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Titania and Zinc Oxide Nanoparticles: Coating with Polydopamine and Encapsulation within Lecithin Liposomes—Water Treatment Analysis by Gel Filtration Chromatography with Fluorescence Detection

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Abstract: The interplay of metal oxide nanoparticles, environmental pollution, and health risks is key to all industrial and drinking water treatment processes. In this work we present a study using gel filtration chromatography for the analytical investigation of metal oxide nanoparticles in water, their coating with polydopamine, and their encapsulation within lecithin liposomes. Polydopamine prevents TiO_2 and ZnO nanoparticles from aggregation during chromatographic separation. Lecithin forms liposomes that encapsulate the nanoparticles and carry them through the gel filtration column, producing an increase of peak area for quantitative analysis without any change in retention time to affect qualitative identification. To the best of our knowledge, this is the first report that demonstrates the potential application of lecithin liposomes for cleaning up metal oxide nanoparticles in water treatment. Encapsulation of graphene quantum dots by liposomes would allow for monitoring of nanoparticle-loaded liposomes to ensure their complete removal by membrane ultrafiltration from treated water.

Keywords: encapsulation; gel filtration chromatography; fluorescence detection; lecithin; liposomes; nanoparticles; polydopamine; titania; water treatment analysis; zinc oxide

1. Introduction

Nanomaterials exhibit novel physicochemical properties that continue to promote their use in various industrial manufacturing processes. The top applications of nanomaterials in North America includes catalysts, coatings, electronics, food products, paints, rubber tires, and textiles [1]. Three metal oxide nanoparticles having sizes between 1 and 100 nanometers, namely titania (TiO₂), zinc oxide (ZnO), and ceria (CeO₂), are produced in high tonnage for use as additives in nanomaterials worldwide. TiO₂ nanoparticles are used as a fine whitener in cosmetics and sunscreen products because of their brightness, high refractive index, and resistance to discoloration. However, concerns are increasing recently about environmental pollution and the health risks of widespread exposure to TiO₂ nanoparticles. Long et al. reported that TiO₂ nanoparticles can produce reactive oxygen species that cause many diseases including immortalized brain microglia in mice [2,3]. Trouiller et al. found that TiO₂ nanoparticles are inducers of DNA damage and genetic instability in mice [4]. Chang et al. found a high percentage of biological toxicity when the liver and kidneys were exposed to TiO₂ nanoparticles [5]. Grande and Tucci lately discussed the potential human health risks induced by exposure to TiO₂ nanoparticles [6]. Disdier demonstrated that, despite a lack of brain translocation, exposure to TiO₂ nanoparticles induces blood-brain carrier physiology alteration and

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neuro-inflammation that may lead to central nervous system disorders [7]. Shah et al. have emphasized the biological and chemical concerns about TiO_2 nanoparticles as well as their toxicological profile at the molecular level [8]. Water pollution has become a major concern for many countries in recent years due to the rapid industrialization of nanotechnologies. Hence, the development of industrial wastewater and drinking water treatment systems to remove TiO_2 among other metal oxide nanoparticles is vital to providing long-term environmental and public health security [9–11].

Polydopamine (PDA) is a multifunctional biopolymer structurally similar to naturally occurring melanin [12]. PDA nanocapsules have been successfully used for drug delivery [13]. Their good biocompatibility and biodegradability have facilitated biomedical development for use as both a photoacoustic imaging contrast agent and a chemothermotherapy agent for tumors [14]. The high wrapping tendency of PDA has favored the fabrication of Au-PDA nanoparticles with an ultrathin (1.3 nm) shell for high sensitivity, uniformity, and stability in shell-isolated nanoparticle-enhanced Raman spectroscopy [15]. A new magnetic molecularly imprinted polymer has been prepared by polymerizing dopamine on the surface of Fe₃O₄ nanoparticles in the presence of thionine template [16]. Novel ultrafiltration-adsorption membranes have been designed via decorating the walls of membrane internal pores with PDA nanoparticles for removal of Pb²⁺, Cd²⁺ and Cu²⁺ [17]. A highly efficient nanofiltration membrane can be fabricated via surface decoration of metal-organic framework/graphene oxide composite onto PDA-coated polysulfone substrate [18]. The PDA coating can be dissolved in an alkaline solution to regenerate the membrane [19]. Dopamine can be added to coat metal oxide nanoparticles under ultrasonication with PDA, which breaks up all coagulated nanoparticles and prevents any re-aggregation to merit accurate analysis [20].

