

Table S1. List of rumen metabolites along with their measured or reported concentrations and their standard deviations and/or ranges (as measured in μM).

| Metabolite | Platform | Concentration | Literature value |
|--------------------------------|----------------|----------------|-----------------------|
| WATER-SOLUBLE COMPOUNDS | | | |
| AMINO ACIDS | | | |
| Alanine* | LC-MS/MS & NMR | 1060 \pm 484 | 83–799 ^a |
| Arginine* | LC-MS/MS | 17 \pm 11 | 5–81 ^b |
| Asparagine | LC-MS/MS | 1 \pm 1 | |
| Aspartate* | LC-MS/MS & NMR | 566 \pm 204 | 153–925 ^a |
| Beta-alanine* | NMR | 72 \pm 38 | 3–33 ^c |
| Citrulline | LC-MS/MS | 184 \pm 74 | |
| Creatine* | LC-MS/MS & NMR | 3 \pm 4 | 2–15 ^c |
| Glutamate* | LC-MS/MS & NMR | 1702 \pm 471 | 238–887 ^a |
| Glycine* | LC-MS/MS & NMR | 974 \pm 315 | 50–696 ^a |
| Histidine* | LC-MS/MS | 44 \pm 28 | 18–69 ^a |
| Isoleucine* | LC-MS/MS & NMR | 556 \pm 127 | 123–1210 ^a |
| Leucine* | LC-MS/MS & NMR | 603 \pm 119 | 76–571 ^a |
| Lysine* | LC-MS/MS & NMR | 2085 \pm 869 | 91–1095 ^a |
| Methionine | LC-MS/MS & NMR | 268 \pm 102 | 9–66 ^b |
| Ornithine | LC-MS/MS | 149 \pm 77 | 7–51 ^b |
| Phenylalanine | LC-MS/MS & NMR | 310 \pm 129 | 17–85 ^b |
| Proline* | LC-MS/MS & NMR | 834 \pm 377 | 240–1275 ^a |
| Serine | LC-MS/MS & NMR | 547 \pm 187 | 24–180 ^b |
| Threonine | LC-MS/MS & NMR | 658 \pm 301 | 53–153 ^c |
| Tryptophan* | LC-MS/MS & NMR | 24 \pm 14 | 4–26 ^b |
| Tyrosine* | LC-MS/MS & NMR | 295 \pm 136 | 68–471 ^a |
| Valine* | LC-MS/MS & NMR | 848 \pm 295 | 71–593 ^a |
| BIOGENIC AMINES | | | |
| Acetyl-ornithine | LC-MS/MS | 9 \pm 5 | 0.1–2.5 ^b |
| Asymmetric-dimethylarginine* | LC-MS/MS | 4 \pm 3 | 0.19–1 ^b |
| Total-dimethylarginine | LC-MS/MS | 5 \pm 3 | 19–47 ^b |
| Histamine* | LC-MS/MS | 57 \pm 43 | 1–12 ^b |
| Methionine-sulfoxide* | LC-MS/MS | 26 \pm 9 | 5–37 ^b |
| Methylamine* | NMR | 132 \pm 116 | 27–822 ^b |
| Methylhistidine | LC-MS/MS | 2 \pm 1 | |
| Putrescine* | LC-MS/MS & NMR | 103 \pm 58 | 16–303 ^b |
| Sarcosine | LC-MS/MS & NMR | 2 \pm 1 | 6–67 ^b |
| Serotonin | LC-MS/MS | 0.1 \pm 0.1 | 0.9–1.1 ^b |
| Spermidine | LC-MS/MS | 37 \pm 22 | |
| Spermine | LC-MS/MS | 3 \pm 3 | |
| Taurine* | LC-MS/MS & NMR | 8 \pm 7 | 1–2 ^b |
| Trans-hydroxyproline | LC-MS/MS | 2 \pm 1 | |
| CARBOHYDRATES | | | |

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| Glucose | LC-MS/MS & NMR | 15934 ± 11188 | 393–3111 ^b |
| Ribose | NMR | 886 ± 201 | 177–501 ^b |
| ORGANIC ACIDS | | | |
| 2-oxoglutarate | NMR | 40 ± 24 | |
| 3-phenylpropionate | NMR | 51 ± 18 | 296–713 ^b |
| Acetate* | NMR | 37264 ± 7582 | 41000–81000 ^a |
| Alpha-amino adipate | LC-MS/MS | 1 ± 1 | |
| Butyrate* | NMR | 25848 ± 9273 | 6472–18088 ^b |
| Formate | NMR | 20 ± 4 | 60–655 ^a |
| Fumarate* | NMR | 18 ± 7 | 19–315 ^a |
| Isobutyrate* | NMR | 719 ± 226 | 708–1100 ^c |
| Lactate* | NMR | 2029 ± 1165 | 224–1560 ^a |
| Nicotinate* | NMR | 60 ± 10 | 29–79 ^b |
| Phenylacetate* | NMR | 189 ± 57 | 212–785 ^a |
| Propionate* | NMR | 16103 ± 4550 | 14000–17000 ^a |
| Pyroglutamate* | NMR | 233 ± 64 | 311–645 ^b |
| Pyruvate | NMR | 62 ± 33 | |
| Succinate* | NMR | 597 ± 344 | 40–289 ^a |
| Valerate* | NMR | 2739 ± 677 | 1500–5000 ^a |
| MISCELLANEOUS | | | |
| Acetone | NMR | 66 ± 40 | 5–19 ^c |
| Betaine* | LC-MS/MS | 15 ± 40 | 2–17 ^c |
| Choline | LC-MS/MS & NMR | 105 ± 59 | 4–40 ^c |
| Ethanol* | NMR | 556 ± 450 | 600–3200 ^d |
| Glycerol | NMR | 685 ± 231 | 89–336 ^b |
| Hypoxanthine | NMR | 753 ± 191 | 38–266 ^b |
| Isopropanol* | NMR | 103 ± 45 | 14–70 ^c |
| Thymine | NMR | 188 ± 45 | 15–63 ^b |
| Uracil | NMR | 1007 ± 230 | 109–405 ^c |
| Uridine* | NMR | 18 ± 10 | 2–17 ^c |
| LIPID-LIKE COMPOUNDS | | | |
| PHOSPHATIDYLCHOLINES, ACYL-ALKYL | | | |
| PC ae (36:0) | LC-MS/MS | 0.05 ± 0.04 | |
| PC ae (40:6) | LC-MS/MS | 0.04 ± 0.01 | |
| PHOSPHATIDYLCHOLINES, DIACYL | | | |
| PC aa (32:2) | LC-MS/MS | 0.048 ± 0.024 | |
| PC aa (36:0) | LC-MS/MS | 0.07 ± 0.04 | |
| PC aa (38:6) | LC-MS/MS | 0.06 ± 0.04 | |
| PC aa (38:0) | LC-MS/MS | 0.08 ± 0.01 | |
| PC aa (40:6) | LC-MS/MS | 0.03 ± 0.01 | |
| PC aa (40:1) | LC-MS/MS | 0.016 ± 0.004 | |
| LYSOPHOSPHATIDYLCHOLINES, ACYL C | | | |
| LysoPC(14:0) | LC-MS/MS | 6 ± 3 | |
| LysoPC(16:0)* | LC-MS/MS | 0.3 ± 0.2 | 0.01–0.2 ^b |
| LysoPC(18:2) | LC-MS/MS | 0.2 ± 0.1 | |

