



Article The Ultrasensitive Detection of Aflatoxin M₁ Using Gold Nanoparticles Modified Electrode with Fe³⁺ as a Probe

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Abstract: The increasing incidence of diseases caused by highly carcinogenic aflatoxin M_1 (AFM₁) in food demands a simple, fast, and cost-effective detection technique capable of sensitively monitoring AFM₁. Recent works predominantly focus on the electrochemical aptamer-based biosensor, which still faces challenges and high costs in experimentally identifying an efficient candidate aptamer. However, the direct electrochemical detection of AFM₁ has been scarcely reported thus far. In this study, we observed a significant influence on the electrochemical signals of ferric ions at a gold nanoparticle-modified glassy carbon electrode (AuNPs/GCE) by adding varying amounts of AFM1. Utilizing ferricyanide as a sensitive indicator of AFM_1 , we have introduced a novel approach for detecting AFM₁, achieving an unprecedentedly low detection limit of 1.6×10^{-21} g/L. Through monitoring the fluorescence quenching of AFM_1 with Fe^{3+} addition, the interaction between them has been identified at a ratio of 1:936. Transient fluorescence analysis reveals that the fluorescence quenching process is predominantly static. It is interesting that the application of iron chelator diethylenetriaminepentaacetic acid (DTPA) cannot prevent the interaction between AFM_1 and Fe^{3+} . With a particle size distribution analysis, it is suggested that a combination of AFM_1 and Fe^{3+} occurs and forms a polymer-like aggregate. Nonetheless, the mutual reaction mechanism between AFM₁ and Fe³⁺ remains unexplained and urgently necessitates unveiling. Finally, the developed sensor is successfully applied for the AFM1 test in real samples, fully meeting the detection requirements for milk.

Keywords: aflatoxin M₁; electrochemical detection; gold nanoparticles; Fe³⁺

1. Introduction

Aflatoxins, produced by *Aspergillus flavus* and *Aspergillus. parasiticus*, which are commonly found in cereal grains, dairy products, beans, and nuts [1–3], are toxic compounds with a difuran ring structure. The improper storage conditions can result in contamination with aflatoxins, and the intake of aflatoxins is associated with a significant portion of hepatocellular carcinoma cases worldwide such as impaired liver function and immune response and an increase in susceptibility to infectious diseases [4–6]. These toxins can enter the bloodstream and undergo metabolization in the human body. There are four generally recognized aflatoxins designated B_1 , B_2 , G_1 , and G_2 . Aflatoxin B_1 (AFB₁) is the major mycotoxin produced by most species under culture conditions and is the most frequently studied of the four. However, the index compound of AFB1 is not carcinogenic before it is metabolically activated. AFM₁, a hydroxylated metabolite of AFB₁ in human food and animal feed, is excreted in urine and secreted in milk in mammalian species within 12 h after consumption, while its toxicity is much less known. AFM₁, in particular, is reclassified as a naturally occurring carcinogen belonging to Group 1, with the formation of DNA adducts [7]. Nonetheless, many nations have set regulatory limits for maximum allowable



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). AFM₁ in milk and other dairy products. In 2005, the Food and Drug Administration (FDA) set an AFM₁ action level in milk and other dairy products at 0.5 μ g/L. The European Union (EU) set a much stricter standard that allows a maximum of 0.05 μ g/L in milk in 2006 [7]. Turna noted that a high AFM₁ level in milk was associated with a high level of AFB₁ in animal feed, which upon consumption could harm both animal and human health [8]. Accordingly, timely monitoring of aflatoxins during biological transformation can help reduce the risk of diseases [9]. Consequently, the development of a sensitive detection method has become a prominent research focus in recent years.

Currently, the identification and quantification of aflatoxins are commonly performed using thin-layer chromatography (TLC) [10], immunoaffinity chromatography [11], highperformance liquid chromatography (HPLC) [12], and enzyme-linked immunosorbent assay (ELISA) [13]. However, these methods have drawbacks such as being time-consuming, requiring special equipment, or involving cumbersome sample pretreatment and falsepositive results [14]. A reliable and promising alternative approach that offers high sensitivity, ease of operation, fast analysis, and cost-effectiveness is the electrochemical method. Recently, electrochemical aptamer-based sensors have gained significant attention for aflatoxin monitoring. However, the instability of the biological recognition piece limited the use as anticipated.

