

MDPI

Article

# National Assessment of Opportunities for Improvement in Preventable Trauma Deaths: A Mixed-Methods Study

Junsik Kwon <sup>1</sup>, Myeonggyun Lee <sup>2</sup> and Kyoungwon Jung <sup>1,\*</sup>

- Division of Trauma Surgery, Department of Surgery, Ajou University School of Medicine, Suwon 16499, Republic of Korea; aquaestel@aumc.ac.kr
- Division of Biostatistics, Department of Population Health, New York University Grossman School of Medicine, New York, NY 10016, USA; ml5977@nyu.edu
- \* Correspondence: jake98@ajou.ac.kr; Tel.: +82-312-197-491

Abstract: Trauma is a significant public health issue worldwide, particularly affecting economically active age groups. Quality management of trauma care at the national level is crucial to improve outcomes of major trauma. In Korea, a biennial nationwide survey on preventable trauma death rate is conducted. Based on the survey results, we analyzed opportunities for improving the trauma treatment process. Expert panels reviewed records of 8282 and 8482 trauma-related deaths in 2017 and 2019, respectively, identifying 258 and 160 cases in each year as preventable deaths. Opportunities for improvement were categorized into prehospital, interhospital, and hospital stages. Hemorrhage was the primary cause of death, followed by sepsis/multiorgan failure and central nervous system injury. Delayed hemostatic procedures and transfusions were common areas for improvement in hospital stage. Interhospital transfers experienced significant delays in arrival time. This study emphasizes the need to enhance trauma care by refining treatment techniques, centralizing patients in specialized facilities, and implementing comprehensive reviews and performance improvements throughout the patient transfer system. The findings offer valuable insights for addressing trauma care improvement from both clinical and systemic perspectives.

Keywords: mortality; patient transfer; quality improvement; treatment outcome; wounds and injuries



Citation: Kwon, J.; Lee, M.; Jung, K. National Assessment of Opportunities for Improvement in Preventable Trauma Deaths: A Mixed-Methods Study. *Healthcare* 2023, 11, 2291. https://doi.org/10.3390/healthcare11162291

Academic Editors: Nathaniel McQuay and Glen Tinkoff

Received: 22 June 2023 Revised: 4 August 2023 Accepted: 10 August 2023 Published: 14 August 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

# 1. Introduction

Trauma is a major cause of death among individuals aged <40 years in Korea and worldwide. Unlike diseases such as cardiovascular disorders or malignant tumors, injury is considered an important public health issue in most countries due to its impact on mortality and disability in economically active age groups [1–4]. Leading nations in trauma care have implemented strict national-level trauma management quality to reduce the significant socio-economic losses caused by trauma [5]. Expert panel reviews of trauma deaths are the most representative quality management approaches in trauma care, aimed at evaluating the quality of trauma treatment and identify potentially modifiable treatment practices [6]. Although this method has inherent limitations from relying on subjective assessments by the panel, it remains crucial for the intuitive assessment of a nation's capacity in the field of trauma care. The preventable trauma death rate (PTDR) is defined as the proportion of trauma-related deaths that could have been prevented if the patient had been appropriately transferred to a suitable hospital within a suitable timeframe and received appropriate treatment, as determined through expert reviews of such trauma deaths [4]. In Korea, periodic surveys on PTDR have been conducted since the late 1990s. The PTDR in Korea was initially very high at 40.5% in 1997; however, it gradually decreased as the national trauma care system was established [7–12]. According to the most recent national survey conducted in 2019 and targeting trauma-related deaths, the PTDR was found to be 15.7%, with a decrease of 4.2% compared to that reported in the previous survey conducted in 2017 [13]. Although ongoing related studies may raise concerns

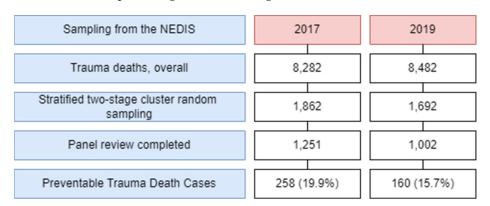
Healthcare 2023, 11, 2291 2 of 11

about the reliability of objective numerical values [14,15], panels agree that identifying the opportunities for improvements (OFIs) discovered during the treatment process is the most powerful method [15]. Identifying and categorizing OFIs in a step-by-step manner provides guidance on specific efforts to reduce PTDR [16]. This study aimed to identify and analyze OFIs at the prehospital, interhospital, and hospital stages through expert panel reviews of trauma deaths in 2017 and 2019, examining their nature and proportions. It is expected that such research will be useful in establishing priorities and strategies for the development and improvement of the Korean trauma system.

#### 2. Materials and Methods

## 2.1. Study Design—Population and Data Sampling

This study utilized data from patients who visited hospitals and subsequently died due to trauma in 2017 and 2019. Patients who experienced trauma were defined as those with one or more S or T codes according to the Korean Standard Classification of Diseases (KCD), seventh edition [17]. KCD is a systematic classification of diseases and deaths in Korea. It has been in use since 1952 to standardize criteria for compiling statistics on public health and medical phenomena. Based on the International Statistical Classification of Diseases and Related Health Problems (ICD), KCD provides a standardized framework for data analysis. Within the KCD system, the disease classification codes S and T specifically identify health problems resulting from trauma. The national emergency department information system (NEDIS) was used as a sampling framework for retrieving mortality statistics for patients who experienced trauma [18]. NEDIS is a national database that includes clinical and administrative data of all patients visiting emergency departments. In 2017 and 2019, there were 8282 and 8482 trauma-related deaths, respectively, as aggregated from emergency medical institutions nationwide. To obtain an unbiased sample that reflects the characteristics of the population, a stratified two-stage cluster sampling method with stratification and dual-stage clustering was employed. For the first stage of stratification, variables such as region, hospital type (regional trauma center, regional emergency medical center, and local emergency medical institution), and the number of deaths (>100, 50–99, 30–49, 10–29, and <10) were used. For the second stage of stratification, variables including time of death and patient age were used (Figure 1).



