbonization and etching process, which selects dendritic fibrous nano silica (DFNS) and glucose as the matrix and the carbon source. This pompon mum-like  $SiO_2/C$  composite anode provides a large number of reaction sites due to its huge specific surface area, and the carbon layer coating on the surface of  $SiO_2$  acts as a protective layer, not only inhibiting the repeated growth of the solid electrolyte phase (SEI), but also providing good conductivity. The existence of pores in the pompon mum-like  $SiO_2/C$  nanospheres leaves a cache space to accommodate the volume expansion of  $SiO_2$ . Therefore, this novel pompon mum-like  $SiO_2/C$  nanospheres give excellent cycling stability and rate performance.

#### 2. Materials and Methods

## 2.1. Materials

All chemical reagents utilized in these experiments are of analytical grade and employed without purification. All aqueous solutions are formulated using deionized water. Cetyltrimethylammonium bromide (CTAB) was from Shanghai Sinopharm Chemical Reagent Co., Ltd., China. Urea, tetraethyl orthosilicate (TEOS), 1-Pentanol, toluene, NaOH and HF were acquired from Shenzheng Xilong Scientific Co., Ltd., China. P-xylene and (3-Aminopropyl) triethoxysilane (APTS) were obtained from Shanghai Macklin Biochemical Co., Ltd., China. Glucose was provided by Shantou Xilong Chemical Co., Ltd., China.

### 2.2. Preparation of Pompon Mum-like SiO<sub>2</sub>/C Nanospheres

In the preparation of pompon mum-like  $SiO_2/C$  nanospheres, dendritic fibrous nano silica (DFNS) was first prepared according to the methods in the literature [29]. Then, 0.3 g of DFNS, 1.3 g of glucose, 16 mL of distilled water and 4 mL of ethanol were homogeneously mixed and encapsulated into a 50 mL hydrothermal reactor at 195 °C for 40 h to obtain a brown solid precipitate. The obtained solid precipitate was washed up by filtration three times with deionized water and three times with ethanol, in turn, and then dried in an oven at 80 °C for 12 h, put into the tube furnace, heated up to 850 °C at a rate of 3 °C per minute under nitrogen and held for 1 h to obtain a pompon mum-like SiO<sub>2</sub>/C composite with 50% content of SiO<sub>2</sub>, which are named C/DFNS-50. The C/DFNS-50 was then corroded with 10% HF solution for 5 h, 10 h and 20 h to obtain other SiO<sub>2</sub>/C composites with 10%, 6% and 1% content of SiO<sub>2</sub>, respectively, which are named C/DFNS-10, C/DFNS-6 and C/DFNS-1, respectively. Taking C/DFNS-6 as an example, the fabrication process of pompon mum-like SiO<sub>2</sub>/C nanospheres is shown in Scheme 1.



Scheme 1. Schematic of the preparation route of C/DFNS nanocomposites.

#### 2.3. Materials Characterization

The surface morphologies of the samples were examined using scanning electron microscopy (SEM, S4800, Hitachi High-Tech, Japan) and transmission electron microscopy (JEM-2100F, JEOL Ltd., Japan), and the TEM/energy-dispersive spectroscopy mapping was carried out on the transmission electron microscope to analyze the elements in the samples. The crystal structures of the products were analyzed using the X-ray diffraction (X'Pert PRO,  $2\theta = 10$ –80, PANalytical B.V., The Netherlands) method. The Raman spectra were obtained using a Raman microscope (DXR, 532 nm laser, Thermo Fisher Scientific, USA). The content of SiO<sub>2</sub> in the sample was measured using a thermogravimetric analyzer (STA-449, NETZSCH Scientific Instruments Trading Ltd., Germany), with a measurement temperature ranging from room temperature to 800 °C and an airflow rate of 5 °C/min. X-ray photoelectron spectroscopy (XPS) analyses were conducted using an ESCALAB 250Xi (Thermo Fisher Scientific, USA). Nitrogen adsorption and desorption isotherms were obtained at 77 K using a NOVA 1200e (Quantachrome Instruments, USA) analyzer.

