

Supplementary:

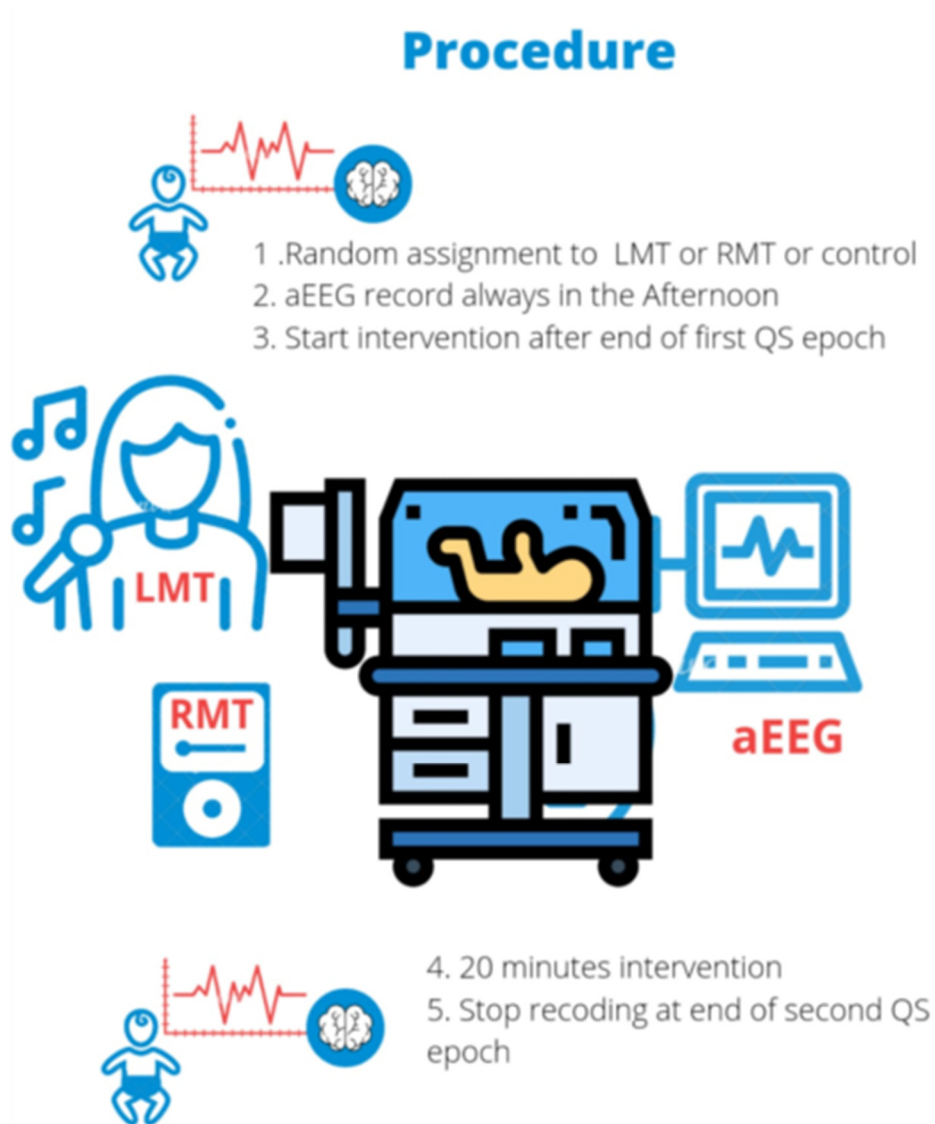


Figure S1. Iconographic of study procedure.

