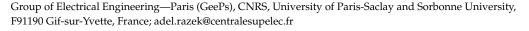




# Assessment of a Functional Electromagnetic Compatibility Analysis of Near-Body Medical Devices Subject to Electromagnetic Field Perturbation

Adel Razek 回

Review



Abstract: This article aims to assess, discuss and analyze the disturbances caused by electromagnetic field (EMF) noise of medical devices used near living tissues, as well as the corresponding functional control via the electromagnetic compatibility (EMC) of these devices. These are minimally invasive and non-ionizing devices allowing various healthcare actions involving monitoring, assistance, diagnoses and image-guided medical interventions. Following an introduction of the main items of the paper, the different imaging methodologies are conferred, accounting for their nature, functioning, employment condition and patient comfort and safety. Then the magnetic resonance imaging (MRI) components and their fields, the consequential MRI-compatibility concept and possible image artifacts are detailed and analyzed. Next, the MRI-assisted robotic treatments, the possible robotic external matter introductions in the MRI scaffold, the features of MRI-compatible materials and the conformity control of such compatibility are analyzed and conferred. Afterward, the embedded, wearable and detachable medical devices, their EMF perturbation control and their necessary protection via shielding technologies are presented and analyzed. Then, the EMC control procedure, the EMF governing equations and the body numerical virtual models are conferred and reviewed. A qualitative methodology, case study and simple example illustrating the mentioned methodology are presented. The last section of the paper discusses potential details and expansions of the different notions conferred in the paper, in the perspective of monitoring the disturbances due to EMF noise of medical devices working near living tissues. This contribution highlights the possibility of the proper functioning of medical instruments working close to the patient's body tissues and their protection by monitoring possible disturbances. Thanks to these commitments, various health recommendations have been taken into account. This concerns piezoelectric actuated robotics, assisted with MRI and the possible use of conductive materials in this imager under certain conditions. The safe use of onboard devices with EMF-insensitive or intelligently shielded materials with short exposure intervals is also of concern. Additionally, the need to monitor body temperature in case of prolonged exposure of onboard devices to EMF is analyzed in the Discussion section. Moreover, the use of virtual tissue models in EMC testing to achieve more realistic evaluation capabilities also features in the Discussion section.

**Keywords:** EMF noise perturbation; functional control; EMC analysis; devices working close to tissues; monitoring; assistance; diagnosis; image-guided interventions; onboard devices

# 1. Introduction

Electromagnetic fields (EMFs) are used in many everyday pieces of equipment. They reflect wide ranges of strength and frequency. The environment close to the EMF source devices is subject to their exposure. Unwanted exposure to such fields can cause different types of disturbances and disorders in various areas. One of the greatest areas of concern is health safety. In this case, the disorder could directly involve body tissues or healthcare diagnostic, detection and intervention devices. Regarding EMF exposure, most of the affected source devices are characterized by significant stray fields, e.g., wireless devices. The



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**Copyright:** © 2023 by the author. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). EMF exposure of living tissues can cause different biological effects [1–6]. The other effect of EMF exposure on health safety is related to medical devices. Such exposure can disrupt several types of health devices. The devices most affected by health problems are those working near body tissues. Two important categories of devices are of concern. The first concerns imaging diagnostic procedures and image-assisted robotic interventions [7–13]. In such a case, disturbances due to EMF noise mainly concern universal non-ionizing procedures using MRI. The second category concerns body onboard embedded and wearable devices [14–18].

MRI as a diagnostic tool could be disrupted due to its sensitivity to EMF noise. This scanner is generally protected against exposure to external fields. However, EMF noise could be triggered due to the introduction of magnetic or conductive material inside or near the scaffold. This may occur due to objects inserted in the body under testing. The consequences would be image artifacts disrupting the diagnosis [19–22]. Considering the case of MRI-assisted robotic interventions, these can be surgical or implanted treatment. These procedures mainly concern situations requiring movement or location control. Thus, the assistance of concern offers remarkable means of localization and precise displacement control, improving the result of medical treatment and allowing precise minimally invasive actions. In this case, the EMF noise disturbance could be, in addition to the body tested, due to the presence of robotic accessories and medical tools within the scaffold [23–29].

The EMF noise perturbation of onboard devices is provoked by exposure to external fields (radiation). Embedded and portable devices are often used for ongoing medical assistance or for diagnostic and monitoring purposes. The case of wearable mechanisms correspond to a passive programmed role as sensing functions, e.g., [30–32]. The wearable biosensors involved behave as non-intrusive tools allowing real-time monitoring of patients, providing sufficient data to establish their health status and can constitute a first diagnosis. Devices integrated into the body can be static passive for permanent monitoring, e.g., [17], or active stimulating or assisting tools, e.g., [18]. All of these onboard tools enable diligent, personalized and tailored healthcare. Note that most of these devices may be of concern with the disturbances caused by the patient's body inside the MRI mentioned above.

The different functional disorders of devices due to EMF noise mentioned above should be evaluated and controlled. Thus, a routine of functional control could be practiced on these devices. The functional control at large verifies the ability of a device to operate in a specific environment. Regarding EMFs, generally speaking, the increasing complexity and amplified practice of electronic tools have given rise to electromagnetic interference (EMI), which involves various signals emitted in an unsolicited manner. These can affect the operation of systems in a specific electromagnetic atmosphere, causing them to fail or reducing their performance. Indeed, EMI corresponds to the transmission of disturbing energy (noise) between two systems (source and receiver) via radiating and/or conductive tracks. Such noise can come from an artificial source (like radar or a cell phone) or a natural source (like lightning). Furthermore, the noise could be intrinsic to the system due to alterations of its physical characteristics (like the effect of the insertion of external materials). Concerning EMI, the creation of an electromagnetically compatible atmosphere in relation to the affected system (receiver) allows it to regain its intended operation. Thus, EMC can be achieved to respond to EMI threats. Therefore, due to the different types of noise mentioned, the functional EMC control can be termed as verifying the ability of a device to function properly in its electromagnetic environment without interference with itself or other systems in that environment.