# 2.4. Electrochemical Measurements

The electrode components used in this experiment include active materials, acetylene black, and polyvinylidene fluoride adhesive, mixed in a mass ratio of 5:3:2. A small amount of 1-Methyl-2-pyrrolidinone was added dropwise for grinding, and then coated on copper foil. The electrolyte used in this experiment was composed of dissolving ethylene carbonate

(EC), dimethyl carbonate (DMC) and diethyl carbonate (DEC) in  $1 \text{ M LiPF}_6$  in a 1:1:1 volume ratio. A cyclic voltammetry (CV) test and electrochemical impedance spectroscopy (EIS) test of coin cell 2025 were performed by the CHI-760D electrochemical workstation. A Neware GCD testing system was used for constant current charging and discharging testing.

### 3. Results and Discussion

### 3.1. Morphology and Structure of Composite Materials

The morphology and structure of DFNS and SiO<sub>2</sub>/C composites can be analyzed using SEM and TEM. As shown in Figure 1, both the pure DFNS (Figure  $1a_1,a_2$ ) and SiO<sub>2</sub>/C composites are nanospheres with diameters of about 500~600 nm and can be visualized as a pompon mum-like porous structure. In addition, the C/DFNS-50 (Figure  $1b_1,b_2$ ) obtained by the reaction of DFNS with glucose, as well as the C/DFNS-6 (Figure  $1c_1,c_2$ ) and C/DFNS-1 (Figure  $1d_1,1d_2$ ) obtained by corrosion of C/DFNS-50, are relatively uniformly sized nanospheres, and all three of them do not have any significant difference from pure DFNS.



Figure 1. SEM images of (a<sub>1</sub>,a<sub>2</sub>) DFNS, (b<sub>1</sub>,b<sub>2</sub>) C/DFNS-50, (c<sub>1</sub>,c<sub>2</sub>) C/DFNS-6 and (d<sub>1</sub>,d<sub>2</sub>) C/DFNS-1.

The structure differences among these four samples can be clearly seen from their TEM images in Figure 2. As shown in Figure  $2a_1,a_2$ , DFNS has a dendritic fiber structure that diverges from the center to the edge, and the fibers have the characteristics of being dense in the middle and sparse at the edges. However, from Figure  $2b_1,b_2$ , it can be seen that the C/DFNS-50 composite no longer shows an obvious fiber structure, which is highly likely due to being covered by a carbon layer. Compared with C/DFNS-50, C/DFNS-10 (Figure  $2c_1,c_2$ ), C/DFNS-6 (Figure  $2d_1,d_2$ ) and C/DFNS-1 (Figure  $2e_1,e_2$ ), nanospheres have obvious traces of corrosion in the center and edges, and the corroded area of C/DFNS-1 is the largest because of the extension of corrosion time. The EDS elemental mappings of C/DFNS-6 (Figure 2f) show that the C element is uniformly distributed in this composite, indicating that DFNS has successfully completed the recombination with carbon. And it is also clear that the content of Si and O elements significantly decreases in the corroded area.

This is because the fiber structure of DFNS improves the accessibility of the inner surface of DFNS, and glucose-based carbon can smoothly contact the interior of DFNS to achieve complete coating without changing its pompon mum-like structure [30]. Combining Figures 1 and 2, it is clear that the process of corrosion with HF can successfully corrode part of the DFNS without breaking the structure of the carbon layers.



Figure 2. TEM images of  $(a_1,a_2)$  DFNS,  $(b_1,b_2)$  C/DFNS-50,  $(c_1,c_2)$  C/DFNS-10,  $(d_1,d_2)$  C/DFNS-6,  $(e_1,e_2)$ , C/DFNS-1 and (f) EDS elemental mappings of Si (blue), C (red) and O (yellow) for the C/DFNS-6.

