

Review

# Role of Collagen in Airway Mechanics

Lumei Liu <sup>1</sup>, Brooke Stephens <sup>2</sup>, Maxwell Bergman <sup>3</sup>, Anne May <sup>4,5</sup> and Tendy Chiang <sup>1,6,\*</sup>

- <sup>1</sup> Center of Regenerative Medicine, Abigail Wexner Research Institute, Nationwide Children's Hospital, Columbus, OH 43215, USA; Lumei.Liu@nationwidechildrens.org
- <sup>2</sup> College of Medicine, The Ohio State University, Columbus, OH 43210, USA; Brooke.Stephens@osumc.edu
- <sup>3</sup> Department of Otolaryngology-Head & Neck Surgery, The Ohio State University Wexner Medical Center, Columbus, OH 43210, USA; Maxwell.Bergman@osumc.edu
- <sup>4</sup> Section of Pulmonary Medicine, Nationwide Children's Hospital, Columbus, OH 43205, USA; Anne.May@nationwidechildrens.org
- <sup>5</sup> Department of Pediatrics, The Ohio State University Wexner Medical Center, Columbus, OH 43205, USA
- <sup>6</sup> Department of Pediatric Otolaryngology, Nationwide Children's Hospital, Columbus, OH 43205, USA
- \* Correspondence: Tendy.Chiang@nationwidechildrens.org; Tel.: +1-614-722-6600

**Abstract:** Collagen is the most abundant airway extracellular matrix component and is the primary determinant of mechanical airway properties. Abnormal airway collagen deposition is associated with the pathogenesis and progression of airway disease. Thus, understanding how collagen affects healthy airway tissue mechanics is essential. The impact of abnormal collagen deposition and tissue stiffness has been an area of interest in pulmonary diseases such as cystic fibrosis, asthma, and chronic obstructive pulmonary disease. In this review, we discuss (1) the role of collagen in airway mechanics, (2) macro- and micro-scale approaches to quantify airway mechanics, and (3) pathologic changes associated with collagen deposition in airway diseases. These studies provide important insights into the role of collagen in airway mechanics. We summarize their achievements and seek to provide biomechanical clues for targeted therapies and regenerative medicine to treat airway pathology and address airway defects.

**Keywords:** collagen; airway mechanics; stiffness; airway disease



**Citation:** Liu, L.; Stephens, B.; Bergman, M.; May, A.; Chiang, T. Role of Collagen in Airway Mechanics. *Bioengineering* **2021**, *8*, 13. <https://doi.org/10.3390/bioengineering8010013>

Received: 1 November 2020  
Accepted: 9 January 2021  
Published: 16 January 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

The airway consists of both a conducting region (larynx, trachea, bronchi, bronchioles) where air is humidified, warmed, and cleaned and a respiratory zone where gas exchange occurs. The airway is directly and continuously exposed to both macromechanical and micromechanical forces. Macromechanics is the study of organ-level mechanical and material properties. Intrathoracic respiratory forces, perfusion, and cough represent some of the dynamic macromechanical forces exerted on the respiratory system. As the airway is composed of heterogeneous components (chondrocytes, epithelium, endothelium, muscle, extracellular matrix (ECM)), these constituents can be individually quantified using micromechanics. Micromechanical properties drive the mechanotransduction in the airway, driving cell–cell and cell–matrix interactions [1].

The collagen family is the most abundant component of the airway ECM [2–5], providing structural support and facilitating cell adhesion and tissue development [6]. Diverse collagen subtypes are represented throughout the airway: Type IV collagen is the chief component of the basement membrane [7], type II collagen predominates in airway cartilage, and type I and III collagen are found in the alveolar wall and alveolar septa [8]. Due to their abundance in the alveoli, type I and III collagen are the primary contributors to lung mechanics [2,7,9]. Collagen homeostasis is dynamic and can be influenced by injury, repair, and pathologic change [10–12]. As a result, byproducts from collagen synthesis and degradation can serve as biomarkers for disease progression.

In this review, we appraise the role of collagen on normal airway mechanics. We then present studies of airway biomechanics, including the quantification of (1) airway micromechanics (organ-level structural properties) and (2) micromechanical properties (cell- and matrix-level properties). In the last section, we review the role of pathologic collagen deposition and alteration in airway diseases and its resultant effect on airway mechanics. As collagen of airway ECM is becoming a primary biological source for airway tissue engineering, understanding its impact on airway mechanics will facilitate the development of biomaterials that can recapitulate the native airway.

## 2. Collagen Determines Airway Mechanics

The primary role of collagen is to provide tensile strength to the ECM [13,14], with collagen subtypes assuming different roles in airway tissue (Table 1). With 28 different subtypes of collagen, subtypes I, II, and III predominate, representing 80~90% of total collagen [15,16]. In the airway ECM, type I collagen provides mechanical stability and structure. Type II collagen is the major component of airway cartilage (95% of total collagen), facilitating chondrocyte synthesis of ECM [17–19]. Type I and III collagens provide structural framework in the bronchi, interstitium, and alveolar wall [20–22]. Type III collagen in the airway is flexible, existing as narrow fibrils, and is more susceptible to breakdown than other fibrillar collagens [10,12,13,23]. Together, the collagen type I / type III ratio determines the resistance of collagen fibers to breakdown under mechanical forces during stretching [2]. Type IV collagen fiber is fundamental for maintaining the strength and function of the basement membranes [24,25].

**Table 1.** Role of the different types of collagen in airway.

Collagen Subtype	Collagen's Role
Type I collagen	<ul style="list-style-type: none"> <li>• a primary contributor to lung mechanics</li> <li>• provides mechanical stability and structure</li> <li>• provides a structural framework in the bronchi, interstitium, and alveolar wall</li> </ul>
Type II collagen	<ul style="list-style-type: none"> <li>• the major component of airway cartilage (95% of total collagen)</li> <li>• facilitates chondrocyte synthesis of extracellular matrix (ECM)</li> </ul>
Type III collagen	<ul style="list-style-type: none"> <li>• a primary contributor to lung mechanics</li> <li>• provides a structural framework in the bronchi, interstitium, and alveolar wall</li> </ul>
Type IV collagen	<ul style="list-style-type: none"> <li>• fundamental for maintaining the strength and function of the basement membranes</li> </ul>
Collagen type I/type III ratio	<ul style="list-style-type: none"> <li>• determines the resistance of collagen fibers to breakdown under mechanical forces during stretching</li> </ul>

As the primary structural component of airway ECM, collagen provides biomechanical cues for cell adhesion and tissue growth [6]. Studies of ECM mechanics in pulmonary diseases suggest that collagen is the most important load-bearing component of the lung parenchyma and has an essential role in maintaining tissue homeostasis and mediating cellular responses to injury [2]. Mechanical cues within collagen matrices serve to organize cell arrangement in the ECM: these cues facilitate cell alignment and cell–matrix bundling of collagen; conversely, pathologic changes in collagen fibril formation can prevent cell alignment and cell polarity [26].

Collagens also play a vital role during airway regeneration and repair. Regenerative medicine has adopted the use of acellular airway constructs through decellularization in an effort to provide a biomimetic scaffold for tissue engineering. However, decellularization of a multi-lineage tissue (bearing epithelial, vascular, muscle, and cartilaginous structures) such as the trachea has resulted in ECM injury, loss of graft mechanical properties, and collapse in both pre-clinical and clinical applications [27,28]. New approaches to tracheal tissue engineering have focused on the preservation of the native ECM, most importantly its collagen content [29,30].

### 3. Approaches to Quantify Airway Mechanics

#### 3.1. Macromechanical Properties of the Airway

Airway mechanics has been quantified at macro and micro levels (Table 2) to explore the effect of the structural organization and micro-environment on airway function. On macro scale, the airway must retain patency and rigidity to perform normal respiratory function, and maintain elasticity to account for movement. These properties are most commonly assessed with *ex vivo* tensile and compression testing. This has been performed in the several animal models, defining normal tensile strength and elasticity [31–34]. Furthermore, uniaxial tensile testing has also been used to establish criteria for decellularization [35,36]. Preservation of graft macromechanical properties can serve as a surrogate for ECM preservation (e.g., collagen) following modulation of native tissues.

