

Table S1: Categorization of NNS 1995, ANCNPAS 2007 and NNPAS 2011-12 foods

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|--|---|---|--|
| D1 | <u>DIET</u> soft drink eg. Diet coke | Soft drinks, artificially sweetened | Soft drink, intense sweetened | Soft drink, intense sweetened or diet Soft drink, energy drink, intense sweetened |
| D2 | Soft drink (NOT DIET) including flavoured mineral water eg. lemonade, coke, fanta, flavoured mineral water | Total non-diet soft drink/flavoured mineral water | Water, mineral, with 5%. Water, mineral, fruit flavours Soft drink | Soft drink, regular Soft drink, energy drink Mineral water, (non-)citrus flavoured, regular |
| D3 | Water - including bottled water. unflavoured mineral water, tap water | Water, ... | Water, tap Water, sports type Water, rainwater Water, mineral, natural Water, carbonated or soda Water, bottled.. Water, bore | Mineral water, natural, unflavoured Water, bore Water, bottled, carbonated Water, bottled, still Water, filtered Water, rainwater or tank water Water, tap |
| D4 | Fruit juice-based drinks, eg. orange juice or Popper | Single fruit juices | Juice concentrate, Juice, Vegetable blend –Juice Plus | Fruit drink, commercial Juice, commercial Juice, fruit blend Juice, fruit & vegetable blend |
| D5 | Cordial or 'make up' eg. Cottee's crush, raspberry | Fruit-based or flavoured cordials and drinks | Cordial, Drink, fruit flavoured, Fruit drink Fruit puree drink, | Cordial base, regular Cordial base, intense sweetened or diet Cordial, recommended dilution |
| D6 | Tea or Coffee | Tea, coffee or coffee substitutes | Coffee mix, Coffee, Tea, | Tea, without milk Coffee, Coffee mix |
| D7 | Beer | Beers | Beer, lager Beer, reduced alcohol or light style | Beer, lager or ale style, Beer, flavoured, |

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|-----------|---|---|---|---|
| | | | | Beer, home-brewed, Beer, stout |
| D8 | Wine or wine coolers eg. West Coast cooler | Wine, | Wine | Wine cooler, Wine, Port Sherry, Mirin |
| D9 | Spirits eg. vodka, bourbon | Brandy, ... Whiskey, ... Gin, ... Rum, ... Vodka, ... Spirit, ... Liqueur, ... Mixed Drink, .. | Alcoholic Soda Liqueur Rum, dark & light coloured Whisky Vodka | Ouzo Tequila Vodka Whisky or scorch Spirit, Liqueur, Cointreau Mixed drink Gin Brandy Bitters Rum, dark & light coloured |
| DF1 + DF3 | Soy Milk | Milk - soy (unflavoured) | Soy beverage, unflavoured | Soy beverage |
| DF1 + DF3 | Whole Milk | Milk - fat increased/whole milk | Milk, cow, fluid, extra creamy Milk, cow, fluid, regular fat | Milk, cow, fluid, regular fat Milk, cow, fluid, lactose free Toddler milk, regular Milk, cow, fluid, unflavoured |
| DF1 + DF3 | Reduced Fat Milk | Milk - fat reduced | Milk, cow, fluid reduced fat -1-2%- Milk, cow, fluid, reduced fat | Milk, cow, fluid, reduced fat Milk, cow, fluid, lactose free |
| DF1 + DF3 | Skim Milk | Milk, fluid, skim, non-fat | Milk, cow, fluid, skim | Milk, cow, fluid, skim |
| DF2 | Flavoured milk eg. Moove, Oak, hot chocolate, milkshake, thickshake, smoothie | Flavoured milks | Beverage, banana or similar flavour Beverage, caramel, honeycomb or strawberry flavour Beverage, chocolate flavour Beverage, drinking chocolate | Milk, cow, fluid, flavoured Milkshake Smoothie, cow's milk, all flavours Thickshake |

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|----------|--|--|---|---|
| | | | Beverage, from unfortified base Beverage, malt flavour Milk, cow, fluid, flavoured Milkshake | Beverage |