Abnous et al. [15] reported an electrochemical sensing strategy for the detection of AFB₁ based on aptamer-complementary strands of aptamer complex, forming a π -shape structure on the electrode surface, with a detection limit of 2 pg/mL. Ahmadi et al. [16] developed a pencil graphite electrode modified with reduced graphene oxide and gold nanoparticles for the detection of AFM_1 , achieving a detection limit of 0.3 ng/L. Furthermore, the detection of AFM₁ has been accomplished using voltammetric biosensors, utilizing silver nanoparticles dispersed on an α -cyclodextrin-GQDs nanocomposite [17]. Aflatoxins can be electrochemically oxidized to ketone because of containing an alcohol group, which is generated by the hydrolysis of the aromatic ester group in a basic medium. This allows the direct detection of aflatoxins without the need for recognition elements or tags [18]. Gevaerd et al. [19] reported the direct determination of AFB1 in 2020 at the screen-printed electrode (SPE) modified with gold nanoparticles and graphene quantum dots (AuNPs-GQDs), which exerted an electrocatalytic effect on the oxidation of AFB_1 (shift of the oxidation peak to less positive values). The performance in ng/mL level by this approach was quite similar to those obtained with other systems where bioreceptors are used. However, the low specificity of this format of detection limits its further application for the selective determination of aflatoxins. Thus, there is still a growing demand for novel sensors that offer a simple electrode modification process, high sensitivity, low cost, and ease of use for the detection of Aflatoxins replacing commonly used biological recognition systems described above.

Aflatoxins belong to the class of coumarin compounds characterized by their difuran ring structures. Previous reports have identified coumarin compounds as fluorescent probes for various metal ions such as Mg^{2+} [20], Cu^{2+} [21,22], Zn^{2+} [23], and others. In recent years, numerous small molecule fluorescent probes for Fe³⁺ have been developed [24,25] based on a selective binding approach for example complexation or chelation. Wang et al. [26] reported a highly selective coumarin-based chemosensor for the detection of Fe³⁺ where coumarin FB displayed a high affinity to Fe³⁺ resulting in forming an FB-Fe³⁺ complex. Zhao et al. [27] specifically designed and synthesized Schiff base probes using phenanthro [9,10-d] imidazole-coumarin derivatives, demonstrating the formation of a 1:1 complex between these probes and Fe³⁺.

Considering this, the electrochemical signals of Fe^{3+} could potentially reflect the concentration of aflatoxins. There appear to be interactions between Fe^{3+} and aflatoxins, which warrant further comprehensive investigation, particularly in understanding the nature of the interaction between Fe^{3+} and aflatoxins.

As is known, electrode modifiers having good conductivity and catalytic activity play an important role in influencing the sensitivity and capability of modified electrodes. Commonly, conducting polymers, molecularly imprinted materials and some metals such as gold, iron, silver, and palladium can be used as electrode modifier materials for enhancing the peak currents, which is necessary for determining the trace amount of analytes in real samples. In this work, we have compared the electrochemical activity of polythionine, molecularly imprinted L-cysteine, and electrodeposited gold nanoparticles (AuNPs). Among them, the uniform deposition of AuNPs onto the glassy carbon electrode (GCE) surface is well known for its ability to increase the effective area and confer the direct electron transfer between the analyte and the electrode base [28,29], making it an excellent sensing platform and giving a much better electrochemical signal towards Fe³⁺ as shown in Supplementary Figure S1. In this study, we have successfully developed an electrochemical sensor by modifying a GCE with AuNPs (AuNPs/GCE) for the detection of AFM₁. While the electrochemical synthesis of AuNPs without the requirement of an external linker or functionalizing ligand is well established, aiming for the best electrochemical performance; herein, we have particularly optimized the electrochemical sweeping methods and parameters, deposition times, and minimal solution preparation because the in situ tailoring of nanoparticle surface chemistry resulted in improved catalytic activity and selectivity. The sensor utilizes ferricyanide as a mediator, where the presence of AuNPs greatly facilitates the electrode reaction and enhances the catalytic activity towards ferricyanide. Consequently, this sensor exhibits an unprecedented lowest detectable concentration of AFM_1 over the widest linear range reported thus far.

To demonstrate the specificity of Fe^{3+} in AFM_1 detection, an immunoassay column was utilized. Remarkably, an impressive reaction ratio of AFM_1 to Fe^{3+} was obtained. The performance of the developed sensor was evaluated by measuring AFM_1 in spiked milk samples, yielding satisfactory analytical results since it is easy, quick, and does not involve developing the biological material methodology.

