



DELIRIUM PROTOCOL Sedation Scale / Delirium Assessment Delirium (CAM-ICU) Stupor or coma on sedative and analgesic Normal (S&A) drugs (RASS-4 or -5) 7 Remove deliriogenic drugs 1 Reassess brain function every shift Does the patient need deep sedation? Non-pharmaclogical protocol 2 YES NO RASS+2 to +4 RASS-1 to-3 Is the patient in pain? RASS 0 to +1 Reassess target sedation goal every shift Perform spontancous awakening trial (SAT) 5 Adequate pain control Consider typical or atypical antipsychotics 4 NO Perform spontancous awakening trial (SAT)⁵ Perform spontancous breathing trial (SBT) ⁶, if tolerates SAT Give an analgesic³ Give a sedative to Perform spontancous breathing trial (SBT) ⁶, if tolerates SAT control agitation Consider typical or atypical antipsychotics4

Figure 1. Delirium protocol – workflow.

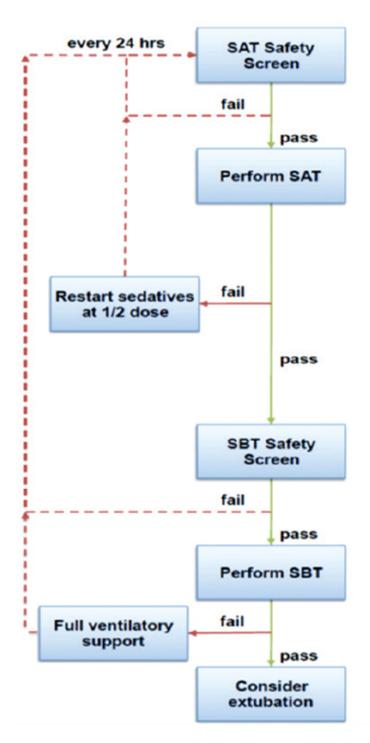


Figure 2. Diagram of the procedure in the 'Wake Up and Breathe' Protocol.