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| LysoPC(18:1) | LC-MS/MS | 0.074 ± 0.051 | |
| LysoPC(18:0) | LC-MS/MS | 0.2 ± 0.1 | |
| LysoPC(20:4) | LC-MS/MS | 0.03 ± 0.02 | |
| LysoPC(20:3) | LC-MS/MS | 2 ± 1 | |
| LysoPC(24:0) | LC-MS/MS | 0.161 ± 0.153 | |
| LysoPC(26:0) | LC-MS/MS | 0.7 ± 0.3 | |
| LysoPC(28:0) | LC-MS/MS | 0.11 ± 0.03 | |
| SPHINGOMYELINS | | | |
| SM(16:0) | LC-MS/MS | 0.75 ± 0.62 | 0.01–0.05 ^b |
| SM(18:1) | LC-MS/MS | 0.04 ± 0.03 | |
| SM(18:0) | LC-MS/MS | 0.19 ± 0.13 | |
| HYDROXYSPHINGOMYELINS | | | |
| SM(14:1(OH)) | LC-MS/MS | 0.05 ± 0.01 | 0.01–0.03 ^b |
| SM(16:1(OH)) | LC-MS/MS | 0.07 ± 0.04 | 0.01–0.02 ^b |
| SM(22:1(OH))* | LC-MS/MS | 0.1 ± 0.1 | 0.01–0.1 ^b |
| ACYLCARNITINES | | | |
| C0 (Carnitine) | LC-MS/MS | 3 ± 1 | |
| C2 (Acetylcarnitine) | LC-MS/MS | 0.24 ± 0.11 | |
| C3:1 (Propenoylcarnitine) | LC-MS/MS | 0.03 ± 0.01 | |
| C3 (Propionylcarnitine) | LC-MS/MS | 0.09 ± 0.02 | 0.03–0.05 ^b |
| C4:1 (Butenylcarnitine)* | LC-MS/MS | 0.04 ± 0.01 | 0.03–0.04 ^b |
| C4 (Butyrylcarnitine) | LC-MS/MS | 0.05 ± 0.02 | |
| C3-OH (Hydroxypropionylcarnitine)* | LC-MS/MS | 0.04 ± 0.01 | 0.03–0.04 ^b |
| C5:1 (Tiglylcarnitine)* | LC-MS/MS | 0.03 ± 0.01 | 0.04–0.07 ^b |
| C5 (Valerylcarnitine)* | LC-MS/MS | 0.03 ± 0.01 | 0.03–0.06 ^b |
| C4-OH (C3-DC) (Hydroxybutyrylcarnitine) | LC-MS/MS | 1 ± 1 | 0.04–0.33 ^b |
| C6:1 (Hexenoylcarnitine) | LC-MS/MS | 0.04 ± 0.01 | 0.09–0.10 ^b |
| C6 (C4:1-DC) (Hexanoylcarnitine) | LC-MS/MS | 0.08 ± 0.01 | |
| C5-OH (C3-DC-M) (hydroxyvalerylcarnitine) | LC-MS/MS | 0.027 ± 0.004 | |
| C5:1-DC (Glutaconylcarnitine) | LC-MS/MS | 0.019 ± 0.003 | 0.039–0.045 ^b |
| C5-DC (C6-OH)(Glutarylcarntine) | LC-MS/MS | 0.015 ± 0.003 | |
| C8 (Octanoylcarnitine) | LC-MS/MS | 0.014 ± 0.003 | |
| C5-M-DC (methylglutarylcarntine) | LC-MS/MS | 0.022 ± 0.003 | 0.174–0.2 ^b |
| C9 (Nonaylcarnitine) | LC-MS/MS | 0.011 ± 0.002 | |
| C7-DC (Pimelylcarnitine)* | LC-MS/MS | 0.029 ± 0.021 | 0.03–0.07 ^b |
| C10:2 (Decadienylcarnitine) | LC-MS/MS | 0.06 ± 0.01 | |
| C10:1 (Decenoylcarnitine) | LC-MS/MS | 0.2 ± 0.1 | |
| C10 (Decanoylcarnitine) | LC-MS/MS | 0.1 ± 0.02 | |
| C12:1 (Dodecenoylcarnitine) | LC-MS/MS | 0.1 ± 0.02 | |
| C12 (Dodecanoylcarnitine) | LC-MS/MS | 0.03 ± 0.01 | |
| C14:2 (Tetradecadienylcarnitine)* | LC-MS/MS | 0.023 ± 0.004 | 0.017–0.023 ^b |
| C14:1 (Tetradecenoylcarnitine) | LC-MS/MS | 0.007 ± 0.002 | 0.089–0.091 ^b |
| C14 (Tetradecanoylcarnitine) | LC-MS/MS | 0.009 ± 0.002 | |
| C12-DC (Dodecanedioylcarnitine) | LC-MS/MS | 0.037 ± 0.012 | |
| C14:2-OH (Hydroxytetradecadienylcarnitine)* | LC-MS/MS | 0.011 ± 0.003 | 0.008–0.032 ^b |

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| C14:1-OH (Hydroxytetradecenoylcarnitine) | LC-MS/MS | 0.009 ± 0.002 | |
| C16:2 (Hexadecadienylcarnitine)* | LC-MS/MS | 0.008 ± 0.001 | 0.002–0.013 ^b |
| C16:1 (Hexadecenoylcarnitine) | LC-MS/MS | 0.023 ± 0.004 | |
| C16 (Hexadecanoylcarnitine)* | LC-MS/MS | 0.016 ± 0.004 | 0.01–0.055 ^b |
| C16:2-OH (Hydroxyhexadecadienoylcarnitine) | LC-MS/MS | 0.009 ± 0.002 | |
| C16:1-OH (Hydroxyhexadecenoylcarnitine) | LC-MS/MS | 0.01 ± 0.002 | |
| C16-OH (Hydroxyhexadecanoylcarnitine)* | LC-MS/MS | 0.012 ± 0.003 | 0.009–0.011 ^b |
| C18:2 (Octadecadienylcarnitine) | LC-MS/MS | 0.006 ± 0.001 | 0.07–0.072 ^b |
| C18:1 (Octadecenoylcarnitine) | LC-MS/MS | 0.015 ± 0.003 | |
| C18 (Octadecanoylcarnitine) | LC-MS/MS | 0.0067 ± 0.0021 | |
| C18:1-OH (Hydroxyoctadecenoylcarnitine)* | LC-MS/MS | 0.012 ± 0.003 | 0.002–0.022 ^b |
| TRACE ELEMENTAL COMPOUNDS | | | |
| Lithium | ICP-MS | 21 ± 5 | 3–4 ^b |
| Sodium | ICP-MS | 235634 ± 19788 | 110000–117000 ^b |
| Magnesium | ICP-MS | 7465 ± 3511 | 96–108 ^b |
| Phosphorus | ICP-MS | 12395 ± 1908 | 9140–9270 ^b |
| Potassium | ICP-MS | 39878 ± 6579 | 17980–18270 ^b |
| Calcium* | ICP-MS | 371 ± 722 | 904–958 ^b |
| Titanium | ICP-MS | 2.5 ± 0.4 | |
| Manganese* | ICP-MS | 59 ± 62 | 2–3 ^b |
| Iron* | ICP-MS | 40 ± 8 | 21–32 ^b |
| Nickel | ICP-MS | 2 ± 1 | 0.04–0.2 ^b |
| Cobalt | ICP-MS | 1 ± 0.2 | |
| Copper | ICP-MS | 5 ± 1 | 2–3 ^b |
| Zinc | ICP-MS | 10 ± 3 | 2–3 ^b |
| Rubidium | ICP-MS | 25 ± 5 | 5–6 ^b |
| Strontium* | ICP-MS | 4 ± 2 | 1–2 ^b |
| Cesium | ICP-MS | 0.03 ± 0.01 | 0.001–0.01 ^b |
| Barium* | ICP-MS | 2 ± 1 | 0.5–1 ^b |

*Compounds that exhibited good agreement with literature values; ^aLee et al., 2012 [31]; ^bSaleem et al., 2013 [12]; ^cO'Callaghan et al., 2018 [29]; ^dRaun and Kristensen, 2011 [33].