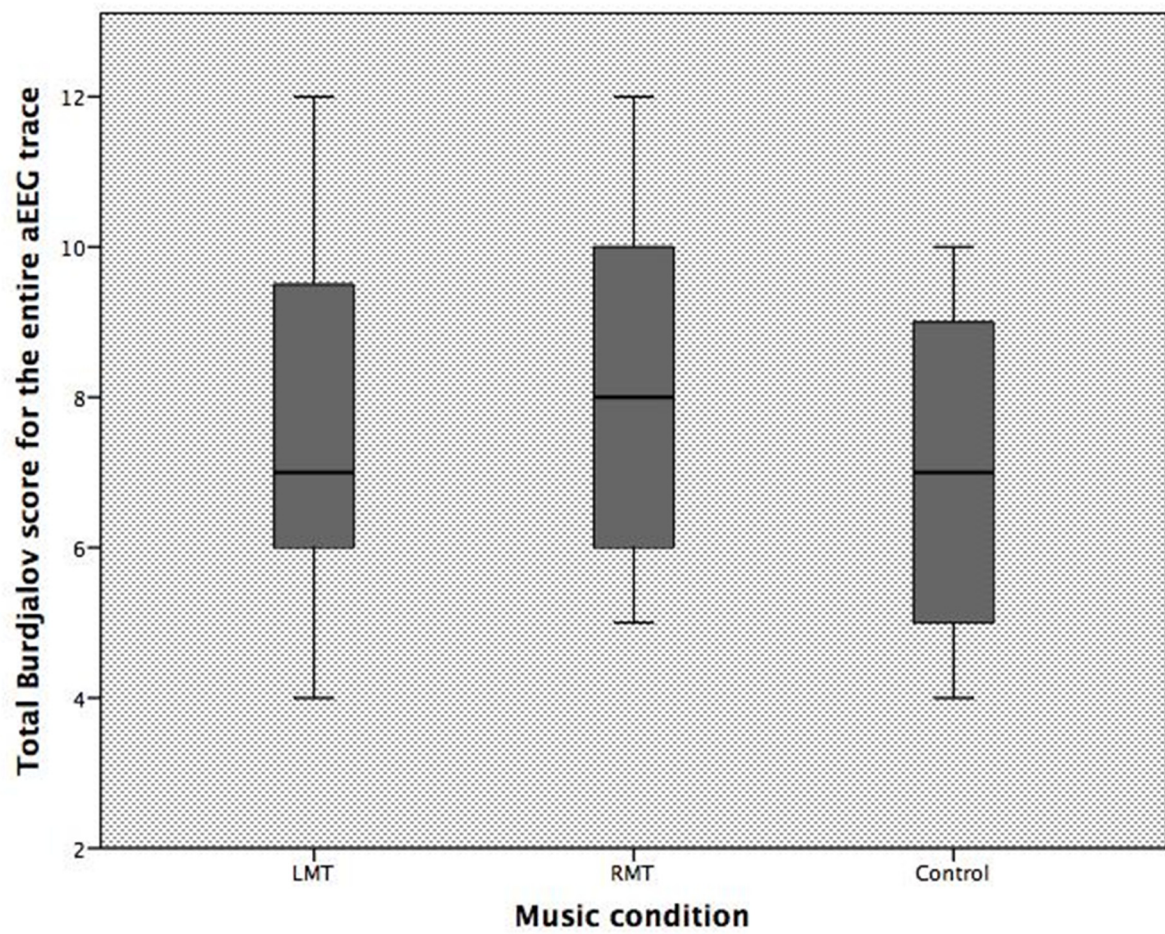


Figure S2. Burdjalov score.

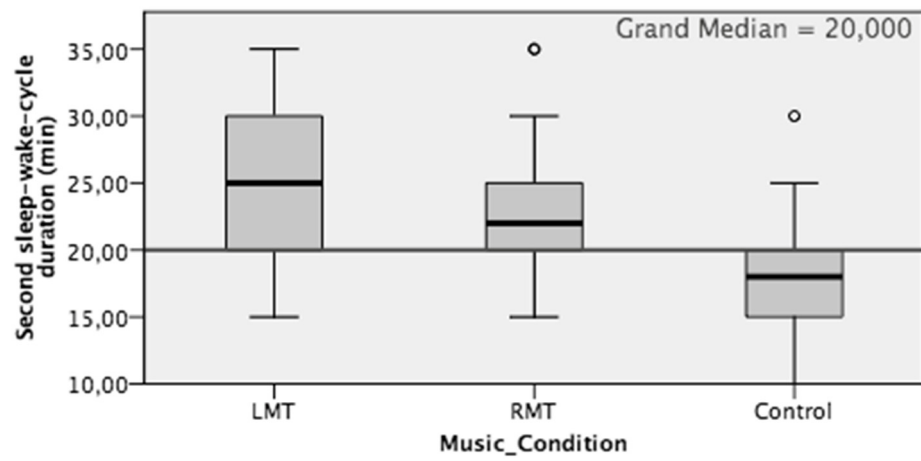


Figure S3. Duration of the second quite sleep epoch.

