



Communication Magnetic Composite Submicron Carriers with Structure-Dependent MRI Contrast

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Abstract: Magnetic contrast agents are widely used in magnetic resonance imaging in order to significantly change the signals from the regions of interest in comparison with the surrounding tissue. Despite a high variety of single-mode T_1 or T_2 contrast agents, there is a need for dual-mode contrast from the one agent. Here, we report on the synthesis of magnetic submicron carriers, containing Fe₃O₄ nanoparticles in their structure. We show the ability to control magnetic resonance contrast by changing not only the number of magnetite nanoparticles in one carrier or the concentration of magnetite in the suspension but also the structure of the core–shell itself. The obtained data open up the prospects for dual-mode T_1/T_2 magnetic contrast formation, as well as provides the basis for future investigations in this direction.

Keywords: magnetically-guided drug delivery systems; magnetite nanoparticles; magnetic resonance imaging (MRI); polymeric core–shells; magnetic submicron core–shells; drug delivery

1. Introduction

The image quality and resolution in magnetic resonance imaging (MRI) depend on the working mode, which choice is determined by the type of administrated contrast agent that reduces the longitudinal (T_1) or transverse (T_2) relaxation times. T_1 contrast agents are more preferable for clinical applications as they provide a stronger (brighter) signal of the regions of interest in comparison to the surrounding tissue and, therefore, provide easy detection and further analysis. Gadolinium (Gd) complexes have been widely used as T_1 MRI contrast agents for decades. However, in recent years there has been an ongoing debate about whether the benefits of their application generally outweigh the associated risks, as Gd-based complexes, especially in the case of linear (open-chained) ligands, can accumulate in brain tissue [1,2] as well as in the bone [3,4] and central nervous system [5] even in healthy patients. For patients with renal failure, these agents (based on linear Gd-complexes) constitute a high risk, because the moderate amount of them remains within the body for more than 24 h [6] and could not be effectively removed from the organism [7]. However, a recent study [8] reports about gadolinium-based contrast agents' ability to cross the blood cell membrane and their retention

in erythrocytes and leukocytes. Although the toxicity of gadolinium depends on its stability in a particular complex, the risk of neural tissue retention exists for all gadolinium-based agents [4].

Graphene oxide, doped with Gd, was used to provide T_1 contrast and diminish toxicity [9]. However, in case of safe and effective choice, iron oxide nanoparticles are still preferable to use as a contrast agent. They degrade in the organism and could be cleared out as soon as 12 h after administration [10]. Moreover, ultrasmall (<4 nm) iron oxide nanoparticles provide high T_1 contrast, r_1 relaxivity reaches 20 mM⁻¹ s⁻¹ with the use of various ligands [7,10]. At this dimension, particles have reduced magnetic volume along with increased surface area and surface defects providing paramagnetic properties [11]. Iron oxide nanoparticle incorporation into stable material such as SiO₂ provides T_1 contrast enhancement compared to the colloid state, nearly equal to commercially available agents [12]. Nevertheless, the T_1 contrast increase leads to a reduction in T_2 contrast agent efficiency.

Both T_1 and T_2 MRI contrast agents are used to visualize drug delivery carriers and track them during the time. Despite T_1 -weighted images are preferred for clinical practice, T_2 mode allows for investigation in inflamed areas of fluid-rich tissues. Therefore, recent MRI studies have been aimed at the development of agents and drug delivery systems providing dual-mode T_1/T_2 contrast. The most common way to create dual contrast agents is to combine materials with opposite contrast properties [13,14], such as iron oxide nanoparticles and gadolinium [15]. Another way is the use of iron oxide particles with the appropriate size and magnetization: Nanoparticles of more than 10 nm in diameter are typically T_2 contrast agents, where the size less than 4 nm provides high T_1 contrast [16]. However, nanoparticles of 3–10 nm in diameter were shown to possess dual MRI contrast, depending on the size [16], shape [17], and surface functionalization [7]. In vivo dual T_1/T_2 MRI contrast after contrast agent administration was shown in [18] for both liver and kidney of the study mouse.

In this study, we developed the drug delivery systems with controllable structure-dependent MRI contrast, based on dual-mode contrast Fe_3O_4 nanoparticles. These carriers are able not only to change the contrast after their degradation [19] but also to have various T_1 and T_2 contrast properties depending on the amount and localization of iron oxide nanoparticles.