The XRD patterns are shown in Figure 3a to elucidate the structural and compositional characteristics of the samples. From the XRD spectrum of DFNS, a broad peak appears near 22°, indicating the characteristic peak of amorphous silicon dioxide [31]. Two broad peaks near 24° and 44° on the curves of C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 correspond to the (002) and (100) planes of amorphous carbon, respectively, indicating the presence of amorphous carbon in the four composite samples [32]. In particular, in the XRD spectra of the four composites, there is an overlap between the characteristic peak of SiO<sub>2</sub> at 22° and the characteristic peak of carbon at 24° [27]. This indicates that

amorphous carbon has been combined with the DFNS material after reacting with glucose. The intensity of the two carbon peaks of C/DFNS-50 in XRD patterns is lower than that of C/DFNS-10, C/DFNS-6 and C/DFNS-1, which is due to the relatively low carbon content in C/DFNS-50.



**Figure 3.** (a) XRD patterns of DFNS, C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1, (b) Raman spectrum and (c) TG curves of C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1.

In the Raman spectra of the four composites (Figure 3b), the characteristic peaks at 1340 and 1590 cm<sup>-1</sup> belong to the disordered induced band (D) and graphite band (G), respectively. The ratio of these two characteristic peaks (I<sub>D</sub>/I<sub>G</sub>) represents the degree of graphitization of carbon in the composite material [33]. The I<sub>D</sub>/I<sub>G</sub> values of C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 are 0.9957, 0.9839, 0.9711 and 0.9789, respectively, indicating the smaller I<sub>D</sub>/I<sub>G</sub> ratio of C/DFNS-6 contained more defective carbons [20], which can provide lots of vacancies and defects. Research has shown that defective carbon in materials is beneficial for improving their electrochemical performance [20,33,34]. The characteristic of C/DFNS-6 not only accelerates the diffusion of lithium-ion, but also provides reversible sites for lithium-ion storage.

As shown in Figure 3c, thermal gravimetric analysis (TGA) was performed to determine the mass loading of SiO<sub>2</sub> among the SiO<sub>2</sub>/C composites. During the entire combustion testing process, all the samples experienced significant weight loss within the temperature range of 440 °C to 620 °C, which is related to the release of carbon oxides [34]. Subsequently, the weight of the four samples remained stable above 620 °C, which is the content of SiO<sub>2</sub> in the composites. C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 show mass loss around 50 wt%, 90 wt%, 94 wt% and 99 wt%, respectively, suggesting the residual amounts of SiO<sub>2</sub> were 50 wt%, 10 wt%, 6 wt% and 1 wt%, respectively. The carbon content of C/DFNS-50 is lower than that of the C/DFNS-10, C/DFNS-6 and C/DFNS-1, which is consistent with XRD analysis results. Combined with the EDS elemental mapping of C/DFNS-6 in Figure 2f, it can be inferred that the residual SiO<sub>2</sub> is found uniformly distributed in this composite material, which is beneficial for stabilizing the structure of C/DFNS-6 and enhancing the stability of anode material structure [24].

In order to investigate the surface electronic states and elemental composition of C/DFNS-6 with the highest defective carbon content, it can be analyzed by XPS in Figure 4. Figure 4a shows the full XPS spectrum of C/DFNS-6, where the characteristic peaks at 104, 285 and 533 eV correspond to Si 2p, C 1s and O 1s, respectively, indicating the presence of Si, C and O elements in the C/DFNS-6 [35,36]. Among them, the XPS fine spectrum of C 1s fitted three characteristic peaks, located at 284.8, 285.6 and 288.5 eV, respectively, corresponding to the C=O, C-C and C=O bonds (Figure 4b) [37]. Figure 4c shows the XPS fine spectrum of Si 2p, the characteristic peak at 103.3 eV, corresponding to Si<sup>4+</sup> [26], which indicates that the Si element in the C/DFNS-6 existed in the form of SiO<sub>2</sub>. The O 1s spectrum shown in Figure 4d is divided into two peaks, with peaks near 533.1 and 531.3 eV corresponding to Si-O and C-O bonds [21,26], respectively, which corroborates the successful composite of carbon layers.



**Figure 4.** (**a**) XPS survey spectrum and high-resolution XPS spectra for (**b**) C 1s, (**c**) Si 2p and (**d**) O 1s of the C/DFNS-6.