**Figure 1.** Flow chart for the comparative analysis of the preventable trauma death rates between 2017 and 2019 based on the multipanel review. NEDIS: National Emergency Department Information System.

#### 2.2. Research Participants—Data Collection Method and Types

Based on the stratified two-stage cluster random sampling, the research team requested medical records of the selected patients from the hospitals where they were treated; records of a sample of 1862 and 1692 patients were retrieved for the 2017 and 2019 cohorts, respectively. The requested medical records were submitted to the Ministry of Health and Welfare through the hospitals in accordance with the Emergency Medical Services Act and the Medical Act. Important imaging examination results were stored on compact disks

Healthcare 2023, 11, 2291 3 of 11

and submitted with their interpretations. The requested medical records included initial emergency room visit records, progress notes, nursing charts, official imaging interpretation sheets, blood test results, and discharge records. Additionally, ambulance records were collected for the analysis of prehospital stage OFIs.

#### 2.3. Research Instrument—Multidisciplinary Case Review and Preventable Trauma Death Rate

To review medical records, the research team developed a structured review form based on the data sheet proposed by the World Health Organization guidelines [4] (Supplement S1). A total of 32 preliminary surveyors, mainly trauma coordinators working at regional trauma centers, organized and summarized the medical records before the expert panel review. All surveyors had completed training on case reviews provided by the National Medical Center. To identify OFIs in reviewed cases and assess preventability, a panel of trauma care specialists consisting of 25 trauma physicians working mainly at regional trauma centers was selected. After independently reviewing each case, they participated in discussions in groups composed of two general surgeons, one thoracic surgeon, one neurosurgeon, and one emergency medicine physician. The panel members assessed the preventability of trauma deaths for 1251 cases in 2017 and 1208 cases in 2019, excluding cases that were determined not to be trauma-related deaths. The final calculated PTDR was 19.9% in 2017 and 15.7% in 2019. It should be noted that the PTDR was calculated using weighted estimates, rather than actual numbers, and may differ from calculations using actual numbers.

#### 2.4. Analysis—Qualitative Analysis of Preventable Trauma Death Cases

After determining the preventability for each patient with a trauma-related death, the panel identified OFIs in the patient's treatment process. The identified OFIs were categorized into prehospital, interhospital, and hospital stages. The preventable trauma death cases were classified according to the primary causes of death, and the results were compared with those of a previous study conducted on deceased individuals in 2017 [8]. The performance and timing of major procedures such as transfusion, hemostasis surgeries, craniectomy, and intubation, which were performed for patients who died from bleeding or severe brain injury, were examined.

#### 2.5. Ethics Statement

This study was approved by the Ajou University Institutional Review Board (AJIRB-MED-EXP-20-473). Due to the observational nature of the study, the board waived the requirement for informed consent.

#### 3. Results

## 3.1. OFIs in Preventable Cases by Phase of Care

A total of 258 and 160 preventable trauma death cases were identified in 2017 and 2019, respectively. The number of OFIs in these cases decreased from 306 in 2017 to 212 in 2019. In 90% of the cases from 2019, OFIs were identified in the hospital stage, while OFIs in the interhospital stage and prehospital stage were identified in 24.4% and 18.1% of cases, respectively. In cases from 2017, although a similar number of OFIs were identified in the prehospital stage compared to that in 2019, there were 19 more OFIs identified in the interhospital stage and 76 more OFIs identified in the hospital stage (Table 1).

**Table 1.** Opportunities for improvements in preventable cases by phase of care.

Phase of Care	2017 (n = 258)	2019 (n = 160)
Prehospital	28 (10.9%)	29 (18.1%)
Interhospital transfer	58 (22.5%)	39 (24.4%)
Hospital	220 (85.3%)	144 (90.0%)
Total	306	212

Note: Some patients were noted to have multiple errors in a single phase of care.

Healthcare **2023**, 11, 2291 4 of 11

#### 3.2. Time from the Scene to the Destination Hospital

Among the investigated death cases, the time from injury to arrival at the destination hospital was available for 1173 cases in 2017 and 913 cases in 2019. In 2019, when there was at least one interhospital transfer (196 cases), the median time was 3 h and 22 min, which was significantly delayed compared to a median time of 35 min for cases with direct arrival (716 cases). The 2017 results showed similar median times of 3 h and 2 min for all cases and 33 min for cases with direct arrival, with no statistical difference compared to results from 2019. When considering only cases classified as preventable trauma deaths, in 2019, the median time for cases with at least one interhospital transfer (47 cases) was 4 h and 55 min, indicating a delay compared to the median of 40 min for cases with direct arrival (97 cases). Specifically, among the cases with OFIs identified in the interhospital stage (11 cases), the median time was 5 h and 44 min. There was no statistical difference compared to the results from 2017 (Table 2).

Table 2. Time from injury to admission to the destination hospital.