2. Materials and Methods

2.1. Chemicals and Apparatus

AFM₁ was obtained from Toronto Research Chemicals, while HAuCl₄·3H₂O (\geq 99%) was acquired from Sigma Aldrich. KCl, K₃[Fe(CN)₆], K₄[Fe(CN)₆], NaH₂PO₄, and Na₂HPO₄ were purchased from Aladdin Reagents. Unless otherwise specified, all reagents were used as received. Phosphate buffer solutions (PBS) were prepared by diluting 0.1 M NaH₂PO₄ and 0.1 M Na₂HPO₄ stock solutions. All solutions were prepared using double-distilled water with a resistivity of 18 MΩ·cm.

The electrochemical experiments were conducted at room temperature using a CHI900D workstation (Shanghai CH Instrument Ltd., Shanghai, China) equipped with a conventional three-electrode system. The system consisted of a glassy carbon electrode (GCE, 3.0 mm in diameter) as the working electrode, a platinum wire as the counter electrode, and an Ag/AgCl (saturated KCl) electrode as the reference electrode. Electrochemical impedance spectroscopy (EIS) measurements were performed in PBS containing 5 mM K₃[Fe(CN)₆]/K₄[Fe(CN)₆] (mole ratio of 1:1) and 0.1 M KCl at room temperature. An AUTOLAB PGSTAT302N (Metrohm Auto lab B.V., Herisau, Switzerland) was used for EIS measurements, employing a formal potential of 0.2 V, 5 mV amplitude, and a frequency range from 0.1 Hz to 100 kHz. Nyquist plots were generated from the impedance data and fitted using AUTOLAB Nova 1.8.

Scanning electron microscopy (SEM) experiments were conducted using an XL30 ESEM-FEG (FEI Company, Hillsboro, OR, USA) with an acceleration voltage of 20.0 kV. Molecular fluorescence spectra were measured using an F-180 fluorescence spectroscope (Tianjin Gangdong Co., Ltd., Tianjin, China). The steady-state and transient-state fluorescence spectra were obtained using an FLS 1000 spectrometer (Edinburgh Instruments, West Lothian, UK). Particle size distribution analysis was obtained using a nanoparticle size analyzer Winner 802 (Jinan Weina Particle Instruments, Jinan, China). The enzyme-linked immunosorbent assay (ELISA) was performed using a VarioskanTM LUX (Thermo Fisher Scientific, Waltham, MA, USA).

Figure 1A depicts the schematic diagram illustrating the modification of GCE with AuNPs. To achieve this, the GCE was initially polished to a mirror finish using 0.05 μ m alumina slurry on a microcloth. Subsequently, it was ultrasonicated with distilled water for 1 min to ensure cleanliness. The polished and cleaned GCE was then immersed in a solution containing 5 mM HAuCl4 and 0.1 M KCl. AuNPs were formed using cyclic voltammetry (CV) in a potential range from -0.4 V to 1.2 V, with a scan rate of 10 mV/s for 20 cycles. Figure 1B displays the cyclic voltammograms, which exhibit a monotonically increasing trend of the redox waves, confirming the continuous growth of the AuNPs layer.



Figure 1. The preparation of AuNPs-modified glassy carbon electrode. (**A**) Schematic diagram of AuNPs modification onto glassy carbon electrode; (**B**) CVs of Au electrodeposition onto GCE in 0.1 M pH 7.0 PBS; (**C**) SEM image of AuNPs/GCE.

Following the AuNPs formation, the AuNPs/GCE was thoroughly rinsed with deionized water and transferred to a 0.1 M PBS solution at pH 7.0. The electrode was scanned until a stable voltammogram was obtained. Figure 1C shows the corresponding SEM image of the AuNPs/GCE, revealing a compact layer with uniformly distributed and smaller AuNPs, providing full coverage.

2.3. Sample Preparation

AFM₁ stock solution was prepared by dissolving an appropriate mass of AFM₁ in pH 7.0 PBS, and working solutions with different concentrations of AFM₁ were prepared by diluting the stock solution with buffer. The commercial milk was purchased from a local store. In the experimental procedure, 30 mL of the milk sample was transferred to a centrifuge tube. To remove proteins, 20% TCA (trichloroacetic acid) was added, and the mixture was centrifuged for 5 min. Subsequently, centrifugation was performed at a speed of 6000 rpm for 10 min. The resulting supernatant was then filtered through a 0.22 μ m filter and passed through an immunoaffinity column. Finally, the filtered sample was subjected to testing. The possibility and reliability of the method being applied in practice were established in regard to evaluating the recovery rate in actual samples.