Detailed analysis of the specific surface area and pore structure of DFNS, C/DFNS-50, C/DFNS-6 and C/DFNS-1 using the N<sub>2</sub> adsorption/desorption analysis method. As shown in Figure 5, the adsorption/desorption isotherms displayed by DFNS (Figure 5a), C/DFNS-50 (Figure 5b), C/DFNS-6 (Figure 5c) and C/DFNS-1 (Figure 5d) are both I/IV type, with obvious hysteresis loops, indicating the presence of micropores as well as mesopores inside the samples [23]. Table 1 shows the Brunauer–Emmett–Teller (BET) specific surface area of the DFNS, C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 is 223, 127, 573, 672 and  $651 \text{ m}^2 \text{ g}^{-1}$ , respectively. And their pore sizes are all distributed in the range of 1.7–15.6 nm, which are confirmed by the pore size distribution graphs inset in Figure 5a-d. The total pore volumes of DFNS, C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 are 0.33, 0.06, 0.46, 0.64 and 0.60 cm<sup>3</sup> g<sup>-1</sup>, respectively, and the average pore sizes are 5.43, 4.18, 3.47, 3.52 and 3.48 nm, respectively. It is clear that C/DFNS-50 obtained after successful loading of the carbon layer by DFNS has the smallest specific surface area and pore volume, while C/DFNS-6 obtained after corrosion of SiO<sub>2</sub>/C composites for 10 h has the largest specific surface area and porosity, which may give C/DFNS-6 more exposed active sites and electrolyte diffusion channels. Therefore, the etching time of 10 h can make C/DFNS composites have the best specific surface area and porosity, which is expected to achieve the rapid transport of Li<sup>+</sup> and electrons [38].

Table 1. BET parameter values for DFNS, C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1.

Samples	$S_{BET} (m_2 g^{-1})$	$V_t$ (cm <sup>3</sup> g <sup>-1</sup> )	_ d (nm)
DFNS	223	0.33	5.43
C/DFNS-50	127	0.06	4.18
C/DFNS-10	573	0.46	3.47
C/DFNS-6	672	0.64	3.52
C/DFNS-1	650	0.60	3.51



**Figure 5.** BET parameter values and pore size distribution curve of (**a**) DFNS, (**b**) C/DFNS-50, (**c**) C/DFNS-6 and (**d**) C/DFNS-1.

## 3.2. Electrochemical Performances

The reaction kinetics and electrochemical activity of the prepared electrodes can be investigated by various electrochemical methods as follows. The cycle performances and coulombic efficiency of the prepared electrode materials are investigated in Figure 6a,b. Compared with only 130 mAh  $g^{-1}$  for DFNS, the composites of C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 display a higher capacity of 521, 776, 986 and 600 mAh  $g^{-1}$ after 200 cycles at 0.2 A  $g^{-1}$ , respectively. The initial coulombic efficiencies of DFNS, C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1 is 35.4%, 43.0%, 40.3%, 44.0% and 42.3%, respectively. All of the four SiO<sub>2</sub>/C composites show a significant period of capacity decay during the early stages of cycling, presumably due to the loss of lithium-ions caused by the electrode materials indicating the formation of an SEI layer. In addition, it can be seen that throughout the entire cycle life, the capacity of the carbon-coated DFNS anode is higher than that of the original DFNS anode, indicating that carbon coating plays an important role in improving the electrochemical performance of anode materials [39]. From the previous TGA analysis, it can be seen that C/DFNS-50 and C/DFNS-10 have higher SiO<sub>2</sub> content (50 wt% and 10 wt%, respectively), but their extremely small specific surface area and pore volume (Table 1) not only hinder the transport of Li<sup>+</sup>, but also have insufficient space to buffer the volume expansion of SiO<sub>2</sub>. On the contrary, C/DFNS-1 has a larger specific surface area and pore volume, but the extremely low  $SiO_2$  content (1 wt%) also limits the improvement of the specific capacity. For the case of C/DFNS-6, due to its suitable  $SiO_2$  content (6 wt%), the largest specific surface area and pore volume, and rich porous structure, ensures structural stability while greatly improving the specific capacity of the material, resulting in optimal cycling performance [24].