Lecithin, being a mixture of phospholipids, is the main component of lipid matrix in biological membranes [21]. Crude lecithin is commercially available at a low cost in large quantities. This natural zwitterionic surfactant can self-organize into lamellar L_{α} mesophase when small amounts of water are admixed [22]. Liposomes of soy lecithin are readily prepared by strong sonication [23], dehydration-rehydration-heating [24], and thin film ultrasonic dispersion [25,26] to form an inner aqueous compartment surrounded by a concentric bilayer of phospholipids. They are environmentally friendly and simple to manufacture at a high lipid concentration [27]. Microfluidization is more efficient than ultrasonication in particle size reduction [28]. As the lipid bilayer membrane has an average particle size from 110 nm to 990 nm [29], they are a cost-effective option for many applications to deliver drugs, imaging agents, peptides, proteins, and nucleic acids [29–34]. Nano-liposomes of crude soy lecithin are also effective for cleaning fuel oil-contaminated sands and soils [35]. The development of polymer-liposome complexes for biomedical applications is growing rapidly [36,37]. A liposome—Ag-Au core/shell nanocomposite is good for drug delivery by near infrared laser irradiation [38]. All these previous works contributed to our idea that lecithin liposomes can readily encapsulate metal oxide nanoparticles.

Gel filtration chromatography (GFC) is a versatile analytical technique that permits the effective separation of proteins and other biological molecules in an aqueous buffer solution [39]. Separation is achieved using a porous gel matrix to which analyte molecules, for steric reasons, have different degrees of access solely on the basis of molecular size [40]. Water is commonly used to pre-equilibrate the gel-filtration matrix. The mechanism of size exclusion is also applicable for the separation of nanoparticles after surface functionalization to improve their stability [41–44]. Unfortunately, TiO₂ nanoparticles form aggregates in aqueous suspension as a function of the electrolyte ionic strength and nature of the divalent cations typically found in surface water and soil [45]. TiO₂ nanoparticles selectively adsorb water-soluble organic phosphates [46]. Lecithin at 5 μ g/mL can stabilize these nanoparticles [47]. Mesoporous carbon can be nano-emulsified in a lecithin O/W system to be trapped in the pores of TiO₂ for cosmetic applications [48].

In this work, GFC was used to investigate TiO_2 and ZnO nanoparticles in water by fluorescence detection, after coating them with PDA and encapsulating them within lecithin liposomes. It was crucial to prevent aggregation of these nanoparticles in every water sample, to carry them through

the gel filtration column without excessive retention, and to obtain reproducible detection peaks during chromatographic separation. Potential applications for cleaning up metal oxide nanoparticles during industrial wastewater and drinking water treatment are proposed. The idea of using lecithin liposomes for nanoparticle pre-concentration and removal in water treatment analysis is innovative. Its development into an industrial procedure is feasible as the reported critical micellar concentration of lecithin is around 0.4 mg/mL and the assembled lecithin liposomes have a typical size of 100–1000 nm, which is sufficient to accommodate all sizes of nanoparticles.

2. Materials and Methods

2.1. Materials

Methanol was purchased from VWR (Mississauga, ON, Canada). Soy lecithin in oil form was obtained from Vita Health Products (Winnipeg, MB, Canada). Titanium dioxide nanopowder (21 nm primary particle size), zinc oxide powder (maximum particle size: 45 nm), and Tris base ($pK_a = 8.2$) were obtained from Sigma-Aldrich (Oakville, ON, Canada).

2.2. Coating of TiO₂ or ZnO Nanoparticles with Polydopamine

TiO₂ or ZnO nanoparticles (100 mg), dopamine (100 mg), Tris (63 mg), and distilled deionized water (60 mL) were mixed by magnetic stirring for 1 h. The mixture was centrifuged at 4500 rpm for 30 min, the supernatant was discarded, and the TiO₂-PDA or ZnO-PDA nanoparticles were re-suspended in deionized water (40 mL) for all subsequent experiments.