In contrast, several modalities are used at the bedside to assess macromechanical properties of the airway *in vivo*. Functional assessment of the airway can be achieved quantitatively with the use of pulmonary function testing (PFT), for example with plethysmography to calculate lung volumes and spirometry to evaluate for the presence of intrathoracic or extrathoracic obstruction. Beyond pulmonary function tests, radiographic tests can be used to characterize changes in tissue thickness [37]. Using a Jacobian determinant measured from computed tomography (CT), biomechanical metrics representing local lung expansion and contraction can predict respiratory morbidity and mortality in chronic obstructive pulmonary disease (COPD) [38]. Dynamic imaging of the airway permits the quantification of airway diameter during spontaneous respiration; techniques such as dynamic volumetric computed tomographic angiography (DV-CTA) of the chest and airway fluoroscopy are used to assess for airway collapse seen in tracheobronchomalacia [39]. Under anesthesia, bronchoscopy allows for the direct visualization of the tracheobronchial airways during spontaneous respiration, which can serve as a surrogate for native tissue mechanical properties [40]. These clinical modalities are critical to diagnose pulmonary disease and serve as important tools for disease surveillance and treatment response.

#### 3.2. Micromechanical Properties of the Airway

The micromechanical properties of airway cells and extracellular compartment can define the mechanisms of repair, remodeling, and disease. This is typically quantified with the use of atomic force microscopy (AFM), a high-resolution imaging technique that permits not only nanometer-level resolution, but also the quantification of the stiffness (Young's modulus) at the cellular level (Table 2) [41,42]. Atomic force microscopy has been used to measure the average fibril diameter of type I collagen (400 nm) and type II collagen (100 nm) [43]. In addition, AFM can be used to quantify micromechanical properties, generating matrix stiffness as an aggregate of collagens, elastin, and proteoglycans. While the Young's modulus of type I collagen fibrils in tendons has been studied in numerous animal models (comparing type I collagen fibrils in tendons among species) [44–48], assessment of the micromechanical properties of types of collagen in the airway has not been profiled. As ECM homeostasis and collagen remodeling are dynamic, likely are the associated mechanical properties during these processes [49]. Therefore, these micromechanical properties can serve to elucidate the mechanisms of airway ECM remodeling and serve as a biomarker for disease development [50].

Within the airway, bronchial and alveolar cells have also been studied extensively using AFM. *In vitro* studies of wound repair demonstrate localized changes in cellular stiffness during bronchial epithelial spreading and migration [51]. Matrix micromechanics can also provide essential information to study cell–matrix mechanical crosstalk in organ biofabrication [52]. Micromechanical properties have elucidated the role of mechanotransduction in cell–matrix interactions, influencing proliferation, differentiation, and migration [53–56]. AFM has been used as a method of assessing the effects of decellularization. Decellularization preserved the elastic modulus in human lung slices; however, stiffness can be modulated by section thickness [52,55,57–59]. Current studies illuminate the heterogeneity of quantification using AFM; results can vary due to disease status,

model, regions, and thickness of samples. Thus, a homogenous approach to test airway stiffness is necessary to compare analogous constructs. A comprehensive review of studies on airway mechanics and the quantification of airway stiffness is summarized in Table 2. The variability of these approaches suggests that a comprehensive approach including both macro- and micromechanical properties is needed to study airway mechanics.

**Table 2.** Young’s modulus of macro and micro quantification of airway cells, ECM, and tissue. AFM: atomic force microscopy.

Approaches	Tested Sample	Species	Types of Macromechanical Testing and Micro AFM Cantilever	Young’s Modulus (kPa) Mean ± SE (Unless Specified)	Ref
Macro Scale	trachea, bronchi	porcine	Displacement-controlled uniaxial tensile tests	The linear pseudo-elastic modulus (PEM, elastic response to an applied stress) of axial orientation ( $30.5 \pm 3.1$ ) was significantly higher than circumferential ( $8.4 \pm 1.1$ ); the circumferential PEM of small bronchi ( $12.5 \pm 1.9$ ) was higher than that of the trachea ( $6.0 \pm 0.6$ ) and large bronchi ( $6.6 \pm 0.9$ ).	[31]
	trachea	dolphin	Uniaxial compression test	$65 \pm 58$ (SD)	[33]
	trachea	rabbit	Tensile test	$13.6 \pm 1.8 \times 10^3$ for native $17.3 \pm 3.5 \times 10^3$ for decellularized trachea (SD)	[35]
	trachea	dog	Three-point bending test	proximal: $1.59 \pm 0.24 \times 10^3$ , middle: $1.53 \pm 0.42 \times 10^3$ , distal: $1.61 \pm 0.22 \times 10^3$	[32]
Micro Scale	Alveolar epithelial cells (A549)	Human	Silicon nitride triangular regular four-sided pyramid cantilevers, with a nominal semi-included angle $\theta = 35^\circ$ , with nominal spring constant $k = 0.01$ N/m and 200- $\mu$ m length (uncoated Microlevers, Thermomicroscopes, Sunnyvale, CA)	$1.59 \pm 0.33$	[41]
	Bronchial epithelial cells (BEAS-2B)	Human		$1.55 \pm 0.41$	[41]
	Type I lung epithelial	Rat	Standard blunt pyramidal tip silicon nitride cantilever with a nominal spring constant of 0.03 N/m	$2.5 \pm 1.0$ (nucleus) $2.5 \pm 1.2$ (cytoplasm)	[42]
	Type II lung epithelial	Rat		$3.1 \pm 1.5$ (nucleus) $4.7 \pm 2.9$ (cytoplasm)	[42]
	Lung fibroblast	Rat		$3.3 \pm 0.8$ (nucleus) $6.0 \pm 2.3$ (cytoplasm)	[42]
	Bronchial epithelial cells (16HBE)	Human	Very soft cantilevers with spring constants of about 0.01 N/m and tip half-opening angle of $\sim 35^\circ$ (Microlever/Sharp Microlever; TM Microscopes, Santa Clara, CA)	$8.7 \pm 0.23$ Medians from wound: 2.4 kPa (0~10 $\mu$ m), ~9 kPa (10~20 $\mu$ m), 2.4 kPa (20~50 $\mu$ m)	[51]
	Bronchus (400 $\mu$ m)	Mice	Sphere-tipped probe (Novascan, Ames, IA) with a diameter of 5 $\mu$ m and a nominal spring constant of $\sim 60$ pN/nm probe	$23.1 \pm 14$ (SD) (median 18.6 kPa)	[54]
	Lung tissue (1 mm)	Human	Spherical tipped-silicon nitride cantilever (Bruker, Camarillo, CA) with a 4.74- $\mu$ m diameter and a 20–30 pN/nm spring constants probe	$1.606 \pm 0.08$	[57]
	Decellularized lung matrices (1 mm)	Human		$1.96 \pm 0.13$	[57]
	Lung parenchyma strips (400 $\mu$ m)	Mice	Silicon nitride triangle cantilever with a 5- $\mu$ m diameter borosilicate spherical tip, with a spring constant of 0.06 N/m probe (Novascan, Ames, IA).	Representative curves for bleomycin-treated lung: 13.39 kPa; for saline-treated lung: 0.732 kPa (median is localized, can be $\sim 30$ times higher comparing former t0 latter)	[55]
Lung strips (100 $\mu$ m)	Mice	Silica glass bead-customized silicon nitride AFM tip with diameter of 4.74 $\mu$ m, and cantilever spring constants in the range of 0.06–0.08 N/m (Veeco, Plainview, NY)	Saline-treated mouse: $1.96 \pm 1.21$ (SD) Bleomycin-treated mouse (lung fibrosis model): $17.25 \pm 11.06$ (SD)	[58]	

Table 2. Cont.