2. Results

2.1. Magnetite Nanoparticle Synthesis

Magnetite nanoparticle colloid was synthesized by the chemical precipitation method in an inert atmosphere. From our point of view, the size of magnetite around 10 nm is optimal to have contrast for both T_1 and T_2 , because the following increasing of nanoparticle size leads to significant reducing of r_1 but decreasing of nanoparticle size induces the significant decreasing of r_2 [20]. The concentration of magnetite colloid was 0.72 mg/mL (from the colorimetric titration method). The transmission electron microscopy (TEM) image of Fe₃O₄ nanoparticles is presented in Figure 1a. The average diameter, measured by dynamic light scattering (DLS, Figure 1b), was 9.3 ± 2.7 nm.



Figure 1. Characterization of synthesized magnetite nanoparticles: (**a**) TEM image and (**b**) size distribution, measured by dynamic light scattering.

2.2. Magnetic Polymeric Submicron Core–Shells

The three different types of magnetic submicron core–shells were formed to study the dependence of the magnetic nanoparticles amount and core–shell structure on their MRI properties. The average size of the submicron core–shells was 576 \pm 102 nm. Each type had a shell formed by poly(allylamine hydrochloride) (PAH) and poly(sodium 4-styrenesulfonate) (PSS) by layer-by-layer (LbL) technique [21]. The first type (so-called S, from the shell, Figure 2a,b) contained only one layer of magnetite nanoparticles in the shell. In the previous study [19] we had shown that the variation of the package density of magnetite nanoparticles in the layer of the microcapsule shell changes the resulting MRI contrast. With the less distance between nanoparticles in the layer, the contrast (the ratio of the sample signal to the water signal) and r₁ and r₂ relaxivities decreased. This can be caused by the increasing role or magnetic interactions between nanoparticles when the distance becomes comparable to their size because of close packing [22]. In the current study, the package density of magnetite that provides the highest MRI contrast was chosen according to previous results [19].



Figure 2. Scheme of (**a**) S, (**c**) LCS, and (**e**) HCS submicron core–shells; SEM images of (**b**) S, (**d**) LCS, and (**f**) HCS and EDX analysis of (**g**) S, (**h**) LCS, and (**i**) HCS samples. Scale bar: 500 nm.

The second type of submicron core–shells (LCS, from low-core plus shell, Figure 2c,d) contained one layer of magnetite in the shell along with Fe₃O₄ nanoparticles in the inner volume of the core–shell, loaded by the freezing-induced loading (FIL) method [23]. Finally, the third type (HCS, high-core+shell, Figure 2e,f) was the submicron core–shells analogous to LCS, but with four FIL loadings of magnetite. SEM images of obtained core-shells are presented in Figure S1 (Supplementary Materials).

The presence of iron (III) oxide nanoparticles was confirmed by energy-dispersive X-Ray spectroscopy (EDX), showing the two peaks at K α = 6.3996 keV and K β = 7.058 keV Fe characteristic energies for the HCS sample with the highest Fe content (Figure 2i). With the decrease in magnetite concentration in the sample, only one peak remains, as demonstrated for the LCS sample in Figure 2h. However, some sensitivity threshold exists, below which the magnetite content is too low to be determined. This happens for the S sample with iron (III) oxide nanoparticles only in the shell, so we cannot see any specific Fe peaks at the EDX spectrum (Figure 2g). The transmission electron microscopy (TEM) images of individual submicron core-shells are presented in Figure 3.



Figure 3. TEM images of (a) S, (b) LCS, and (c) HCS submicron core-shell.

The amount of magnetite loading for each core–shell suspension was measured by colorimetric titration. First, the core–shells were disrupted by the addition of sulfuric acid. Then, the qualitative reaction of Fe ions with ammonium rhodanide was carried out, and the resulting absorption of the solution was measured by a Synergy H1 multi-plate reader. To calculate the magnetite amount, the level of absorption was compared with that for the standard Fe solution. All of the measurements were made at least three times, and the resulting magnetite concentrations are shown in Table 1. The mass amount of Fe₃O₄ in one carrier (from 1.78 ± 0.01 pg for the S sample to 7.95 ± 0.13 pg for the HCS sample) was calculated with respect to the average core–shell number in each sample suspension. The dynamics of loading within the sample strongly correlates with the EDX data.