Consequently, the various functional disturbances of medical devices conferred above can be evaluated and controlled with an EMC analysis, e.g., [25,27,29]. This can be achieved by experimental means (where possible) or by using numerical modeling tools. Such a numerical assessment in addition to functional control can assist in the redesign of disturbed devices, disturbing sources and introduced external materials. Additionally, a numerical EMC analysis enables shielding design with validity verification regarding sources and targets of disturbances [33].

The objective of this contribution is to analyze the disturbances due to EMF noise of medical devices working, in particular, near living tissues and to synthesize the corresponding functional EMC control of these devices. This is achieved in the context of minimally invasive and non-ionizing environments enabling various health treatments involving monitoring, assistance, diagnoses, as well as image-guided medical interventions. It aims to authenticate recommendations that fit into the patient's well-being.

Section 2 of the article presents the different imaging methodologies, taking into account their nature, their operation, their conditions of use, as well as the comfort and safety of patients. MRI components and their field characteristics will be analyzed. The resulting concept of MRI compatibility and possible image artifacts will be detailed and analyzed. Section 3 concerns MRI-assisted robotic treatments. The possible robotic introductions of external materials, the characteristics of MRI-compatible materials and the conformity check of such compatibility will be analyzed and discussed. Section 4 concerns integrated, portable and detachable medical devices. In this framework, the control of EMF disturbances will be conferred and the necessary shielding protection technologies will be presented and analyzed. In Section 5, the EMC control procedure will be analyzed and discussed. The equations governing EMF and their application in EMC control will be illustrated. Digital virtual models of the body that can be involved in the actual representation of the operating area of medical devices will be discussed and reviewed. A simple qualitative methodology case study example illustrating the mentioned methodology will conclude this section. Section 6 addresses the analysis of potential extensions of the different notions mentioned in the article, with the perspective of monitoring disturbances due to EMF noise of medical devices working close to living tissues. This concerns, among other things, the particular case of prolonged exposure of onboard devices to EMF, which can trigger, in addition to a malfunction of the device, a risk of heating of tissues directly by EMF and indirectly by power dissipation in conductive metals contained in the device. In such a case, we must control, in addition to device disturbances, body temperature. The discussion also involves and details the concepts of a virtual tissue model, smart shielding, etc.

# 2. Imaging Methodologies

Various imaging techniques are used in healthcare treatments. The chosen option depends on several conditions related to the concerned circumstances. Living tissue imaging involves soft tissues, bones, fluids and air gaps. The most widespread techniques use X-rays, magnetic fields, ultrasound or radioactive drugs (positron emission, gamma rays, etc.). The corresponding scanners are each relatively adapted to a specific case. Apart from magnetic and ultrasound imaging techniques, the others are subject to ionizing radiation. These tools can be used for diagnostic purposes or therapeutic assistance. In conventional diagnostic imaging, patient exposure is generally short-term, posing no risk from any scanner. On the other hand, persistent exposures such as, e.g., assisted treatments, infer and take into account the comfort and safety of the patient. In addition to a minimally invasive practice, non-ionizing conditions are required. In these circumstances, only MRI and ultrasound scanners are free from ionizing radiation [9–13]. However, each of these two scanners is subject to particular limitations. Ultrasound can only work in tissues devoid of bone and air [27,29]. MRI needs an atmosphere free from external EMF noise, which must be controlled [23–29]. From the above analysis, for image-assisted treatments, MRI seems the most adequate, conditioned on controlled external EMF noise (EMC control). Figure 1 illustrates the above analysis for imaging strategy options.

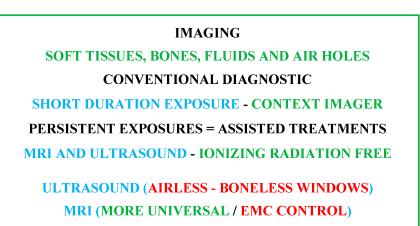


Figure 1. Summarizing diagram of imaging strategy options accounting for patient comfort and safety.

#### 2.1. MRI Constituents

The shaped MRI image is produced using signals resulting from the interaction of biological tissues with magnetic fields. Three different feature fields are used to create 3D images. The first is a high-intensity static field. It generates a magnetizing vector in living tissue that aligns and measures the density of the protons involved. The second is linked to three low-frequency spatial gradient fields. These locate aligned tissue protons, establishing a 3D restoration of the different spatial divisions of tissue in the images. The third is a radio frequency field. This stimulates the magnetizing vector, allowing its identification with the scanner and the transformation of the effects on the tissues into images [27].