	2017				2019			
Analysis Group	Number of Cases	Mean (SD)	Median (Quartile)	Number of Cases	Mean (SD)	Median (Quartile)	p	
Total cohort	1173	7 h 11 min (45 h 25 min)	45 min (26 min, 2 h 2 min)	913	9 h 55 min (63 h 17 min)	43 min (27 min, 2 h 3 min)	0.33	
Transferred from another hospital	308	15 h 11 min (47 h 21 min)	3 h 2 min (1 h 54 min, 7 h 32 min)	196	32 h 52 min (125 h 41 min)	3 h 22 min (2 h 10 min, 7 h 43 min)	0.30	
Directly referred to the destination hospital	865	4 h 6 min (20 h 21 min)	33 min (23 min, 55 min)	716	3 h 39 min (24 h 28 min)	35 min (25 min, 56 min)	0.65	
P+PP	242	7 h 14 min (21 h 50 min)	1 h 3 min (30 min, 2 h 59 min)	144	15 h 21 min (62 h 13 min)	56 min (30 min, 3 h 46 min)	0.48	
P+PP with transferred	102	14 h 56 min (38 h 57 min)	3 h 2 min (2 h 2 min, 5 h 58 min)	47	31 h 14 min (74 h 28 min)	4 h 55 min (3 h 1 min, 10 h 4 min)	0.40	
P+PP with directly visited	140	1 h 37 min (5 h 1 min)	31 min (24 min, 57 min)	97	7 h 39 min (53 h 39 min)	40 min (24 min, 57 min)	0.59	
P+PP with the problem in the interhospital phase	21	5 h 50 min (4 h 43 min)	2 h 49 min (2 h 2 min, 5 h 26 min)	11	38 h 9 min (95 h 43 min)	5 h 44 min (5 h 10 min, 7 h 16 min)	0.42	

SD, standard deviation.

# 3.3. Classification by Cause of Death

Among the 160 preventable trauma death cases, hemorrhage was the leading cause of death in 56 cases (35.0%), followed by sepsis or multiorgan failure and central nervous system injury. Additionally, in some cases the death was due to respiratory and cardiac issues, and in seven cases the cause of death was undetermined. In cases with preventable trauma deaths in 2017, although the causes of death showed a generally similar distribution, there was a difference in which central nervous system injury accounted for more deaths than sepsis/multiorgan failure (Table 3).

**Table 3.** Causes of mortality in cases with preventable trauma death.

Causes	2017 Number (%)	2019 Number (%)
Hemorrhage	117 (45.3)	56 (35.0)
Sepsis/multiorgan failure	43 (16.7)	43 (26.9)
Central nerve system injury	45 (17.4)	37 (23.1)
Respiratory issues	36 (14.0)	12 (7.5)
Cardiac issues	13 (5.0)	5 (3.1)
Undetermined	4 (1.6)	7 (4.4)
Total	258 (100.0)	160 (100.0)

Healthcare **2023**, 11, 2291 5 of 11

#### 3.4. OFIs by Treatment Stage for Patients Who Died from Hemorrhage

For cases where hemorrhage was the leading cause of death, the identified OFIs were categorized based on the stage of treatment. The number of OFIs in the hospital stage was 157, which was higher compared to that in the prehospital and interhospital stages. Specifically, "delay in hemostatic procedures" was the most commonly identified OFI (46 cases, 29.3%), followed by "delay in procedures other than hemostasis" (42 cases, 26.8%) and "delay in transfusion". These were also the most frequently identified OFIs in the hospital stage in 2017. In the interhospital transfer stage, OFIs such as "delay in transfer", "delay in transfusion", and "delay in hemostatic procedures" were frequently identified. The 2017 study showed a difference in the frequency of OFIs, with "delay in procedures other than hemostasis", "delay in transfusion", and "delay in transfer" being the most commonly identified OFIs. In the prehospital stage, "inadequate hospital selection" was the most frequently identified OFI, followed by "fluid resuscitation" and "delay in transfer". The results from the 2017 survey showed that "fluid resuscitation", "inadequate hospital selection", "delay or miss in hemostatic procedure", and "airway management" were the most commonly identified OFIs. Considering the small number of cases and uneven distribution, it was not possible to analyze the statistical differences in the frequency of OFIs by year (Table 4).

**Table 4.** Opportunities for improvement by treatment stage for patients who died from hemorrhage.

<b>n</b>	In a many a data Com. Pol. (c. 1)	2017	2019
Phase of Care	Inappropriate Care Related to	Number (%)	Number (%)
	Inadequate hospital selection	15 (27.8)	8 (50.0)
	Fluid resuscitation	22 (40.7)	4 (25.0)
	Delay in transfer (to first hospital)	1 (1.9)	4 (25.0)
Prehospital	Delay or miss in hemostatic procedures	8 (14.8)	0 (0.0)
	Airway management	8 (14.8)	0 (0.0)
	Total	54	16
	Delay in transfer (to final hospital)	15 (19.0)	5 (22.7)
	Delay in transfusion	16 (20.3)	4 (18.2)
	Delay in hemostatic procedures	9 (11.4)	4 (18.2)
	Unsafe transfer	5 (6.3)	3 (13.6)
Interhospital	Inadequate hospital selection	2 (2.5)	2 (9.1)
	Delay in procedures other than hemostasis	17 (21.5)	2 (9.1)
	Airway management	12 (15.2)	1 (4.5)
Inappropriate diagnostic workup		3 (3.8)	1 (4.5)
	Total	79	22
	Delay in hemostatic procedures	66 (21.5)	46 (29.3)
	Delay in procedures other than hemostasis	75 (24.4)	42 (26.8)
	Delay in Transfusion	88 (28.7)	41 (26.1)
	Inappropriate diagnostic workup	29 (9.5)	17 (10.8)
Hospital	Airway and ventilation management	25 (8.1)	6 (3.8)
	Documentation	22 (7.2)	5 (3.2)
	Others	2 (0.6)	0 (0.0)
	Total	307	157