Table 1. Amount of magnetite nanoparticles loading into submicron core-shells data.

Type of Sample	Core-Shell's Structure	Amount of Fe ₃ O ₄ Loaded, mg	The Mass Amount of Magnetite per Carrier, pg	
S	PAH/PSS/PSH/MNPs/PAH/PSS	0.445 ± 0.003	1.78 ± 0.01	
LCS	MNPs ^{low} @PAH/PSS/PSH/MNPs/PAH/PSS	0.605 ± 0.003	2.42 ± 0.01	
HCS	MNPs ^{high} @PAH/PSS/PSH/MNPs/PAH/PSS	1.987 ± 0.033	7.95 ± 0.13	

In order to measure the movement rate of the obtained core–shells in an external magnetic field, we used photosedimentometry. The setup of the experiment is shown in Figure 4a. The core–shell suspension was irradiated by 660 nm laser, and the transparency was measured during the time (see graphs in Figure 4b). Dependent on the magnetite content, the speed of the core–shells movement to the magnet changed. So, we calculated the average movement rate according to Equation (1):

$$v_i = \frac{S}{t_i} , \qquad (1)$$

where *S* is the distance between the cuvette wall and the laser, t_i is a time of movement, v_i is movement rate, and *I* the number of a sample. We obtained the movement rates as follows: $v_s = 54.5 \mu m/s$, $v_{LCS} = 10.2 \mu m/s$, and $v_{HCS} = 3.2 \mu m/s$. Therefore, the HCS core–shells with the highest amount of magnetite possess a higher magnetic moment compared with other samples, so it can be controlled better and easier navigated as a drug delivery carrier.



Figure 4. Photosedimentometry of submicron core–shells in water during the time: (**a**) The experimental setup, where 1—permanent magnet, 2—phototransistor, 3—laser beam, 4—cuvette with core–shell suspension, 5—semiconductor laser; (**b**) time dependence of the core–shell suspension transparency in an external magnetic field.

2.3. MRI Study

The obtained core–shell suspensions were investigated by MRI. We obtained T_1 and T_2 -weighted images in three different modes: T_1 spin-echo (SE), T_1 gradient echo (FFE), and T_2 turbo spin-echo (TSE). The visualization parameters remained unchanged for all the samples within one visualization mode.

2.3.1. Magnetite Nanoparticle Colloid

The iron oxide nanoparticle colloid possessed a dual T_1/T_2 MRI contrast (Figure 5). This happened because the average size of magnetite nanoparticles was in the range from 4 to 10 nm that provides both T_1 and T_2 contrast [16]. T_1 -weighted images demonstrated a significant increase in the signal in comparison to water (surrounding media in the MRI images), stronger for the gradient than for spin-echo mode. The T_2 -weighted image had the signal reduction for concentrations less than 0.04 mg/mL, indicating the nanoparticles as a T_2 contrast agent as well.



Figure 5. MRI images of magnetite nanoparticle colloid.

2.3.2. Magnetic Submicron Core-Shells

The core–shell suspensions were diluted to various carrier concentrations in the sample prior to MRI visualization since the concentrations of objects were the same for all samples. Thus, we obtained the magnetic resonance images showing the dependence of the sample contrast on its magnetite content (Figure 6). The sample S with the lowest iron(III) oxide content was shown to provide better MRI contrast in the T_1 FFE mode in comparison with LCS and HCS samples. As it can be observed from Figure 3a, the package density of magnetite nanoparticles in the shell of the carrier corresponds to the previously mentioned assumption about the role of magnetic interactions in the resulting MRI contrast.

However, the maximum of T_2 contrast can be observed after the addition of magnetite to the core of the carriers for the LCS sample, although the HCS core–shell suspension demonstrates MRI contrast only in T_1 SE mode.