2.3. Lecithin Liposomes Blank

A thick syringe needle was inserted to a capsule of lecithin oil for half an hour to suck lecithin slowly into the syringe. A mixture of lecithin (0.05 mL) and methanol (4.95 mL) was sonicated by an unbranded ultrasonic homogenizer (20 kHz, 108 W, sequentially powered on for 2 s, and powered off for 5 s) for 5 min at room temperature to form a uniform dispersion. This dispersion was mixed with distilled deionized water, obtained from a Millipore Milli-Q water system (Bedford, MA, USA), at a ratio of 1:2 by volume to serve as a lecithin liposomes blank, for comparison with TiO₂ or ZnO nanoparticles encapsulated within lecithin liposomes, in GFC-FD analysis. In a mixture of methanol and water (1:2 ratio), the dispersion of lecithin liposomes is stable for at least an hour, which was enough time the GFC-FD analysis.

2.4. Lecithin Liposome-Encapsulated TiO₂ or ZnO Nanoparticles

To prepare lecithin liposome-encapsulated TiO₂ or ZnO nanoparticles, different concentrations of nanoparticles (from 0.01 to 1.0 mg/mL prepared daily in our laboratory using distilled deionized water as the dispersion medium) were mixed with the lecithin liposomes blank at a ratio of 2:1 by volume. The mixtures were homogenized by the ultrasonic homogenizer (20 kHz, 108 W, sequentially powered on for 2 s and powered off for 5 s) for 5 min at room temperature to form uniform suspensions before GFC-FD analysis. Furthermore, different amounts (50–250 μ L) of lecithin liposomes were added to either distilled deionized water (500 μ L) or 1.0 mg/mL TiO₂ nanoparticles (500 μ L), followed by addition of distilled deionized water until the total volume was 750 μ L.

2.5. UV-Visible Absorption and Fluorescence Emission Spectroscopy

Fluorescence excitation and emission spectra of samples were measured on a Horiba Jobin Yvon (Edison, NJ, USA) FluoroMax-4 spectrofluorometer using a slit width of 4 nm for both emission and excitation. First under excitation by UV light at a wavelength of 300 nm, the emission wavelength was scanned from 350 to 550 nm to obtain a fluorescence emission spectrum. Next by monitoring the emission intensity at a wavelength of 450 nm, the excitation wavelength was scanned from 200 to 400 nm to obtain a fluorescence excitation spectrum.

2.6. Gel Filtration Chromatography

Gel filtration chromatography was performed on a Shimadzu LC-6A system (Columbia, MD, USA), initially using a short column (Shodex SHSB-807G, $50 \times 8 \text{ mm}$, $35 \mu \text{m}$, MWCO 10,000) for rapid analysis and eventually on a long column (Shodex SB-807HQ, $300 \times 8 \text{ mm}$, MWCO 10,000) for extended analysis. Both columns were purchased from Canadian Life Science (Peterborough, ON, Canada). Distilled deionized water was used as the mobile phase at a flow rate ranging from 0.3 mL/min to 1.0 mL/min. The GFC system was coupled to a Jasco FP-2020 Plus intelligent fluorescence detector (Easton, MA, USA). Fluorescence detection (FD) employed $\lambda_{ex} = 365 \text{ nm}$ and $\lambda_{em} = 460 \text{ nm}$ for

TiO₂-PDA determination, or $\lambda_{ex,max}$ = 350 nm and $\lambda_{em,max}$ = 395 nm for TiO₂ determination.

