

## Supplementary Materials:

Table S1. The FAI component values in females and males.

Component of the FAI	Female	Male	P value
1. Preparing meals	3 (2–3)	1 (0–3)	<0.001
2. Washing up	3 (3–3)	2 (0–3)	<0.001
3. Washing clothes	3 (2–3)	0 (0–3)	<0.001
4. Light house work	3 (2–3)	2 (0–3)	<0.001
5. Heavy house work	2 (0–3)	1 (0–3)	0.025
6. Local shopping	3 (2–3)	3 (1–3)	0.008
7. Social outings	2 (0–3)	2 (1–3)	0.523
8. Walking outside for >15 min	3 (2–3)	3 (2–3)	0.152
9. Pursuing hobby	1 (0–3)	1 (0–3)	0.941
10. Driving or bus travel	3 (1–3)	3 (2–3)	<0.001
11. Outings or car rides	0 (0–0)	0 (0–1)	0.003
12. Gardening	0 (0–1)	0 (0–1)	0.735
13. Household or car maintenance	0 (0–1)	1 (0–2)	<0.001
14. Reading books	2 (0–3)	2 (0–3)	0.621
15. Gainful work	0 (0–0)	0 (0–3)	<0.001

Values are expressed as median (interquartile range).

FAI, Frenchay Activities Index.