| DF4 | Cream or sour cream | Total cream | Cream, sour Cream, whipped | Cream Cream, dairy Cream, whipped Cream, sour |
| DF5 | Ice cream - vanilla, chocolate, strawberry, sundaes, cones | ice cream -vanilla rich/regular fat ice cream -other flavour regular fat/rich ice cream -reduced fat ice cream –other | Ice cream sundae Ice cream, reduced fat Ice cream, regular fat Ice cream, soft serve | Ice cream, premium or rich Ice cream, regular fat Ice cream, low fat Ice cream, fast food style Sundae, vanilla ice cream |
| DF6 | Frozen yoghurt | Frozen yoghurts, all types | Yoghurt, frozen | Yoghurt, frozen, regular fat |
| DF7 | Yoghurt (not frozen) plain or flavoured eg. Ski, Yoplait, Vaalia | Total yoghurt | Yoghurt, (except frozen) | Yoghurt, Greek style Yoghurt, natural Yogurt, flavoured |
| DF8 | Cottage cheese or ricotta | Total cottage and ricotta cheese | Cheese, cottage Cheese, ricotta.. | Cheese, cottage Cheese, ricotta |
| DF9 | Cheese including cheese on sandwiches, biscuits or on toast | Total other cheese | Cheese, blended Cheese, cheddar Cheese, Colby Cheese, Feta | Cheese, blended Cheese, cheddar Cheese, Colby style Cheese, feta Cheese, mozzarella |
| DF10 | Cheese spread, cream cheese | Total cream cheese or cheese spread | Cheese spread, Cheese, cream Cheese, spread | Cheese spread Cheese, cream |
| B1 | Muesli | Total muesli | Muesli, commercial, Muesli, homemade | Muesli, commercial Muesli, homemade |
| B2 | Cooked porridge | Breakfast cereal, hot porridge type | Oats, Porridge, | Oats, rolled Porridge, rolled oats |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|---|--|--|---|
| | | | | Oat bran |
| B3 | Breakfast cereal eg. Weet-bix, Nutri-grain, Cornflakes Sultana Bran | Breakfast cereal, low added sugar, puffed, flakes, extruded etc. single cereal — corn, rice Breakfast cereal, wheat-based biscuits and shredded wheat Breakfast cereal, wheat, low added sugar, puffed, flakes Breakfast cereal, wheat, with added fruit or nuts Breakfast cereal, grain mixtures Breakfast cereal, grain and fruit/nut mixtures Breakfast cereal, other sweetened | Breakfast Cereal, | Breakfast cereal |
| B5 | Bread, pita bread, roll or toast all types – White | Bread, white Bread roll, white | Bread, from white flour Bread roll, from white flour Bread or bread roll, from white flour | Bread, from white flour Bread roll, from white flour Bread or bread roll, topped Bread, from wheat flour, added dried fruit |
| B5 | Bread, pita bread, roll or toast all types – Mixed Grain | Bread, mixed grain Bread roll, mixed grain Bread, light rye/black/pumpernickel | Bread, mixed grain Bread roll, mixed grain Bread or bread roll, mixed grain | Bread, mixed grain Bread roll, mixed grain |
| B5 | Bread, pita bread, roll or toast all types - Wholemeal | Bread, wholemeal Bread roll, wholemeal | Bread, from wholemeal flour Bread roll, from wholemeal flour Bread or bread roll, from wholemeal flour | Bread, from rye flour Bread, pumpernickel Bread, from spelt flour Bread, from wholemeal flour Bread roll, from wholemeal flour Bread, from white & wholemeal flour |
| B6 | English muffin, bagel or crumpet | English muffins/crumpets and bagels | Bagel Crumpet, Muffin, English-style, Muffin, savoury, | Bagel Crumpet Muffin, English style |
| B7 | Rice | Rice and rice products | Rice, brown Rice, flavoured | Rice, white Rice, brown |

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|----------|--|--|---|--|
| | | | Rice, purchased as Rice, white | Rice, flavoured Rice, purchased as Rice, red Rice, wild Rice, cooked Paella Risotto |