**Figure 6.** (a) Cycling performance and (b) coulombic efficiency at 0.2 A g<sup>-1</sup> of DFNS, C/DFNS-50, C/DFNS-10, C/DFNS-6 and C/DFNS-1, (c) galvanostatic charge/discharge profiles of C/DFNS-6, (d) EIS spectra of DFNS, C/DFNS-50, C/DFNS-6 and C/DFNS-1.

Figure 6c shows the discharge/charge profiles of the C/DFNS-6 electrode under different cycles at a current density of 0.2 A  $g^{-1}$  in the voltage range of 0.01~3.0 V. Evidently, the discharge capacities during the fifth and fiftieth cycles are lower compared to the first cycle mainly. This is primarily due to the SEI film formation process during the initial cycle, which consumes a significant quantity of lithium-ions, leading to a higher irreversible capacity.

EIS tests in the frequency range of  $10^5 \sim 0.1$  Hz can be conducted to study the electrical conductivity of DFNS, C/DFNS-50, C/DFNS-6 and C/DFNS-1. Figure 6d shows the Nyquist plots of the four electrode materials, including the equivalent circuit model. In this Nyquist plot, the high-frequency semicircle corresponds to the charge transfer resistance (Rct) between the electrode and electrolyte interface, while the low-frequency diagonal corresponds to the lithium-ion diffusion resistance in the electrode [40]. The semicircle in the curve of C/DFNS-6 is much smaller, and the curve is approximately vertical at low frequencies, indicating a decrease in Rct and good capacitance behavior. The curve of C/DFNS-6 has a smaller semicircle diameter in the high-frequency region, indicating a smaller Rct and good capacitance characteristics [27,40]. Specifically, the Rct of C/DFNS-6 is only 81  $\Omega$ , which is much lower compared with 230  $\Omega$ , 166  $\Omega$  and 120  $\Omega$  for DFNS, C/DFNS-50 and C/DFNS-1, respectively. This further confirms that C/DFNS-6 has efficient interfacial charge transfer and electronic conduction capabilities [39,40].

The CV curves of C/DFNS-6 at a scanning rate of 0.1 mV s<sup>-1</sup> between 0.01 and 3.0 V are shown in Figure 7. During the cathodic polarization process of the initial cycle, two distinct cathodic peaks were observed at 1.42 V and 0.54 V and then disappeared in the following cycles. A cathodic peak was observed between 1.3 and 1.5 V, which is caused by the reduction and decomposition of the electrolyte and the irreversible formation of the SEI layer on the surface of the negative electrode material [27]. In addition, the peak appearing around 0.5~0.7 V corresponds to the formation of the SEI layer in the electrolyte, the reaction between SiO<sub>2</sub> and Li<sup>+</sup>, and the generation of Si and a series of lithium silicates. (see reaction Equations (1)–(3)) [40–43], and these non-electrochemically active substances such as Li<sub>2</sub>O and Li<sub>2</sub>Si<sub>2</sub>O<sub>5</sub> are uniformly distributed on the SiO<sub>2</sub> particles, buffering the volume expansion of SiO<sub>2</sub>, which is beneficial for maintaining the stability of the negative

electrode material structure and improving the cycling life of lithium-ion batteries [22]. As shown in Equation (4) [42], the anodic peak at 0.01 V is related to the alloying reaction of Si and Li<sup>+</sup>. As shown in Equation (5), the anodic characteristic peak at 0.25 V is related to the Li<sub>x</sub>Si dealloying reaction [42]. During the subsequent scanning, the CV curves of C/DFNS-6 almost overlapped, indicating that the reactions were reversible after the first cycle.



**Figure 7.** Cyclic voltammetry curves of C/DFNS-6 at a scan rate of  $0.5 \text{ mV s}^{-1}$ .

$$2\operatorname{SiO}_2 + 4\operatorname{Li}^+ + 4\operatorname{e}^- \to \operatorname{Li}_4\operatorname{SiO}_4 + \operatorname{Si} \tag{1}$$

$$SiO_2 + 4 Li^+ + 4 e^- \rightarrow 2 Li_2O + Si$$
<sup>(2)</sup>

$$5 \,\text{SiO}_2 + 4 \,\text{Li}^+ + 4 \,\text{e}^- \rightarrow 2 \,\text{Li}_2 \text{Si}_2 \text{O}_5 + \text{Si}$$
 (3)

$$\mathrm{Si} + \mathrm{x} \, \mathrm{Li}^+ + \mathrm{x} \, \mathrm{e}^- \to \mathrm{Li}_\mathrm{x} \mathrm{Si}$$
 (4)

$$\text{Li}_{x}\text{Si} \rightarrow \text{Si} + x \text{Li}^{+} + x \text{ e}^{-}$$
 (5)