In fact, MRI theoretically aims to image the nuclei of hydrogen atoms, which are held inside living tissues. A hydrogen nucleus that is a proton is a mass of positive charge rotating on itself around an axis. In living tissue, protons are rotated randomly and do not rotate all together. As a result, they display zero subsequent magnetic field and operate out of phase. According to the principle of MRI, protons require three basic arrangements in the examined section of tissue, which align in a fixed direction all the protons, rotate them together and locate their distinct spatial origins. The aligning action could be fulfilled by the introduction of the concerned body tissue section in a high-intensity magnet to steer them simultaneously in the axial direction of its static field  $B_0$ . To reach their joint spinning, a resonance action can be applied. Thus, one can use an excitation with a radiofrequency (RF) field, B<sub>1</sub>, having a frequency identical to that of proton rotation natural frequency f<sub>L</sub> (Larmor frequency of protons). Localizing protons' distinct spatial positions can be achieved through the use of their related field distinctive values. Thus, a 3D space gradient, G(x, y, z), with pulsations of low-frequency repetitions can be joined to the field B<sub>0</sub>, permitting the detection of the distinct position values of B<sub>0d</sub> (x, y, z) = B<sub>0</sub> + G(x, y, z). The last conferred fields  $B_0$ ,  $B_1$  and G(x, y, z) reflect different natures. It is worth noting that the value of protons' Larmor frequency  $f_L$  is a function of the  $B_0$  field value and equivalent to 42.5 MHz per tesla and hence the conforming position distinctive frequencies  $f_{Ld}$  (x, y, z) are functions of  $B_{0d}$  (x, y, z).

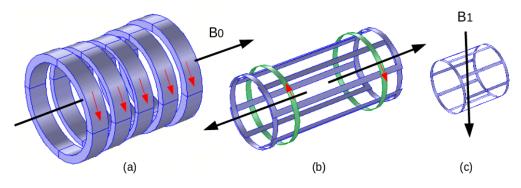
These three fields allow establishing images as follows. The protons are subjected to excitation–relaxation sequences by an RF energy wave, leading to energy supply restoration actions. A suitable tuned RF antenna permits the detection of the restored energy corresponding signals. These are related to the B<sub>1</sub> values with frequencies of  $f_{Ld}$  (x, y, z). Thus, coding of spatial imaging in the concerned tissues can be obtained. Note that B<sub>1</sub> frequency is  $f_L$  that is usually tuned to a value in the center of the explored tissue of  $f_{Ld}$  (x, y, z).

# 2.2. Features of MRI Fields $B_0$ , G(x, y, z) and $B_1$

Respectively the strong magnet, gradient coils and RF coil produce these fields. In the standard procedure of MRI, its proper action necessitates the shield of the magnet and gra-

dient coils and the compensation of their fields. Indeed, a virtuous MRI requests a uniform constant B<sub>0</sub> (by using shimming coils) and linear uniform regulated field gradients. These fields necessitate corrections and compensations for reliable performing of the scanner.

The RF coil field seems the most exposed, and characterizes a fragility to noise fields and to near introduced external materials. The most widespread form of an RF coil is birdcage-like and is used as an exciting RF source as well as a tuned RF antenna. Figure 2 illustrates a representation of the three MRI components and their conforming fields.



**Figure 2.** MRI components and corresponding fields: (**a**) electromagnet B<sub>0</sub>, (**b**) gradient coils (one axis couple), (**c**) RF coil B<sub>1</sub>.

The characteristics of these fields are different regarding their magnitude, pulsation and presence throughout the MRI functioning— $B_0$ : 0.2–10 T, 0 Hz, permanently present; G(x, y, z): 0–50 mT/m, 0–10 kHz, multiple pulses of few ms; and  $B_1$ : 0–50  $\mu$ T, 8–300 MHz, Amp. Mod. Pulses of few ms.

# 2.3. MRI Compatibility

As mentioned earlier, MRI is sensitive to EMF noise resulting from external field exposure or insertion of specific external matters (magnetic and conductor) within or close to the MRI scaffold. Conventionally, an MRI is shielded regarding external field exposure. We can largely typify an external object as MRI-compatible if it behaves in an MRI-safe manner, not affecting image quality, and working as expected. In addition, the static field magnet and the gradient coils are shielded and their fields are compensated for a reasonable size of inserted matters. As stated in the last section, only the RF coil and its field seem vulnerable for such insertion and it is necessary to control the compliance of the inserted matters with the correct functioning of the scanner. Thus, the inserted external materials should be MRI-compatible, i.e., not perturbing the RF field and image. Only non-magnetic and non-conductor matter can theoretically behave in an MRI-compatible manner. In general, magnetic materials are reduced to trivial-almost-zero sizes. Conducting materials have an indirect perturbing effect on the RF field. They exhibit eddy currents induced by the RF field that perturb the distribution of this field, which alters the image. Such induced currents are directly related to the conductor surface perpendicular to the RF field direction and hence can be reduced by minimizing such surface. Typically, a conducting sheet of negligible thickness positioned parallel to the field direction will almost not cause any field perturbation independent of its surface size. This phenomenon permits the use within the scaffold of conducting matters with specific shapes and orientations.

#### 2.4. Image Artifacts

The image quality can be deteriorated for diverse reasons. The scanner itself can be the source of decreased image quality, as in the case of an inefficiently shimmed imager. Living tissues can also diminish the image quality due to susceptibility discrepancies, such as those between soft tissues and air holes in the brain. Moreover, embedded matters within the body such as prostheses and particularly metallic ones can also weaken image quality [34–40]. The image modification due to metallic materials, which present susceptibility

variations, depends on the size, the shape and the direction with respect to B<sub>1</sub> [27,29,33]. Additionally, an important cause of image artifacts could be the tools, particularly metallic ones, involved in under-imaging processing. Indeed, currents induced in metals not only mainly by the RF fields but also by low-frequency gradient fields can affect the image. These currents could interact mainly with the RF field, which is the most at risk among the fields of an MRI.