| B8 | Other grains eg. cous cous, burghul | | Couscous, Cornmeal –polenta Millet, puffed | Bulgur Cornmeal Couscous Quinoa Semolina |
| B9 | Noodles eg. egg noodles (yellow), rice noodles (white) | Noodles, Asian style | Noodle, | Noodle, |
| B10 | Pasta eg. spaghetti, lasagne, pasta bake | Pasta and egg noodles/filled pasta, ravioli | Gnocchi, potato, boiled Macaroni cheese, Pasta or noodles, buckwheat flour Pasta, ... filled Pasta, white Pasta, wholemeal | Noodles & pasta Pasta, gluten free Pasta, maize flour Pasta, white wheat flour Pasta, wholemeal wheat flour Pasta, unfilled Pasta, filled Gnocchi Lasagne (not bolognese) Macaroni & cheese Pasta dish (not bolognese) Tuna mornay Spaghetti Salad, pasta |
| S1 | Cakes, sweet muffins, scones, pikelets, pancakes, | Cake,.... Bun,.... Muffin,..... | Brownie, chocolate Cake, Cookies, | Cake or cupcake Cake, Doughnut |

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|----------|---|---|--|--|
| | hot cakes eg. apple muffin, chocolate cake, lamington | Scone,..... Batter-based product,.... | Doughnut Hotcake, Muffin, cake or American style Pancake, plain Pikelet or drop scone, Scone, | Muffin, cake-style Crepe or pancake Pikelet Rock cake Scone Slice, brownie Waffle |
| S2 | Sweet pies or sweet pastries eg. apple pie, Danish | Sweet pastry, Tart, Slice, | Baklava Bun or scroll, Croissant, Danish style pastry, Dumpling, sweet Éclair, chocolate Pie, apple Pie, apricot Pie, lemon Pie, pumpkin Pie, pecan Pie, fruit - Tart, Slice, | Croissant Danish Éclair or profiterole Baklava Dumpling, sweet Pie, sweet Strudel Tart Turnover, apple Slice (not brownie) Bun, sweet Pastry, shortcrust style |
| S3 | Other puddings or desserts (not ice cream) eg. chocolate mousse, sticky date pudding | Custards, and sweet sauces, milk- based Dairy desserts, smooth or gelatin- based dairy desserts Sugar-based desserts, ... | Crumble, Custard, dairy, Custard, egg, Dairy or yoghurt dessert, Dessert, Bavarian cream, Fudge, Mousse, Pudding, Rum balls Trifle, homemade Souffle, berry | Crumble Custard, dairy Custard, egg Custard or yoghurt dessert Custard pudding Dairy dessert Mousse, chocolate Panna cotta Pudding Tiramisu Meringue Souffle, chocolate |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|--|---|--|---|
| | | | | Souffle, fruit Trifle Pavlova, plain |
| S4 | Plain sweet biscuits eg. Arrowroot, Morning Coffee, Tiny Teddies | Biscuit, sweet, plain ... Biscuit, sweet, fruit filled | Biscuits, shortbread style Biscuits, sugar-glazed pastry Biscuits, sweet, Anzac Biscuits, sweet, chocolate chip Biscuits, sweet, dried fruit filling Biscuits sweet, ginger flavoured Biscuits, sweet, iced Biscuits, sweet, jam filled Biscuits, sweet, macaroon Biscuit, sweet, oatmeal Biscuit, sweet, plain Biscuit, sweet, sponge finger Biscuit, sweet, wheatmeal Biscuit, sweet, with dried fruit Biscuit, sweet, with nuts | Biscuit, sweet (not cream or chocolate) |
| S5 | Cream or chocolate biscuits eg. Tim Tams, shortbread cream | Sweet biscuits, cream-filled Sweet biscuits, chocolate-coated, chocolate chip | Biscuits, sweet, chocolate coated Biscuits, sweet, chocolate flavour. Biscuits, sweet, chocolate topped Biscuit, sweet, cream filled | Biscuit, sweet, chocolate flavoured Biscuit, sweet, sandwich Biscuit, sweet, wheatmeal, chocolate- coated Biscuit, sweet, chocolate Biscuit, sweet, cream assorted Biscuit, sweet, plain, chocolate-coated |
