

| Samples | Time (days) | IP (minutes) | |
|-------------------|-------------|--------------|--|
| sunflower oil | 0 | 576 | |
| oil plus lecithin | 0 | 420 | |
| mboil | 0 | 1022 | |
| mboil | 15 | 986 | |
| mboil | 45 | 925 | |
| mboil | 90 | 915 | |

Figure S1. Oxidation curves: red (sunflower oil), blue (sunflower oil plus lecithin), yellow, violet, orange and green (Mboil during the storage).