3. Results and Discussion

Before GFC could be used to investigate the coating of TiO_2 nanoparticles in water with PDA and their encapsulation within lecithin liposomes, their fluorescence properties were studied in order to determine the excitation and emission wavelengths for selective and sensitive detection. Ultrasonic homogenization was evaluated for facilitating the encapsulation of TiO_2 -PDA nanoparticles by lecithin liposomes, by observing if reproducible peaks could be obtained from GFC-FD analysis for the chromatographic characterization of lecithin liposome-encapsulated TiO_2 -PDA nanoparticles. A short GFC column was initially used for rapid analysis and a long column was used for extended analysis to characterize their retention time, retention volume, and peak area at different flow rates of the mobile phase. After the feasibility of determining TiO_2 nanoparticles in the presence of lecithin liposomes was confirmed, the potential application of lecithin liposomes for encapsulating other metal oxide nanoparticles would be demonstrated with ZnO nanoparticles. Optimization of the new method was carried out by adding different amounts of lecithin liposomes to a fixed concentration of TiO_2 nanoparticles. In order to develop a cost effective technology for the removal of metal oxide nanoparticles in water treatment, graphene quantum dots were tested as a fluorescent sensor for monitoring the complete removal of nanoparticle-loaded liposomes from the treated water.

3.1. Fluorescence Spectroscopy

The fluorescence property of lecithin liposome-encapsulated TiO₂ nanoparticles was determined first. The maximum excitation and emission wavelengths were measured to be $\lambda_{ex,max} = 350$ nm and $\lambda_{em,max} = 395$ nm in Figure 1a,a'. Next, $\lambda_{ex} = 365$ nm and $\lambda_{em} = 460$ nm were determined for lecithin-bound TiO₂-PDA nanoparticles in Figure 1b,b'. Both excitation spectra look very similar because lecithin liposomes are nearly transparent, the PDA coating is only a couple nanometers thick, and TiO₂ nanoparticles were mainly responsible for absorption of the UV light from 230 nm to 400 nm. The two emission spectra are obviously different due to energy transfer from TiO₂ nanoparticles emission at 395 nm to PDA emission at 460 nm in Figure 1b only. Efficient and facile coating of TiO₂ nanoparticles with PDA had previously been reported in the scientific literature [49,50]. The transmission electron microscopy images of TiO₂ and TiO₂-PDA nanoparticles in Figure 2 below show how difficult it is to see their difference due to a thin organic PDA coating.



Figure 1. Cont.



Figure 1. Fluorescence excitation spectra using $\lambda_{em} = 450 \text{ nm}$: (**a**) lecithin liposome-encapsulated TiO₂ nanoparticles; and (**b**) lecithin liposome-encapsulated TiO₂-PDA nanoparticles. Fluorescence emission spectra using $\lambda_{ex} = 300 \text{ nm}$: (**a**') lecithin liposome-encapsulated TiO₂ nanoparticles; and (**b**') lecithin liposome-encapsulated TiO₂ nanoparticles; and (**b**') lecithin liposome-encapsulated TiO₂ nanoparticles.



Figure 2. Transmission electron microscopy images: (a) TiO₂ nanoparticles; and (b) TiO₂-PDA nanoparticles.

3.2. Rapid GFC-FD Analysis of Lecithin Liposome-Encapsulated TiO₂-PDA Nanoparticles

A short GFC column (50 \times 8 mm) was initially used for rapid analysis of lecithin liposomeencapsulated TiO₂-PDA nanoparticles. As expected, a PDA coating prevented the TiO₂ nanoparticles from aggregation during chromatographic separation. Ultrasonic homogenization apparently facilitated the encapsulation of TiO_2 nanoparticles by lecithin liposomes, thus yielding reproducible peaks for the chromatographic characterization of lecithin liposome-encapsulated TiO_2 -PDA nanoparticles. The standard calibration curve in Figure 3 shows that the GFC-FD peak area increased as the concentration of lecithin liposome-encapsulated TiO_2 -PDA nanoparticles increased. At the lowest concentrations of lecithin liposome-encapsulated TiO_2 -PDA nanoparticles studied, peak areas were very close to each other around the quantification limit of the GFC-FD analysis method. Next, lecithin liposome-encapsulated PDA nanoparticles and PDA nanoparticles were also analyzed by rapid GFC-FD for a comparison. Their peak areas in Figure 4b,c are significantly smaller than that in Figure 4a despite equivalent concentrations. This difference in peak area can certainly be attributed to the presence versus absence of TiO_2 nanoparticles. A rapid method for the quantitative analysis of TiO_2 -PDA nanoparticles by GFC-FD in 6 min is thus verified for the linear dynamic range from 0.05 mg/mL to 1.00 mg/mL.