The rate capability of three SiO<sub>2</sub>/C composites was investigated with the current density increased from 0.2 A g<sup>-1</sup> to 4 A g<sup>-1</sup> (Figure 8a). Compared with C/DFNS-50 and C/DFNS-1, C/DFNS-6 exhibits a superior rate capability at different current densities. Specifically, C/DFNS-6 delivers reversible discharge capacities of 1015, 856, 799, 769, 708, 670 and 599 mAh g<sup>-1</sup> at the current densities of 0.2, 0.4, 0.6 0.8, 1.0, 2.0 and 4.0 A g<sup>-1</sup>, respectively. In particular, when the current density drops back to 0.2 A g<sup>-1</sup>, even after 35 cycles, a high capacity of 1066 mAh g<sup>-1</sup> can still be maintained, which demonstrates the coating of the carbon layer and the presence of pores effectively suppresses the repeated destruction and reconstruction of the SEI layer, resulting in excellent stability and rate performance of the C/DFNS-6 electrode material [24,27].



**Figure 8.** (a) Rate performance of DFNS, C/DFNS-50, C/DFNS-6 and C/DFNS-1, (b) cycling performance at current density of 1 A  $g^{-1}$  of C/DFNS-6.

In addition, the long-term cycling performance of C/DFNS-6 was further tested at high current density (1.0 A  $g^{-1}$ ), as shown in Figure 8b. Basically, the initial discharge specific capacity of C/DFNS-6 is 1378 mAh  $g^{-1}$ . After that, the capacity decreases slightly until reaching the 25th cycle. Then, due to the gradual activation of silica at high current density, the specific capacity also increases. After 300 cycles, the reversible specific capacity of C/DFNS-6 remained stable at 529 mAh  $g^{-1}$ , indicating good cycling performance even at high current densities.

In order to better understand the electrochemical kinetics of pure DFNS and C/DFNS-6 with the highest reversible specific capacity, the CV measurements for both were performed at various scan rates ranging from 1.0 to 5.0 mV s<sup>-1</sup> (Figure 9a<sub>1</sub>,b<sub>1</sub>). Both samples show similar CV characteristics, i.e., the polarization effect gradually increased with increasing peak current at the scan rate, resulting in a shift of the anodic and cathodic peaks to the high and low potential sides, respectively. The contribution of the capacitive effect can be analyzed based on the relationship between the measured current (i) and scan rate (v) in five sets of CV curves [44]. To this end, Equations (6) and (7) were introduced, where a and b are both empirical parameters [45].



**Figure 9.** CV curves of  $(a_1)$  DFNS and  $(b_1)$  C/DFNS-6 at different scan rates, log (the cathodic peak current density) vs. log (scan rate) curves of  $(a_2)$  DFNS and  $(b_2)$  C/DFNS-6 to estimate the b-value, contribution ratio of the capacitive and diffusion-controlled charge versus scan rate for  $(a_3)$  DFNS and  $(b_3)$  C/DFNS-6, the contribution ratio of pseudo-capacitance at 5 mV s<sup>-1</sup> for  $(a_4)$  DFNS and  $(b_4)$  C/DFNS-6.

$$i = av^b$$
 (6)

 $\log i = b \log v + \log a$  (7)

$$i = k_1 v + k_2 v^{1/2}$$
(8)