Table S2. List of LT and SM muscle metabolites along with their measured concentrations and their standard deviations (as measured in nmol/g).

| Metabolite | Platform | Concentration (LT muscle) | Concentration (SM muscle) | Literature value |
|--------------------------------|----------------|------------------------------|------------------------------|--|
| WATER-SOLUBLE COMPOUNDS | | | | |
| AMINO ACIDS | | | | |
| Alanine* | LC–MS/MS & NMR | 1465 ± 272 | 1472 ± 278 | 1055–1310 ^a |
| Arginine | LC–MS/MS | 61 ± 14 | 70 ± 16 | 299–686 ^b |
| Asparagine | LC–MS/MS | 40 ± 12 | 46 ± 17 | 106–225 ^b |
| Aspartate* | LC–MS/MS & NMR | 70 ± 28 | 57 ± 28 | 14–54 ^b |
| Beta-alanine* | NMR | 149 ± 57 | 122 ± 37 | 84–155 ^b |
| Citrulline | LC–MS/MS | 34 ± 12 | 31 ± 14 | 59–111 ^b |
| Creatine* | LC–MS/MS & NMR | 4672 ± 438 | 4755 ± 306 | 1040–1520 ^c , 7262–10319 ^a |
| Glutamate* | LC–MS/MS & NMR | 425 ± 180 | 541 ± 234 | 134–942 ^b |
| Glutamine* | LC–MS/MS & NMR | 2841 ± 828 | 2492 ± 668 | 3051–4834 ^b |
| Glutathione | NMR | 226 ± 51 | 162 ± 46 | 769–775 ^b |
| Glycine* | LC–MS/MS & NMR | 576 ± 215 | 538 ± 147 | 342–570 ^a |
| Histidine | LC–MS/MS | 75 ± 18 | 85 ± 20 | 134–281 ^b |
| Isoleucine* | LC–MS/MS & NMR | 107 ± 22 | 116 ± 23 | 43–231 ^a |
| Leucine* | LC–MS/MS & NMR | 154 ± 37 | 158 ± 33 | 80–424 ^a |
| Lysine | LC–MS/MS | 59 ± 18 | 66 ± 19 | 306–745 ^b |
| Methionine* | LC–MS/MS & NMR | 34 ± 10 | 37 ± 11 | 40–395 ^b |
| Ornithine | LC–MS/MS | 35 ± 12 | 40 ± 10 | 80–187 ^b |
| Phenylalanine* | LC–MS/MS & NMR | 55 ± 12 | 58 ± 10 | 51–258 ^a |
| Proline | LC–MS/MS | 174 ± 59 | 203 ± 60 | 240–365 ^b |
| Serine | LC–MS/MS | 165 ± 36 | 161 ± 31 | 273–830 ^b |
| Threonine* | LC–MS/MS & NMR | 194 ± 80 | 193 ± 32 | 193–468 ^b |
| Tryptophan | LC–MS/MS & NMR | 19 ± 5 | 21 ± 3 | 35–95 ^b |
| Tyrosine* | LC–MS/MS & NMR | 54 ± 14 | 52 ± 10 | 44–269 ^a |
| Valine* | LC–MS/MS & NMR | 270 ± 62 | 278 ± 49 | 71–288 ^a |
| BIOGENIC AMINES | | | | |
| Acetyl-ornithine | LC–MS/MS | 18 ± 8 | 21 ± 8 | |
| Asymmetric-dimethylarginine | LC–MS/MS | 0.8 ± 0.2 | 0.9 ± 0.2 | |
| Carnosine | LC–MS/MS & NMR | 22085 ± 4859 | 21958 ± 3048 | 9690–13658 ^b |
| Creatinine* | LC–MS/MS & NMR | 313 ± 48 | 315 ± 47 | 128–429 ^a |
| Histamine | LC–MS/MS | 17 ± 4 | 23 ± 6 | |
| Kynurenone | LC–MS/MS | 0.6 ± 0.2 | 0.5 ± 0.2 | |
| Methionine-sulfoxide | LC–MS/MS | 3 ± 7 | 2 ± 8 | |
| Methylhistidine | LC–MS/MS | 35 ± 8 | 35 ± 9 | |
| Putrescine | LC–MS/MS | 1.3 ± 0.4 | 2 ± 1 | 9–22 ^b |
| Sarcosine | LC–MS/MS & NMR | 12 ± 5 | 10 ± 4 | |
| Spermidine | LC–MS/MS | 0.09 ± 0.03 | 0.11 ± 0.04 | |
| Spermine | LC–MS/MS | 0.2 ± 0.1 | 0.11 ± 0.03 | |
| Taurine | LC–MS/MS & NMR | 480 ± 146 | 844 ± 301 | |

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|---|----------------|---------------|---------------|---|
| Total-dimethylarginine | LC-MS/MS | 1.7 ± 0.4 | 2 ± 1 | |
| Trans-hydroxyproline | LC-MS/MS | 32 ± 11 | 31 ± 11 | |
| Trimethylamine N-oxide | LC-MS/MS | 14 ± 5 | 14 ± 4 | |
| CARBOHYDRATES | | | | |
| Glucose-1-phosphate* | NMR | 184 ± 58 | 175 ± 48 | 120 ^d , 363–1178 ^b |
| Glucose | LC-MS/MS & NMR | 536 ± 259 | 754 ± 403 | 3300 ^d |
| ORGANIC ACIDS | | | | |
| 3-hydroxybutyrate* | NMR | 97 ± 27 | 88 ± 33 | 114–242 ^b |
| Acetate* | NMR | 188 ± 31 | 219 ± 52 | 97–291 ^a |
| Alpha-amino adipate | LC-MS/MS | 7 ± 2 | 10 ± 4 | |
| Formate | NMR | 533 ± 316 | 723 ± 184 | 110 ^d |
| Fumarate* | NMR | 141 ± 64 | 220 ± 76 | 36–208 ^b |
| Inosinate (IMP)* | NMR | 15 ± 11 | 124 ± 136 | 31–59 ^c , 40–8977 ^b |
| Lactate* | NMR | 31131 ± 8268 | 37879 ± 10580 | 14262–21850 ^a , 37175–131553 ^b |
| Nicotinurate | NMR | 96 ± 38 | 170 ± 54 | |
| Pyruvate* | NMR | 123 ± 51 | 157 ± 68 | 1–183 ^b |
| Succinate* | NMR | 1133 ± 308 | 743 ± 384 | 891–2314 ^b |
| MISCELLANEOUS | | | | |
| Betaine* | LC-MS/MS & NMR | 1321 ± 351 | 1139 ± 246 | 1477–1826 ^b |
| Choline | LC-MS/MS & NMR | 15 ± 7 | 15 ± 6 | 34–153 ^b |
| Ethanol* | NMR | 299 ± 182 | 246 ± 172 | 160 ^d |
| Glycerol* | NMR | 328 ± 210 | 326 ± 174 | 392–528 ^c |
| Myo-inositol | NMR | 504 ± 133 | 593 ± 126 | |
| NAD+* | NMR | 641 ± 127 | 515 ± 70 | 15–611 ^b |
| NADH | NMR | 94 ± 75 | 101 ± 45 | |
| O-acetylcarnitine | NMR | 1892 ± 398 | 1612 ± 318 | |
| LIPID-LIKE COMPOUNDS | | | | |
| <i>PHOSPHATIDYLCHOLINES, ACYL-ALKYL</i> | | | | |
| PC ae (36:0) | LC-MS/MS | 0.55 ± 0.12 | 0.6 ± 0.2 | |
| PC ae (40:6) | LC-MS/MS | 0.44 ± 0.12 | 0.56 ± 0.14 | |
| <i>PHOSPHATIDYLCHOLINES, DIACYL</i> | | | | |
| PC aa (32:2) | LC-MS/MS | 1.7 ± 0.4 | 3 ± 2 | |
| PC aa (36:6) | LC-MS/MS | 0.3 ± 0.1 | 0.3 ± 0.1 | |
| PC aa (36:0) | LC-MS/MS | 0.85 ± 0.14 | 1 ± 0.2 | |
| PC aa (38:6) | LC-MS/MS | 0.5 ± 0.1 | 0.6 ± 0.2 | |
| PC aa (38:0) | LC-MS/MS | 0.4 ± 0.1 | 0.4 ± 0.1 | |
| PC aa (40:6) | LC-MS/MS | 0.13 ± 0.03 | 0.14 ± 0.04 | |
| PC aa (40:2) | LC-MS/MS | 0.017 ± 0.004 | 0.02 ± 0.01 | |
| PC aa (40:1) | LC-MS/MS | 0.026 ± 4 | 0.031 ± 0.004 | |
| <i>LYSOPHOSPHATIDYLCHOLINES, ACYL-C</i> | | | | |
| LysoPC(14:0) | LC-MS/MS | 0.07 ± 0.01 | 0.07 ± 0.01 | |
| LysoPC(16:1) | LC-MS/MS | 0.02 ± 0.01 | 0.03 ± 0.01 | |
| LysoPC(16:0) | LC-MS/MS | 0.1 ± 0.02 | 0.11 ± 0.03 | |