Figure 3. Standard calibration curve for rapid GFC analysis of lecithin liposome-encapsulated TiO₂-PDA nanoparticles, using $\lambda_{ex} = 365$ nm and $\lambda_{em} = 460$ nm for FD.



Figure 4. Cont.



Figure 4. Rapid GFC analysis: (**a**) lecithin liposome-encapsulated TiO₂-PDA nanoparticles (1 mg/mL); (**b**) lecithin liposome-encapsulated PDA nanoparticles; and (**c**) PDA nanoparticles, using $\lambda_{ex} = 365$ nm and $\lambda_{em} = 460$ nm for FD.

3.3. Rapid GFC-FD Analysis of Lecithin Liposome-Encapsulated TiO₂ Nanoparticles

Lecithin liposome-encapsulated TiO₂ nanoparticles (without PDA coating) were analyzed by rapid GFC for elucidating the analytical merits of PDA. The peak area in Figure 5a was larger than that for lecithin liposome-encapsulated TiO_2 -PDA nanoparticles in Figure 4a where the fluorescence from TiO_2 nanoparticles was quenched by the PDA coating. Using next the maximum excitation and emission wavelengths $\lambda_{ex,max}$ = 350 nm and $\lambda_{em,max}$ = 395 nm for FD, a stronger peak was obtained for lecithin liposome-encapsulated TiO2 nanoparticles in Figure 5b. A new standard calibration curve was constructed in Figure 6 to validate the linear dynamic range from 0.05 mg/mL to 1.00 mg/mL. The maximum wavelengths ($\lambda_{ex,max}$ = 350 nm and $\lambda_{em,max}$ = 395 nm) generated a better calibration curve than the initial wavelengths (λ_{ex} = 365 nm and λ_{em} = 460 nm) in terms of sensitivity and linearity. These results indicate the real possibility of determining lecithin liposome-encapsulated TiO₂ nanoparticles down to 0.10 mg/mL. Unfortunately, the blank (a mixture of lecithin liposomes and distilled deionized water in a ratio of 1:2 by volume) produced a peak area as large as those obtained from all standard concentrations below 0.10 mg/mL. This could probably be attributed to stronger fluorescence from the phosphatidylcholine and phosphatidyl-ethanolamine contents of lecithin at these maximum wavelengths [51]. It became important that the blank peak from lecithin liposomes be separated from the lecithin liposome-encapsulated TiO_2 peaks by using a longer GFC column for extended analysis.





Figure 5. Rapid GFC analysis of (**a**) lecithin liposome-encapsulated TiO₂ nanoparticles (1 mg/mL), using (**a**) $\lambda_{ex} = 365$ nm and $\lambda_{em} = 460$ nm; and (**b**) $\lambda_{ex,max} = 350$ nm and $\lambda_{em,max} = 395$ nm, for FD.



Figure 6. Standard calibration curves for rapid GFC analysis of lecithin liposome-encapsulated TiO₂ nanoparticles using (**a**) $\lambda_{ex} = 365$ nm and $\lambda_{em} = 460$ nm; and (**b**) $\lambda_{ex,max} = 350$ nm and $\lambda_{em,max} = 395$ nm, for FD.

3.4. Extended GFC-FD Analysis of Lecithin Liposome-Encapsulated TiO₂ Nanoparticles

A long GFC column ($300 \times 8 \text{ mm}$) was next used for extended analysis of lecithin liposomeencapsulated TiO₂ nanoparticles, TiO₂ nanoparticles, and lecithin liposomes separately. It was evidenced from the extended GFC-FD chromatograms (not shown here) that TiO₂ nanoparticles (injected at a low concentration of 0.01 mg/mL) were retained excessively on the long column as no peak appeared using a mobile phase flow rate increasing from 0.5 mL/min up to 1.5 mL/min. These results can be explained based on the time needed for water to wash the TiO₂ nanoparticles through the entire length of gel filtration matrix in the column. Fortunately, encapsulation of TiO₂ nanoparticles within lecithin allowed them to go through the column together quickly to appear as one combo peak at a retention time of 4.15 min. It was confirmed that the peak area of lecithin liposome-encapsulated TiO₂ nanoparticles was larger than that for lecithin liposomes alone, to our great delight.