Approaches	Tested Sample	Species	Types of Macromechanical Testing and Micro AFM Cantilever	Young's Modulus (kPa) Mean $\pm$ SE (Unless Specified)	Ref
Micro Scale	Decellularized alveolar wall segments ( $\sim 7 \mu\text{m}$ )	Rat		$5.59 \pm 3.39$ (SD)	[59]
	Decellularized alveolar wall junctions ( $\sim 7 \mu\text{m}$ )	Rat	A Si <sub>3</sub> N <sub>4</sub> V-shaped Au-coated cantilever with a four-sided pyramidal tip on its apex with a semi-included effective angle ( $\theta$ ) of $\sim 20^\circ$ and a nominal spring constant (k) of 0.1 N/m (MLCT, Bruker, Germany)	$6.79 \pm 3.88$ (SD)	[59]
	Decellularized pleural membrane ( $\sim 7 \mu\text{m}$ )	Rat		$15.76 \pm 13.70$ (SD)	[59]

#### 4. The Role of Collagen in Airway Disease and Disease-Associated ECM Stiffness Change

In airway diseases, abnormal tissue remodeling is associated with the deposition of ECM components such as collagens, fibronectins, and proteoglycans, in and around the epithelium and surrounding vessels [60–63]. Pathologic collagen remodeling involves the reorientation and rearrangement of fibers in an effort to confer greater strength to the region of injury. With the high prevalence of collagen in the airway, its deposition or degradation is a surrogate for the stiffness change observed in airway disease. The pathogenesis and alteration of airway mechanics and collagen in pulmonary diseases and the aging lung are listed in Table 3. Burgeoning research in collagen homeostasis has the potential to identify biomarkers in the early diagnosis and treatment of lung diseases.

##### 4.1. Increased Collagen Concentration in Cystic Fibrosis

Cystic fibrosis (CF) is an autosomal recessive disease that causes alterations in the cystic fibrosis transmembrane conductance regulator (CFTR) chloride ion channel, leading to thick mucus blocking the airway, causing infections and scarring of the lung [64]. This results in an alteration of cellular and matrix stiffness. Human epithelial cells derived from patients' airways with CF and CFTR mutant cells have been found to have a lower Young's modulus than normal human epithelial cells [65,66]. Alveolar matrix remodeling and fibrosis is present in the CF lung and leads to stiffening of alveolar tissues. In patients with CF, collagen I and elastin concentration in alveolar septa were increased  $\sim 9$ -fold and  $\sim 5$ -fold, respectively, as compared to healthy controls [67].

##### 4.2. Collagen Deposition in Asthma

Asthma is chronic inflammation of the airway that leads to episodic narrowing of the airway, which is commonly exercise- or allergen-induced [68]. Over time, hyper-responsiveness of the airway leads to inflammation and airway remodeling. With airway remodeling in asthma, collagen deposition results in an increase in matrix stiffness [69,70]. Early in vivo studies on patients with asthma have found increased collagen at the bronchial submucosal level; increased deposition of type I, III, and V collagens in asthmatic airways is well established [69,71–73]. This pathologic collagen deposition contributes to fibrosis, which can contribute to disease progression and severity in asthma [74,75]. Beyond disease severity, genetic factors also play a role in matrix collagen content and subsequent lung mechanics [76].

The correlation between collagen deposition and ECM stiffness has also been studied in vitro. Human bronchial fibroblasts (HBF) derived from asthmatic patients had a higher elastic modulus compared to non-asthmatic HBF [77]. Asthmatic airway smooth muscle cells (ASMCs) secrete more collagen I and less collagen IV than non-asthmatic ASMCs [78]. ASMC-mediated collagen remodeling can be used to screen treatment to asthma by monitoring contraction and degradation of collagen [79]. In turn, when cultured

in collagen substrates with higher stiffness (93 kPa) than control (23.1 kPa), ASMCs exhibited behaviors (e.g., stimulated proliferation) similar to asthma [54,80]. This suggests that the maintenance normal lung stiffness is essential to maintain native ASMC expression. Notably, myofibroblasts, an intermediate between fibroblasts and smooth muscle cells, and fibroblast-to-myofibroblast transition (FMT) contribute to progression of fibrosis in asthma. Transforming Growth Factor-Beta (TGF- $\beta$ ) induced FMT and ECM stiffness in asthma exits as a vicious cycle: increased ECM stiffness causes enhanced FMT, which in turn leads to increased secretion of collagen, resulting in a reciprocal increase in matrix stiffness [81–84]. Thus, the interruption of this cycle by decreasing collagen secretion or blocking FMT may be a target in future asthma therapeutics.

#### *4.3. Enhanced Collagen Deposition in Idiopathic Pulmonary Fibrosis Is Associated with the Increased ECM Stiffness*

Idiopathic pulmonary fibrosis (IPF) is a progressive fibrosing interstitial pneumonia of unknown cause [85]. The incidence of IPF rises with age and carries a poor prognosis with a mean survival after diagnosis of 3 years [86]. Advances in defining the mechanisms of IPF describe a sequence of events that result in disease development: genetic predispositions, chronic epithelial cell turnover, and environmental exposures that ultimately lead to epithelial dysfunction [86]. Collagen has a prominent role in the pathogenesis of disease; deposits in the alveolar walls progressively destroy normal alveolar architecture [87,88]. From a mechanical perspective, decellularized and native IPF samples displayed higher stiffness than healthy lung samples [57,89]. The Young's moduli derived from AFM and a low-load compression testing are listed in Table 3. Mass spectrometry revealed that the IPF acellular lung also exhibited a different matrisome profile (collection of ECM components/proteins) exclusively expressed type I, V, and XV collagens, and was composed of higher amounts of type III, IV, VIII and XIV collagens than normal tissue [57]. This suggests the role of increased collagen deposition in IPF is associated with the enhanced stiffness in the ECM. Homeostasis type I collagen is believed to have an essential role in IPF pathogenesis. TGF- $\beta$ 1 upregulates collagen I expression in fibroblasts cultured in 3D-collagen I gels [90]. Further, type I collagen upregulation was higher in fibroblasts derived from patients with IPF than from healthy controls [90]. The amount and stiffness of collagen fibers from IPF lung tissue were found to be similar to healthy tissue. However, lysyl oxidase (LOX) enzymes (responsible for collagen's post-translational modification) were upregulated in primary human lung fibroblasts from patients with IPF. LOX inhibition normalized the dysregulated post-translational collagen cross-linking and reduced tissue stiffness [91]. Rather than increased deposition, Jones et al. believed that altered collagen architecture determined tissue stiffness in IPF [91].

#### *4.4. Collagen I and III Are Remodeling Markers in COPD*

Chronic obstructive pulmonary disease (COPD) is an inflammatory disease of the lungs, manifesting as incomplete airflow obstruction resulting in emphysema and chronic bronchitis [92]. Typically resulting from tobacco smoke or other inhalational injury, COPD results from narrowing and inflammation of small airways as the emphysematous lung loses its elasticity, resulting in dyspnea, cough, and excessive sputum production. Innate and adaptive immune responses and disruptions in ECM remodeling result in airway and alveolar remodeling. In 2019, Ito et al. provided a comprehensive review of ECM change in COPD and the role of type I and III collagen as biomarkers for remodeling [8]. In patients with COPD, Kranenburg et al. demonstrated an increased expression of total collagens I, III, and IV in the basement membrane and an increased expression collagens I and III in bronchial lamina propria and adventitia [93].

As mentioned previously, emphysema is part of the pathophysiology of COPD [94]. ASMC proliferation is affected by ECM stiffness, resulting in smooth muscle loss and matrix softening in small and terminal airways of patients with emphysema [95]. Diseased lung presented higher collagen content and altered airway mechanics than normal lung, with lower dynamic tissue elastance as well as hysteresivity in a mouse model of emphy-

sema [96]. Collagen fibers were found to be 24% thicker in rat lung with elastase-induced emphysema. In addition, the threshold of collagen to maintain mechanical stability is reduced, demonstrated by broken collagen fibers under similar stretch [97]. These findings suggest abnormal collagen remodeling has a significant role in COPD lung mechanics.

#### 4.5. Collagen I and III Are Associated with Lung Mechanics Change in Acute Respiratory Distress Syndrome

Acute respiratory distress syndrome (ARDS) is a condition where the alveoli or alveolar vessels are injured, leading to inflammation and increased fluid in the alveoli. In patients with ARDS, mechanical ventilation can cause additional lung injury due to the barotrauma from high airway pressures [98,99]. In ARDS, collagens can serve as markers of remodeling in various regions of the airway [8]. Excessive type I and III collagens can be detected in interstitial edema. ARDS matrix remodeling in ARDS requires myofibroblast migration or contraction generating mechanical forces, which deposit type III collagen during the early stages of ARDS. In later stages of disease, there is an increase in type I collagen and collagenase-digested type III collagen, leading to a tendency towards fibrosis [8]. In animal models of early acute lung injury (a milder type of ARDS), tissue resistance and dynamic elastance increased in rat lung parenchymal strips. These mechanical properties were persistently high at the late stage; meanwhile, collagen fiber content increased exponentially with the injury's severity [10].