# 3.5. Transfusion Status and Transfusion Time for Patients Who Died from Hemorrhage

Among the preventable trauma deaths caused by hemorrhage, 15 patients (26.8%) did not receive blood transfusion. Among the cases where transfusion was performed, only one patient (2.4%) received transfusion within 15 min of hospital arrival. The first transfusion was found to be significantly delayed, with an average time of 3 h and 34 min and a median time of 1 h and 31 min. There was no statistical difference in the time of the first transfusion compared to that reported in the 2017 survey (Table 5).

Healthcare 2023, 11, 2291 6 of 11

	$2017 \ (n=117)$	$2019 \; (n=56)$	2 ( )
Transfusion	Number (%)	Number (%)	$\chi^2(p)$
Transfusion status			
Yes	103 (88.0)	41 (73.2)	5.961 (0.015)
No	14 (12.0)	15 (26.8)	
Time from visit to transfusion			
Under 15 min	1 (1.0)	1 (2.4)	0.490 (0.779)
From 15 min to 1 h	37 (36.0)	15 (36.6)	0.480 (0.778)
Over 1 h	65 (63.0)	25 (61)	
Many time from visit to transfering (standard desistion)	3 h 37 min	3 h 34 min	
Mean time from visit to transfusion (standard deviation)	$(\pm 14 \text{ h} 59 \text{ min})$	$(\pm 6 \text{ h} 46 \text{ min})$	
Median time from visit to transfusion (quartile)	1 h 13 min	1 h 31 min	

(47 min, 1 h 49 min)

**Table 5.** Transfusion status and transfusion time for patients who died from hemorrhage.

## 3.6. Hemostatic Procedure Status and Initiation Time for Patients Who Died from Hemorrhage

(47 min, 2 h 23 min)

Among the preventable trauma deaths caused by hemorrhage, 28 patients (50%) did not undergo procedures for hemostasis. Only one patient (3.6%) received hemostatic procedures within 1 h of arrival, with an average time of 6 h and 15 min and a median time of 3 h and 11 min, indicating a significant delay (Table 6).

Table 6. Hemostatic	procedure status an	d initiation time fo	r patients who	died from hemorrhage.
---------------------	---------------------	----------------------	----------------	-----------------------

T COLD I	2017 (n = 117)	$2019 \; (n=56)$	2 ()
Hemostatic Procedures	Number (%)	Number (%)	$\chi^2$ (p)
Procedure status			
Yes	52 (44.4)	28 (50.0)	0.273 (0.601)
No	65 (55.6)	28 (50.0)	
Time from visit to initiation			
Under 1 h	5(9.6)	1 (3.6)	0.285 (0.660)
Over 1 h	47 (90.4)	27 (96.4)	
Management of the tagger of the Land and the Control	2 h 42 min	6 h 15 min	
Mean time from visit to initiation (standard deviation)	$(\pm 1 \text{ h } 24 \text{ min})$	(6 h 36 min)	
Median time from visit to initiation (quartile)	2 h 41 min (1 h 29 min, 3 h 22 min)	3 h 11 min (1 h 38 min, 6 h 38 min)	

## 3.7. Decompression Status and Initiation Time for Patients Who Died from Severe Brain Injury

Among the preventable cases of death from severe brain injury, decompression procedures were performed in 15 cases (40.5%). However, only three patients (20.0%) underwent the procedures within 4 h of arrival. The median time for decompression from hospital arrival was 7 h and 17 min, with an average time of 10 h and 46 min. There was no statistical difference in the rate of decompression and the time of the procedure compared to those reported in the 2017 survey (Table 7).

Table 7. Decompression status and initiation time for patients who died from severe brain injury.

Decembracion	$2017 \; (n=45)$	$2019 \; (n=37)$	2 ()
Decompression	Number (%)	Number (%)	$ \chi^2(p)$
Procedure status			
Yes	17 (37.8)	15 (40.5)	0.001 (0.978)
No	28 (62.2)	22 (59.5)	

Healthcare **2023**, 11, 2291 7 of 11

	$\sim$	_		m 1 1
1†	ເດາ	7.	e	Tabl

December	2017 (n = 45)	2019 (n = 37)	2 ( )
Decompression	Number (%)	Number (%)	$\chi^2(p)$
Time from visit to initiation			
Under 4 h	3 (17.6)	3 (20.0)	1 000 (0 57()
Over 4 h	12 (70.6)	12 (80.0)	1.882 (0.576)
Unknown	2 (11.8)	0 (0.0)	
Management of the target of the Land Land Land Company	48 h 47 min	10 h 46 min	
Mean time from visit to initiation (standard deviation)	$(\pm 93 \text{ h } 28 \text{ min})$	$(\pm 7 \text{ h } 10 \text{ min})$	
Median time from visit to initiation (quantile)	9 h 48 min	7 h 17 min	
Median time from visit to initiation (quartile)	(5 h 46 min, 21 h 28 min)	(5 h 31 min, 16 h 10 min)	

# 3.8. Issues in Securing a Definitive Airway for Patients Who Died from Brain Damage

Among the preventable cases of death from severe brain injury, 18 patients (48.6%) had a Glasgow Coma Scale of eight or less upon arrival. Among them, only three patients (16.7%) underwent definitive airway procedures (i.e., endotracheal intubation) within 10 min of arrival. The average time to intubation for these patients was 4 h, with a median time of 2 h and 55 min. These results were not statistically different compared to the results from 2017 (Table 8).