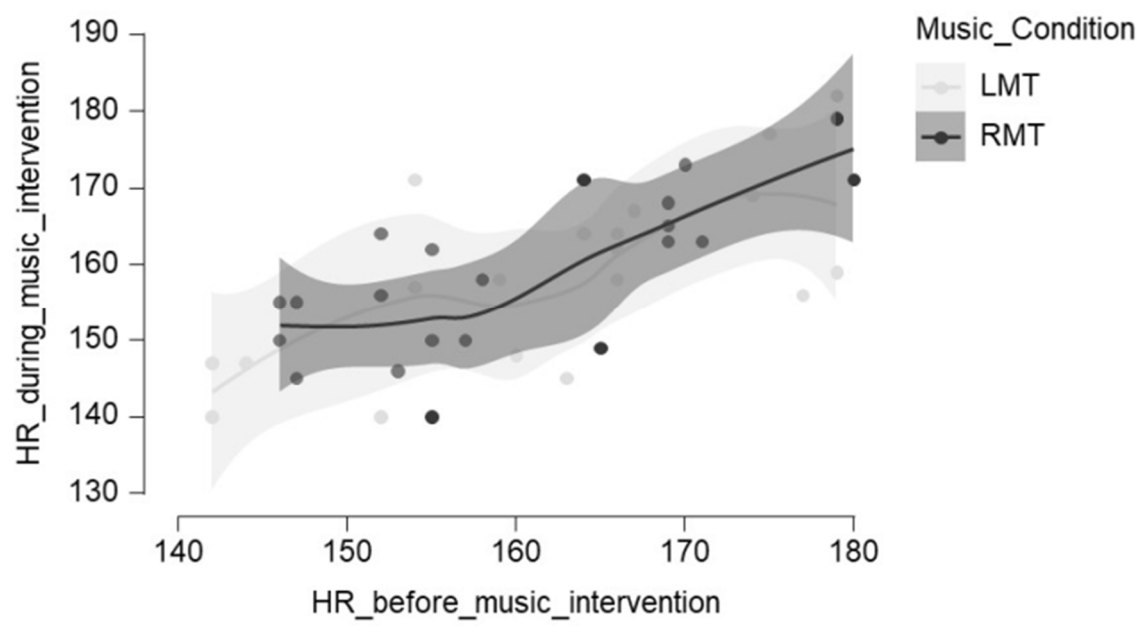


Figure S4. Related-sample Wilcoxon signed rank test.

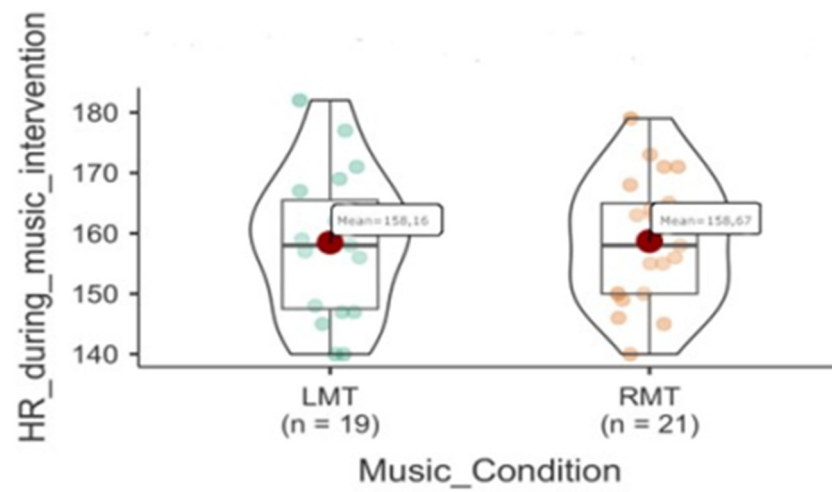
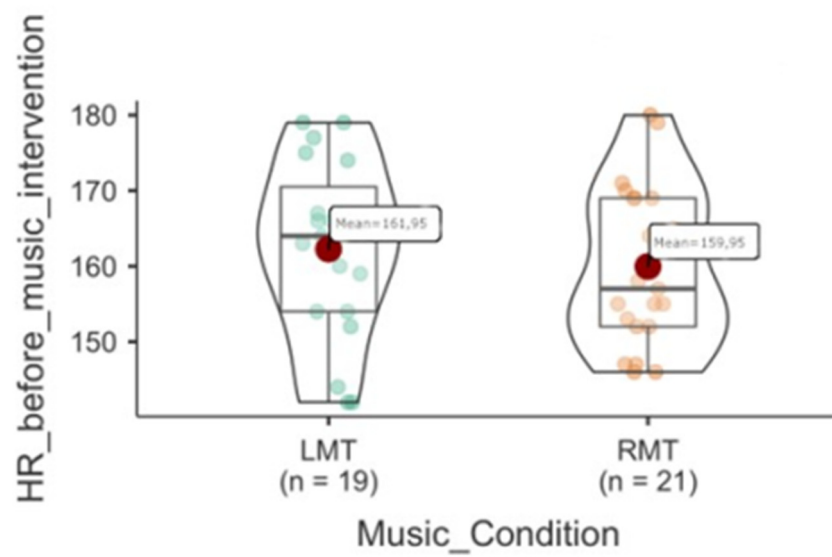


Figure S5. Distribution of hearth frequencies values.

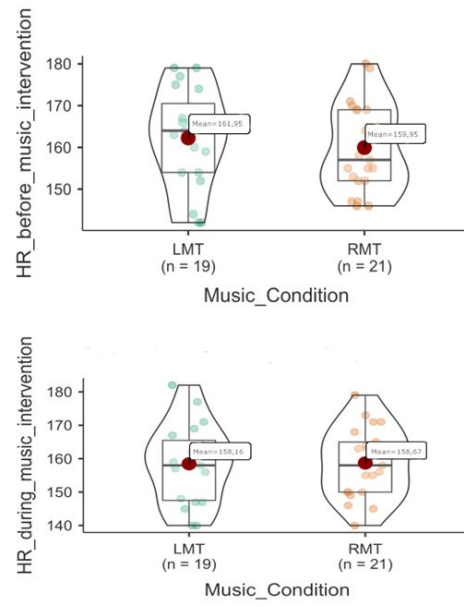


Figure S6. Box-plot of hearth rate frequency.