#### 4.6. Aging Is a Factor of Collagen Alteration in Lung

Lung function is known to deteriorate with age, resulting in poorer mucociliary clearance, loss of elastic recoil, and poorer lung function on PFT. One mechanism of lung aging is increased collagen and decreased elastin production by fibroblasts, thus increasing pulmonary stiffness and lowering compliance, increasing the elastic modulus [100,101]. In addition to changes of the quantity of certain matrix proteins, collagen undergoes post-translational modifications, increasing collagen cross-linking and thereby increasing rigidity while decreasing fiber length and width. These changes in collagen mechanical properties can influence response to therapeutics [102,103].

**Table 3.** Airway disease stiffness alteration and associated collagen change.

Airway Disease	Pathogenesis	Models	Related Stiffness Alteration	Collagen Change
Cystic fibrosis (CF)	Autosomal recessive mutation in a single gene that encodes the cystic fibrosis transmembrane conductance regulator (CFTR) protein, which leads to loss of chloride channel function [104,105].	Human bronchial epithelial cells (16HBE and CFBE) and lung tissue	<ul style="list-style-type: none"> <li>Shorter cell topology and lower Young's modulus of human epithelial cells from CF donors compared to controls [65,66]</li> <li>Median Young's modulus of human CF bronchial epithelial cell is 61.19 MPa, ranging from 31.09 to 104.85 MPa, as compared to the 16HBE median of 79.81 MPa (range 36.51~144.64 MPa)</li> </ul>	<ul style="list-style-type: none"> <li>Type I collagen increased in alveolar septa of patients with CF versus tissues from healthy controls</li> <li>~9-fold increase of collagen in patients with CF as compared to healthy controls [67]</li> </ul>
Asthma	A chronic inflammatory disorder with hyper-responsiveness of the airway to different triggers [68]. TGF- $\beta$ -induced fibroblast-to-myofibroblast transition [106].	Undifferentiated human bronchial fibroblasts (HBF) and airway smooth muscle cells (ASMCs) 2D and 3D culture models	<ul style="list-style-type: none"> <li>Higher elastic modulus in asthmatic human bronchial fibroblasts (HBF) (<math>18.75 \pm 6.78</math> kPa) than normal HBF (<math>5.39 \pm 0.97</math> kPa) (mean <math>\pm</math> SD) [77]</li> <li>ASMCs from asthmatics exhibited stiffer collagen substrate (93 kPa) than normal tissue (<math>23.1 \pm 14</math> (SD)) [54].</li> </ul>	<ul style="list-style-type: none"> <li>Deposited collagens I, III, and V increased in asthmatic airways [69].</li> <li>Deposition of collagen types I and III in sub-epithelium was associated with asthma severity [74,75].</li> <li>Excessive collagen deposits and increased airway stiffness were characteristic features of the pathological airway remodeling in asthma [107,108].</li> </ul>

Table 3. Cont.

Airway Disease	Pathogenesis	Models	Related Stiffness Alteration	Collagen Change
Idiopathic pulmonary fibrosis (IPF)	A progressive fibrosing interstitial pneumonia of unknown causes [85]	Lung tissue acellular model	<ul style="list-style-type: none"> <li>Both native (<math>16.52 \pm 2.25</math> kPa) and decellularized (<math>7.34 \pm 0.6</math> kPa) IPF lung have higher Young's modulus than normal lung (<math>1.96 \pm 0.13</math> kPa) [57].</li> <li>Average IPF tissue stiffness (<math>18.9 \pm 11.1</math> kPa) was higher than healthy control (<math>3.7 \pm 1.3</math> kPa); Stiffness of hydrogel derived from IPF tissue (<math>6.8 \pm 2.8</math> kPa) was greater than hydrogel from healthy control (<math>1.1 \pm 0.2</math> kPa), as detected by a low-load compression tester [89].</li> </ul>	<ul style="list-style-type: none"> <li>Collagens I, V, and XV were expressed in IPF lung acellular matrix but not in healthy control;</li> <li>Collagens III, VI, VIII, and XIV were enriched in IPF matrices [57].</li> <li>Excessive collagen deposition (mostly collagen I) with active fibroblasts indicated active fibrosis in IPF [109].</li> <li>Collagen architecture alteration was a deterrent to fibrosis [91].</li> </ul>
Chronic obstructive pulmonary disease, (COPD)	An inflammatory disease of the lungs, manifesting as incomplete airflow obstruction resulting in emphysema and chronic bronchitis [92], mainly induced by smoke exposure [110].	ASMCs and lung tissue	<ul style="list-style-type: none"> <li>COPD lung tissue (<math>2.9 \pm 0.8</math> kPa) and COPD ECM hydrogel (<math>1.5 \pm 0.4</math> kPa) had similar stiffness to healthy control by a low-load compression tester [89].</li> <li>The dynamic tissue elastance was 19% lower and hysteresivity was 9% higher in emphysematous rat lung as compared to controls [96].</li> </ul>	<ul style="list-style-type: none"> <li>Increased expression of collagens I, III, and IV in the surface epithelial basement membrane</li> <li>Increased expression of collagens I and III in bronchial lamina propria) and adventitia [93]</li> <li>Collagen fibers in the emphysematous lung were 24% thicker than normal tissue [97]</li> </ul>
Acute respiratory distress syndrome (ARDS)	Fluid accumulation in alveoli, with partial lung collapse (atelectasis) and low levels of oxygen in the blood (hypoxemia) [111].	Rat lung tissue	<ul style="list-style-type: none"> <li>The ARDS lung is not stiff, as characterized by pressure-volume curves generated by computerized tomography (CT) at 3 levels of positive end-expiratory pressure (PEEP) [112].</li> <li>High resistance and dynamic elastance in acute lung injury [10]</li> </ul>	<ul style="list-style-type: none"> <li>Myofibroblasts deposited collagen III in early stage</li> <li>Collagen I was synthesized while collagen III was digested by collagenase in the late stage [8]</li> </ul>
Aging lung	Increased collagen and decreased elastin production by fibroblasts	3D matrix model and lung tissue	<ul style="list-style-type: none"> <li>Increased pulmonary stiffness</li> <li>Decreased compliance</li> </ul>	<ul style="list-style-type: none"> <li>Collagen fibers have higher stiffness and lower deformation</li> </ul>

## 5. Conclusions

As the major component of extracellular matrix (ECM), collagen supports the macro- and micromechanical environment of the airway. Preservation of collagen type and quantity is necessary to maintain ECM stiffness for the native airway as well as for the development of tissue-engineered airway constructs. Macro and micro airway mechanics provide a fundamental knowledge of the contribution of collagen in the airway. Biomechanical properties can serve as a reference for biomaterial creation and scaffold fabrication, can provide a diagnostic tool for airway disease, and can also elucidate the mechanisms of disease. Future directions for collagen mechanics include their application as a biomarker for disease surveillance and the development of therapeutics.

**Author Contributions:** Investigation, L.L., B.S., M.B.; Writing—Original Draft Preparation, L.L. and T.C.; Writing—Review and Editing, L.L., B.S., M.B., A.M. and T.C.; Supervision, T.C.; Funding Acquisition, T.C. All authors have read and agreed to the published version of the manuscript.

**Funding:** The review presented is funded by NIH NHLBI K08HL138460.

**Institutional Review Board Statement:** Not applicable.

**Acknowledgments:** The authors thank Melody Davis from the Scientific Writing Program of the Abigail Wexner Research Institute at the Nationwide Children's Hospital.