Concentration of carriers, 10° obj/mL			tration of carriers, 10 [°] obj/mL	Concentration of carriers, 10 [°] obj/mL		Concentration of carriers, 10° obj/mL			Concentration of Fe₃O₄ in the
	T1 SE		0.24 0.49 0.98 1.95 3.9 1.9 15 31.25 62.5 12	T1 FFE	0.24 0, 49 0, 98 1, 95 3, 9 1, 9 15 31, 26 62 5 12	Т2	2 TSE	0.24 0, 49 0, 98 1, 95 3, 9 1, 8 15 31, 25 62. 5 12 5	sample with 125 10°obj, mg/mL
Sample	e	S	000000000	e s	00000000000	e	S	00000000000	0,222
	amp	LCS	0000000000	due LCS	00000000000	amp	LCS	00000000000	0,3025
	ñ	HCS	0000000000	W HCS	0000000000	ŝ	HCS	00000000000	0,994

Figure 6. MRI images of magnetic submicron core-shells.

3. Discussion

For both T_1 and T_2 modes we obtained the dependencies of signal intensity, normalized to water, on the magnetite concentration by analyzing the previously shown images (Figures 5 and 6). As for the magnetite colloid, it had a high positive signal intensity (SI) change in both T_1 SE and FFE modes. Although the maximum contrast was around 550% for SE sequence (Figure 7a) and up to 1700% for FFE (Figure 7b), the concentration range, in which the contrast can be observed, is almost four times wider for the gradient mode. However, nearly full decay of a signal was obtained for the T_2 TSE mode that allows using the magnetite colloid as an effective negative contrast agent at concentrations more than 0.04 mg/mL. The forms of contrast curves are typical for the Fe₃O₄ colloid [19].



Figure 7. MRI contrast dependence on magnetite colloid concentration: (**a**) T_1 spin-echo and (**b**) T_1 gradient echo; (**c**) T_2 turbo spin-echo. The blue line on each graph–water contrast level.

The obtained MRI images for the core–shell suspensions were also analyzed. Figure 8 shows the dependencies of normalized to water SI change on the concentration of carriers. In T_2 mode (Figure 8c), the full decay of a signal occurred only for the S sample until 0.05 mg/mL of Fe₃O₄ concentration, which is similar to the magnetite colloid behavior (Figure 7c). When the amount of nanoparticles increases (LCS and HCS samples), the T_2 contrast tends to zero. This can be explained by the intensive magnetic interactions between nanoparticles while the distance between them decreases because of their higher concentration and, thus, the density of packaging [19].

For the gradient sequence in T_1 mode, the tendency was generally the same. As it is shown in Figure 8b, the SI change still falls down with more magnetite content in the core–shell. However, the width of the contrast area has the same behavior—the highest for the S sample and the lowest for the HCS one. In the T_1 spin-echo mode the tendency was surprisingly opposite. The S sample showed the lowest SI change no more than 30%, but it significantly increased with the loading of magnetite into the core. Moreover, the HCS sample provided 209% SI change on average even at high magnetite concentration that provides its usage as a positive contrast agent at a wide concentration range along with an ability of control and navigation by an external magnetic field.



Figure 8. MRI contrast dependence on Fe concentration in submicron core–shells suspension for (**a**) T_1 spin-echo, (**b**) T_1 gradient-echo, and (**c**) T_2 turbo spin-echo: green curve—S sample; purple curve—LCS, and orange curve—HCS submicron core–shells. The blue line on each graph–water contrast level.

To understand whether the characteristic form of magnetite colloid contrast curve remains unchanged after its loading into the core–shells, we calculated the curve form change for each sample according to the following Equation (2):

$$C_i = \frac{N_i}{N_{max}}, \qquad (2)$$

where C_i is the curve form change and N_i is the normalized SI change for the current sample concentration; N_{max} is the maximum normalized SI change for the sample.

The obtained curves are presented in Figure 9. As can be seen from Figure 9a, for the T_1 spin-echo mode the more the amount of Fe₃O₄ presents in the sample, the more the concentration at which the contrast can be observed. The T_1 gradient mode (Figure 9b) demonstrates the opposite behavior, and here with the addition of magnetite to the sample the concentration at which the maximum contrast occurs decreases along with the decrease in contrast properties (Figure 8b). However, in T_2 mode S and LCS samples, unlike the magnetite colloid, possess only negative contrast even for low concentrations, which makes them effective negative contrast agents. However, there is some threshold concentration that exists, after which the sample loses the characteristic for magnetite contrast curve form. For example, this occurred for HCS suspension in T_1 SE and T_2 TSE modes.



Figure 9. Curve form changes for magnetite colloid and core–shell suspensions in (**a**) T1 SE, (**b**) T1 FFE, and (**c**) T2 TSE modes.