| S6 | Dry or savoury biscuits, crispbread, crackers eg. Vita Weats, Saos, Jatz, Shapes, rice crackers, Cruskits | Total savoury biscuits | Biscuit, savoury cake Biscuit, savoury cracker Biscuit, savoury crispbread Biscuit, savoury Biscuit, sweet, vanilla | Biscuit, savoury, corn cake Biscuit, savoury, rice cake Biscuit, savoury, rice cracker Biscuit, savoury, corn, crispbread Biscuit, savoury, from rye flour Biscuit, savoury, from white wheat flour Biscuit, savoury, from wholemeal wheat flour |

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|----------|--|--|---|---|
| | | | | Biscuit, savoury, rice flour |
| S7 | Savoury combination snacks - biscuits and cheese eg. Le Snak, Snack abouts | - | Savoury snack, biscuit and cheese, ... | Cracker, with cheddar cheese Cracker, with cheese Snack pack, savoury |
| S8 | Sweet combination snacks eg. Dunkaroos | - | - | - |
| S9 | Snack noodles eg. 2-minute noodles, Monster noodles | Snack, noodle-based | Noodle, wheat, instant | Noodle, wheat, instant, flavoured Noodle, wheat, instant, unflavoured Noodle, wheat, instant, low fat |
| S10 | Fruit bars eg. Roll Ups | Fruit bar and fruit-based confectionery | Fruit leather | Fruit bar |
| S11 | Snack bars eg. K-time twist bar | - | Bar, fruit filled Bar, snack | Bar, snack-style Bar, fruit, nut & seed Muffin bar, fruit flavoured |
| S12 | Muesli bars eg. Yoghurt Tops | Total muesli bars | Bar, breakfast and snack style, cereal Bar, muesli | Bar, muesli or snack |
| M1 | Mince dish eg. spaghetti bolognese, rissoles, shepherd's pie, lasagne | | Beef, mince Cannelloni,, beef Lamb, mince Lasagne, Pasta bake, beef Pasta Bolognese | Gnocchi (bolognese) Pasta dish (bolognese) Lasagne, beef Beef, mince Meatball or rissole Sauce, pasta, bolognese Lamb, mince Pork, mince Chicken, mince |
| M2 | Beef or lamb pieces and sauce WITHOUT vegetables eg. beef stroganoff | Mixed dishes where beef or veal is the major component Mixed dishes where lamb or pork, bacon, ham is the major component | Beef, curry Beef, stir-fry Beef, casserole or stew Lamb, curry Lamb, stewed or casseroled | Curry or casserole Curry, Stir-fry Casserole |

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|----------|---|---|---|--|
| M3 | Beef or lamb pieces and <i>sauce</i> WITH vegetables eg. stir fry | | Pork, stir-fry Pork, sweet and sour | |
| M5 | Plain meat (beef or lamb) (eg. roast, chops, steak) WITH vegetables or salad | | | |
| M11 | Pork pieces and <i>sauce</i> WITHOUT vegetables eg. sweet and sour pork | | | |
| M12 | Pork pieces and <i>sauce</i> WITH vegetables eg. stir fry | | | |
| M14 | Plain pork (eg. roast or chops) WITH vegetables | | | |
| M4 | Plain meat (beef or lamb) (eg. roast, chops, steak) WITHOUT vegetables or salad | Beef Lamb Veal | Beef, (except mince) Lamb, Veal, | Beef (no mince) Lamb (no mince) Veal |
| M6 | Chicken pieces and <i>sauce</i> WITHOUT vegetables eg. satay chicken | Mixed dishes where poultry or game is the major component | Chicken, salad Chicken, stew or casserole Chicken, stir fry Chicken, curry | Stir-fry, Casserole Curry |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|---|--|--|---|
| M7 | Chicken pieces and <i>sauce</i> WITH vegetables eg. stir fry | | | |
| M10 | Plain chicken (eg. roast or BBQ) WITH vegetables | | | |
| M8 | Chicken crumbed eg. chicken nuggets, KFC pieces, schnitzel | Chicken, crumbed | Chicken, nugget Chicken, various pieces Chicken,....., crumbed | Chicken, nugget Chicken, schnitzel Chicken,...coated Chicken,...breadcrumb coating Chicken, kiev |