The parameter "b" dictates the extent of capacity contribution from either capacitance or the diffusion-controlled process. Specifically, if b = 0.5, it means that the negative electrode material only has diffusion-control behavior;  $b = 0.5 \sim 1$  indicates the coexistence of diffusion-control behavior and pseudocapacitive effect; and b = 1 indicates that it only has a pseudocapacitive effect [32,43]. As shown in Figure 9a<sub>2</sub>,b<sub>2</sub>, the b-values of DFNS and C/DFNS-6 are 0.92 and 0.91, respectively, which reveals that the electrochemical processes of these two materials are controlled by these two processes. Subsequently, the contribution ratio of these two processes was accurately studied using Equation (8) [45]. The  $k_1 v$  and  $k_2 v^{1/2}$  represent the contribution rates of capacitance and diffusion-controlled processes, respectively [45]. As shown in Figure  $9a_3, b_3$ , the capacitance contribution ratio of DFNS gradually increases from 39% to 61% and that of C/DFNS-6 from 50% to 68% with the increase in scanning rate. It can be seen that the capacitance contribution of C/DFNS-6 is higher than that of DFNS at all the same scanning rates, and the larger capacitance contribution is beneficial for the storage of Li<sup>+</sup>, which may be attributed to the abundant pore structure in C/DFNS-6. The percentage of capacitive control capacity at a sweep rate of 5.0 mV s<sup>-1</sup> for DFNS and DFNS-6 are presented in detail in Figure 9a<sub>4</sub>,b<sub>4</sub>, respectively.

Similarly, to specifically compare the diffusion of lithium-ions in DFNS and DFNS-6 materials, the Li<sup>+</sup> diffusion coefficient ( $D_{Li}^+$ ) of DFNS and C/DFNS-6 electrodes in the first charge/discharge cycle was determined using GITT. As can be seen in Figure 10a, the first charge/discharge time of C/DFNS-6 (65 h) is significantly longer than that of DFNS (20 h), which suggests that the covering of the carbon layers and abundant pores alleviate the volume expansion problem and indeed improve the stability of the C/DFNS-6 structure. In addition, DFNS shows a voltage plateau around 0.7 V, corresponding to the formation of the SEI layer in conventional carbonate electrolytes, which is consistent with the CV analysis results (Figure 7). C/DFNS-6 does not show a significant voltage plateau due to the lower content of SiO<sub>2</sub>. The D<sub>Li</sub><sup>+</sup> can be calculated for both materials according to Equation (9) [46]:

$$D_{Li^{+}=}\frac{4}{\pi\tau} \left(\frac{m_{B}V_{m}}{M_{B}S}\right)^{2} \left(\frac{\Delta E_{s}}{\Delta E_{t}}\right)^{2}$$
(9)

where  $V_m$  represents the molar volume of the material (cm<sup>3</sup> mol<sup>-1</sup>); m<sub>B</sub> stands for mass of the active material (g); M<sub>B</sub> is the molar mass of the active material (g mol<sup>-1</sup>); S indicates the electrode/electrolyte contact area (cm<sup>2</sup>); t represents the duration of the current pulse (s); Es represents the voltage change caused by pulse (V); E<sub>t</sub> is expressed as constant current charge and discharge voltage change (V) [46]. In Figure 10b, the D<sub>Li</sub><sup>+</sup> of C/DFNS-6 is higher than that of DFNS, with the former fluctuating in the range of  $10^{-10.4}$  to  $10^{-11.8}$  and the latter varying in the range of  $10^{-8.2}$  to  $10^{-9.4}$ , which is due to the excellent specific surface area and pore volume of C/DFNS-6 [47].

Based on the above characterization analysis and electrochemical analysis, we speculate that the outstanding electrochemical performance of DFNS-6 is due to the synergistic effect of the protection of the carbon layers, the porous structure and the appropriate SiO<sub>2</sub> content, as shown in Scheme 2. For pure DFNS, although its large specific surface area and pompon mum-like structure provide active sites and transport channels for Li<sup>+</sup>, direct contact with the electrolyte accelerates the volume expansion and structural collapse, which, in turn, leads to electrode failure. In contrast, C/DFNS-6, protected by the carbon layers, greatly improves the structural stability and electrical conductivity while alleviating the volume expansion problem, the more porous structure therein also accelerates the



 $Li^+$  transport, and the suitable SiO<sub>2</sub> content provides a good capacity basis. Therefore, C/DFNS-6 possesses excellent reversible specific capacity and cycling stability.