3.1. Electrochemical Characterization of the AuNPs/GCE

3. Results and Discussion

The electrochemical behaviors of AuNPs/GCE were investigated by performing CV (cyclic voltammetry) and EIS (electrochemical impedance spectroscopy) measurements in a 0.1 M PBS solution (pH 7.0) containing 5 mM Fe(CN)6^{3-/4-}. Figure 2A clearly shows that AuNPs/GCE exhibits remarkable activity and reversibility, as evidenced by the distinct peak-to-peak separation (Δ Ep = ca. 78 mV at 100 mV·s⁻¹) and enhanced peak current observed in the CVs, in comparison to the bare GCE. Furthermore, the CVs of AuNPs/GCE remained nearly constant despite variations in the number of ultrasonic cleaning cycles, indicating the high stability of the modifier layer.



Figure 2. The improved performance of AuNPs-modified glassy carbon electrode. (A) CVs of ferricyanide at GCE and AuNPs/GCE in the presence of AFM_1 ; (B) Nyquist Plot (Z' vs. -Z'') of GCE and AuNPs/GCE.

Additionally, the Nyquist plots presented in Figure 2B, obtained from the EIS measurements, further support the superior conductivity of AuNPs/GCE when compared to the bare GCE. This enhanced conductivity contributes to the exceptional electrochemical catalytic performance exhibited by AuNPs/GCE without the use of any additional biomolecule as an electrode modifier.

3.2. Effect of pH and Scan Rates on Fe^{3+} Signals at AuNPs/GCE in the Presence of AFM₁

The impact of pH variation on the electrochemical response of Fe^{3+} at AuNPs/GCE in the presence of AFM₁ was further investigated using different buffer solutions prepared and adjusted to a pH range of 4.0 to 8.0. Protons always exert a significant impact on the reaction speed when being involved in the electrochemical reactions of organic compounds. Figure 3A illustrates the gradual increase in peak currents in differential pulse voltammetry (DPV) with an increase in pH within the range of 4–9. The peak currents reach a maximum at pH 7.0 and then decline, leading to the selection of pH 7 for subsequent experiments. This phenomenon is also aligned with the fact that AFM₁ is generally more stable in neutral pH. Notably, the absence of proton involvement in the reaction is evident as the peak potential does not exhibit a linear shift with pH.



Figure 3. The effects of different pH on the sensitivity of AuNPs/GCE to Fe³⁺ and AFM₁. (**A**) DPVs of ferricyanide at AuNPs/GCE in 0.1 M PBS in the presence of AFM1 with pH ranging from 4.0 to 8.0. (**B**) CVs of ferricyanide GCE in 0.1 M pH 7.0 PBS at AuNPs/GCE in the presence of AFM₁ at various scan rates (10, 20, 40, 60, 80, 100, 150, 200, and 300 mV·s⁻¹, respectively). Inset shows plots of *Ipa* and *Ipc* (μ A) versus the square root of the scan rate.

Figure 3B presents the cyclic voltammograms (CVs) obtained at AuNPs/GCE with different scan rates. It is observed that both the cathodic peak current (Ipa) and anodic peak current (Ipc) are directly proportional to the square root of the scan rates within the range of 10–300 mV·s⁻¹. The correlated linear equations can be expressed as Ipa (μ A) = 5.63 v^{1/2} (mV·s⁻¹) + 2.72, and Ipc (μ A) = -5.84 v^{1/2} (mV·s⁻¹) – 2.23, respectively, with the consistent regression coefficient (r²) of 0.99 (inset of Figure 3B), suggesting a diffusion-controlled redox behavior of Fe³⁺ at AuNPs/GCE according to Randles–Sevcik equation instead of a surface reaction-controlled process. Moreover, the fact that peak potential is nearly independent on the scan rate suggests that the redox reaction is electrochemically reversible.