| M9 | Plain chicken (eg. roast or BBQ) WITHOUT vegetables | Chicken Other poultry | Chicken, breast Chicken, baked Chicken, cooked Chicken, drumstick Chicken, grilled. Chicken, kebab Chicken, thigh Chicken, whole Chicken, wing | Chicken, barbecued Chicken, breast Chicken, drumstick Chicken, fillet or kebab Chicken, Maryland Chicken, thigh Chicken, wing Chicken, whole Chicken, flesh |
| M13 | Plain pork (eg. roast or chops) WITHOUT vegetables | Pork | Pork | Pork, |
| M15 | Liver – beef, calf, chicken (including paté) | Organ meats and offal, products and dishes | Chicken, liver Pate | Beef, liver Chicken, liver Veal, liver Pate de foie Pate |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|-----------|---|--|--|--|
| M16 + M17 | Fish crumbed or battered and fish not crumbed or battered | Barramundi, ... Blackfish, ... Blue Grenadier, ... Bream, ... Cod, ... Trout, ... Dory, ... Flathead, ... Flounder, ... Kingfish, ... Leather jacket, ... Mullet, .. Mackerel, ... Perch, ... Salmon, ... Shark, Snapper, ... Tailor, ... Trevally, ... Tuna, ... Whiting, ... Fish, ... | Bassa –basa-, Blue grenadier – hoki -, Bream Fish finger, ... Fish, Flathead, Mullet, yelloweye, Whiting, Trout Trevally, dory, ling, cod, flounder or sole Snapper, Shark-flake- skinless fillet, Sliver perch, Barramundi Cod, Mulloway, Salmon, Tuna, yellowfin steaks | Barramundi Bassa Blue grenadier Brean Blue-eye trevalla Cod or hake Flathead Flounder John dory Ling Gemfish Grouper Milkfish Morwong Mullet Mulloway Mackerel Nile perch Orange roughly Salmon Shark Silver perch Snapper Swordfish Tilapia Trevally or kingfish Trout Tuna Whiting Fish, Fish finger |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|-----------|---|---|--|--|
| M18 | Canned tuna, salmon, sardines including patties | Anchovy, canned Herring, canned Mackerel, canned ... Salmon, ..., canned ... Sardine, canned ... Tuna, canned | Anchovy, canned Salmon, canned Tuna, canned, Tuna, flavoured, canned Sardine, canned Fish cake | Fish patty or cake Salmon patty or cake Salmon,...canned Sardine,...canned Tuna, canned Anchovy, canned |
| M19 | Other seafood eg. prawns, lobster | Crab, ... Lobster, .. Bug, ... Prawn, ... Yabbie, ... Abalone, ... Calamari, ... Clam, ... Mussel, ... Oyster, ... Scallop, ... | Crab, various types, Crabmeat, Lobster, Mussel, green, Oyster, baked or grilled Oyster, raw Prawn, Squid or calamari, Scallop, | Crab Lobster Mussel Octopus Oyster Prawn Scallop Squid or calamari |
| M20 + M21 | Creamy and clear soup (with rice or noodles) | Soup, ... | Soup, ... | Soup, |
| M22 | Tacos, burritos, enchiladas | Taco and tortilla-based dishes | Burrito, Enchilada, Taco, | Taco shell Mexican taco Mexican wrap Bread, tortilla Chicken wrap Wrap, |
| M23 | Sausages, frankfurts, Pluto Pup | Sausage Frankfurts, and saveloys | Frankfurt or cheerios, Sausage, | Sausage, Frankfurt Saveloy |
| M24 | Hamburger - all types | Chickenburger Fishburger Hamburger | Chickenburger Fishburger, Hamburger, | Chicken burger Chicken roll Hamburger |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|---|---|--|---|
| | | | | Fish burger |
| M25 | Pizza | Pizza | Pizza, | Pizza, |
| M26 | Pie, sausage roll, chiko roll | Chiko roll Meat pie Sausage roll | Chiko roll, deep fired Pie, meat. Pie, steak Sausage roll, | Pie, savoury Sausage roll Chiko roll |
| M27 | Hot dog | Hot dog | - | Hot dog, |
| M28 | Savoury pastries eg, spinach and cheese triangles | Other savoury pastries | Cannelloni, spinach and ricotta Curry puff, beef, Dim sim, meat and vegetable filling Dumpling, meat filled Dumpling, prawn filled Pastie, vegetable Pastry, cheese filling. Pastry, spinach and cheese filling . Pastry, spring roll Pastry, vegetable filling | Cannelloni, spinach and ricotta Curry puff Dim sim Dumpling or wonton Pastry, puff Pastry, shortcrust style Pastry, spring roll Pastry, filled with salmon Pastry, filled with spinach Pastry, filled with spinach & cheese Pastry, filled with vegetables Pastry, filled with vegetables & meat Samosa |
