

Supplementary Table S1. Changes in each parameter from 0 to 180 minutes

	Baseline study	Acute effect study	<i>P</i>
Glucose (mg/dL)	-14.6 ± 13.3	-26.4 ± 14.6	.002
Insulin (μU/mL)	-0.4 ± 1.8	-1.8 ± 1.6	.019
C-peptide (ng/mL)	-0.1 ± 0.2	-0.3 ± 0.2	.001
Glucagon (pg/mL)	5.1 ± 4.5	11.1 ± 6.6	.015
NEFA (μEq/L)	86.0 ± 74.9	198.5 ± 149.5	.017
EGP (mg/kg·min ⁻¹)	-0.22 ± 0.12	0.08 ± 0.20	<.001
Urinary glucose excretion (mg/3 hours)	51.8 ± 112.3	7845.7 ± 2720.2	<.001

Data are expressed as means ± SD or medians (interquartile range).

NEFA, non-esterified fatty acids; EGP, endogenous glucose production.