#### 3. MRI-Assisted Robotic Treatments

As mentioned previously, in surgical or implanted treatments requiring movement or localization control with increased precision, we can use imaging-assisted robotic interventions allowing precise minimally invasive actions. Also, in such image-assisted treatments, non-ionizing MRI seems to be the most adequate, on the condition of controlled external EMF noise. Such noise can come from robotic accessories and medical tools [23–29].

## 3.1. Robotic External Matter Introductions

As mentioned in the last section, only non-magnetic and non-conducting materials can be used in MRI-guided robotic interventions. The robot's mainframe and therapeutic tools are normally made of non-magnetic and non-conducting materials. However, a robot needs actionable movements. Most competent actuators are the electromagnetic ones using magnetic and conductive materials. Few types of non-electromagnetic actuators with performance suitable for MRI-assisted robotic operation can be used. This could be the case for piezoelectric actuators subject to their MRI compatibility; see, e.g., [41–56]. Such actuators are made of dielectric piezoelectric materials coated with trivial electrodes. As indicated in Section 2.3, the shape and orientation of these electrodes (conductors) relative to the RF field  $B_1$  allow possible MRI compatibility. Different keys are proposed for the mechatronic division of the robot containing electronics, sensors, actuators, etc., which address a difficult compatibility question [27,29,41–46,57–61].

#### 3.2. MRI-Compatible Materials

Materials governed by EMF behavior can be magnetic or non-magnetic and a conductor. The non-magnetic materials can behave between dielectric and electric conducting function of EMF wave frequency. Magnetic, dielectric or conductor materials are characterized, respectively, by the permeability  $\mu$  (or the susceptibility  $\chi$ ), by the permittivity  $\varepsilon$  or by the conductivity  $\sigma$ . In highly magnetic material,  $\mu_r \gg 1$  and  $\mu_r \approx \chi$ ; note that  $\mu = \mu_0 \cdot \mu_r$  and  $\chi = \mu_r - 1$ . For non-magnetic material,  $\mu_r = 1$  and  $\chi = 0$ . The relative values of  $\sigma$  and  $\omega \cdot \varepsilon$  ( $\omega = 2 \pi$  f) characterize dielectric vs. electrically conducting behaviors of non-magnetic materials. For low f,  $\sigma \gg \omega \cdot \varepsilon \approx \sigma$  and for high f,  $\omega \cdot \varepsilon \gg \sigma \approx \omega \cdot \varepsilon$  and  $\sigma \approx 0$ .

The materials' compatibility in MRI is of two types, magnetic and electric, characterized, respectively, by  $\mu$  (or  $\chi$ ) and  $\sigma$ . A fully MRI-compatible material has zero values for both  $\chi$  and  $\sigma$ . The dielectric nature of matters does not affect the compatibility. Regarding the RF field distribution, the eventual introduced matters should have  $\mu_r = 1$  and  $\chi = 0$ , with high  $\omega \cdot \varepsilon$  (will be naturally high in RF range), or conductors with a trivial cross section (e.g., very thin sheet) perpendicular to the RF field B<sub>1</sub>. With such features, the RF field distribution would not be altered. Note that the induced eddy currents (responsible for field perturbation) in the configured conductor by the current in the RF coil would be extremely negligible due to the trivial conductor section (see the example of Section 5.3).

#### 3.3. Conformity Control of MRI Compatibility

The MRI-compatibility control can be accomplished for existing image-guided MRI systems by using experimental means. This can be carried out by measuring the perturbations of the field resulting in the insertion of checked objects within or near the scaffold according to the case. This is generally accomplished via sensors positioned in specific points in the system. Such techniques in the case of MRI are relatively complex due to the necessity of special shielded expensive chambers and the self-perturbation effects of the measuring sensors. Additionally, the characteristics of a tested object could prove dangerous, leading to degradation of imager components. Furthermore, such a compatibility check is only possible for existing systems and cannot be used for the design of unbuilt systems. In these circumstances, a more advantageous solution could be a compatibility check with numerical modeling techniques via an EMC analysis for the different inserted objects [25,27,29,33]. In fact, disturbances in the distribution of EMFs in a given structure caused by the introduction of an external material are related to the EMFs produced in that material. In this case, if the EMF noise is reduced or removed, the field distribution of the target structure will be minorly or not affected.

#### 4. Embedded, Wearable and Detachable Devices

Recent advances in the field of biocompatible and biodegradable materials [62–73] have enabled the development of implantable static passive tools enabling diagnoses and prediction via mini-sensors, thereby dramatically improving the value and efficiency of patient healthcare [74–78]. Other static but active implanted devices are proposed to stimulate or trigger an organ, as pumps, neuro-stimulators or pacemakers [79–83]. In addition, wearable devices, which behave as non-invasive tools in real-time, are available, allowing continuous monitoring of people under treatment and thus providing sufficient medical data to establish the general health status and, furthermore, a preliminary identification of the medical diagnosis [14–16,30–32]. Additionally, detachable and connectable smart sensing devices, which are also real-time health monitoring systems, exist for functional indications intimately associated with physical conditions. These indications concern the frequency of cardiac functioning, blood circulation pressure, respiratory rate, etc. Such individualized healthcare supervision provides appropriate medical information [84–86]. Figure 3 illustrates a summarized representation of the different onboard devices and their functions.