| M29 | Hash browns, potato scallops | Hash Brown, Potato, gems Potato, scallops | Potato, gems Potato, hash brown Potato, mashed & crumbed Potato, scallop | Potato, hash brown Potato scallop Potato, gem |
| O1 | Chips (not potato) eg. Twisties, corn chips, burger rings | Corn snacks and extruded snacks | Corn chips Crisp or chip, soy Crisp or chip, vegetable, Crisp, savoury | Beetroot crisps or chips Chip or crisp, soy Corn chips Extruded snack Grain waves wheat snack Noodle snack Pappadam Popcorn |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|--|---|---|---|
| | | | | Pretzels Rice crisps or chips Vegetable crisps or chips |
| O2 | Potato chips or crisps eg. plain, salt and vinegar | Potato crisps | Crisp or chip, potato Potato straws | Potato crisps or chips |
| O3 | Ice block – creamy eg. Paddle Pop, Magnum, Cornetto | Ice cream, individual bar, stick and cone varieties | Ice cream bar Ice cream, stick | Ice cream, bar Ice cream, sandwich Ice cream, stick Ice cream cone Ice cream, Ice confection, stick, milk-based |
| O4 | Ice block – water eg. Frosty Fruit, lemonade | Water ice confection, gelato | Gelato, various flavours, commercial Ice confection, stick | Ice confection, stick, water-base Ice confection, stick or tub, fruit juice or fruit flavoured Gelato or sorbet |
| O5 | Chocolate eg. plain chocolate, Mars Bar, Snickers, Milky Way | Chocolate and chocolate-based confectionery | Chocolate or chocolate bar Chocolate Rocky Road Turkish delight | Bar, Chocolate Confectionery |
| O6 | Lollies without chocolate eg. lollipops, snakes, Skittles, Starburst | Other confectionery | Caramels Honeycomb, plain Liquorice Marshmallow Sugar confectionary | Honeycomb Liquorice Lolly Lollipop or chupa chup Marshmallow Confectionery (no chocolate) Turkish delight Fruit, leather |
| O7 | Low fat salad dressing or mayonnaise | Mayonnaise and salad dressing - low fat | Dressing, reduced fat Mayonnaise, low fat | Dressing,...reduced/low fat Dressing, vinegar based Mayonnaise,...reduced/low fat |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|--|---|---|--|
| O8 | Salad dressing or mayonnaise - not low fat | Mayonnaise and salad dressing - full fat | Dressing, regular Mayonnaise, full fat | Dressing,...regular fat Mayonnaise,...regular fat |
| O9 | Nuts eg. peanuts, almonds | Nuts (excluding coconut) | Nut Nuts, mixed | Nut Mixed nuts |
| O10 | Jam, honey, golden syrup, marmalade | Honey, jam, lemon butter | Honey Jam Marmalade Syrup, maple. Syrup, golden | Jam Marmalade Honey Syrup, agave Syrup, golden Syrup, maple |
| O11 | Peanut butter, Nutella | Peanut butter, chocolate and hazelnut spread | Peanut butter, smooth & crunchy Spread, hazelnut & chocolate flavoured | Peanut butter Spread, hazelnut & chocolate flavoured |
| O12 | Vegemite, Mighty Mite, Promite, Marmite | - | Spread, yeast | Spread, yeast Spread, vegetable & yeast extract |
| O13 | Tomato sauce, barbecue sauce | Tomato and barbeque sauce | Sauce, tomato Sauce, barbecue | Sauce, tomato Sauce, barbecue |
| O14 | Devon, salami | Salami, chicken roll, stassburg, luncheon meats | Kabana or cabanossi Salami | Chicken, processed luncheon meat Devon, processed luncheon meat Salami |
| O15 | Bacon, ham | Bacon Ham | Bacon Ham | Bacon Ham Prosciutto |