The influence of flow rate (from 0.5 to 1.0 mL/min) on the retention time, retention volume, and peak area of lecithin liposome-encapsulated TiO₂ nanoparticles (injected at a low concentration of 0.01 mg/mL) was systematically investigated. An increase of flow rate obviously decreased their retention time in Figure 7a, while the retention volume stayed constant at 4.03 \pm 0.05 mL with a nearly horizontal trend line in Figure 7b, and the peak area decreased in Figure 7c because the peak became narrower as expected. The unidirectional trends of these results, within experimental errors, confirmed consistently the feasibility of determining TiO₂ nanoparticles in the presence of lecithin liposomes.



Figure 7. Cont.



Figure 7. Effects of flow rate on (**a**) retention time; (**b**) retention volume; and (**c**) peak area of lecithin liposome-encapsulated TiO₂ nanoparticles (0.01 mg/mL) in extend GFC analysis, using $\lambda_{ex,max} = 350$ nm and $\lambda_{em,max} = 395$ nm for FD.

The influence of flow rate (from 0.3 to 1.5 mL/min) on the retention time, retention volume, and peak area of lecithin liposome-encapsulated TiO₂ nanoparticles (injected at a high concentration of 1.0 mg/mL) was also systematically investigated. An increase of flow rate again decreased their retention time in Figure 8a while their retention volume remained constant at 3.95 ± 0.07 mL with a nearly horizontal trend line in Figure 8b. Interestingly, the retention volume for lecithin liposomes was actually higher, indicating a smaller size than lecithin liposome-encapsulated TiO₂ nanoparticles. This makes sense because the high concentration of encapsulated TiO₂ nanoparticles could enlarge the size of each and every lecithin liposome. As smaller molecules have greater access and larger molecules are excluded from the gel filtration matrix, they would be eluted from the GFC column in decreasing order of size. The difference in peak area between lecithin liposomes and lecithin liposome-encapsulated TiO₂ nanoparticles allowed easily for quantitative determination of TiO₂ nanoparticles at this high concentration. Again, the peak area decreased in Figure 8c because the peak became narrower as the flow rate was increased.



Figure 8. Cont.



Figure 8. Effects of flow rate on (**a**) retention times; (**b**) retention volumes; and (**c**) peak areas of lecithin liposomes and lecithin liposome-encapsulated TiO₂ nanoparticles (1.0 mg/mL) in extended GFC-FD analysis, using $\lambda_{ex,max} = 350$ nm and $\lambda_{em,max} = 395$ nm for FD.

The flow rate of 1.0 mL/min was deemed optimal for all subsequent extended GFC-FD analyses of TiO₂ (and other metal oxide) nanoparticles. Encapsulation within lecithin liposomes improved their stability when travelling through the entire length of the gel filtration matrix in the column. Lecithin liposomes apparently carried the TiO_2 nanoparticles through the gel column, as evidenced by a larger peak area, without increasing its original retention time—which indicated a relatively large size corresponding to liposomes. Vemuri and Rhodes had previously explored the use of size exclusion chromatography, as a large-scale process, to separate liposomes from free drug in a liposome preparation [52]. Interestingly, lecithin presented no distinct critical micelle concentration in either alcohol solution or water suspension, as Hara et al. had measured using electric conductivity and fluorescence [53]. Hypothetically, in the present work, TiO₂ nanoparticles were first stripped of all adsorbed anions by the methanol inside lecithin liposomes. Methanol had previously been used for desorption of picrate anions from magnetic nanoparticles that were coated with cetyltrimethyl-ammonium bromide [54]. Presumably, lecithin molecules dispersed around the bare non-ionic TiO₂ nanoparticles that interacted favorably with the hydrophobic lipid moiety of each lecithin molecule. Under strong ultrasonication, they merged to form nanoliposomes, each containing several TiO₂ nanoparticles. Being metastable aggregates of lipids [55], coalescence between lecithin nanoliposomes occurred when they were compressed by ultrasonic homogenization [56]. A calibration curve was constructed for the extended GFC analysis of lecithin-bound TiO₂ nanoparticles at a flow rate of 1.0 mL/min, using $\lambda_{ex,max}$ = 350 nm and $\lambda_{em,max}$ = 395 nm for FD. As shown in Figure 9, initially the GFC-FD peak area increased with increasing uptake of TiO_2 nanoparticles by the lecithin liposomes, up to 0.03 mg/mL. However, no significant increase in peak area could be observed from 0.03 to 0.06 mg/mL, apparently indicating no further uptake of TiO₂ nanoparticles by the lecithin liposomes. Above 0.06 mg/mL, the peak area continued to increase only moderately to suggest a possible restructuring of the TiO₂ nanoparticle-loaded lecithin liposomes. Further research needs to elucidate the mechanism of action behind this irregular shape of the calibration curve.