**Conflicts of Interest:** There is no conflict of interest.

## References

1. Seow, C.Y. Passive stiffness of airway smooth muscle: The next target for improving airway distensibility and treatment for asthma? *Pulm. Pharmacol. Ther.* **2013**, *26*, 37–41. [[CrossRef](#)] [[PubMed](#)]
2. Suki, B.; Bates, J.H. Extracellular matrix mechanics in lung parenchymal diseases. *Respir. Physiol. Neurobiol.* **2008**, *163*, 33–43. [[CrossRef](#)] [[PubMed](#)]
3. Burgstaller, G.; Oehrle, B.; Gerckens, M.; White, E.S.; Schiller, H.B.; Eickelberg, O. The instructive extracellular matrix of the lung: Basic composition and alterations in chronic lung disease. *Eur. Respir. J.* **2017**, *50*, 1601805. [[CrossRef](#)] [[PubMed](#)]
4. Manuyakorn, W.; Howarth, P.H.; Holgate, S.T. Airway remodelling in asthma and novel therapy. *Asian Pac. J. Allergy Immunol.* **2013**, *31*, 3. [[PubMed](#)]
5. Yue, B. Biology of the extracellular matrix: An overview. *J. Glaucoma* **2014**, *S20*. [[CrossRef](#)]
6. Rozario, T.; DeSimone, D.W. The extracellular matrix in development and morphogenesis: A dynamic view. *Dev. Biol.* **2010**, *341*, 126–140. [[CrossRef](#)]
7. Campa, J.; Harrison, N.; Laurent, G. *Regulation of Matrix Production in the Airways*; Academic Press: London, UK, 1993.
8. Ito, J.T.; Lourenço, J.D.; Righetti, R.F.; Tibério, I.F.; Prado, C.M.; Lopes, F.D. Extracellular matrix component remodeling in respiratory diseases: What has been found in clinical and experimental studies? *Cells* **2019**, *8*, 342. [[CrossRef](#)]
9. Montes, G.S. Structural biology of the fibres of the collagenous and elastic systems. *Cell Biol. Int.* **1996**, *20*, 15–27. [[CrossRef](#)]
10. Rocco, P.R.; Negri, E.M.; Kurtz, P.M.; Vasconcellos, F.P.; Silva, G.H.; Capelozzi, V.L.; Romero, P.V.; Zin, W.A. Lung tissue mechanics and extracellular matrix remodeling in acute lung injury. *Am. J. Respir. Crit. Care Med.* **2001**, *164*, 1067–1071. [[CrossRef](#)]
11. Rocco, P.R.; Souza, A.B.; Faffe, D.S.; Pássaro, C.P.; Santos, F.B.; Negri, E.M.; Lima, J.G.; Contador, R.S.; Capelozzi, V.L.; Zin, W.A. Effect of corticosteroid on lung parenchyma remodeling at an early phase of acute lung injury. *Am. J. Respir. Crit. Care Med.* **2003**, *168*, 677–684. [[CrossRef](#)] [[PubMed](#)]
12. Santos, F.B.; Nagato, L.K.; Boechem, N.M.; Negri, E.M.; Guimaraes, A.; Capelozzi, V.L.; Faffe, D.S.; Zin, W.A.; Rocco, P.R. Time course of lung parenchyma remodeling in pulmonary and extrapulmonary acute lung injury. *J. Appl. Physiol.* **2006**, *100*, 98–106. [[CrossRef](#)] [[PubMed](#)]
13. Fratzl, P. Collagen: Structure and mechanics, an introduction. In *Collagen*; Springer: Berlin/Heidelberg, Germany, 2008; pp. 1–13.
14. Karsdal, M.A.; Nielsen, M.J.; Sand, J.M.; Henriksen, K.; Genovese, F.; Bay-Jensen, A.-C.; Smith, V.; Adamkewicz, J.I.; Christiansen, C.; Leeming, D.J. Extracellular matrix remodeling: The common denominator in connective tissue diseases possibilities for evaluation and current understanding of the matrix as more than a passive architecture, but a key player in tissue failure. *Assay Drug Dev. Technol.* **2013**, *11*, 70–92. [[CrossRef](#)] [[PubMed](#)]
15. Lodish, H.; Berk, A.; Zipursky, S.L.; Matsudaira, P.; Baltimore, D.; Darnell, J. *Molecular Cell Biology*, 4th ed.; W. H. Freeman: New York, NY, USA, 2000.
16. Bielajew, B.J.; Hu, J.C.; Athanasiou, K.A. Collagen: Quantification, biomechanics and role of minor subtypes in cartilage. *Nat. Rev. Mater.* **2020**, 1–18. [[CrossRef](#)]
17. Pieper, J.; Van Der Kraan, P.; Hafmans, T.; Kamp, J.; Buma, P.; Van Susante, J.; Van Den Berg, W.; Veerkamp, J.; Van Kuppevelt, T. Crosslinked type II collagen matrices: Preparation, characterization, and potential for cartilage engineering. *Biomaterials* **2002**, *23*, 3183–3192. [[CrossRef](#)]
18. Cha, M.H.; Do, S.H.; Park, G.R.; Du, P.; Han, K.-C.; Han, D.K.; Park, K. Induction of re-differentiation of passaged rat chondrocytes using a naturally obtained extracellular matrix microenvironment. *Tissue Eng. Part A* **2013**, *19*, 978–988. [[CrossRef](#)]
19. Borgia, F.; Giuffrida, R.; Guarneri, F.; Cannavò, S.P. Relapsing polychondritis: An updated review. *Biomedicines* **2018**, *6*, 84. [[CrossRef](#)]
20. Sobin, S.; Fung, Y.; Tremer, H. Collagen and elastin fibers in human pulmonary alveolar walls. *J. Appl. Physiol.* **1988**, *64*, 1659–1675. [[CrossRef](#)]
21. McLees, B.D.; Schleiter, G.; Pinnell, S.R. Isolation of type III collagen from human adult parenchymal lung tissue. *Biochemistry* **1977**, *16*, 185–190. [[CrossRef](#)]
22. Davidson, J. Biochemistry and turnover of lung interstitium. *Eur. Respir. J.* **1990**, *3*, 1048–1063.
23. Suki, B.; Ito, S.; Stamenovic, D.; Lutchen, K.R.; Ingenito, E.P. Biomechanics of the lung parenchyma: Critical roles of collagen and mechanical forces. *J. Appl. Physiol.* **2005**, *98*, 1892–1899. [[CrossRef](#)]
24. West, J.B. Thoughts on the pulmonary blood-gas barrier. *Am. J. Physiol. Lung Cell. Mol. Physiol.* **2003**, *285*, L501–L513. [[CrossRef](#)] [[PubMed](#)]
25. Pöschl, E.; Schlötzer-Schrehardt, U.; Brachvogel, B.; Saito, K.; Ninomiya, Y.; Mayer, U. Collagen IV is essential for basement membrane stability but dispensable for initiation of its assembly during early development. *Development* **2004**, *131*, 1619–1628. [[CrossRef](#)] [[PubMed](#)]
26. Friedrichs, J. *Analyzing Interactions between Cells and Extracellular Matrix by Atomic Force Microscopy*; Technique Universität Dresden: Dresden, Germany, 2009.
27. Greaney, A.M.; Niklason, L.E. The History of Engineered Tracheal Replacements: Interpreting the Past and Guiding the Future. *Tissue Eng. Part B Rev.* **2020**. [[CrossRef](#)]
28. Maghsoudlou, P.; Georgiades, F.; Tyraskis, A.; Totonelli, G.; Loukogeorgakis, S.P.; Orlando, G.; Shangaris, P.; Lange, P.; Delalande, J.-M.; Burns, A.J. Preservation of micro-architecture and angiogenic potential in a pulmonary acellular matrix obtained using intermittent intra-tracheal flow of detergent enzymatic treatment. *Biomaterials* **2013**, *34*, 6638–6648. [[CrossRef](#)] [[PubMed](#)]