| O16 | Eggs eg. boiled, scrambled | Total eggs, cooked | Egg | Egg, chicken Omelette, chicken egg |
| O17 | Jelly | Jelly, made up | Jelly, made up | Jelly, sugar sweetened Jelly, intense sweetened Jelly crystals, |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|------------|---|--------------------------------|---|---|
| F1 + F2 | Hot chips bought from a shop (eg. McDonald's fries) or cooked at home | Potato - hot chips | Potato, chips Potato, fries Potato, wedged | Potato, chips Potato, fries Potato, wedges |
| F3 | Potato boiled, mashed, baked | Potato - boiled, mashed, baked | Potato, baked Potato, boiled Potato, mashed, Potato, peeled, Potato, unpeeled | Potato, Sebago Potato, mashed Potato, peeled Potato, unpeeled Potato, coliban Potato, desiree Potato, new Potato, Pontiac Potato, pale skin Potato, red skin |
| F4 | Pumpkin | Pumpkin | Pumpkin, peeled | Pumpkin, peeled Pumpkin, unpeeled Pumpkin, butternut Pumpkin, golden nugget Pumpkin, Jarrahdale Pumpkin, Queensland blue |
| F5 | Sweet potato | Sweet potato | Sweet potato, | Sweet potato, orange flesh Sweet potato, white flesh |
| F6 | Cauliflower | Cauliflower | Cauliflower, | Cauliflower, fresh or frozen |
| F7 | Green beans | Beans - green and snake | Bean, green Bean, broad Beans, not further specified | Bean, broad Bean, green |
| F8 | Spinach | Spinach and silverbeet | Mixed greens Spinach Silverbeet | Silverbeet Spinach Mixed leafy greens |
| F9 | Cabbage or brussel sprouts | Cabbage and brussel sprouts | Brussels sprout Cabbage | Brussels sprout Cabbage, red Cabbage, white |

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|----------|----------------------------------|--|--|--|
| | | | | Cabbage, boiled Cabbage, chinese Cabbage, mustard Cabbage, savoy Cabbage, baked |
| F10 | Peas | Peas (including snow peas) | Pea, green Pea, split Snow pea | Pea, green Snow pea Pea, split |
| F11 | Broccoli | Broccoli | Broccoli | Broccoli, fresh or frozen |
| F12 | Carrots | Carrots | Carrot | Carrot, baby Carrot, matur Carrot, peeled or unpeeled |
| F13 | Zucchini, eggplant, squash | Squash Zucchini Eggplant | Eggplant Okra Zucchini Squash | Eggplant, peeled or unpeeled Squash Zucchini, golden Zucchini, green skin |
| F14 | Capsicum | Capsicum | Capsicum | Capsicum, green Capsicum, red Capsicum, fresh or frozen |
| F15 | Corn, sweetcorn, corn on the cob | Corn | Sweetcorn | Sweetcorn, baby Sweetcorn, fresh or frozen Sweetcorn, kernels Sweetcorn, creamed |
| F16 | Mushrooms | Mushrooms | Mushroom | Mushroom, common Mushroom, oriental Mushroom, fresh or frozen Mushroom, canned in brine |
| F17 | Tomatoes | Tomatoes (includes canned and sun dried) | Tomato, common | Tomato, common Tomato, raw Tomato, fresh Tomato, cherry or grape Tomato, hydroponic |

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|----------|--|---|--|--|
| | | | | Tomato, roma Tomato, sundried or semi-sundried Tomato, whole |
| F18 | Lettuce | Lettuce | Lettuce, raw | Lettuce, raw Lettuce, cos Lettuce, iceberg Lettuce, mignonette Lettuce, baked Lettuce, boiled |
| F19 | Celery, cucumber | Celery Cucumber | Celery Cucumber | Celeriac Celery Cucumber, common Cucumber, peeled or unpeeled Cucumber, apple crystal Cucumber, Lebanese Cucumber, telegraph |
| F20 | Avocado | Avocados | Avocado, raw | Avocado, raw Avocado, cooked |
| F21 | Onion, spring onion, leek | Onions, leeks, spring onions and shallots | Onion, mature Onion, spring Shallot Leek | Leek Onion, mature Onion, spring Shallot |
| F22 | Soybeans, tofu | Soy beans Tofu | Bean, soya Tofu –soy bean curd | Tofu (soy bean curd) Bean, soya |