Optimization of the GFC-FD method was carried out by adding different amounts of lecithin liposomes into either distilled deionized water or TiO_2 nanoparticles (1.0 mg/mL). The peak area at 4.15 min for lecithin liposomes exhibited a linear correlation with the amount of lecithin liposomes as shown in Figure 10. However, a significantly steeper slope was obtained for TiO_2 nanoparticles (than that for water). Apparently, the more lecithin liposomes were added, the lower the concentration of TiO_2 nanoparticles that would be encapsulated within each and every liposome. Thus, the excitation of TiO_2 fluorescence became more efficient and the emission of TiO_2 fluorescence became less self-quenched. This strongly suggested that more lecithin liposomes can be used to obtain a larger peak area for any given concentration of TiO_2 nanoparticles after subtraction of the lecithin liposomes blank, thereby improving the analytical sensitivity of this extended GFC method.





Figure 9. Standard calibration curve for extended GFC analysis of lecithin liposome-encapsulated TiO₂ nanoparticles at a flow rate of 1 mL/min, using $\lambda_{ex,max}$ = 350 nm and $\lambda_{em,max}$ = 395 nm for FD.



Figure 10. Optimization of lecithin liposomes amount added to (**a**) distilled deionized water; and (**b**) TiO₂ nanoparticles (1.0 mg/mL), in extended GFC analysis using $\lambda_{ex,max} = 350$ nm and $\lambda_{em,max} = 395$ nm for FD.

3.5. Extended GFC-FD Analysis of Lecithin Liposome-Encapsulated ZnO Nanoparticles

In order to demonstrate the potential application of lecithin liposomes for encapsulating metal oxide nanoparticles other than just TiO_2 in water treatment, extended GFC-FD analysis was next performed on lecithin liposome-encapsulated ZnO nanoparticles, ZnO nanoparticles, and lecithin liposomes. Just like TiO_2 , encapsulation of ZnO nanoparticles within lecithin liposomes allowed them to go through the column together to appear as a combination peak at a retention time of 4.34 min in Figure 11a. It was next evidenced that ZnO nanoparticles were strongly retained on the long column until its peak appeared at 11.47 min in Figure 11b. The chromatogram in Figure 11c shows a peak at 4.15 min with an area linearly proportional to the concentration of lecithin liposomes ($R^2 = 0.98$, data not shown). In hindsight, for the sake of contrasting, TiO_2 nanoparticles had not shown any peak and lecithin liposome-encapsulated TiO_2 nanoparticles had exhibited a retention time of 4.42 min.



Figure 11. Extended GFC analysis: (a) lecithin liposome-encapsulated ZnO nanoparticles (1.0 mg/mL); (b) ZnO nanoparticles (1.0 mg/mL); and (c) lecithin liposomes, using $\lambda_{ex} = 350$ nm and $\lambda_{em} = 395$ nm for FD.

The peak area of 1.0 mg/mL lecithin liposome-encapsulated ZnO nanoparticles was significantly stronger than that of lecithin liposomes alone. A standard calibration curve has been constructed in Figure 12 for the extended GFC analysis at a flow rate of 1.0 mL/min, using $\lambda_{ex} = 350$ nm and $\lambda_{em} = 395$ nm for FD. Binding of lecithin liposomes with ZnO nanoparticles is confirmed by the larger peak areas for increasing concentrations from 0.01 mg/mL to 0.10 mg/mL. For lecithin liposome-encapsulated ZnO nanoparticles, a detection limit of 0.05 mg/mL is attained by this GFC-FD method.