29. Partington, L.; Mordan, N.; Mason, C.; Knowles, J.; Kim, H.; Lowdell, M.; Birchall, M.; Wall, I. Biochemical changes caused by decellularization may compromise mechanical integrity of tracheal scaffolds. *Acta Biomater.* **2013**, *9*, 5251–5261. [[CrossRef](#)] [[PubMed](#)]
30. Fernández-Pérez, J.; Ahearne, M. The impact of decellularization methods on extracellular matrix derived hydrogels. *Sci. Rep.* **2019**, *9*, 1–12. [[CrossRef](#)]
31. Eskandari, M.; Arvayo, A.L.; Levenston, M.E. Mechanical properties of the airway tree: Heterogeneous and anisotropic pseudoelastic and viscoelastic tissue responses. *J. Appl. Physiol.* **2018**, *125*, 878–888. [[CrossRef](#)] [[PubMed](#)]
32. Lee, J.S.-J.; Park, J.; Shin, D.-A.; Ryu, Y.-J.; Kim, H.C.; Lee, J.C.; Kwon, S.K. Characterization of the biomechanical properties of canine trachea using a customized 3D-printed apparatus. *Auris Nasus Larynx* **2019**, *46*, 407–416. [[CrossRef](#)] [[PubMed](#)]
33. Cozzi, B.; Bagnoli, P.; Acocella, F.; Costantino, M.L. Structure and biomechanical properties of the trachea of the striped dolphin *Stenella coeruleoalba*: Evidence for evolutionary adaptations to diving. *Anat. Rec. Part A Discov. Mol. Cell. Evol. Biol. Off. Publ. Am. Assoc. Anat.* **2005**, *284*, 500–510.
34. Jones, M.C.; Rueggeberg, F.A.; Faircloth, H.A.; Cunningham, A.J.; Bush, C.M.; Prosser, J.D.; Waller, J.L.; Postma, G.N.; Weinberger, P.M. Defining the biomechanical properties of the rabbit trachea. *Laryngoscope* **2014**, *124*, 2352–2358. [[CrossRef](#)]
35. Hong, P.; Bezuhly, M.; Graham, M.E.; Gratzner, P.F. Efficient decellularization of rabbit trachea to generate a tissue engineering scaffold biomatrix. *Int. J. Pediatric Otorhinolaryngol.* **2018**, *112*, 67–74. [[CrossRef](#)] [[PubMed](#)]
36. Batioglu-Karaaltin, A.; Ovali, E.; Karaaltin, M.V.; Yener, M.; Yilmaz, M.; Eyüpoğlu, F.; Yilmaz, Y.Z.; Bozkurt, E.R.; Demir, N.; Konuk, E. Decellularization of trachea with combined techniques for tissue-engineered trachea transplantation. *Clin. Exp. Otorhinolaryngol.* **2019**, *12*, 86. [[CrossRef](#)] [[PubMed](#)]
37. Kuo, W.; De Bruijne, M.; Petersen, J.; Nasserinejad, K.; Ozturk, H.; Chen, Y.; Perez-Rovira, A.; Tiddens, H.A. Diagnosis of bronchiectasis and airway wall thickening in children with cystic fibrosis: Objective airway-artery quantification. *Eur. Radiol.* **2017**, *27*, 4680–4689. [[CrossRef](#)] [[PubMed](#)]
38. Bodduluri, S.; Bhatt, S.P.; Hoffman, E.A.; Newell, J.D.; Martinez, C.H.; Dransfield, M.T.; Han, M.K.; Reinhardt, J.M. Biomechanical CT metrics are associated with patient outcomes in COPD. *Thorax* **2017**, *72*, 409–414. [[CrossRef](#)] [[PubMed](#)]
39. Greenberg, S.B. Dynamic pulmonary CT of children. *Am. J. Roentgenol.* **2012**, *199*, 435–440. [[CrossRef](#)] [[PubMed](#)]
40. Sniijders, D.; Barbato, A. An update on diagnosis of tracheomalacia in children. *Eur. J. Pediatric Surg.* **2015**, *25*, 333–335.
41. Alcaraz, J.; Buscemi, L.; Grabulosa, M.; Trepast, X.; Fabry, B.; Farré, R.; Navajas, D. Microrheology of human lung epithelial cells measured by atomic force microscopy. *Biophys. J.* **2003**, *84*, 2071–2079. [[CrossRef](#)]
42. Azeloglu, E.U.; Bhattacharya, J.; Costa, K.D. Atomic force microscope elastography reveals phenotypic differences in alveolar cell stiffness. *J. Appl. Physiol.* **2008**, *105*, 652–661. [[CrossRef](#)]
43. Thalhammer, S.; Heckl, W.; Zink, A.; Nerlich, A. Atomic force microscopy for high resolution imaging of collagen fibrils—a new technique to investigate collagen structure in historic bone tissues. *J. Archaeol. Sci.* **2001**, *28*, 1061–1068. [[CrossRef](#)]
44. Wenger, M.P.; Bozec, L.; Horton, M.A.; Mesquida, P. Mechanical properties of collagen fibrils. *Biophys. J.* **2007**, *93*, 1255–1263. [[CrossRef](#)]
45. Sasaki, N.; Odajima, S. Stress-strain curve and Young’s modulus of a collagen molecule as determined by the X-ray diffraction technique. *J. Biomech.* **1996**, *29*, 655–658. [[CrossRef](#)]
46. Silver, F.H.; Freeman, J.W.; Seehra, G.P. Collagen self-assembly and the development of tendon mechanical properties. *J. Biomech.* **2003**, *36*, 1529–1553. [[CrossRef](#)]
47. Kontomaris, S.V.; Yova, D.; Stylianou, A.; Balogiannis, G. The effects of UV irradiation on collagen D-band revealed by atomic force microscopy. *Scanning* **2015**, *37*, 101–111. [[CrossRef](#)] [[PubMed](#)]
48. Strasser, S.; Zink, A.; Janko, M.; Heckl, W.M.; Thalhammer, S. Structural investigations on native collagen type I fibrils using AFM. *Biochem. Biophys. Res. Commun.* **2007**, *354*, 27–32. [[CrossRef](#)] [[PubMed](#)]
49. Lu, P.; Takai, K.; Weaver, V.M.; Werb, Z. Extracellular matrix degradation and remodeling in development and disease. *Cold Spring Harb. Perspect. Biol.* **2011**, *3*, a005058. [[CrossRef](#)]
50. Suki, B.; Stamenović, D.; Hubmayr, R. Lung parenchymal mechanics. *Compr. Physiol.* **2011**, *1*, 1317–1351.
51. Wagh, A.A.; Roan, E.; Chapman, K.E.; Desai, L.P.; Rendon, D.A.; Eckstein, E.C.; Waters, C.M. Localized elasticity measured in epithelial cells migrating at a wound edge using atomic force microscopy. *Am. J. Physiol. Lung Cell. Mol. Physiol.* **2008**, *295*, L54–L60. [[CrossRef](#)]
52. Jorba, I.; Uriarte, J.J.; Campillo, N.; Farré, R.; Navajas, D. Probing micromechanical properties of the extracellular matrix of soft tissues by atomic force microscopy. *J. Cell. Physiol.* **2017**, *232*, 19–26. [[CrossRef](#)]
53. Mousavi, S.J.; Doweidar, M.H. Role of mechanical cues in cell differentiation and proliferation: A 3D numerical model. *PLoS ONE* **2015**, *10*, e0124529. [[CrossRef](#)]
54. Shkumatov, A.; Thompson, M.; Choi, K.M.; Sicard, D.; Baek, K.; Kim, D.H.; Tschumperlin, D.J.; Prakash, Y.; Kong, H. Matrix stiffness-modulated proliferation and secretory function of the airway smooth muscle cells. *Am. J. Physiol. Lung Cell. Mol. Physiol.* **2015**, *308*, L1125–L1135. [[CrossRef](#)]
55. Liu, F.; Tschumperlin, D.J. Micro-mechanical characterization of lung tissue using atomic force microscopy. *JOVE J. Vis. Exp.* **2011**, *54*, e2911. [[CrossRef](#)] [[PubMed](#)]
56. Basoli, F.; Giannitelli, S.M.; Gori, M.; Mozetic, P.; Bonfanti, A.; Trombetta, M.; Rainer, A. Biomechanical characterization at the cell scale: Present and prospects. *Front. Physiol.* **2018**, *9*, 1449. [[CrossRef](#)] [[PubMed](#)]