4. Materials and Methods

4.1. Materials

Iron (III) chloride hexahydrate (99.8%, Sigma-Aldrich, St. Louis, MO, United States), iron (II) chloride tetrahydrate (99.8%, Sigma-Aldrich), sodium hydroxide (99.8%, Fluka, Buchs, Switzerland), citric acid (99.8%, Sigma-Aldrich), sodium carbonate, calcium chloride, poly(allylamine hydrochloride)

(PAH, average MW ~70 kDa), poly(sodium 4-styrenesulfonate) (PSS, average MW 70 kDa), ethylene diamine tetraacetic acid disodium salt (Fluka), sodium chloride, glycerin (Reachem, Moscow, Russia) were used without additional purification.

4.2. Magnetite Nanoparticle Synthesis

Magnetic nanoparticles were obtained by chemical precipitation from di- and trivalent salts of iron in the presence of the base [24,25]. Initially, 1.3 g of FeCl₃·6H₂O and 0.478 g of FeCl₂·4H₂O were dissolved in water under room temperature with mixing. Then, 170 mL of 0.1 M NaOH was added to the reaction cell. For further colloids stabilization, 25 mL of citric acid (32 mg/mL) solution was prepared. A nitrogen was bubbled across the closed cells with mixtures of iron salts, sodium hydroxide, and citric acid for 10 min to remove oxygen from the solutions. Further, the iron salts solutions were injected into the sodium hydroxide solution after the heating until 40 °C with active mixing, after that the solution was left under active mixing and nitrogen pressure for 40 s resulting in black sediment formation of magnetite nanoparticles. Additionally, 25 mL of citric acid was added to the suspension under constant mixing and nitrogen pressure. Dialysis of magnetic hydrosol was conducted during three days in a 3 L vial under slow mixing. Mixing of reagents and washing steps were carried out under nitrogen.

4.3. Fabrication of Magnetic Polymeric Submicron Core-Shells

The submicron vaterite particles were synthesized in glycerol from CaCl₂ and Na₂CO₃ salt solutions according to the method described in [23]. First, 400 μ L of each salt solution were added to 4 g of glycerol at a constant stirring, and the resulted solution was left mixing for 1 h for CaCO₃ submicroparticles formation. Then, the suspension was centrifuged, and the submicroparticles pellet was washed three times with deionized water. After that, the FIL stage was performed for the LCS and HCS samples: Prepared magnetite colloid of 2 mL were added to the sample, and it was freezed while constantly stirring [23]. Freezing/thawing cycles were repeated 1 and 4 times for the LCS and HCS samples consequently. Then, the polymeric shells were formed at all three samples by LbL technique [21] from PAH and PSS polyelectrolyte solutions in concentration of 1 mg/mL. One layer of Fe₃O₄ nanoparticles in concentration of 0.56 mg/mL was adsorbed into the shell. For each shell layer formation, 1 mL of absorbing solution was added to the sample. As a result, the following shells were formed on the template surface: PAH/PSS/PAH/MNPs/PSS/PAH/PSS. The core–shells made in the current paper remained unchanged for at least six months and retained their zeta-potential.

4.4. Colorimetric Titration Measurements

The concentrations of magnetite in all the samples were measured by colorimetric titration, based on the qualitative reation of Fe³⁺ ions with ammonium thiocyanate. First, the magnetite colloid/core–shell suspension was dissolved in 1M H₂SO₄ solution. Then, 20 μ L of ammonium thiocyanate were added to the sample under analysis, and the absorption level at the 473 nm wavelength was measured. Analogous to it, we measured the absorption of the standard Fe³⁺ solution in 1 M H₂SO₄ with the known concentration. The final Fe³⁺ ion concentration in the aliquot was calculated according to Equation (3):

$$C_{Fe} = \frac{C_{St} \cdot n_{Fe}}{n_{St}} , \qquad (3)$$

where C_{Fe} is the concentration of Fe^{3+} ions in the aliquot, C_{St} is the concentration of Fe^{3+} ions in the standard solution, n_{Fe} and n_{St} are absorption levels of the aliquot and the standard solution consequently. The final magnetite amount was calculated from the received data.

