

**Table S2.** Survey answers obtained from the sensory evaluation of cookies without seeds.

Parameter	<i>n</i>	%
<b>Country</b>		
Spain	40	83
Portugal	8	17
<b>Gender</b>		
Masculine	20	42
Feminine	28	58
Non-binary	0	0
<b>Age</b>		
18-25	5	10
26-35	13	27
36-45	6	13
46-55	9	19
56-65	8	17
>65	1	2
<b>(1):0%; (2):20%; (3):15%; (4):40%; (5):60%</b>		
<i>1. Visually, are there any cookie(s) that you find unpleasant?</i>		
None	28	49
1	6	11
2	5	9
3	6	11
4	3	5
5	9	16
<i>2. On a visual level, which cookie do you find most unpleasant?</i>		
1	7	15
2	6	13
3	7	15
4	4	8
5	24	50
<i>3. On a visual level, which cookie do you find most pleasant?</i>		
1	19	40
2	5	10
3	13	27
4	7	15
5	4	8
<i>4. Do you find the smell of any cookie(s) unpleasant?</i>		
None	23	38
1	1	2
2	3	5
3	1	2

4	13	22
5	19	32
<i>5. Which cookie do you find most unpleasant by its smell?</i>		
1	3	6
2	1	2
3	2	4
4	9	19
5	33	69
<i>6. Which cookie do you find most pleasant by its smell?</i>		
1	15	31
2	11	23
3	18	38
4	3	6
5	1	2
<i>7. Do you find the texture in your hand and/or mouth of any or some cookies unpleasant?</i>		
None	24	41
1	4	7
2	5	8
3	3	5
4	6	10
5	17	29
<i>8. Texturally, which cookie do you find the most unpleasant?</i>		
1	4	8
2	1	2
3	1	2
4	9	19
5	33	69
<i>9. Texturally, which cookie do you find the most pleasant?</i>		
1	9	19
2	9	19
3	24	50
4	2	4
5	4	8
<i>10. Is the taste of any or some cookies unpleasant to you?</i>		
None	17	27
1	2	3
2	2	3
3	0	0
4	16	25
5	27	42
<i>11. On a taste level, which cookie do you find most unpleasant?</i>		
1	1	2

2	2	3
3	2	3
4	5	8
5	38	59
<i>12. On a taste level, which cookie do you find most pleasant?</i>		
1	12	25
2	11	23
3	20	42
4	2	4
5	3	6
<i>13. Would you buy any cookies from 2-5? Select all that you would buy</i>		
2	31	65
3	41	85
4	11	23
5	6	13
None	0	0
All	0	0