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| LysoPC(17:0) | LC–MS/MS | 0.013 ± 0.003 | 0.016 ± 0.004 | |
| LysoPC(18:2) | LC–MS/MS | 0.3 ± 0.1 | 0.4 ± 0.1 | |
| LysoPC(18:1) | LC–MS/MS | 0.3 ± 0.1 | 0.4 ± 0.1 | |
| LysoPC(18:0) | LC–MS/MS | 0.07 ± 0.02 | 0.08 ± 0.03 | |
| LysoPC(20:4) | LC–MS/MS | 0.07 ± 0.03 | 0.09 ± 0.03 | |
| LysoPC(20:3) | LC–MS/MS | 0.05 ± 0.01 | 0.08 ± 0.02 | |
| LysoPC(24:0) | LC–MS/MS | 0.023 ± 0.004 | 0.03 ± 0.01 | |
| LysoPC(26:1) | LC–MS/MS | 0.05 ± 0.01 | 0.06 ± 0.02 | |
| LysoPC(26:0) | LC–MS/MS | 0.05 ± 0.01 | 0.06 ± 0.02 | |
| LysoPC(28:1) | LC–MS/MS | 0.04 ± 0.01 | 0.04 ± 0.01 | |
| LysoPC(28:0) | LC–MS/MS | 0.05 ± 0.01 | 0.06 ± 0.02 | |
| SPHINGOMYELINS | | | | |
| SM(16:1) | LC–MS/MS | 0.11 ± 0.02 | 0.13 ± 0.03 | |
| SM(16:0) | LC–MS/MS | 3 ± 1 | 2.45 ± 0.71 | |
| SM(18:1) | LC–MS/MS | 1.1 ± 0.2 | 1.2 ± 0.4 | |
| SM(18:0) | LC–MS/MS | 8 ± 1 | 8 ± 2 | |
| SM(20:2) | LC–MS/MS | 0.4 ± 0.1 | 0.5 ± 0.2 | |
| HYDROXYSPHINGOMYELINS | | | | |
| SM(14:1(OH)) | LC–MS/MS | 0.2 ± 0.04 | 0.2 ± 0.1 | |
| SM(16:1(OH)) | LC–MS/MS | 1.1 ± 0.2 | 1.2 ± 0.4 | |
| SM(22:2(OH)) | LC–MS/MS | 0.4 ± 0.1 | 0.47 ± 0.1 | |
| SM(22:1(OH)) | LC–MS/MS | 0.9 ± 0.2 | 0.94 ± 0.22 | |
| SM(24:1(OH)) | LC–MS/MS | 0.08 ± 0.02 | 0.09 ± 0.03 | |
| ACYLCARNITINES | | | | |
| C0 (Carnitine)* | LC–MS/MS | 1856 ± 424 | 1751 ± 337 | 791–1143 ^a , 2600 ^d |
| C2 (Acetylcarnitine) | LC–MS/MS | 854 ± 153 | 871 ± 150 | |
| C3:1 (Propenoylcarnitine) | LC–MS/MS | 1.8 ± 0.2 | 1.8 ± 0.2 | |
| C3 (Propionylcarnitine) | LC–MS/MS | 6 ± 2 | 7 ± 2 | |
| C4:1 (Butenylcarnitine) | LC–MS/MS | 0.07 ± 0.01 | 0.08 ± 0.03 | |
| C4 (Butyrylcarnitine) | LC–MS/MS | 16 ± 6 | 22 ± 8 | |
| C3-OH (Hydroxypropionylcarnitine) | LC–MS/MS | 0.2 ± 0.1 | 0.2 ± 0.1 | |
| C5:1 (Tiglylcarnitine) | LC–MS/MS | 0.3 ± 0.1 | 0.3 ± 0.1 | |
| C5 (Valerylcarnitine) | LC–MS/MS | 4 ± 2 | 4 ± 2 | |
| C4-OH (C3-DC) (Hydroxybutyrylcarnitine) | LC–MS/MS | 6 ± 3 | 7 ± 5 | |
| C6:1 (Hexenoylcarnitine) | LC–MS/MS | 0.12 ± 0.03 | 0.2 ± 0.1 | |
| C6 (C4:1-DC) (Hexanoylcarnitine) | LC–MS/MS | 0.52 ± 0.51 | 0.7 ± 0.4 | |
| C5-OH (C3-DC-M) (hydroxyvalerylcarnitine) | LC–MS/MS | 1.6 ± 0.4 | 1.7 ± 0.4 | |
| C5:1-DC (Glutaconylcarnitine) | LC–MS/MS | 0.04 ± 0.03 | 0.05 ± 0.03 | |
| C5-DC (C6-OH)(Glutarylcarntine) | LC–MS/MS | 0.09 ± 0.04 | 0.14 ± 0.11 | |
| C8 (Octanoylcarnitine) | LC–MS/MS | 0.26 ± 0.32 | 0.27 ± 0.24 | |
| C5-M-DC (methylglutarylcarntine) | LC–MS/MS | 0.02 ± 0.01 | 0.02 ± 0.01 | |
| C9 (Nonaylcarnitine) | LC–MS/MS | 0.03 ± 0.02 | 0.04 ± 0.03 | |
| C7-DC (Pimelylcarnitine) | LC–MS/MS | 0.1 ± 0.1 | 0.14 ± 0.11 | |
| C10:2 (Decadienylcarnitine) | LC–MS/MS | 0.04 ± 0.01 | 0.024 ± 0.004 | |