57. Booth, A.J.; Hadley, R.; Cornett, A.M.; Dreffs, A.A.; Matthes, S.A.; Tsui, J.L.; Weiss, K.; Horowitz, J.C.; Fiore, V.F.; Barker, T.H. Acellular normal and fibrotic human lung matrices as a culture system for in vitro investigation. *Am. J. Respir. Crit. Care Med.* **2012**, *186*, 866–876. [[CrossRef](#)] [[PubMed](#)]
58. Brown, A.C.; Fiore, V.F.; Sulchek, T.A.; Barker, T.H. Physical and chemical microenvironmental cues orthogonally control the degree and duration of fibrosis-associated epithelial-to-mesenchymal transitions. *J. Pathol.* **2013**, *229*, 25–35. [[CrossRef](#)] [[PubMed](#)]
59. Luque, T.; Melo, E.; Garreta, E.; Cortiella, J.; Nichols, J.; Farré, R.; Navajas, D. Local micromechanical properties of decellularized lung scaffolds measured with atomic force microscopy. *Acta Biomater.* **2013**, *9*, 6852–6859. [[CrossRef](#)]
60. Bjermer, L. Time for a paradigm shift in asthma treatment: From relieving bronchospasm to controlling systemic inflammation. *J. Allergy Clin. Immunol.* **2007**, *120*, 1269–1275. [[CrossRef](#)]
61. Hayashi, T.; Stetler-Stevenson, W.G.; Fleming, M.V.; Fishback, N.; Koss, M.N.; Liotta, L.A.; Ferrans, V.J.; Travis, W.D. Immunohistochemical study of metalloproteinases and their tissue inhibitors in the lungs of patients with diffuse alveolar damage and idiopathic pulmonary fibrosis. *Am. J. Pathol.* **1996**, *149*, 1241.
62. Laliberté, R.; Rouabhia, M.; Bossé, M.; Chakir, J. Decreased capacity of asthmatic bronchial fibroblasts to degrade collagen. *Matrix Biol.* **2001**, *19*, 743–753. [[CrossRef](#)]
63. Selman, M.; Ruiz, V.; Cabrera, S.; Segura, L.; Ramírez, R.; Barrios, R.; Pardo, A. TIMP-1,-2,-3, and-4 in idiopathic pulmonary fibrosis. A prevailing nondegradative lung microenvironment? *Am. J. Physiol. Lung Cell. Mol. Physiol.* **2000**, *279*, L562–L574. [[CrossRef](#)]
64. Davies, J.C.; Alton, E.W.; Bush, A. Cystic fibrosis. *BMJ* **2007**, *335*, 1255–1259. [[CrossRef](#)]
65. Lasalvia, M.; Castellani, S.; D’Antonio, P.; Perna, G.; Carbone, A.; Colia, A.L.; Maffione, A.B.; Capozzi, V.; Conese, M. Human airway epithelial cells investigated by atomic force microscopy: A hint to cystic fibrosis epithelial pathology. *Exp. Cell Res.* **2016**, *348*, 46–55. [[CrossRef](#)] [[PubMed](#)]
66. Carapeto, A.P.; Vitorino, M.V.; Santos, J.D.; Ramalho, S.S.; Robalo, T.; Rodrigues, M.S.; Farinha, C.M. Mechanical Properties of Human Bronchial Epithelial Cells Expressing Wt-and Mutant CFTR. *Int. J. Mol. Sci.* **2020**, *21*, 2916. [[CrossRef](#)] [[PubMed](#)]
67. Ulrich, M.; Worlitzsch, D.; Viglio, S.; Siegmann, N.; Iadarola, P.; Shute, J.K.; Geiser, M.; Pier, G.B.; Friedel, G.; Barr, M.L. Alveolar inflammation in cystic fibrosis. *J. Cyst. Fibros.* **2010**, *9*, 217–227. [[CrossRef](#)] [[PubMed](#)]
68. Papi, A.; Brightling, C.; Pedersen, S.E.; Reddel, H.K. Asthma. *Lancet* **2018**, *391*, 783–800. [[CrossRef](#)]
69. Araujo, B.B.; Dolhnikoff, M.; Silva, L.F.; Elliot, J.; Lindeman, J.; Ferreira, D.; Mulder, A.; Gomes, H.A.; Fernezlian, S.; James, A. Extracellular matrix components and regulators in the airway smooth muscle in asthma. *Eur. Respir. J.* **2008**, *32*, 61–69. [[CrossRef](#)]
70. Wilson, J.W.; Li, X.; Pain, M.C. The lack of distensibility of asthmatic airways. *Am. Rev. Respir. Dis.* **1993**, *148*, 806–809. [[CrossRef](#)]
71. Roche, W.; Williams, J.; Beasley, R.; Holgate, S. Subepithelial fibrosis in the bronchi of asthmatics. *Lancet* **1989**, *333*, 520–524. [[CrossRef](#)]
72. Wilson, J.; Li, X. The measurement of reticular basement membrane and submucosal collagen in the asthmatic airway. *Clin. Exp. Allergy* **1997**, *27*, 363–371. [[CrossRef](#)]
73. Benayoun, L.; Druilhe, A.; Dombret, M.-C.; Aubier, M.; Pretolani, M. Airway structural alterations selectively associated with severe asthma. *Am. J. Respir. Crit. Care Med.* **2003**, *167*, 1360–1368. [[CrossRef](#)]
74. Little, S.; Sproule, M.; Cowan, M.; Macleod, K.; Robertson, M.; Love, J.; Chalmers, G.; McSharry, C.; Thomson, N. High resolution computed tomographic assessment of airway wall thickness in chronic asthma: Reproducibility and relationship with lung function and severity. *Thorax* **2002**, *57*, 247–253. [[CrossRef](#)]
75. Hoshino, M.; Nakamura, Y.; Sim, J.; Shimojo, J.; Isogai, S. Bronchial subepithelial fibrosis and expression of matrix metalloproteinase-9 in asthmatic airway inflammation. *J. Allergy Clin. Immunol.* **1998**, *102*, 783–788. [[CrossRef](#)]
76. Antunes, M.A.; Abreu, S.C.; Damaceno-Rodrigues, N.R.; Parra, E.R.; Capelozzi, V.L.; Pinart, M.; Romero, P.V.; Silva, P.M.; Martins, M.A.; Rocco, P.R. Different strains of mice present distinct lung tissue mechanics and extracellular matrix composition in a model of chronic allergic asthma. *Respir. Physiol. Neurobiol.* **2009**, *165*, 202–207. [[CrossRef](#)] [[PubMed](#)]
77. Sarna, M.; Wojcik, K.A.; Hermanowicz, P.; Wnuk, D.; Burda, K.; Sanak, M.; Czyż, J.; Michalik, M. Undifferentiated bronchial fibroblasts derived from asthmatic patients display higher elastic modulus than their non-asthmatic counterparts. *PLoS ONE* **2015**, *10*, e0116840. [[CrossRef](#)] [[PubMed](#)]
78. Johnson, P.R.; Burgess, J.K.; Underwood, P.A.; Au, W.; Poniris, M.H.; Tamm, M.; Ge, Q.; Roth, M.; Black, J.L. Extracellular matrix proteins modulate asthmatic airway smooth muscle cell proliferation via an autocrine mechanism. *J. Allergy Clin. Immunol.* **2004**, *113*, 690–696. [[CrossRef](#)]
79. Bourke, J.E.; Li, X.; Foster, S.R.; Wee, E.; Dagher, H.; Ziogas, J.; Harris, T.; Bonacci, J.V.; Stewart, A.G. Collagen remodelling by airway smooth muscle is resistant to steroids and  $\beta$ 2-agonists. *Eur. Respir. J.* **2011**, *37*, 173–182. [[CrossRef](#)]
80. Chung, K.F. The role of airway smooth muscle in the pathogenesis of airway wall remodeling in chronic obstructive pulmonary disease. *Proc. Am. Thorac. Soc.* **2005**, *2*, 347–354. [[CrossRef](#)]
81. Hinz, B.; Phan, S.H.; Thannickal, V.J.; Prunotto, M.; Desmoulière, A.; Varga, J.; De Wever, O.; Mareel, M.; Gabbiani, G. Recent developments in myofibroblast biology: Paradigms for connective tissue remodeling. *Am. J. Pathol.* **2012**, *180*, 1340–1355. [[CrossRef](#)]
82. Hinz, B. Mechanical aspects of lung fibrosis: A spotlight on the myofibroblast. *Proc. Am. Thorac. Soc.* **2012**, *9*, 137–147. [[CrossRef](#)]
83. Shi, Y.; Dong, Y.; Duan, Y.; Jiang, X.; Chen, C.; Deng, L. Substrate stiffness influences TGF- $\beta$ 1-induced differentiation of bronchial fibroblasts into myofibroblasts in airway remodeling. *Mol. Med. Rep.* **2013**, *7*, 419–424. [[CrossRef](#)]