3.3. Electrochemical Response of Fe^{3+} at AuNPs/GCE in the Presence of AFM₁

Differential pulse voltammetry (DPV) is an effective and rapid electroanalytical technique with lower concentration detection limits. The electrochemical responses of Fe^{3+} were further investigated using the DPV technique, with varying concentrations of AFM_1 added to the electrolyte. Figure 4 illustrates the findings, where it can be observed that the peak currents of Fe³⁺ decrease as the concentrations of AFM₁ increase within the range of 1.6×10^{-21} to 2.5×10^{-4} g/L. A linear regression equation for AFM₁ of $I(\mu A) = -2.34 \log [AFM_1] (g/L) + 54.261$ with a correlation coefficient of 0.99879 was derived from the data. Each current response was measured three times, yielding a relative standard deviation (RSD) of 4.3%. These results clearly demonstrate the successful application of the developed sensor for ultrasensitive detection of AFM_1 , with the lowest observed concentration of 1.6×10^{-21} g/L, surpassing previous reports based on the electrochemical method as listed in Table 1. When the electrode was stored in the refrigerator at 4 °C, the current response remained almost unchanged for about 2 weeks by taking advantage of a highly reliable electrode-preparing process. This raises a crucial question regarding the nature of the reaction occurring between Fe³⁺ and AFM₁, leading to significant suppression of the electrochemical signals of Fe^{3+} in the presence of AFM_1 . We also confirmed the capability of the present method for the monitoring of AFB₁-NAC and AFB₁-lysine, which are another two metabolites from AFB1 as shown in Supplementary Figure S2.



Figure 4. (A) DPVs profile of 5 mM ferricyanide at AuNPs/AGCE in the presence of AFM₁ at different concentrations $(2.5 \times 10^{-4}, 5 \times 10^{-7}, 1 \times 10^{-9}, 2 \times 10^{-12}, 8 \times 10^{-18}, 1.6 \times 10^{-21} \text{ g/L}, \text{ and } 0$, respectively). (B) Inset shows the plot of *Ipa* as a Logarithmic function of the concentration of AFM₁.

Table 1. Comparison of analytical performance for the electrochemical detection of AFM₁.

System	Detection Limit	Linear Range	Ref.
A-CD-GQDs-AgNPs/GCE	2 µm	0.015–25 μM	[17]
Apt-CS-AuNPs/SPGE	0.9 ng/L	2–600 ng/L	[29]
anti-AFM1/SPGE	$2.5 \times 10^{-8} \text{ g/kg}$	3×10^{-8} – 1.6×10^{-7} g/kg	[30]
Fe ₃ O ₄ -PANi/IDE	1.98 ng/mL	6–60 ng/mL	[31]
NR/P [5]A-COOH/GCE	0.5 ng/L	5–120 ng/L	[32]
AuNPs/SPE	37 pg/mL	-	[33]
ss-HSDNA-AuNPs/GE	0.36 ng/mL	1–14 ng/mL	[34]
Fe ³⁺ -AuNPs/GCE	$1.6 \times 10^{-21} \text{ g/L}$	1.6×10^{-21} - 2.5×10^{-4} g/L	This work

Furthermore, the potential application of this method for detecting other toxins such as zearalenone (ZEA), ochratoxins (OTA), AFB₂, and AFG₁ was investigated. The DPVs obtained for these toxins are shown in Figure 5. Similar phenomena were observed for AFB₂ and AFG₁, confirming the method's suitability for selective detection of aflatoxins.



Figure 5. DPVs profile of ferricyanide at AuNPs/GCE in 0.1M PBS in the presence of ZEA (**A**), OTA (**B**), AFB₂ (**C**), and AFG₁ (**D**) at different concentrations.

3.4. Chronoamperometric Studies

The diffusion coefficient and catalytic rate constant of Fe^{3+} in the presence of AFM_1 were calculated from chronoamperometry. From the time-current curve, as shown in Figure 6A, it has been deduced that inversely linear dependency exists between the current

and the square root of time as shown in Figure 6B. The slope of the linear equation could be obtained by using the Cottrell Equation:

$$I = nFAD^{1/2}C\pi^{1/2}t^{1/2}$$

where n is the number of transferred electrons, F is the Faraday constant, A is the proportion of the electrode, D is the diffusion coefficient of active substance, C is the initial molar concentration, and t is the running time. From the resulting slope, the D value was obtained to be 6.463×10^{-8} cm²·s⁻¹. Chronoamperometry was also used to measure the catalytic rate constants from the following Equation:

$$Icat/Id = c^{1/2}\pi^{1/2} = \pi^{1/2}(kCt)$$

where *lcat* and *Id* were the currents of Fe³⁺ at AuNPs/GCE in the presence and absence of AFM₁ and Fe³⁺, respectively, $\gamma = kCt$ is the error function, k is the catalytic rate constant, C is the concentration of AFM₁ and Fe³⁺, and t is the running time (s). From the slope of the *lcat/Id* vs. t^{1/2} plot, as shown in Figure 6C, the k value was obtained to be $4.8 \times 10^{-2} \text{ cm}^3 \cdot \text{mol}^{-1} \cdot \text{s}^{-1}$.