| | | | |
|---|----------|-------------------|-----------------|
| C10:1 (Decenoylcarnitine) | LC–MS/MS | 0.3 ± 0.1 | 0.3 ± 0.1 |
| C10 (Decanoylcarnitine) | LC–MS/MS | 0.2 ± 0.2 | 0.2 ± 0.2 |
| C12:1 (Dodecenoylcarnitine) | LC–MS/MS | 0.12 ± 0.03 | 0.11 ± 0.02 |
| C12 (Dodecanoylcarnitine) | LC–MS/MS | 0.1 ± 0.1 | 0.04 ± 0.03 |
| C14:2 (Tetradecadienylcarnitine) | LC–MS/MS | 0.011 ± 0.002 | 0.009 ± 0.002 |
| C14:1 (Tetradecenoylcarnitine) | LC–MS/MS | 0.01 ± 0.01 | 0.01 ± 0.01 |
| C14 (Tetradecanoylcarnitine) | LC–MS/MS | 0.02 ± 0.01 | 0.01 ± 0.01 |
| C12-DC (Dodecanedioylcarnitine) | LC–MS/MS | 0.017 ± 0.004 | 0.016 ± 0.002 |
| C14:2-OH (Hydroxytetradecadienylcarnitine) | LC–MS/MS | 0.006 ± 0.001 | 0.005 ± 0.001 |
| C14:1-OH (Hydroxytetradecenoylcarnitine) | LC–MS/MS | 0.008 ± 0.004 | 0.009 ± 0.004 |
| C16:2 (Hexadecadienylcarnitine) | LC–MS/MS | 0.007 ± 0.001 | 0.007 ± 0.001 |
| C16:1 (Hexadecenoylcarnitine) | LC–MS/MS | 0.032 ± 0.004 | 0.032 ± 0.004 |
| C16 (Hexadecanoylcarnitine) | LC–MS/MS | 0.02 ± 0.01 | 0.009 ± 0.004 |
| C16:2-OH (Hydroxyhexadecadienylcarnitine) | LC–MS/MS | 0.006 ± 0.001 | 0.007 ± 0.001 |
| C16:1-OH (Hydroxyhexadecenoylcarnitine) | LC–MS/MS | 0.011 ± 0.003 | 0.011 ± 0.004 |
| C16-OH (Hydroxyhexadecanoylcarnitine) | LC–MS/MS | 0.008 ± 0.002 | 0.007 ± 0.003 |
| C18:2 (Octadecadienylcarnitine) | LC–MS/MS | 0.004 ± 0.001 | 0.004 ± 0.001 |
| C18:1 (Octadecenoylcarnitine) | LC–MS/MS | 0.008 ± 0.004 | 0.007 ± 0.003 |
| C18 (Octadecanoylcarnitine) | LC–MS/MS | 0.02 ± 0.01 | 0.006 ± 0.002 |
| C18:1-OH (Hydroxyoctadecenoylcarnitine) | LC–MS/MS | 0.009 ± 0.002 | 0.01 ± 0.01 |
| TRACE ELEMENTAL COMPOUNDS | | | |
| Lithium | ICP–MS | 1.5 ± 0.4 | 1.5 ± 0.3 |
| Boron | ICP–MS | <LOQ [†] | 36 ± 18 |
| Sodium | ICP–MS | 10109 ± 2109 | 12037 ± 2852 |
| Magnesium | ICP–MS | 279 ± 84 | 286 ± 105 |
| Phosphorus | ICP–MS | 21915 ± 3094 | 21818 ± 2594 |
| Potassium | ICP–MS | 49300 ± 7605 | 51519 ± 7094 |
| Titanium | ICP–MS | 1.2 ± 0.2 | 1.3 ± 0.2 |
| Vanadium | ICP–MS | 0.013 ± 0.004 | 0.009 ± 0.001 |
| Manganese | ICP–MS | 0.12 ± 0.02 | <LOQ |
| Iron | ICP–MS | 10 ± 4 | 8 ± 3 |
| Cobalt | ICP–MS | 0.02 ± 0.01 | 0.022 ± 0.003 |
| Copper | ICP–MS | 0.25 ± 0.13 | 0.2 ± 0.1 |
| Rubidium | ICP–MS | 37 ± 7 | 40 ± 7 |
| Strontium | ICP–MS | 0.06 ± 0.01 | <LOQ |
| Cesium | ICP–MS | 0.03 ± 0.01 | 0.03 ± 0.01 |
| Thallium | ICP–MS | 0.0007 ± 0.0002 | 0.0009 ± 0.0001 |

*Compounds that exhibited good agreement with literature values; [†]LOQ: limit of quantification; ^aJung et al., 2010 [7]; ^bMuroya et al., 2019 [8]; ^cKodani et al., 2017 [58]; ^dKim et al., 2016 [57].

Table S3. List of liver metabolites along with their measured concentrations and their standard deviations (as measured in nmol/g).

| Metabolite | Platform | Concentration | Literature value |
|---------------------------------------|----------------|---------------|------------------------|
| <u>WATER-SOLUBLE COMPOUNDS</u> | | | |
| <i>AMINO ACIDS</i> | | | |
| Alanine | LC-MS/MS & NMR | 1388 ± 276 | 2366–3515 ^a |
| Arginine | LC-MS/MS | 9 ± 5 | |
| Asparagine | LC-MS/MS | 169 ± 37 | |
| Aspartate | LC-MS/MS & NMR | 384 ± 165 | |
| Beta-alanine | NMR | 750 ± 137 | |
| Citrulline | LC-MS/MS | 20 ± 5 | |
| Creatine | LC-MS/MS & NMR | 1321 ± 464 | |
| Glutamate | LC-MS/MS & NMR | 4092 ± 928 | 6122–7999 ^a |
| Glutamine | LC-MS/MS & NMR | 1433 ± 231 | 1911–2576 ^a |
| Glutathione | LC-MS/MS & NMR | 892 ± 472 | |
| Glycine | NMR | 3201 ± 499 | |
| Histidine | LC-MS/MS | 382 ± 67 | |
| Isoleucine | LC-MS/MS & NMR | 178 ± 29 | |
| Leucine | LC-MS/MS & NMR | 426 ± 117 | |
| Lysine | LC-MS/MS | 115 ± 33 | |
| Methionine | LC-MS/MS & NMR | 54 ± 16 | |
| Ornithine | LC-MS/MS & NMR | 270 ± 63 | 984–1184 ^a |
| Phenylalanine | LC-MS/MS & NMR | 138 ± 22 | |
| Proline | LC-MS/MS | 352 ± 67 | |
| Serine | LC-MS/MS | 422 ± 114 | |
| Threonine | LC-MS/MS & NMR | 377 ± 95 | |
| Tryptophan | LC-MS/MS & NMR | 44 ± 7 | |
| Tyrosine | LC-MS/MS & NMR | 84 ± 27 | |
| Valine | LC-MS/MS & NMR | 408 ± 73 | |
| <i>BIOGENIC AMINES</i> | | | |
| Acetyl-ornithine | LC-MS/MS | 23 ± 8 | |
| Asymmetric-dimethylarginine | LC-MS/MS | 1 ± 1 | |
| Carnosine | LC-MS/MS & NMR | 393 ± 130 | |
| Creatinine | LC-MS/MS & NMR | 58 ± 12 | |
| Dopamine | LC-MS/MS | 2 ± 2 | |
| Histamine | LC-MS/MS | 25 ± 16 | |
| Kynurenone | LC-MS/MS | 3 ± 2 | |
| Methionine-sulfoxide | LC-MS/MS | 13 ± 28 | |
| Methylhistidine | LC-MS/MS | 25 ± 5 | |
| Putrescine | LC-MS/MS | 0.2 ± 0.1 | |
| Sarcosine | LC-MS/MS & NMR | 23 ± 10 | |
| Serotonin | LC-MS/MS | 2 ± 1 | |
| Taurine | LC-MS/MS & NMR | 2243 ± 1186 | |
| Total-dimethylarginine | LC-MS/MS | 4 ± 1 | |

