

### Supplementary materials

**Table S1.** Fatty acid composition of fat components

Fatty acid index	CF	BO	BHO
C 6:0	0.02	-	-
C 8:0	0.20	-	-
C 10:0	0.17	-	-
C 12:0	1.40	-	-
C 14:0	1.30	0.09	0.11
C 15:0	0.06	-	-
C 16:0	34.88	7.50	7.41
C 16:1	0.03	-	-
C 16:1, 9 – <i>c</i>	0.15	0.12	0.11
C 17:0	0.09	0.04	0.05
C 17:1	0.03	-	-
C 18:0	4.06	3.41	3.38
C 18:1, 9 – <i>t</i>	0.10	0.06	0.06
C 18:1, 9 – <i>c</i>	32.85	20.48	20.52
C 18:1, 11 – <i>t</i>	0.69	0.68	0.71
C 18:1, 11 – <i>c</i>	0.01	-	-
C 18:2, 9 – <i>c</i> , 12 – <i>t</i>	0.19	0.40	0.42
C 18:2, 9 – <i>t</i> , 12 – <i>c</i>	0.17	0.35	0.31
C 18:2	22.70	65.04	65.09
C 18:3	0.13	0.11	0.13
C 20:0	0.30	0.16	0.15
C 20:1	0.13	0.14	0.14
C 22:0	0.22	0.83	0.85
C 24:0	0.11	0.48	0.40
<b>Total</b>			
SFA	42.81 <sup>a</sup>	12.51 <sup>b</sup>	12.35 <sup>b</sup>
PUFA	23.19 <sup>a</sup>	65.90 <sup>b</sup>	65.95 <sup>b</sup>
MUFA	33.99 <sup>a</sup>	21.42 <sup>b</sup>	21.48 <sup>b</sup>

SFA – saturated fatty acids, PUFA – polyunsaturated fatty acids, MUFA – monounsaturated fatty acids. The letters (a, b) indicate significant differences ( $P < 0.05$ )