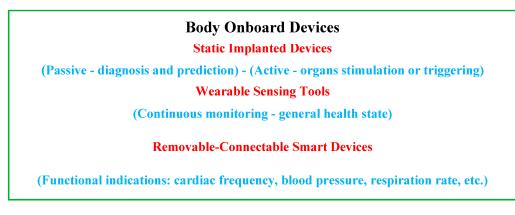


Figure 3. Summarizing diagram of the different onboard devices and their functions.

In addition to the mentioned functions, implanted devices, wearable sensing tools and removable and connectable smart devices enable healthcare providers to monitor the biological characteristics of patients after treatment [87,88]. Additionally, it should be noted that an important aspect of health administration responsibilities is increased support for integration and connection strategies for the delivery of personalized care. Therefore, it is preferable to use the paradigms of connected services and home clinics rather than face-to-face care. All three mentioned implantable, wearable and detachable strategies are involved in such individualized healthcare [89–92].

An important safety issue is the protection of devices conferred above from exposure to EMF noise emitted by nearby everyday sources. This can be accomplished in different ways. The first is to bypass EMF-sensitive materials in their makeup where possible. The second option is to protect (by shielding) these devices as well as the tools that are sources of exposure. An additional precaution is to avoid exposing them to strong electromagnetic fields such as their insertion in the high static field of an MRI.

In the following subsections, EMC control of onboard devices as well as their protection against EMF exposure will be examined. The particular case of continuous or prolonged exposure to EMF, which needs to monitor body temperature, will be examined in Section 6 relative to the discussion.

#### 4.1. EMF Perturbation Control of Onboard Devices

An important characteristic of an onboard device (receiver) subject to EMF exposure (source) is whether it can operate normally in an exposed atmosphere. This determines its ability to execute. However, when such a receiver device experiences EMF source emission, its main operating indicators could be disturbed by a decrease in the signal-to-noise quotient, signal delay, etc., and thus, its performance could be degraded. Depending on the area of application, a receiver device has specific usage requirements and its EMC evaluation test refers to the corresponding standards [93–95]. These are mainly based on static techniques. Therefore, the EMC evaluation test performed on the device is based on a standard framed waveform while the EMC analysis is performed and confers the test results. This difficulty of considering the dynamic behavior of a complex atmosphere of exposure to EMF is called into question by the operation of the device itself. Various works have been carried out to improve EMC evaluation testing techniques [96–101].

The test control methods described above are relatively complex and often require specific and expensive shielded spaces. Under such conditions and as in the case of Section 3.3, an alternative solution can be the control by digital calculations via an EMC analysis to verify the integrity of the various onboard devices [25,27,29,33,102]. In fact, the validity of a method protecting a device from EMF exposure could be guaranteed with an EMC check confirming that the device's fields are not changed by exposure.

#### 4.2. Onboard Device Shielding Protection Technologies

As mentioned earlier, to reduce the effects of EMF noise exposure on implanted, portable and removable medical devices, we can use either shielding of the receiver and source or adjustment of their structures using design and optimization tools. Both strategies can be assisted and verified by the EMC analysis control.

Shielding technology generally uses materials that absorb or reflect the emitted EMF wave to prevent its passage from one side of the shielding layer to the other. EMI coatings, layers and shielding, which help retain EMF noise, are essential for the normal operation of medical devices and the protection of human health. An EMF generally consists of magnetic and electric fields directed perpendicularly in space. Therefore, EMI shielding strategies are classified into electric and magnetic EMI shields and their coupled forms. High-frequency waves such as RF EMF waves, which primarily characterize radiation, have interdependent electric and magnetic fields. Therefore, shielding one field can result in the absence of the other. Due to this phenomenon, EMI shields are generally conductive in nature. The shielding material can be of different types depending on the type of application. They are made from clothing, rubbers, adhesives and coatings. These different constitutions are correlated with the necessary flexibility, the fixing capacity, the ease of the process and the constancy. The field of EMI shielding investigation is very active due to the growth of everyday EMF noise [103–114].

#### 5. Functional EMC Control

This section concerns the EMC control conferred in Sections 3 and 4 concerning, respectively, MRI-assisted treatments and onboard medical devices (implanted, wearable and detachable). An EMC analysis is based and governed by EMF equations, which characterize the behavior of fields. This could be the disruption of EMF distribution in a given structure by an external EMF-sensitive insertion, as in Section 3. On the other hand, it could be the disruption of EMF distribution in an exposure

source, as in Section 4. In these cases, if, respectively, the inserted object or the exposed target was insensitive to EMF, the field distributions in the structure or in the target would not be affected.

#### 5.1. EMF Governing Equations

The EMF equations derived of Maxwell theory [115] can be mathematically formulated in different frames according to the concerned problem. One of the most popular is the basic full-wave EMF formulation presented with

$$\boldsymbol{\nabla} \times \mathbf{H} = \mathbf{J} \tag{1}$$

$$\mathbf{J} = \boldsymbol{\sigma} \, \mathbf{E} + \mathbf{j} \, \boldsymbol{\omega} \, \mathbf{D} + \mathbf{J} \mathbf{e} \tag{2}$$

$$\mathbf{E} = -\boldsymbol{\nabla} \mathbf{V} - \mathbf{j} \,\boldsymbol{\omega} \,\mathbf{A} \tag{3}$$