| | | |
|---|----------------|---------------|
| Trans-hydroxyproline | LC-MS/MS | 51 ± 13 |
| CARBOHYDRATES | | |
| Glucose | LC-MS/MS & NMR | 80098 ± 14629 |
| ORGANIC ACIDS | | |
| 3-hydroxybutyrate | NMR | 355 ± 89 |
| Acetate | NMR | 201 ± 91 |
| Alpha-amino adipate | LC-MS/MS | 68 ± 27 |
| Ascorbate (Vitamin C) | NMR | 880 ± 257 |
| Formate | NMR | 1686 ± 209 |
| Fumarate | NMR | 299 ± 55 |
| Inosinate (IMP) | NMR | 34 ± 27 |
| Lactate | NMR | 12311 ± 1719 |
| Nicotinurate | NMR | 641 ± 87 |
| Pyruvate | NMR | 108 ± 20 |
| Succinate | NMR | 1194 ± 584 |
| MISCELLANEOUS | | |
| Betaine | LC-MS/MS & NMR | 358 ± 93 |
| Choline | LC-MS/MS & NMR | 345 ± 109 |
| Ethanol | NMR | 2065 ± 985 |
| Glycerol | NMR | 6219 ± 1151 |
| Hypoxanthine | NMR | 1227 ± 156 |
| Inosine | NMR | 833 ± 140 |
| Myo-inositol | NMR | 1177 ± 221 |
| NAD+ | NMR | 347 ± 99 |
| NADH | NMR | 48 ± 26 |
| NADP+ | NMR | 16 ± 8 |
| O-phosphocholine | NMR | 1658 ± 593 |
| sn-Glycero-3-phosphocholine | NMR | 10833 ± 1521 |
| Uridine monophosphate (UMP) | NMR | 58 ± 31 |
| Uracil | NMR | 76 ± 30 |
| Uridine | NMR | 344 ± 86 |
| LIPID-LIKE COMPOUNDS | | |
| <i>PHOSPHATIDYLCHOLINES, ACYL-ALKYL</i> | | |
| PC ae (36:0) | LC-MS/MS | 5 ± 2 |
| PC ae (40:6) | LC-MS/MS | 2 ± 1 |
| <i>PHOSPHATIDYLCHOLINES, DIACYL</i> | | |
| PC aa (32:2) | LC-MS/MS | 3 ± 1 |
| PC aa (36:6) | LC-MS/MS | 3 ± 1 |
| PC aa (36:0) | LC-MS/MS | 17 ± 5 |
| PC aa (38:6) | LC-MS/MS | 6 ± 3 |
| PC aa (38:0) | LC-MS/MS | 1.6 ± 0.4 |
| PC aa (40:6) | LC-MS/MS | 14 ± 6 |
| PC aa (40:2) | LC-MS/MS | 0.7 ± 0.2 |
| PC aa (40:1) | LC-MS/MS | 0.6 ± 0.2 |
| <i>LYSOPHOSPHATIDYLCHOLINES, ACYL C</i> | | |

| | | |
|---|----------|---------------|
| LysoPC(14:0) | LC-MS/MS | 0.09 ± 0.01 |
| LysoPC(16:1) | LC-MS/MS | 0.06 ± 0.02 |
| LysoPC(16:0) | LC-MS/MS | 0.7 ± 0.2 |
| LysoPC(17:0) | LC-MS/MS | 0.15 ± 0.03 |
| LysoPC(18:2) | LC-MS/MS | 1.1 ± 0.3 |
| LysoPC(18:1) | LC-MS/MS | 0.87 ± 0.23 |
| LysoPC(18:0) | LC-MS/MS | 2.1 ± 0.4 |
| LysoPC(20:4) | LC-MS/MS | 0.41 ± 0.11 |
| LysoPC(20:3) | LC-MS/MS | 0.132 ± 0.051 |
| LysoPC(24:0) | LC-MS/MS | 0.06 ± 0.01 |
| LysoPC(26:1) | LC-MS/MS | 0.04 ± 0.01 |
| LysoPC(26:0) | LC-MS/MS | 0.09 ± 0.03 |
| LysoPC(28:1) | LC-MS/MS | 0.1 ± 0.02 |
| LysoPC(28:0) | LC-MS/MS | 0.2 ± 0.1 |
| SPHINGOMYELINS | | |
| SM(16:1) | LC-MS/MS | 0.9 ± 0.3 |
| SM(16:0) | LC-MS/MS | 22 ± 7 |
| SM(18:1) | LC-MS/MS | 3 ± 1 |
| SM(18:0) | LC-MS/MS | 6 ± 2 |
| SM(20:2) | LC-MS/MS | 0.8 ± 0.3 |
| HYDROXYSPHINGOMYELINS | | |
| SM(14:1(OH)) | LC-MS/MS | 2 ± 1 |
| SM(16:1(OH)) | LC-MS/MS | 5 ± 1 |
| SM(22:2(OH)) | LC-MS/MS | 4 ± 1 |
| SM(22:1(OH)) | LC-MS/MS | 14 ± 3 |
| SM(24:1(OH)) | LC-MS/MS | 4 ± 1 |
| ACYLCARNITINES | | |
| C0 (Carnitine) | LC-MS/MS | 22 ± 6 |
| C2 (Acetylcarnitine) | LC-MS/MS | 5 ± 2 |
| C3:1 (Propenoylcarnitine) | LC-MS/MS | 0.2 ± 0.1 |
| C3 (Propionylcarnitine) | LC-MS/MS | 3 ± 1 |
| C4:1 (Butenylcarnitine) | LC-MS/MS | 0.08 ± 0.01 |
| C4 (Butyrylcarnitine) | LC-MS/MS | 0.36 ± 0.08 |
| C3-OH (Hydroxypropionylcarnitine) | LC-MS/MS | 0.07 ± 0.02 |
| C5:1 (Tiglylcarnitine) | LC-MS/MS | 0.022 ± 0.004 |
| C5 (Valerylcarnitine) | LC-MS/MS | 0.17 ± 0.04 |
| C4-OH (C3-DC) (Hydroxybutyrylcarnitine) | LC-MS/MS | 0.09 ± 0.02 |
| C6:1 (Hexenoylcarnitine) | LC-MS/MS | 0.17 ± 0.03 |
| C6 (C4:1-DC) (Hexanoylcarnitine) | LC-MS/MS | 0.3 ± 0.1 |
| C5-OH (C3-DC-M) (hydroxyvalerylcarnitine) | LC-MS/MS | 0.09 ± 0.02 |
| C5:1-DC (Glutaconylcarnitine) | LC-MS/MS | 0.026 ± 0.004 |
| C5-DC (C6-OH)(Glutarylcarntine) | LC-MS/MS | 0.2 ± 0.1 |
| C8 (Octanoylcarnitine) | LC-MS/MS | 0.09 ± 0.02 |
| C5-M-DC (methylglutarylcarntine) | LC-MS/MS | 0.11 ± 0.02 |
| C9 (Nonaylcarnitine) | LC-MS/MS | 0.04 ± 0.01 |

| | | |
|--|----------|---------------|
| C7-DC (Pimelylcarnitine) | LC-MS/MS | 0.14 ± 0.11 |
| C10:2 (Decadienylcarnitine) | LC-MS/MS | 0.04 ± 0.01 |
| C10:1 (Decenoylcarnitine) | LC-MS/MS | 0.3 ± 0.1 |
| C10 (Decanoylcarnitine) | LC-MS/MS | 0.16 ± 0.03 |
| C12:1 (Dodecenoylcarnitine) | LC-MS/MS | 0.3 ± 0.1 |
| C12 (Dodecanoylcarnitine) | LC-MS/MS | 0.031 ± 0.004 |
| C14:2 (Tetradecadienylcarnitine) | LC-MS/MS | 0.011 ± 0.002 |
| C14:1 (Tetradecenoylcarnitine) | LC-MS/MS | 0.011 ± 0.002 |
| C14 (Tetradecanoylcarnitine) | LC-MS/MS | 0.011 ± 0.003 |
| C12-DC (Dodecanedioylcarnitine) | LC-MS/MS | 0.021 ± 0.003 |
| C14:2-OH (Hydroxytetradecadienylcarnitine) | LC-MS/MS | 0.008 ± 0.001 |
| C14:1-OH (Hydroxytetradecenoylcarnitine) | LC-MS/MS | 0.009 ± 0.002 |
| C16:2 (Hexadecadienylcarnitine) | LC-MS/MS | 0.008 ± 0.001 |
| C16:1 (Hexadecenoylcarnitine) | LC-MS/MS | 0.032 ± 0.003 |
| C16 (Hexadecanoylcarnitine) | LC-MS/MS | 0.012 ± 0.004 |
| C16:2-OH (Hydroxyhexadecadienylcarnitine) | LC-MS/MS | 0.02 ± 0.01 |
| C16:1-OH (Hydroxyhexadecenoylcarnitine) | LC-MS/MS | 0.021 ± 0.004 |
| C16-OH (Hydroxyhexadecanoylcarnitine) | LC-MS/MS | 0.011 ± 0.003 |
| C18:2 (Octadecadienylcarnitine) | LC-MS/MS | 0.006 ± 0.001 |
| C18:1 (Octadecenoylcarnitine) | LC-MS/MS | 0.011 ± 0.002 |
| C18 (Octadecanoylcarnitine) | LC-MS/MS | 0.008 ± 0.001 |
| C18:1-OH (Hydroxyoctadecenoylcarnitine) | LC-MS/MS | 0.011 ± 0.002 |

