

Table S2. Fatty acid contents of *C. gracilis*.

Contents (mg/100 g d.w.)	
Myristic acid (C14:0)	1352
Palmitic acid (C16:0)	2520
Heptadecanoic acid (C17:0)	425
Stearic acid (C18:0)	789
Palmitoleic acid (C16:1 <i>n</i> -7)	3256
Oleic acid (C18:1 <i>n</i> -9)	1157
Linolenic acid (C18:2 <i>n</i> -6)	97
Arachidonic acid (C20:4 <i>n</i> -6)	104
Eicosapentaenoic acid (C20:5 <i>n</i> -3)	2535
Docosahexaenoic acid (C22:6 <i>n</i> -3)	180

d.w., dry weight.