Table 8. Initial mental status and intubation time for patients who died from severe brain injury.

	2017 (n = 45)	2019 (n = 37)	2 ( )
	Number (%)	Number (%)	$\chi^2(p)$
Decreased mentality <sup>a</sup>			
Yes	21 (46.7)	18 (48.6)	
No	24 (53.3)	19 (51.4)	
Time from visit to intubation			
Under 10 min	5 (23.9)	3 (16.7)	
Over 10 min under 1 h	10 (47.6)	4 (22.2)	5.780 (0.124)
Over 1 h	4 (19.0)	10 (55.6)	
Unknown	2 (9.5)	1 (5.6)	
Management of the College (start land to College)	48 h 47 min	4 h	
Mean time from visit to intubation (standard deviation)	$(\pm 93 \text{ h } 28 \text{ min})$	$(\pm 4 \text{ h } 35 \text{ min})$	
Madientina (manadisita interlaction (mantila)	9 h 48 min	2 h 55 min	
Median time from visit to intubation (quartile)	(5 h 46 min, 21 h 28 min)	(45 min, 5 h 32 min)	

<sup>&</sup>lt;sup>a</sup> Glasgow Coma Scale ≤ 8, P or U in APVU system (alert, painful stimuli, verbal stimuli, unresponsive).

#### 4. Discussion

In particular, there have been significant concerns regarding procedures related to hemostasis and issues associated with transfusion. Regarding transfusion, in this study, it was observed that only one case each in 2017 and 2019 complied with the "within 15 min from arrival" guideline that is recommended in the domestic regional trauma center's standard operating procedures and evaluation criteria. Furthermore, the time to initiate the initial transfusion was found to be beyond 1 h as a significant area requiring improvement. The American College of Surgeons Committee on Trauma recommends that institutions which treat patients with severe trauma should develop their own massive transfusion protocol [19]. The introduction of a massive transfusion protocol ensures that an appropriate quantity of blood products reaches the patient within a sufficiently rapid timeframe, facilitating hemostasis by supplying the types of blood components in appropriate proportions [20–26]. Thus, it is crucial to focus on the development and implementation of emergency transfusion protocols targeting patients with severe trauma, and on overall quality management and improvement of the transfusion process. The term "hemostatic

Healthcare 2023, 11, 2291 8 of 11

procedure", highlighted by expert panels for its delay, refers to operations and interventions aimed at controlling hemorrhage. It is important to skip unnecessary tests for patients who are at risk of death due to bleeding, and immediately start hemostatic measures in the operating room or interventional radiology suite [27–33]; however, a significant number of patients who died from bleeding seem to have not received appropriate treatment according to these principles. This is evidenced by 29 cases in 2017 and 17 cases in 2019 being flagged as having undergone inappropriate diagnostic workup. The trauma quality improvement program of the American College of Surgeons Committee on Trauma and the evaluation criteria of domestic regional trauma centers recommend analyzing the causes of delay, when the crucial hemostatic measures exceed 1 h, and taking corrective actions. As of 2019, only one case among preventable trauma deaths due to bleeding received treatment within 1 h, with a median time of 3 h and 11 min, indicating that hospital-based trauma care quality management should be concentrated on this point. To ensure that patients with massive bleeding caused by trauma receive appropriate hemostatic measures within a sufficiently short timeframe, a skilled trauma team trained in trauma-specific interventions should be available, and facilities such as dedicated trauma resuscitation rooms, operating rooms, and interventional radiology suites need to be equipped with necessary devices. Furthermore, close collaboration with various clinical departments and teams, including readily available anesthesia teams for emergency surgery, is necessary. However, in emergency medical institutions in Korea other than regional trauma centers, where it is not feasible to maintain and utilize such resources, the "Guidelines for On-Site Emergency Treatment by 119 Rescue Workers" prioritize the transfer of patients with severe trauma to regional trauma centers based on the severity classification criteria [34]. While concentrating patients with severe trauma in regional trauma centers, efforts are also needed in nontrauma emergency medical institutions to secure facilities, equipment, and personnel resources.