Figure 6. Amperometric i-t Curves of AFM1 with different concentrations (C0: 0, C1: 6.25×10^{-10} g/L, C2:2.5 × 10^{-15} g/L, and C3:1 × 10^{-20} g/L) at AuNPs/GCE in the presence of 5 mM [Fe(CN)6]⁴⁻. (A) Potential is 400 mV. (B) Dependence of Icatal/IL on t^{1/2}. (C) Dependency of transient current on t^{-1/2}.

3.5. Effect of Fe^{3+} Concentration on AFM_1 Fluorescence Intensity

The fluorescence intensity of AFM₁ in the presence of Fe³⁺ was observed to decrease as the solution pH values increased, as shown in Supplementary Figure S3. Although, generally, the fluorescence intensity at neutral pH is higher than that in acidic or base environments, there is competition occurring between Fe³⁺ and H⁺ assumed by Patel-Sorrentino et al., for the explanation of pH effect [35]. Additionally, in order to further explore the response properties of AFM₁ to Fe³⁺, the fluorescence titration experiment in tris buffer solution was performed with the gradual addition of Fe³⁺ to AFM₁. The concentration of AFM₁ was maintained at 1×10^{-5} M, while the concentration of Fe³⁺ was over the range from 0 to 5.12×10^{-6} M. Figure 7A demonstrates that the fluorescence intensity gradually decreases with increasing Fe³⁺ concentration; to put it another way, the addition of Fe³⁺ leads to a remarkable fluorescence quenching of AFM₁. Once the concentration reaches 8 mM, the fluorescence intensity remains constant at nearly zero and does not change because of quenching saturation. It can be assumed that they may tend to form polymer-like nano-aggregates [36]. The fitting curve is illustrated in Figure 7B, revealing a concentration ratio of AFM₁ to Fe³⁺ of approximately 1:936. Transient fluorescence analysis

(Figure 7C) confirms that the fluorescence quenching process is predominantly static, as AFM_1 , Fe^{3+} , and AFM_1+Fe^{3+} exhibit high coinciding properties. The second-order fitting curve of transient fluorescence spectra by the ordinary least square method is displayed in Supplementary Figure S4. The non-linear Equation is expressed as follows:

$$Y = A1 \times \exp(-x/t1) + A2 \times \exp(-x/t2) + y0 (r^{2} = 0.99)$$

where A1 = 3155.94 \pm 17.67, t1 = 1250.31 \pm 14.00, A2 = 156.62 \pm 11.16, t2 = 13,712.75 \pm 1427.08, y0 = -3.42 \pm 2.37, respectively. A calculated fluorescence lifetime of 12.402 μ s by formula t = (A1 \times t1²) + (A2 \times t2²)/(A1 \times t1 + A2 \times t2) proves that the interaction between AFM₁ and Fe³⁺ is ultrafast.



Figure 7. The specific interaction between Fe^{3+} and AFM_1 . (**A**) Effects of Fe^{3+} addition on fluorescence emission of AFM_1 ; (**B**) Fluorescence intensity as a function of Fe^{3+} concentration; (**C**) Transient fluorescence lifetime of AFM_1 , $AFM_1 + Fe^{3+}$; (**D**) Effects of other metal ions on the fluorescence emission of AFM_1 .

To determine the specific effect of Fe³⁺, various ions including Na⁺, K⁺, Zn²⁺, Cu²⁺, Ni²⁺, Pb²⁺, Cd²⁺, Mn²⁺, Mg²⁺, and Co²⁺ were investigated for their interference on the fluorescence intensity of AFM₁ under the same conditions. As demonstrated in Figure 7D, none of these ions caused any significant interference even at higher concentrations reflected by negligible responses of AFM₁. The fluorescence intensity of AFM₁ was also examined in the presence of vitamin B₁₂, a water-soluble vitamin known for its metal ion content, and heme iron. Similar to the effect of Fe³⁺, the fluorescence intensity gradually decreased with increasing concentration, as depicted in Supplementary Figure S5. These findings indicate a certain interaction between AFM₁ and Fe³⁺.