$$\mathbf{B} = \boldsymbol{\nabla} \times \mathbf{A} \tag{4}$$

In Equations (1)–(4), **H** and **E** are the magnetic and electric fields, respectively, in  $A \cdot m^{-1}$  and  $V \cdot m^{-1}$ , **B** and **D** are the magnetic and electric inductions, respectively, in T and  $C \cdot m^{-2}$  and **A** and V are the magnetic vector and electric scalar potentials, respectively, in  $W \cdot m^{-1}$  and V. **J** and **Je** are the total and source current densities in  $A \cdot m^{-2}$ ,  $\sigma$  is the electric conductivity in  $S \cdot m^{-1}$  and  $\omega$  is the radial frequency pulsation equal to  $2\pi$  f (f in Hz). The symbol  $\nabla$  is a vector of partial derivative operators, and its three possible implications are a gradient (product with a scalar field), divergence and curl (dot and cross products, respectively, with a vector field). The magnetic and electric comportment laws, respectively, between **B/H** and **D/E** are represented by the permeability  $\mu$  and the permittivity  $\varepsilon$ , respectively, in H·m<sup>-1</sup> and F·m<sup>-1</sup>.

Note that Equations (1)–(4) are a mathematical unification established by Maxwell involving an association of three experimental laws possessing physical meaning discovered by his predecessors. Maxwell–Gauss law relates the electric displacement D to the free electric charge density q, Maxwell–Ampère law links the H-magnetic field to the time-rate of the electric displacement D and the free total current density J and Maxwell–Faraday law relates the electric field E to the time-rate of the magnetic induction B. The unified Maxwell equations' set contains a key revision of Ampere's theorem.

The solution of Equations (1)–(4) allows for determining in a system the EMFs for a given frequency pulsation, taking into account the behaviors of magnetic materials via permeability, the eddy currents in electrical conductors across electrical conductivity and the displacement currents in dielectrics through permittivity. Such a solution can be achieved through local numerical discretized approaches or other methods allowing local calculations; see, e.g., [116–122].

## EMF Equation Solution and EMC

An EMC analysis can monitor via such a solution EMF disturbances due to the insertion of external objects into the birdcage RF coil of an MRI (Section 3). In addition, this can control disturbances by an external EMF source in a target device, indicating its degree of EMF sensitivity (Section 4). In these situations, it is necessary to check MRI compatibility (integrity of the RF field in the presence of inserted objects) and the insensitivity of onboard devices to EMF. This can be achieved by comparing the field distributions without and with disturbing elements. The field constancy in the case of exposed shielded onboard devices will be checked inside the device without and with exposure.

Indeed, for a given field source value  $E_e$  corresponding to  $J_e$ , the solution of Equations (1)–(4) in the discretized elements will give the induced values of the EMFs, E, B and J in each element. The obtained distribution of these EMFs allows EMC control. The source  $E_e$ 

corresponds to RF source  $B_1$  in the case of MRI or to the exposure of external EMF in the case of onboard devices. The solution domains will be, respectively, the birdcage in the tunnel of the MRI or the onboard device structure. The checked EMC control will be practiced on the induced EMFs' distributions in each of these solution domains. This will consist of the verification of the integrity (constancy) of the field distributions in the solution domains regarding object insertion in the MRI case or EMF exposure in the onboard device case. Such EMC controls could be carried out on the checked instrument isolated to guarantee its proper functioning. However, these devices (MRI or onboard devices) normally work close to body tissues and can interact together. Such interaction can affect the device behavior as well as the tissues and in certain situations, we may need to consider the body tissue in the solution domain.

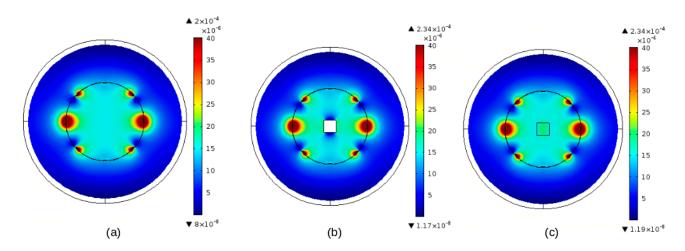
#### 5.2. Body Numerical Virtual Models

As discussed in the last sections, two categories of healthcare medical devices are affected by EMF-related disturbances and EMC control to monitor these disturbances. Such EMC monitoring can be carried out for isolated disturbed elements in the absence of living human tissues undergoing treatment. However, such control can take into account real environmental conditions and, in particular, the effects of the patient's bodily presence. This could be achieved experimentally while avoiding any risk to the patient by using a physical copy of the body (phantom) constructed from materials reflecting the body's true biological possessions. The same consideration of real conditions can be practiced in an EMC analysis by mathematical modeling via digital control, taking into account virtual copies of physical bodies (virtual phantom). Note that such virtual representations also make it possible to identify side effects on health due to medical devices disrupted by EMFs.

Much research has been carried out on building models of human bodies. In general, these models require detailed data on the dielectric properties of living tissues for different parts of the body. These can be obtained from permittivity and electrical conductivity measurement data as a function of frequency. Thus, it is possible to construct an accurate and high-resolution tissue model [123–127]. Such a model corresponds well with local discretized numerical methods used for the calculation of induced fields in medical devices and human tissues.