According to our study, all cases of preventable trauma deaths due to central nervous system injuries were caused by traumatic brain injuries. The major OFIs identified by expert panels in this patient group were that decompressive surgery for adequate pressure relief was not promptly and appropriately performed, and proactive airway management was not adequately conducted in patients with impaired consciousness during the initial stages. The key to the treatment of traumatic brain injuries ultimately lies in successful resuscitation. For patients who are severely injured due to a trauma and developed impaired consciousness, and for whom head injuries are suspected during the initial stages, it is crucial to ensure appropriate oxygenation through immediate airway management and to maintain proper cerebral perfusion pressure through proactive hemostatic measures and resuscitation. These fundamental principles of resuscitation for patients with severe trauma can be instilled in healthcare professionals by an appropriate education, training, and effective evaluation. The Advanced Trauma Life Support course in the United States [35] has been widely reported to have improved the resuscitation procedures for patients with severe trauma, and reduced mortality rates since its implementation in healthcare professional and student education programs [36–41]. Government support is necessary for such trauma care education, and collaboration with professional societies is required to systematize and formalize sporadic education on specialized trauma resuscitation. Interpreting the results of this study and formulating and implementing health policies require consideration of several limitations. Firstly, as this is a retrospective observational study without a control group, the identified opportunities for improvements do not directly analyze the impact on specific improvement programs. Secondly, this study analyzed the treatment process of only severe trauma patients who experienced the most extreme treatment outcomes, not all trauma patients. Therefore, it may not be suitable for identifying more frequently occurring but less fatal errors. Lastly, certain aspects of the qualitative analysis relied on the consensus of expert panels rather than objective numerical data, which poses the risk of being biased based on the inclinations of the selected panel.

Healthcare 2023, 11, 2291 9 of 11

#### 5. Conclusions

The findings of this study can be used to intuitively evaluate and address the issues that need to be focused on for improving trauma care nationwide. The major OFIs identified by expert panels indicate the need for enhancing healthcare professionals' expertise in severe trauma treatment techniques and swiftly concentrating patients in specific specialized trauma care facilities. The OFIs highlighted in this study were identified across the prehospital, interhospital, and hospital stages, emphasizing the necessity for meaningful reviews and performance improvement activities spanning the entire patient transfer system to overcome the mentioned issues. Despite the inherent subjectivity in cost, its labor-intensive nature, and the research design, preventable trauma mortality surveillance remains a crucial tool for providing a meaningful profile of trauma care from clinical and system perspectives.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/healthcare11162291/s1, Supplement S1: Preventable trauma death pre-review and panel review form.

**Author Contributions:** Conceptualization, K.J. and J.K.; data curation, K.J. and J.K.; formal analysis, K.J. and M.L.; investigation, K.J. and J.K.; methodology, K.J., J.K. and M.L.; writing—original draft, K.J., J.K. and M.L.; writing—review and editing, K.J., J.K. and M.L. All authors have read and agreed to the published version of the manuscript.

**Funding:** This study was supported by the Ministry of Health and Welfare, Republic of Korea (2020-10-16). The funder of the study had no role in the study design, data collection, data analysis, data interpretation, or writing of the manuscript. All authors had full access to all data in the study and had final responsibility for the decision to submit for publication.

**Institutional Review Board Statement:** The study was conducted in accordance with the Declaration of Helsinki and approved by the Ajou University Institutional Review Board (AJIRB-MED-EXP-20-473).

**Informed Consent Statement:** Because of the observational nature of the study, the board waived the requirement for obtaining informed consent.

**Data Availability Statement:** The data used in this study contain personal sensitive information and cannot be publicly disclosed. However, they can be made available upon request to the corresponding author.

**Conflicts of Interest:** The authors declare no conflict of interest.

#### References

- 1. Korean Statistical Information Service. *Leading Causes of Death Reports* 1983–2019; Korean Statistical Information Service: Daejeon, Republic of Korea, 2020.
- 2. Centers for Disease Control and Prevention. *Key Injury and Violence Data*; Centers for Disease Control and Prevention: Atlanta, GA, USA, 2021. Available online: http://www.cdc.gov/injury/wisqars/overview/key\_data.html (accessed on 1 March 2023).
- 3. World Health Organization. The Global Burden of Disease; WHO Press: Geneva, Switzerland, 2008.
- 4. World Health Organization. Guidelines for Trauma Quality Improvement Programmes; WHO Press: Geneva, Switzerland, 2009.
- 5. Coccolini, F.; Kluger, Y.; Moore, E.E.; Maier, R.V.; Coimbra, R.; Ordoñez, C.; Ivatury, R.; Kirkpatrick, A.W.; Biffl, W.; Sartelli, M.; et al. Trauma quality indicators: Internationally approved core factors for trauma management quality evaluation. *World J. Emerg. Surg.* **2021**, *16*, 6. [CrossRef]
- Cales, R.H.; Trunkey, D.D. Preventable trauma deaths. A review of trauma care systems development. JAMA 1985, 254, 1059–1063.
  [CrossRef]
- 7. Jung, K.; Kim, I.; Park, S.K.; Cho, H.; Park, C.Y.; Yun, J.H.; Kim, O.H.; Park, J.O.; Lee, K.J.; Hong, K.J.; et al. Preventable trauma death rate after establishing a national trauma system in Korea. *J. Korean Med. Sci.* 2019, 34, e65. [CrossRef]
- 8. Jung, K.; Kwon, J.; Huh, Y.; Moon, J.; Hwang, K.; Cho, H.M.; Kim, J.H.; Park, C.I.; Yun, J.H.; Kim, O.H.; et al. National trauma system establishment based on implementation of regional trauma centers improves outcomes of trauma care: A follow-up observational study in South Korea. *PLoS Glob. Public Health* **2022**, 2, e0000162. [CrossRef]
- 9. Jung, K.Y.; Kim, J.S.; Kim, Y. Problems in trauma care and preventable deaths. J. Korean Soc. Emerg. Med. 2001, 12, 45–56.
- 10. Kim, Y.; Jung, K.Y.; Cho, K.H.; Kim, H.; Ahn, H.C.; Oh, S.H.; Lee, J.B.; Yu, S.J.; Lee, D.I.; Im, T.H.; et al. Preventable trauma deaths rates and management errors in emergency medical system in Korea. *J. Korean Soc. Emerg. Med.* **2006**, *17*, 385–394.