To evaluate the intensity of this interaction, diethylenetriaminepentaacetic acid (DTPA) was employed as a competitor against AFM₁. As it was, DTPA may form a complexation with Fe³⁺ to release AFM₁ so as to observe an increase in fluorescence intensity. Despite the strong Fe³⁺-binding ability of DTPA, the addition of DTPA (5 mM) to a mixture of AFM₁ (4 μ g/mL) and Fe³⁺ (3.2 mM) unexpectedly led to a further decrease in fluorescence intensity, as depicted in Figure 8A. This suggests that DTPA can surprisingly enhance the interaction between AFM1 and Fe³⁺. The particle size distribution analysis of AFM₁+Fe³⁺

in the 420–600 nm range (Figure 8B) compared with Fe^{3+} and AFM_1 in the range of 500–800 nm and 400–1000 nm, respectively, further confirms their combination.



Figure 8. Evaluation on the intensity of interaction between AFM₁ and Fe³⁺. (**A**) The Fluorescence intensity of AFM₁, AFM₁+Fe³⁺, and AFM₁+Fe³⁺+DTPA. (**B**) The Particle size distribution of AFM₁, Fe³⁺, and AFM₁+Fe³⁺.

3.6. Determination of AFM_1 in Milk

To assess the effectiveness and feasibility of the proposed method, AFM_1 levels in milk were measured. Spike and recovery experiments were conducted by measuring DPV responses in real milk samples with known concentrations of AFM_1 added. The AFM_1 concentrations in the milk samples were determined through calibration and are presented in Table 2. In all cases, good recoveries were obtained for AFM_1 varying from 92.0% to 93.9% considering the level of concentration being analyzed, which is comparatively better than those obtained from spectrofluorimetry and ELISA. These findings strongly demonstrate the practical applicability and reliability of the proposed method.

Method	Add/µM	Detected/µM	Recovery%
This work	2.96	2.78	93.9
	8.91	8.24	92.4
	23.78	22.17	93.2
Spectrofluorimetry	2.2	1.9	86
	3.16	2.5	78
	12.65	10.08	84
ELISA	2.6	2.39	92.1
	8.41	7.82	93
	20.25	18.71	92.4

Table 2. The determination of AFM₁ in milk with three methods.

4. Conclusions

In this study, we have introduced a novel approach for detecting AFM₁, utilizing the electrochemical signals of ferricyanide as a sensitive indicator of AFM₁ concentrations. Notably, we achieved an unprecedentedly low detection limit of 1.6×10^{-21} g/L, surpassing previous reports. Furthermore, the recovery rates of 92.4–93.9% obtained from real sample testing underscore the potential of this method as a reliable screening technique for AFM₁ detection in food. This approach combines the advantages of nanotechnology, supramolecular recognition techniques, and signal amplification, providing a versatile tool for monitoring aflatoxins. Ongoing investigations aim to elucidate the underlying interaction mechanism between AFM₁ and Fe³⁺. Since most research on the electrochemical detection of aflatoxins is focused on aptamer immunosensors, this work may open new opportunities for Fe³⁺ as a probe for reversely monitoring coumarin-based small molecules. Meanwhile, this work will provide a beneficial reference for sensing of other toxins in food or pharmaceutical assays.

Supplementary Materials: The following supporting information can be downloaded at: https://www. mdpi.com/article/10.3390/foods12132521/s1, Figure S1: CV response of different modified electrodes in Fe³⁺ and AFM1; Figure S2: Effect of pH on fluorescence spectrum intensity; Figure S3: The DPV response of AFB1, AFB1-NAC and AFB1-lysine respectively at AuNPs/GCE; Figure S4: The secondorder fitting curve of transient fluorescence spectra; Figure S5 Fluorescence intensity at different concentrations of heme iron and VB₁₂.

Author Contributions: Conceptualization, X.L. and M.Z.; methodology, X.L.; software, H.M.; formal analysis, X.L. and H.L.; investigation, M.Z.; resources, D.X. and L.H.; data curation, X.L.; writing—original draft preparation, X.L.; writing—review and editing, D.X. and L.H. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare no conflict interest.

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