Figure 10. (a) GITT curve and (b) Li<sup>+</sup> diffusion coefficients of DFNS and C/DFNS-6.



Scheme 2. Schematic diagram of the working principle of DFNS and C/DFNS-6.

Table 2 compares the electrochemical properties of the C/DFNS-6 obtained in this work with various forms of  $SiO_2/C$  composite anode materials reported in previous studies. It is clear that C/DFNS-6 outperforms many other  $SiO_2/C$  composites with different morphologies, which confirms the ingenious design for the anode materials in this work.

Materials	Morphology	Current Density (A g <sup>-1</sup> )	Reversible Capacity (mAh g <sup>-1</sup> )/Cycles	Ref.
DMSNs/C	Spheres	0.1	635.7/200	[20]
SiO <sub>2</sub> /po-C@C	Hollow core-shell microspheres	0.1	669.8/100	[21]
L-HSiO2@CN	Hollow mesoporous nanospheres	0.1 1.0	841.9/248 786/500	[22]
C-mcms	Triple spheres	0.5	1055/150	[23]
LHC/SiO <sub>2</sub> -21	Honeycomb-like porous spheres	0.1 5.0	1109/100 230/1000	[24]
SiO <sub>2</sub> @CCNRs-2	Core-shell nanorods	0.1	690/100	[25]
PC@HC@SiO2	Nano boxes	0.1 1.0	723/150 321/800	[23]
SNTs@c-PDLF	Hollow nanotubes	0.1 1.0	911/300 549/800	[27]
$SiO_2/C$ composite	Irregular polyhedrons	0.186	533.4/100	[48]
SiO <sub>2</sub> /C	Irregular particle shape	0.1 1.0	620/150 534/1000	[49]
SiO <sub>2</sub> /C	Porous irregular shape	0.2 2.0	886/100 359/500	[37]
SiO <sub>2</sub> @cPANI/cTOCNFs	3D spider-web-like nanostructure	0.1 1.0	1103/200 302/1000	[45]
SiO <sub>2</sub> -C material	3D porous membranes	0.1	642/100	[50]
SiO <sub>2</sub> /C fiber	Fibers	0.05	465/50	[51]
C/DFNS-6	Pompon mum-like nanospheres	0.2 1.0	986/200 529/300	This work

**Table 2.** Comparison of the lithium-storage performance between  $SiO_2/C$  composites prepared from different morphologies reported in the literature.

## 4. Conclusions

In summary, we uniformly coated the carbon layer and retained the unique porous morphology of DFNS through simple hydrothermal, carbonization and etching steps, which significantly enhances the electrical conductivity of the anode material while effectively inhibiting the repeated destruction and reconstruction of the SEI layer and reducing the capacity loss, and a moderate amount of SiO<sub>2</sub> provides the basis for high reversible specific capacity of the material, providing a high specific capacity of 986 mAh g<sup>-1</sup> after 200 cycles at 0.2 A g<sup>-1</sup>. The large number of pore structures obtained by corroding part of the DFNS allocate sufficient space to accommodate volume expansion during the reaction process and provide a fast ion transport channel, which gives C/DFNS-6 excellent rate performance and cycling stability, with a capacity of 599 mAh g<sup>-1</sup> when the current density is 4.0 A g<sup>-1</sup>, and 1066 mAh g<sup>-1</sup> can be quickly recovered when the current density drops back to 0.2 A g<sup>-1</sup>. These advantages make C/DFNS-6 a good application prospect in the field of lithiumion batteries and provide a very meaningful solution for the modification of SiO<sub>2</sub>-based anode materials.

**Author Contributions:** X.S. designed a complete experimental process and operated the experiment throughout. X.S., K.G., S.L. and W.D. conducted tests. X.S. and Y.L. conducted data analysis. Y.L. and X.L. provided effective suggestions for improving the experiment. Y.W. and X.L. assisted in the experiment and testing process. X.S. completed the manuscript. K.Z. and A.Q. contributed to experimental concept generation. A.Q. reviewed the writing, performed verification, provided supervision, managed the project, and acquired funding. All authors have read and agreed to the published version of the manuscript.

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