TRACE ELEMENTAL COMPOUNDS

| | | |
|------------|--------|---------------|
| Lithium | ICP-MS | 2 ± 1 |
| Boron | ICP-MS | 47 ± 28 |
| Sodium | ICP-MS | 25588 ± 4753 |
| Magnesium | ICP-MS | 10 ± 7 |
| Phosphorus | ICP-MS | 32820 ± 6825 |
| Potassium | ICP-MS | 46154 ± 8295 |
| Calcium | ICP-MS | 17 ± 8 |
| Titanium | ICP-MS | 2.2 ± 0.4 |
| Cobalt | ICP-MS | 0.8 ± 0.2 |
| Copper | ICP-MS | 27 ± 19 |
| Zinc | ICP-MS | 39 ± 60 |
| Rubidium | ICP-MS | 80 ± 16 |
| Molybdenum | ICP-MS | 3 ± 1 |
| Cesium | ICP-MS | 0.02 ± 0.01 |
| Lead | ICP-MS | 0.019 ± 0.003 |

^a Miles et al., 2015 [59].

Table S4. List of testis metabolites along with their measured concentrations and their standard deviations (as measured in nmol/g).

| Metabolite | Platform | Concentration | Literature value |
|---------------------------------------|----------------|---------------|---|
| <u>WATER-SOLUBLE COMPOUNDS</u> | | | |
| <i>AMINO ACIDS</i> | | | |
| Alanine* | LC–MS/MS & NMR | 1400 ± 294 | 880–1200 ^a |
| Arginine | LC–MS/MS | 51 ± 12 | 200–460 ^a |
| Asparagine | LC–MS/MS | 48 ± 11 | |
| Aspartate* | LC–MS/MS & NMR | 597 ± 215 | 310–550 ^a |
| Beta-alanine | NMR | 48 ± 13 | |
| Citrulline | LC–MS/MS | 19 ± 7 | |
| Creatine | LC–MS/MS & NMR | 7553 ± 1850 | |
| Glutamate | LC–MS/MS & NMR | 3270 ± 702 | 1950–2430 ^a |
| Glutamine | LC–MS/MS & NMR | 1517 ± 338 | |
| Glutathione | NMR | 1453 ± 257 | |
| Glycine* | LC–MS/MS & NMR | 1247 ± 251 | 930–1250 ^a |
| Histidine | LC–MS/MS | 61 ± 13 | 20 ^b |
| Isoleucine | LC–MS/MS & NMR | 79 ± 14 | 30 ^b |
| Leucine | LC–MS/MS & NMR | 138 ± 23 | 40 ^b |
| Lysine* | LC–MS/MS | 64 ± 15 | 40 ^b , 120–200 ^a |
| Methionine | LC–MS/MS & NMR | 26 ± 6 | |
| Ornithine | LC–MS/MS | 10 ± 3 | |
| Phenylalanine | LC–MS/MS & NMR | 56 ± 12 | |
| Proline | LC–MS/MS | 191 ± 40 | |
| Serine* | LC–MS/MS | 272 ± 58 | 230 ^b , 630–830 ^a |
| Threonine | LC–MS/MS & NMR | 232 ± 51 | 140 ^b |
| Tryptophan | LC–MS/MS & NMR | 18 ± 4 | |
| Tyrosine | LC–MS/MS & NMR | 43 ± 9 | |
| Valine | LC–MS/MS & NMR | 197 ± 37 | 50 ^b |
| <i>BIOGENIC AMINES</i> | | | |
| Acetyl-ornithine | LC–MS/MS | 7 ± 3 | |
| Asymmetric-dimethylarginine | LC–MS/MS | 0.8 ± 0.2 | |
| Carnosine | LC–MS/MS | 12 ± 3 | |
| Creatinine | LC–MS/MS & NMR | 123 ± 26 | |
| Kynurenone | LC–MS/MS | 0.9 ± 0.4 | |
| Methionine-sulfoxide | LC–MS/MS | 1 ± 0.4 | |
| Methylhistidine | LC–MS/MS | 19 ± 4 | |
| O-phosphoethanolamine | NMR | 6934 ± 1186 | |
| Putrescine | LC–MS/MS | 11 ± 3 | |
| Sarcosine | LC–MS/MS & NMR | 5 ± 2 | |
| Spermidine | LC–MS/MS | 0.4 ± 0.2 | |
| Taurine | LC–MS/MS & NMR | 1510 ± 296 | |
| Total-dimethylarginine | LC–MS/MS | 1.9 ± 0.4 | |
| Trans-hydroxyproline | LC–MS/MS | 43 ± 12 | |

| | | |
|---|----------------|-------------|
| Trimethylamine N-oxide | LC-MS/MS | 11 ± 5 |
| CARBOHYDRATES | | |
| Glucose | LC-MS/MS & NMR | 149 ± 66 |
| UDP-galactose | NMR | 53 ± 10 |
| UDP-glucose | NMR | 126 ± 32 |
| UDP-N-acetylglucosamine | NMR | 268 ± 40 |
| ORGANIC ACIDS | | |
| 3-hydroxybutyrate | NMR | 101 ± 23 |
| Acetate | NMR | 88 ± 19 |
| Alpha-amino adipate | LC-MS/MS | 98 ± 39 |
| Ascorbate (Vitamin C) | NMR | 1576 ± 363 |
| Formate | NMR | 823 ± 240 |
| Fumarate | NMR | 27 ± 8 |
| Inosinate (IMP) | NMR | 97 ± 19 |
| Lactate | NMR | 7702 ± 1649 |
| Nicotinurate | NMR | 38 ± 11 |
| Pyruvate | NMR | 11 ± 3 |
| Succinate | NMR | 340 ± 76 |
| MISCELLANEOUS | | |
| Adenosine | NMR | 150 ± 114 |
| Betaine | LC-MS/MS & NMR | 564 ± 134 |
| Choline | LC-MS/MS & NMR | 177 ± 71 |
| Ethanol | NMR | 125 ± 111 |
| Glycerol | NMR | 380 ± 112 |
| Hypoxanthine | NMR | 176 ± 66 |
| Inosine | NMR | 225 ± 95 |
| Myo-inositol | NMR | 7193 ± 1232 |
| NAD+ | NMR | 151 ± 22 |
| NADH | NMR | 21 ± 8 |
| NADP+ | NMR | 12 ± 3 |
| O-phosphocholine | NMR | 1058 ± 234 |
| sn-Glycero-3-phosphocholine | NMR | 702 ± 121 |
| Uridine monophosphate (UMP) | NMR | 56 ± 11 |
| Uridine | NMR | 156 ± 36 |
| LIPID-LIKE COMPOUNDS | | |
| PHOSPHATIDYLCHOLINES, ACYL-ALKYL | | |
| PC ae (36:0) | LC-MS/MS | 0.9 ± 0.2 |
| PC ae (40:6) | LC-MS/MS | 0.6 ± 0.1 |
| PHOSPHATIDYLCHOLINES, DIACYL | | |
| PC aa (32:2) | LC-MS/MS | 0.5 ± 0.1 |
| PC aa (36:6) | LC-MS/MS | 0.4 ± 0.1 |
| PC aa (36:0) | LC-MS/MS | 15 ± 3 |
| PC aa (38:6) | LC-MS/MS | 21 ± 5 |
| PC aa (38:0) | LC-MS/MS | 0.5 ± 0.1 |
| PC aa (40:6) | LC-MS/MS | 2.7 ± 0.4 |