Healthcare 2023, 11, 2291 10 of 11

11. Park, D.J.; Park, C.Y.; Cho, H.M.; Lee, K.H.; Han, H.S. Current status and future prospects of trauma centers in Korea. *J. Korean Med. Assoc.* **2017**, *60*, 530–532. [CrossRef]

- 12. Yoon, H.D. Background and progress of regional trauma center development. J. Korean Med. Assoc. 2016, 59, 919–922. [CrossRef]
- 13. Kwon, J.; Lee, M.; Moon, J.; Huh, Y.; Song, S.; Kim, S.; Lee, S.J.; Lim, B.; Kim, H.J.; Kim, Y.; et al. National follow-up survey of preventable trauma death rate in Korea. *J. Korean Med. Sci.* **2022**, *37*, e349. [CrossRef]
- 14. MacKenzie, E.J.; Steinwachs, D.M.; Bone, L.R.; Floccare, D.J.; Ramzy, A.I. Inter-rater reliability of preventable death judgments. The preventable death study group. *J. Trauma Acute Care Surg.* **1992**, *33*, 292–302; discussion 302. [CrossRef]
- 15. Wilson, D.S.; McElligott, J.; Fielding, L.P. Identification of preventable trauma deaths: Confounded inquiries? *J. Trauma Acute Care Surg.* **1992**, *32*, 45–51. [CrossRef]
- 16. Roy, N.; Kizhakke Veetil, D.; Khajanchi, M.U.; Kumar, V.; Solomon, H.; Kamble, J.; Basak, D.; Tomson, G.; von Schreeb, J. Learning from 2523 trauma deaths in India-opportunities to prevent in-hospital deaths. *BMC Health Serv. Res.* **2017**, *17*, 142. [CrossRef]
- 17. Korean Statistical Information Service. *Korean Standard Classification of Diseases, 7th Revision*; Korean Statistical Information Service: Daejeon, Republic of Korea, 2021; p. KCD-7. Available online: http://kssc.kostat.go.kr/ksscNew\_web/kssc/common/selectIntroduce.do?gubun=2&bbsId=kcd\_ug# (accessed on 30 August 2022).
- 18. National Emergency Medical Center. *Emergency Medical Statistics Annual Report 2019*; National Emergency Medical Center: Seoul, Republic of Korea, 2022; Available online: https://www.e-gen.or.kr/nemc/statistics\_annual\_report.do (accessed on 30 August 2022).
- 19. ACS Press. ACS TQIP Massive Transfusion in Trauma Guidelines; ACS Press: Audubon Park, NJ, USA, 2013.
- 20. Kwon, J.; Yoo, J.; Kim, S.; Jung, K.; Yi, I.K. Evaluation of the Potential for Improvement of Clinical Outcomes in Trauma Patients with Massive Hemorrhage by Maintaining a High Plasma-to-Red Blood Cell Ratio during the First Hour of Hospitalization. *Emerg. Med. Int.* **2023**, 2023, 5588707. [CrossRef]
- 21. Holcomb, J.B.; del Junco, D.J.; Fox, E.E.; Wade, C.E.; Cohen, M.J.; Schreiber, M.A.; Alarcon, L.H.; Bai, Y.; Brasel, K.J.; Bulger, E.M.; et al. The prospective, observational, multicenter, major trauma transfusion (PROMMTT) study: Comparative effectiveness of a time-varying treatment with competing risks. *JAMA Surg.* 2013, 148, 127–136. [CrossRef]
- 22. Holcomb, J.B.; Tilley, B.C.; Baraniuk, S.; Fox, E.E.; Wade, C.E.; Podbielski, J.M.; del Junco, D.J.; Brasel, K.J.; Bulger, E.M.; Callcut, R.A.; et al. Transfusion of plasma, platelets, and red blood cells in a 1:1:1 vs. a 1:1:2 ratio and mortality in patients with severe trauma: The PROPPR randomized clinical trial. *JAMA* 2015, 313, 471–482. [CrossRef]
- 23. Neff, L.P.; Cannon, J.W.; Morrison, J.J.; Edwards, M.J.; Spinella, P.C.; Borgman, M.A. Clearly defining pediatric massive transfusion: Cutting through the fog and friction with combat data. *J. Trauma Acute Care Surg.* **2015**, *78*, 22–28; discussion 28–29. [CrossRef]
- 24. Khan, S.; Allard, S.; Weaver, A.; Barber, C.; Davenport, R.; Brohi, K. A major haemorrhage protocol improves the delivery of blood component therapy and reduces waste in trauma massive transfusion. *Injury* **2013**, *44*, 587–592. [CrossRef]
- 25. Kutcher, M.E.; Kornblith, L.Z.; Narayan, R.; Curd, V.; Daley, A.T.; Redick, B.J.; Nelson, M.F.; Fiebig, E.W.; Cohen, M.J. A paradigm shift in trauma resuscitation: Evaluation of evolving massive transfusion practices. *JAMA Surg.* 2013, 148, 834–840. [CrossRef]
- 26. Bawazeer, M.; Ahmed, N.; Izadi, H.; McFarlan, A.; Nathens, A.; Pavenski, K. Compliance with a massive transfusion protocol (MTP) impacts patient outcome. *Injury* **2015**, *46*, 21–28. [CrossRef]
- 27. Latif, R.K.; Clifford, S.P.; Baker, J.A.; Lenhardt, R.; Haq, M.Z.; Huang, J.; Farah, I.; Businger, J.R. Traumatic hemorrhage and chain of survival. *Scand. J. Trauma Resusc. Emerg. Med.* **2023**, *31*, 25. [CrossRef]
- 28. Loftus, T.J.; Efron, P.A.; Bala, T.M.; Rosenthal, M.D.; Croft, C.A.; Walters, M.S.; Smith, R.S.; Moore, F.A.; Mohr, A.M.; Brakenridge, S.C. The impact of standardized protocol implementation for surgical damage control and temporary abdominal closure after emergent laparotomy. *J. Trauma Acute Care Surg.* 2019, *86*, 670–678. [CrossRef]
- 29. Smith, J.W.; Matheson, P.J.; Franklin, G.A.; Harbrecht, B.G.; Richardson, J.D.; Garrison, R.N. Randomized Controlled Trial Evaluating the Efficacy of Peritoneal Resuscitation in the Management of Trauma Patients Undergoing Damage Control Surgery. *J. Am. Coll. Surg.* 2017, 224, 396–404. [CrossRef]
- 30. Roberts, D.J.; Bobrovitz, N.; Zygun, D.A.; Ball, C.G.; Kirkpatrick, A.W.; Faris, P.D.; Brohi, K.; D'Amours, S.; Fabian, T.C.; Inaba, K.; et al. Indications for Use of Damage Control Surgery in Civilian Trauma Patients: A Content Analysis and Expert Appropriateness Rating Study. *Ann. Surg.* **2016**, *263*, 1018–1027. [CrossRef]
- 31. Alarhayem, A.Q.; Myers, J.G.; Dent, D.; Liao, L.; Muir, M.; Mueller, D.; Nicholson, S.; Cestero, R.; Johnson, M.C.; Stewart, R.; et al. Time is the enemy: Mortality in trauma patients with hemorrhage from torso injury occurs long before the "golden hour". *Am. J. Surg.* 2016, 212, 1101–1105. [CrossRef]
- 32. Adams, D.; McDonald, P.L.; Sullo, E.; Merkle, A.B.; Nunez, T.; Sarani, B.; Shackelford, S.A.; Bowyer, M.W.; van der Wees, P. Management of non-compressible torso hemorrhage of the abdomen in civilian and military austere/remote environments: Protocol for a scoping review. *Trauma Surg. Acute Care Open* **2021**, *6*, e000811. [CrossRef]
- 33. Allen, S.R.; Scantling, D.R.; Delgado, M.K.; Mancini, J.; Holena, D.N.; Kim, P.; Pascual, J.L.; Reilly, P. Penetrating torso injuries in older adults: Increased mortality likely due to "failure to rescue". *Eur. J. Trauma Emerg. Surg.* 2015, 41, 657–663. [CrossRef]
- 34. National Emergency Management Agency. *The Standard Protocols for 119 Emergency Medical Services Providers;* National Emergency Management Agency: Canberra, Australia, 2019.
- 35. American College of Surgeons. *Advanced Trauma Life Support (ATLS)*, 10th ed.; American College of Surgeons Committee on Trauma: Chicago, IL, USA, 2018.