4.5. TEM, DLS, SEM, and EDX Characterization

The measurements of the size distribution of the nanoparticles were performed using a Zetasizer Nano ZS instrument (Malvern Instruments Ltd, Malvern, UK).

Transmission electron microscopy (TEM) of magnetite nanoparticles was performed using a FEGTEM microscope (JEOL, Akishima, Tokyo, Japan) operating at 200 kV. TEM samples were prepared via a drop-casting technique, where samples were dispersed and deposited onto copper grid mounted "lacey" carbon films (Agar). All images were processed using the Gatan Digital Micrograph software.

TEM of submicron core–shells' structure was performed using a Libra 120 Carl Zeiss microscope (Carl Zeiss SMT AG Company, Oberkochen, Germany) operating at 120 kV. The measurement was made on the basis of the Center of collective usage of scientific equipment in physico-chemical biology and nanobiotechnology "Simbioz", Institute of Biochemistry and Physiology of Plants and Microorganisms Russian Academy of Sciences (IBPPM RAS).

Submicron core-shell morphology and chemical composition were investigated using a scanning electron microscope (SEM) MIRA II LMU (Tescan Orsay Holding, Brno, Czech Republic), equipped with INCA Energy energy-dispersive spectroscopy system. The SEM imaging was performed at the operating voltage of 30 kV under standard secondary and back-scattered electron modes. For the study of chemical composition, the energy-dispersive X-ray spectroscopy (EDX) was used.

4.6. Dynamics of Submicron Core-Shell Sedimentation

Submicron core–shell sedimentation rates in an external magnetic field were measured by the photosedimentometry. The suspension of core–shells in water was placed in the transparent cuvette (Figure 4a, number 4), through which the laser beam (Figure 4a, number 3) was going. We used a 660 nm semiconductor laser for the sample excitation. The permanent magnet (Figure 4a, number 1) was applied to the cuvette's wall, so the magnetic field was directed perpendicularly to the laser path. After that the laser goes through the analyzing suspension and the incident beam reaches the phototransistor (Figure 4a, number 2). Using the described system, the time dependencies of the core–shell suspension transparency in an external magnetic field were obtained. The core–shell movement rates were then calculated.

4.7. MRI Study

In vitro MRI study was carried out using a Philips Achieva 1.5 T high field MRI scanner (Philips Healthcare, Best, The Netherlands) equipped with a phased array coil. For obtaining T_1 - and T_2 -weighted images spin-echo sequences (SE) and gradient-echo sequences (FFE) were applied. The following parameters were used for conducting measurements: The repetition time (TR) was 450 ms and the echo time (TE) was 15 ms for the T_1 -weighted pulse SE sequence; the TR was 61 ms and the TE was 2.484 ms for the T_1 -weighted pulse FFE sequence; the TR was 3000 ms and the TE was 47.7 ms for the T_2 -weighted pulse sequence. In order to increase MR signal in the T_1 -weighted image the TR should be decreased, so tissues do not manage to relax after an external influence, and the TE should be decreased too, because the sample highly changes the T_2 relaxation and it can influence on the resulting MR signal in a T_1 -weighted image. At the same time, the T_2 -weighted image requires to have both long TR and TE [26].

5. Conclusions

In the current study, we demonstrated the fabrication of magnetic composite submicron carriers with an ability to control the magnetic resonance contrast properties by changing their structure. We found that the highest T_2 and T_1 gradient contrast can be observed from the core–shell suspension with magnetite nanoparticles contained only in the shell. The contrast properties in these two modes become worse with the addition of magnetite nanoparticles by freezing-induced loading and, thus, increasing their packaging density and interactions between them. Nevertheless, the HCS core–shell

suspension with 4 FIL loading of magnetite surprisingly possessed the 209% normalized SI change even for the high magnetite concentration in T_1 SE mode. Thus, one can combine a high T_1 contrast, not characteristic for the magnetic capsules, and their control by a magnetic field. However, if choosing the appropriate structure, it can be possible to observe both T_1 and T_2 contrasts from the carrier for remote drug delivery and controlled release, all with the verification by MRI visualization, to which our further studies will be devoted.

Supplementary Materials: The following are available online at http://www.mdpi.com/2304-6740/8/2/11/s1, Figure S1: SEM images of (**a**) S, (**b**) LCS, and (**c**) HCS submicron core–shells.

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