| | | |
|--|----------|---------------|
| PC aa (40:2) | LC–MS/MS | 0.12 ± 0.02 |
| PC aa (40:1) | LC–MS/MS | 0.07 ± 0.01 |
| <i>LYSOPHOSPHATIDYLCHOLINES, ACYL C</i> | | |
| LysoPC(14:0) | LC–MS/MS | 0.09 ± 0.01 |
| LysoPC(16:1) | LC–MS/MS | 0.03 ± 0.01 |
| LysoPC(16:0) | LC–MS/MS | 0.7 ± 0.1 |
| LysoPC(17:0) | LC–MS/MS | 0.03 ± 0.01 |
| LysoPC(18:2) | LC–MS/MS | 0.41 ± 0.13 |
| LysoPC(18:1) | LC–MS/MS | 0.4 ± 0.1 |
| LysoPC(18:0) | LC–MS/MS | 0.16 ± 0.03 |
| LysoPC(20:4) | LC–MS/MS | 0.2 ± 0.1 |
| LysoPC(20:3) | LC–MS/MS | 0.04 ± 0.01 |
| LysoPC(24:0) | LC–MS/MS | 0.04 ± 0.01 |
| LysoPC(26:1) | LC–MS/MS | 0.04 ± 0.01 |
| LysoPC(26:0) | LC–MS/MS | 0.08 ± 0.01 |
| LysoPC(28:1) | LC–MS/MS | 0.06 ± 0.01 |
| LysoPC(28:0) | LC–MS/MS | 0.08 ± 0.01 |
| <i>SPHINGOMYELINS</i> | | |
| SM(16:1) | LC–MS/MS | 0.6 ± 0.1 |
| SM(16:0) | LC–MS/MS | 42 ± 6 |
| SM(18:1) | LC–MS/MS | 0.5 ± 0.1 |
| SM(18:0) | LC–MS/MS | 5 ± 1 |
| SM(20:2) | LC–MS/MS | 0.3 ± 0.1 |
| <i>HYDROXYSPHINGOMYELINS</i> | | |
| SM(14:1(OH)) | LC–MS/MS | 1.3 ± 0.2 |
| SM(16:1(OH)) | LC–MS/MS | 1.8 ± 0.3 |
| SM(22:2(OH)) | LC–MS/MS | 1.1 ± 0.2 |
| SM(22:1(OH)) | LC–MS/MS | 1.3 ± 0.3 |
| SM(24:1(OH)) | LC–MS/MS | 0.25 ± 0.04 |
| <i>ACYLCARNITINES</i> | | |
| C0 (Carnitine) | LC–MS/MS | 20 ± 6 |
| C2 (Acetyl carnitine) | LC–MS/MS | 40 ± 11 |
| C3:1 (Propenoylcarnitine) | LC–MS/MS | 0.77 ± 0.13 |
| C3 (Propionylcarnitine) | LC–MS/MS | 0.6 ± 0.2 |
| C4:1 (Butenylcarnitine) | LC–MS/MS | 0.02 ± 0.01 |
| C4 (Butyrylcarnitine) | LC–MS/MS | 2.8 ± 0.7 |
| C3-OH (Hydroxypropionylcarnitine) | LC–MS/MS | 0.06 ± 0.01 |
| C5:1 (Tiglylcarnitine) | LC–MS/MS | 0.021 ± 0.003 |
| C5 (Valerylcarnitine) | LC–MS/MS | 0.27 ± 0.09 |
| C4-OH (C3-DC) (Hydroxybutyrylcarnitine) | LC–MS/MS | 0.16 ± 0.04 |
| C6:1 (Hexenoylcarnitine) | LC–MS/MS | 0.03 ± 0.01 |
| C6 (C4:1-DC) (Hexanoylcarnitine) | LC–MS/MS | 0.21 ± 0.06 |
| C5-OH (C3-DC-M) (hydroxyvalerylcarnitine) | LC–MS/MS | 0.08 ± 0.02 |
| C5:1-DC (Glutaconylcarnitine) | LC–MS/MS | 0.021 ± 0.004 |
| C5-DC (C6-OH)(Glutarylcarntine) | LC–MS/MS | 0.021 ± 0.004 |

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|--|----------|---------------|
| C8 (Octanoylcarnitine) | LC–MS/MS | 0.06 ± 0.01 |
| C5-M-DC (methylglutaryl carnitine) | LC–MS/MS | 0.016 ± 0.003 |
| C9 (Nonaylcarnitine) | LC–MS/MS | 0.014 ± 0.002 |
| C7-DC (Pimelylcarnitine) | LC–MS/MS | 0.1 ± 0.1 |
| C10:2 (Decadienylcarnitine) | LC–MS/MS | 0.05 ± 0.01 |
| C10:1 (Decenoylcarnitine) | LC–MS/MS | 0.27 ± 0.04 |
| C10 (Decanoylcarnitine) | LC–MS/MS | 0.06 ± 0.01 |
| C12:1 (Dodecenoylcarnitine) | LC–MS/MS | 0.13 ± 0.01 |
| C12 (Dodecanoylcarnitine) | LC–MS/MS | 0.04 ± 0.01 |
| C14:2 (Tetradecadienylcarnitine) | LC–MS/MS | 0.011 ± 0.002 |
| C14:1 (Tetradecenoylcarnitine) | LC–MS/MS | 0.011 ± 0.003 |
| C14 (Tetradecanoylcarnitine) | LC–MS/MS | 0.02 ± 0.01 |
| C12-DC (Dodecanedioylcarnitine) | LC–MS/MS | 0.013 ± 0.002 |
| C14:2-OH (Hydroxytetradecadienylcarnitine) | LC–MS/MS | 0.007 ± 0.001 |
| C14:1-OH (Hydroxytetradecenoylcarnitine) | LC–MS/MS | 0.009 ± 0.002 |
| C16:2 (Hexadecadienylcarnitine) | LC–MS/MS | 0.006 ± 0.001 |
| C16:1 (Hexadecenoylcarnitine) | LC–MS/MS | 0.032 ± 0.003 |
| C16 (Hexadecanoylcarnitine) | LC–MS/MS | 0.02 ± 0.01 |
| C16:2-OH (Hydroxyhexadecadienylcarnitine) | LC–MS/MS | 0.007 ± 0.001 |
| C16:1-OH (Hydroxyhexadecenoylcarnitine) | LC–MS/MS | 0.011 ± 0.001 |
| C16-OH (Hydroxyhexadecanoylcarnitine) | LC–MS/MS | 0.009 ± 0.001 |
| C18:2 (Octadecadienylcarnitine) | LC–MS/MS | 0.004 ± 0.001 |
| C18:1 (Octadecenoylcarnitine) | LC–MS/MS | 0.009 ± 0.002 |
| C18 (Octadecanoylcarnitine) | LC–MS/MS | 0.02 ± 0.01 |
| C18:1-OH (Hydroxyoctadecenoylcarnitine) | LC–MS/MS | 0.009 ± 0.002 |

TRACE ELEMENTAL COMPOUNDS

| | | |
|------------|--------|-----------------|
| Lithium | ICP–MS | 19 ± 2 |
| Boron | ICP–MS | 31 ± 11 |
| Sodium | ICP–MS | 35578 ± 6600 |
| Magnesium | ICP–MS | 70 ± 23 |
| Phosphorus | ICP–MS | 15602 ± 2618 |
| Potassium | ICP–MS | 48919 ± 8298 |
| Calcium | ICP–MS | 13 ± 4 |
| Titanium | ICP–MS | 1 ± 0.2 |
| Cobalt | ICP–MS | 0.05 ± 0.01 |
| Copper | ICP–MS | 0.7 ± 0.1 |
| Zinc | ICP–MS | 4 ± 1 |
| Rubidium | ICP–MS | 49 ± 9 |
| Molybdenum | ICP–MS | 0.06 ± 0.01 |
| Cesium | ICP–MS | 0.02 ± 0.01 |
| Thallium | ICP–MS | 0.0014 ± 0.0003 |
| Lead | ICP–MS | 0.014 ± 0.003 |

*Compounds that exhibited good agreement with literature values; ^a Brown-Woodman and White, 1974 [32]; ^b Sexton et al., 1971 [54].