# 5.3. Qualitative Methodology Case Study Example

A simple case was considered to demonstrate the conferred control strategy of compatibility of matters introduced into the birdcage RF coil located inside an MRI tunnel. The concerned geometry consists of a birdcage of a 30 cm diameter and 30 cm length, positioned in a 60-cm-diameter tunnel. The checked materials are of a cubic form of a 5 cm edge inserted in the birdcage coil center. We take an RF field in the birdcage coil of 63.87 MHz consistent with the frequency  $f_L$  (for  $B_0 = 1.5$  T), which is tuned to the central value of the geometry. The RF field distribution is computed in the tunnel based on 3D discretization of the E field on edge finite elements associated with appropriate boundary conditions. Actually, to take into account the skin effect in case of conducting parts, a surface impedance boundary condition is used. The system's boundary (tunnel bore) is considered as a perfect conductor in which the field cannot penetrate. Computations have been carried out for the reference case without material and for different matters. Figure 4 illustrates a comparison of the reference case (a), aluminum conductor (b) and PZT piezoelectric matter (c). The characteristics of the piezoelectric matter are  $\mu_r = 1.0$ ,  $\varepsilon_r = [450\ 990\ 990]$  and  $\sigma = 0$  S/m. Note that the relative permittivity is given by an anisotropic vector where the value in the polarization direction is smaller compared to the other directions. The characteristics of the conductor are  $\mu_r = 1.0$ ,  $\varepsilon_r = 1.0$  and  $\sigma = 3.77 \times 10^7$  S/m.



**Figure 4.** RF B<sub>1</sub> field (vertically directed) distribution in the axial cross section of the birdcage in the tunnel: (**a**) reference case, (**b**) conductor, (**c**) piezoelectric matter.

As expected, as shown in Figure 4, dielectric piezoelectric matter shows no effect while conducting material that alters the distribution of the field. We have chosen to illustrate the conductor case due to the fact that the perturbation is related to the orientation of the introduced matter and its surface perpendicular to the RF B<sub>1</sub> field axis (see Section 3.1). Note that the currents induced by a field in a conductor are developed in the section of the conductor perpendicular to the direction of the field.

Notice that the field distributions of Figure 4a–c are obtained for identical input conditions; therefore, they suggest a behavioral evocation. COMSOL software was used for the problem simulation.

Now, the present EMC analysis in MRI illuminates a procedure for inspection of disturbances in image-guided exercises.

# 6. Discussion

In this contribution, the analysis and evaluation carried out with a view of monitoring disturbances due to EMF noise in medical devices working close to living tissues have demonstrated that such a subject is fully significant. At this stage, several issues are worth discussing:

- Implanted treatments are considered in Sections 3 and 4 in two different situations. This includes the case of implanted treatment that needs movement or location control with augmented accuracy, which has been considered in Section 3 regarding image-assisted treatments. The other concerned static passive and active implanted devices considered in Section 4 are in regard to onboard autonomous devices. The difference between these two cases in relation to the disturbance of EMF noise is that in the first, the procedure implemented with the treatment could disrupt the functioning of the assisting MRI, while in the second, an external exposure source could disrupt the operation of the implanted onboard device.
- As discussed in Section 5.2, regarding EMC control using a mathematical modeling analysis, the incorporation of virtual phantoms representing the patient's tissues involved in the medical treatment using the disturbed device might be necessary. This allows taking into account more realistic operating conditions for medical devices under control. Such a check is provided separately to guarantee the proper functioning of the device. However, in certain cases, this functioning could be linked to neighboring tissues and, in particular, under exposure to EMF. In fact, EMF exposure can produce biological thermal effects in living tissues that may be greater with longer durations. Under such conditions, consideration of virtual phantoms in the control model permits the consideration of an unshielded device malfunction effect associated with a biological thermal effect due to EMF exposure. It should be noted that such

a malfunction could lead to tissue heating caused by heated metal parts involved in the device. Additionally, in the case of shielded onboard devices, the shielding materials are often electrically conductive. Even if the device in this case is protected from exposure to EMFs, the induced currents can heat the metal of the shield, which can cause tissue heating. This thermal behavior mainly concerns onboard devices, which may be subject to long EMF exposure intervals. In the case of image-assisted treatments, it may be noted that the MRI RF field exposure to the body tissues occurs for short intervals.