84. Michalik, M.; Wójcik-Pszczola, K.; Paw, M.; Wnuk, D.; Koczurkiewicz, P.; Sanak, M.; Pękala, E.; Madeja, Z. Fibroblast-to-myofibroblast transition in bronchial asthma. *Cell. Mol. Life Sci.* **2018**, *75*, 3943–3961. [[CrossRef](#)]
85. Nalysnyk, L.; Cid-Ruzafa, J.; Rotella, P.; Esser, D. Incidence and prevalence of idiopathic pulmonary fibrosis: Review of the literature. *Eur. Respir. Rev.* **2012**, *21*, 355–361. [[CrossRef](#)] [[PubMed](#)]
86. Wolters, P.J.; Collard, H.R.; Jones, K.D. Pathogenesis of idiopathic pulmonary fibrosis. *Annu. Rev. Pathol.* **2014**, *9*, 157–179. [[CrossRef](#)] [[PubMed](#)]
87. Thannickal, V.J.; Henke, C.A.; Horowitz, J.C.; Noble, P.W.; Roman, J.; Sime, P.J.; Zhou, Y.; Wells, R.G.; White, E.S.; Tschumperlin, D.J. Matrix biology of idiopathic pulmonary fibrosis: A workshop report of the national heart, lung, and blood institute. *Am. J. Pathol.* **2014**, *184*, 1643–1651. [[CrossRef](#)] [[PubMed](#)]
88. Gross, T.J.; Hunninghake, G.W. Idiopathic pulmonary fibrosis. *N. Engl. J. Med.* **2001**, *345*, 517–525. [[CrossRef](#)] [[PubMed](#)]
89. De Hilster, R.H.J.; Sharma, P.K.; Jonker, M.R.; White, E.S.; Gercama, E.A.; Roobeek, M.; Timens, W.; Harmsen, M.C.; Hylkema, M.N.; Burgess, J.K. Human lung extracellular matrix hydrogels resemble the stiffness and viscoelasticity of native lung tissue. *Am. J. Physiol. Lung Cell. Mol. Physiol.* **2020**, *318*, L698–L704. [[CrossRef](#)]
90. Giménez, A.; Duch, P.; Puig, M.; Gabasa, M.; Xaubet, A.; Alcaraz, J. Dysregulated collagen homeostasis by matrix stiffening and TGF- $\beta$ 1 in fibroblasts from idiopathic pulmonary fibrosis patients: Role of FAK/Akt. *Int. J. Mol. Sci.* **2017**, *18*, 2431. [[CrossRef](#)]
91. Jones, M.G.; Andriotis, O.G.; Roberts, J.J.; Lunn, K.; Tear, V.J.; Cao, L.; Ask, K.; Smart, D.E.; Bonfanti, A.; Johnson, P. Nanoscale dysregulation of collagen structure-function disrupts mechano-homeostasis and mediates pulmonary fibrosis. *Elife* **2018**, *7*, e36354. [[CrossRef](#)]
92. Riley, C.M.; Sciruba, F.C. Diagnosis and Outpatient Management of Chronic Obstructive Pulmonary Disease: A Review. *JAMA* **2019**, *321*, 786–797. [[CrossRef](#)]
93. Kranenburg, A.R.; Willems-Widyastuti, A.; Mooi, W.J.; Sterk, P.J.; Alagappan, V.K.; De Boer, W.I.; Sharma, H.S. Enhanced bronchial expression of extracellular matrix proteins in chronic obstructive pulmonary disease. *Am. J. Clin. Pathol.* **2006**, *126*, 725–735. [[CrossRef](#)]
94. Fujimoto, K.; Kitaguchi, Y.; Kubo, K.; Honda, T. Clinical analysis of chronic obstructive pulmonary disease phenotypes classified using high-resolution computed tomography. *Respirology* **2006**, *11*, 731–740. [[CrossRef](#)]
95. Niu, R.; Liu, H.; Fu, J. Effects of shenmai and aminophylline on apoptosis of small airway smooth muscle cells and the expression of relevant genes in rats with emphysema. *J. Huazhong Univ. Sci. Technol. Med. Sci.* **2002**, *22*, 310–312. [[CrossRef](#)] [[PubMed](#)]
96. Ito, S.; Ingenito, E.P.; Brewer, K.K.; Black, L.D.; Parameswaran, H.; Lutchen, K.R.; Suki, B. Mechanics, nonlinearity, and failure strength of lung tissue in a mouse model of emphysema: Possible role of collagen remodeling. *J. Appl. Physiol.* **2005**, *98*, 503–511. [[CrossRef](#)] [[PubMed](#)]
97. Kononov, S.; Brewer, K.; Sakai, H.; Cavalcante, F.S.; Sabayanagam, C.R.; Ingenito, E.P.; Suki, B. Roles of mechanical forces and collagen failure in the development of elastase-induced emphysema. *Am. J. Respir. Crit. Care Med.* **2001**, *164*, 1920–1926. [[CrossRef](#)] [[PubMed](#)]
98. Carpio, A.L.M.; Mora, J.I. Ventilator Management. Available online: <https://www.statpearls.com/ArticleLibrary/viewarticle/31075> (accessed on 15 January 2021).
99. Siegel, M.D.; Hyzy, R.C. *Ventilator Management Strategies for Adults with Acute Respiratory Distress Syndrome*; Wolters Kluwer: Alfin on the Rhine, The Netherlands, 2019.
100. Brandenberger, C.; Mühlfeld, C. Mechanisms of lung aging. *Cell Tissue Res.* **2017**, *367*, 469–480. [[CrossRef](#)]
101. Sicard, D.; Haak, A.J.; Choi, K.M.; Craig, A.R.; Fredenburgh, L.E.; Tschumperlin, D.J. Aging and anatomical variations in lung tissue stiffness. *Am. J. Physiol. Lung Cell. Mol. Physiol.* **2018**, *314*, L946–L955. [[CrossRef](#)]
102. Andreotti, L.; Bussotti, A.; Cammelli, D.; Aiello, E.; Sampognaro, S. Connective tissue in aging lung. *Gerontology* **1983**, *29*, 377–387. [[CrossRef](#)]
103. Sarazin, T.; Collin, G.; Buache, E.; Van Gulick, L.; Charpentier, C.; Terryn, C.; Morjani, H.; Saby, C. Type I Collagen Aging Increases Expression and Activation of EGFR and Induces Resistance to Erlotinib in Lung Carcinoma in 3D Matrix Model. *Front. Oncol.* **2020**, *10*. [[CrossRef](#)]
104. Collins, F.S. Cystic fibrosis: Molecular biology and therapeutic implications. *Science* **1992**, *256*, 774–779. [[CrossRef](#)]
105. Drumm, M.L.; Collins, F.S. Molecular biology of cystic fibrosis. *Mol. Genet. Med.* **1993**, *3*, 33–68.
106. Michalik, M.; Pierzchalska, M.; Włodarczyk, A.; Wójcik, K.A.; Czyż, J.; Sanak, M.; Madeja, Z. Transition of asthmatic bronchial fibroblasts to myofibroblasts is inhibited by cell–cell contacts. *Respir. Med.* **2011**, *105*, 1467–1475. [[CrossRef](#)]
107. Bergeron, C.; Tulic, M.K.; Hamid, Q. Airway remodelling in asthma: From benchside to clinical practice. *Can. Respir. J.* **2010**, *17*, 318029. [[CrossRef](#)] [[PubMed](#)]
108. Hough, K.P.; Curtiss, M.L.; Blain, T.J.; Liu, R.-M.; Trevor, J.; Deshane, J.S.; Thannickal, V.J. Airway Remodeling in Asthma. *Front. Med.* **2020**, *7*, 1001–1006. [[CrossRef](#)] [[PubMed](#)]
109. King, T.E., Jr.; Pardo, A.; Selman, M. Idiopathic pulmonary fibrosis. *Lancet* **2011**, *378*, 1949–1961. [[CrossRef](#)]
110. Singh, D.; Agusti, A.; Anzueto, A.; Barnes, P.J.; Bourbeau, J.; Celli, B.R.; Criner, G.J.; Frith, P.; Halpin, D.M.; Han, M. Global strategy for the diagnosis, management, and prevention of chronic obstructive lung disease: The GOLD science committee report 2019. *Eur. Respir. J.* **2019**, *53*, 1900164. [[CrossRef](#)] [[PubMed](#)]

- 
111. Boyle, A.J.; Mac Sweeney, R.; McAuley, D.F. Pharmacological treatments in ARDS; a state-of-the-art update. *BMC Med.* **2013**, *11*, 166. [[CrossRef](#)] [[PubMed](#)]
  112. Gattinoni, L.; Pesenti, A.; Avalli, L.; Rossi, F.; Bombino, M. Pressure-volume curve of total respiratory system in acute respiratory failure: Computed tomographic scan study. *Am. Rev. Respir. Dis.* **1987**, *136*, 730–736. [[CrossRef](#)] [[PubMed](#)]