Healthcare 2023, 11, 2291 11 of 11

36. Hashmi, Z.G.; Haider, A.H.; Zafar, S.N.; Kisat, M.; Moosa, A.; Siddiqui, F.; Pardhan, A.; Latif, A.; Zafar, H. Hospital-based trauma quality improvement initiatives: First step toward improving trauma outcomes in the developing world. *J. Trauma Acute Care Surg.* 2013, 75, 60–68; discussion 68. [CrossRef]

- 37. Mitchnik, I.Y.; Regev, S.; Rivkind, A.I.; Fogel, I. Disparities in trauma care education: An observational study of the ATLS course within a national trauma system. *Injury* **2023**, *7*, 110860. [CrossRef]
- 38. Neutel, E.; Kuhn, S.; Driscoll, P.; Gwinnutt, C.; Moreira, Z.; Veloso, A.; Manso, M.C.; Carneiro, A. Does participation in the European Trauma Course lead to new behaviours and organisational change? A Portuguese experience. *BMC Med. Educ.* 2023, 23, 415. [CrossRef]
- 39. Archuleta, M.; McGraw, C.; D'Huyvetter, C.; Mains, C.W. An Educational Outreach Program: A Trauma System's 5-Year Experience. J. Trauma Nurs. 2022, 29, 152–157. [CrossRef]
- 40. Wärnberg, M.G.; Berg, J.; Bhandarkar, P.; Chatterjee, A.; Chatterjee, S.; Chintamani, C.; Felländer-Tsai, L.; Gadgil, A.; Ghag, G.; Hasselberg, M.; et al. A pilot multicentre cluster randomised trial to compare the effect of trauma life support training programmes on patient and provider outcomes. *BMJ Open* **2022**, *12*, e057504. [CrossRef]
- 41. van Maarseveen, O.E.C.; Ham, W.H.W.; van de Ven, N.L.M.; Saris, T.F.F.; Leenen, L.P.H. Effects of the application of a checklist during trauma resuscitations on ATLS adherence, team performance, and patient-related outcomes: A systematic review. *Eur. J. Trauma Emerg. Surg.* 2020, 46, 65–72. [CrossRef]

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.