Figure 12. Standard calibration curve for extended GFC analysis of lecithin liposome-bound ZnO nanoparticles at a flow rate of 1 mL/min, using λ_{ex} = 350 nm and λ_{em} = 395 nm for FD.

3.6. Extended GFC-FD Analysis of Lecithin Liposome-Encapsulated Graphene Quantum Dots

It is important to develop a cost effective technology for the removal of TiO₂ nanoparticles ranging from industrial wastewater to contaminated drinking water treatment. A limiting factor in drinking water treatment is the ability to collect all the waterborne nanoparticles for removal. Industrial filtration technologies are currently used on a very large scale but they are often plagued by structural variation and surface fouling of membrane filters [57–59]. The results discussed so far show the possibility of using lecithin liposomes for simple water treatment. One monitoring requirement is that the nanoparticle-loaded lecithin liposomes must subsequently be removed from the treated water before it is released to local waterways. Fluorescent GQDs have attracted tremendous attention for a wide range of sensing applications because of their good water dispersibility, high photostability, excellent biocompatibility, and low toxicity [60–62]. They can potentially serve as a sensor probe for monitoring the complete removal of nanoparticle-loaded liposomes from the treated water. Extended GFC analysis of a small aliquot of GQDs that had previously been synthesized and characterized in our lab [19] produced a sharp FD peak at 21.2 min in Figure 13a, as expected for their small size of 5–6 nm. Extended GFC analysis of GQDs in mixture with lecithin liposome-encapsulated TiO₂ nanoparticles showed a significant reduction in the GQDs peak area at 20.8 min and the appearance of a small peak at 9.4 min in Figure 13b. This new peak could be attributed to the encapsulation of GQDs by lecithin liposomes (loaded with TiO_2 nanoparticles). This result is consistent with a previous work by Chen et al. on the encapsulation of quantum dots in liposomes and the separation of nanoparticle-loaded liposomes from unencapsulated nanoparticles by size exclusion chromatography using a Sepharose gel [63]. They used fluorescence correlation spectroscopy to determine that each liposome encapsulated an average of three quantum dots. Hence, both studies have indicated GQDs can potentially serve the purpose of

monitoring the nanoparticle-loaded liposomes to track their complete removal from treated water by ultrafiltration using the membrane separation technology [19,64,65].



Figure 13. Extended GFC analysis: (a) GQDs; and (b) GQDs with lecithin liposome-encapsulated TiO₂ nanoparticles (1.0 mg/mL), using $\lambda_{ex,max}$ = 350 nm and $\lambda_{em,max}$ = 395 nm for FD.

4. Conclusions

Coating with polydopamine and encapsulation within lecithin liposomes prevent TiO_2 and ZnO nanoparticles from aggregation during extended chromatographic separation through the gel filtration matrix, even in a long column. To the best of our knowledge, this is the first report on the gel filtration chromatographic analysis of lecithin liposomes that demonstrates their potential application for cleaning up two different types of metal oxide nanoparticles in water treatment, at a high efficiency but with a low cost. The colloidal stability of TiO_2 -PDA nanoparticles is important but not crucial for this new method because every sample is homogenized ultrasonically both during encapsulation by lecithin liposomes and before each GFC-FD analysis. In water treatment, unstable nanoparticles form aggregates, undergo sedimentation, and thus do not need liposome encapsulation to clean them up. Considering the importance of industrial wastewater and drinking water treatment technologies, liposomes can be completely removed by membrane ultrafiltration but metal oxide nanoparticles cannot. Further research will need to test whether this method is applicable to environmental matrices with a complex composition. Encapsulation of graphene quantum dots by liposomes will potentially allow monitoring of the nanoparticle-loaded liposomes during their subsequent removal from the treated water before it is released to local waterways or delivered to homes for drinking.

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List of Symbols and Abbreviations

CeO ₂	ceria
FD	fluorescence detection
GFC	gel filtration chromatography
$\lambda_{em,max}$	maximum emission wavelength
$\lambda_{ex,max}$	maximum excitation wavelength
PDA	polydopamine
TiO ₂	titania
ZnO	zinc oxide

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