| F23 | Baked beans | Baked beans | Baked beans | Baked beans |
| F24 | Other beans, lentils eg. chickpeas, split peas | Other mature legumes and pulses Other legume and pulse products Other Beans - broad, butter, kidney | Bean, black Bean, butter Bean, lima Bean, mixed Bean, red kidney Beans, refried Chickpea Lentil | Bean, black Bean, cannellini Bean, lima Bean, mixed Bean, red kidney Bean, refried Chickpea Lentil, dried |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|--|--|--|---|
| | | | | Lentil, green or brown Lentil, red |
| F25 | Canned fruit eg. peaches, Two fruits | Fruit - canned, mixed Fruit - canned single Total canned fruit | Apple, canned in syrup Apricot, canned Peach, canned Pear, canned Fruit, canned | Apple, canned or puree Apricot, canned... Fruit, puree or stewed Mixed fruit Peach, canned... Pear, canned... Pineapple, canned... Strawberry, canned... Mixed berry, puree |
| F26 | Fruit salad | Fruit salad (not canned) | Fruit salad | Fruit salad, |
| F27 | Dried fruit eg. sultanas, dried apricots | Dried fruit, preserved fruit | Apple, dried Apricot, dried Banana chip Blueberry, dried Berries, mixed -strawberry, raspberry, blueberry, blackberry-, dried Cranberry, dried Currant, dried Date, dried Fig, dried Mango, dried Mixed fruit, dried Pineapple, dried Prune –dried plum Sultana, dried | Apple, dried Apricot, dried Banana chip Cranberry, dried Currant, dried Date, dried Fig, dried Mixed dried fruit Prune (dried plum) Sultana |
| F28 | Apple or pear | Total apple and pear | Apple, green skin Apple, peeled, raw Apple, red skin Pear, raw | Apple, green skin Apple, red skin Apple, peeled Apple, unpeeled Apple, raw Apple, fuji |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|-----------------------------------|---------------------------------------|--|--|
| | | | | Apple, golden delicious Apple, granny-smith Apple, Jonathon Apple, pink lady Apple, red delicious Apple, royal gala Apple, bonza Pear, nashi, Pear, peeled Pear, unpeeled Pear, raw Pear, brown Pear, packhams triumph Pear, william bartlett |
| F29 | Orange, mandarin, grapefruit | Total oranges, mandarin, grapefruit | Mandarin Grapefruit Orange | Orange, navel (all varieties) Orange, Valencia Orange, peeled Mandarin Grapefruit |
| F30 | Banana | Bananas | Banana, cavendish, peeled, raw | Banana, Cavendish Banana, lady finger or sugar |
| SF1 | Peach, nectarine, plum or apricot | Apricot Nectarine Peach Plum | Apricot, fresh, raw Nectarine, unpeeled, raw Peach, fresh, raw Plum | Peach, yellow Peach, white Peach, peeled Peach, unpeeled Nectarine, yellow Nectarine, white Plum Apricot |
| SF2 | Mango or paw-paw | Total mango and pawpaw | Mango, peeled Pawpaw | Mango Pawpaw (papaya) |
| SF3 | Pineapple | Pineapples | Pineapple, fresh | Pineapple (cayenne) |

| Question | FFQ Item | NNS (1995) Foods | ANCNPAS (2007) Foods | NNPAS (2011-12) Foods |
|----------|---|---|--|---|
| SF4 | Grapes, strawberries, blueberries | Total grapes, strawberries, blueberries | Berries, mixed -strawberry, raspberry, blueberry, blackberry-, fresh, raw Blueberry, fresh Boysenberry, fresh Grape, raw Mulberry, fresh, raw Raspberry Strawberry | Grape, black muscatel Grape, black sultana Grape, cornichon Grape, red globe Grape, Thompson seedless or sultana Grape, Waltham cross Grape, raw Mixed berry Mulberry Raspberry Strawberry Blackberry Blueberry |
| SF5 | Melon eg. watermelon, rockmelon, honeydew melon | Total melon | Melon | Melon, honey dew Melon, rockmelon (cantaloupe) Melon, watermelon Melon, peeled |