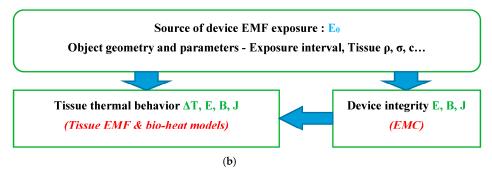
- In the case of onboard devices exposed to EMF waves, we consider four options for exposure. The first concerns devices made of materials insensitive to EMF (no magnetic or conductive material); in this case, exposure to electromagnetic fields will not disrupt the device but can only affect living tissue. The second case concerns devices comprising materials sensitive to EMF (magnetic and/or conductive material). In such a case, the device will be disturbed by EMF exposure and the tissues will be affected directly by the exposure and indirectly by the disturbed device. The third case concerns the last device but shielded with a simple conductive material. In this case, the exposure will not disrupt the operation of the device, but the tissues will be affected directly by the exposure and indirectly by the shield. The fourth option concerns the adaptation of the conductive nature of the shielding. Indeed, electromagnetic radiation shielding is corroborated by two basic loss types, reflection and absorption losses. In the occurrence of a conductive shield, the surface electric impedance can be written as a function of electromagnetic parameters, as  $Z_s = (\omega \cdot \mu / \sigma)^{1/2}$ . This impedance is much lower than the free space impedance  $Z_0 = (\mu_0 / \epsilon_0)^{1/2} \approx 376.7$  ohm. If a plane field wave hits the shield, a high impedance discrepancy triggers strong reflections. The surviving field is conveyed across the shield after part absorption. The radiated field with elevated frequencies, e.g., RF, only infiltrates the close surface section of a conductor, due to a skin effect. The depth of penetration  $\delta$  (skin depth) can be expressed as  $\delta = (\omega \cdot \mu \cdot \sigma/2)^{-1/2}$ . Note that this expression is only utilizable if  $\delta$  is superior to the mean free path of an electron within the material. Regarding the losses due to reflection and absorption, the first diminishes with the frequency while the second, which is correlated to the thickness of the shield, rises with the frequency. The total sum of these losses represents the total shielding (screening) effectiveness (SE), which is termed as the ratio of strengths of EMFs without and with the shielded device. Thus, in the last option regarding the adaptation of the conductive nature of the shielding, the use of multifunctional matched materials for low-reflectivity EMI shielding can provide improved protection. The material tailoring can reduce the strong EM reflection caused by the high conductivity of the material. Additionally, a specific manufacturing process can reduce the reflected power coefficient of the material, added to reduced losses and improved thermal insulation and environmentally friendly shielding materials; see, e.g., [128–130]. In conclusion, only a device made from EMF-insensitive materials or elegantly shielded, and exposed to EMF for a short interval, can be safe.
- In case of continuous or prolonged exposure to EMF waves of onboard devices working near human tissues, EMC monitoring of the device must be accompanied by an assessment of tissue heating. This can be accomplished by a coupled solution of the EMF-bio thermal heat transfer equations [33,102,131]. Indeed, the thermal behavior of tissues can be determined from the EMF power loss dissipated, in the tissues on one side and in conductive metals of unshielded devices or in simple conductive shields of devices on the other side. These dissipated losses can be calculated from the induced EMFs obtained from the 3D solution of Equations (1)–(4). The value of this EMF power loss can be used as the input heat source in the 3D solution of the heat transfer equation. Such a solution provides access to the ΔT distribution of the temperature rise in the solution domain of concern. The thermal behavior in living tissues is governed by Penne's bio-heat equation [33,102,131]. Note that dissipated

power density  $P_d = \sigma \cdot E^2/2$  is in conductors and  $P_d = \omega \cdot \varepsilon'' \cdot E^2/2$  in is dielectrics (tissues), where E is the absolute peak value of the electric field strength in V·m<sup>-1</sup>,  $\varepsilon''$  is the imaginary part of the complex permittivity of the absorbing material in F·m<sup>-1</sup> and the dissipated power density  $P_d$  is in W·m<sup>-3</sup>. Penne's bio-heat equation is given with c  $\rho \partial T/\partial t = \nabla \cdot (k \nabla T) + P_d + q_{met} - C_b \rho_b \omega_b (T - T_b)$ . In this equation, c is the specific heat in J·kg<sup>-1.o</sup>C<sup>-1</sup>, k is thermal conductivity in W·m<sup>-1.o</sup>C<sup>-1</sup> and  $\rho$  is density in kg·m<sup>-3</sup> of the substance. T is local temperature in °C,  $q_{met}$  is the basal metabolic heat source in W·m<sup>-3</sup>,  $c_b$  is blood-specific heat in J·kg<sup>-1.o</sup>C<sup>-1</sup>,  $\rho_b$  is blood density in kg·m<sup>-3</sup>,  $\omega_b$  is the blood perfusion rate in 1/s and T<sub>b</sub> is the blood temperature in °C. The term  $\nabla \cdot (k \nabla T)$  symbolizes the heat equation in a differential form. Figure 5 illustrates the control strategies for onboard devices in case of exposure to EMF, involving the exposure interval, device integrity and temperature rise in living body tissues.

Following the example given in Section 5.3, concerning the distribution of the RF field under the effect of the introduction of external materials, certain details deserve to be underlined. The first concerns the characteristics of matter affecting the modification of the field distribution. These involve, in addition to physical behavior, the size, shape and orientation in space in relation to the direction of the field. The size is directly related to the importance of the disturbance of the field distribution. For very small sizes, generally the disturbances could be negligible or easily compensated. Magnetic materials are the most disruptive around its volume and should be avoided. Dielectric materials are practically non-disruptive. Disturbances linked to conductive materials are strongly linked to shape and spatial orientation. The larger the surface of the conductor perpendicular to the axis of  $B_1$ , the greater the induced eddy currents and associated field disturbances will be. Thus, a conductive sheet of insignificant thickness positioned parallel to the field will hardly disturb the field distribution. This observation may facilitate the use of thin electrodes for properly positioned devices in the RF coil without field disturbance. Typical examples of non-disruptive field distribution could be piezoelectric sensors and actuators composed of piezoelectric stacks, which behave dielectrically, equipped with thin sheet electrodes, which can be controlled to be parallel to the field direction [46–55,121].

Onboard Device EMC Analysis Control Separately to guarantee the proper functioning Device + virtual phantom = realistic conditions EMF Exposure Thermal Effects \* Biological \* Device, malfunction or conductor shielding, heating Short Interval EMF Exposure Insensitive EMF materials or smart shielding = Safety Long Interval EMF Exposure (EMC + thermal) control - Coupled solution Equations: EMF + bio thermal heat transfer Solution domain: Device + Virtual Phantom

Figure 5. Cont.



**Figure 5.** Illustration of control strategies for onboard devices in case of exposure to EMF. (**a**) Summarizing diagram of exposure behaviors, (**b**) schemes for controlling the device integrity and the temperature rise in living body tissues.

## 7. Conclusions

In this contribution, the evaluation, discussion and analysis of disturbances due to EMF noise of medical devices working near living tissues and the corresponding functional EMC control of these devices were carried out. The analysis of the different interests covered in this review revealed that there is persistent development in this area. The important elements raised by this theme are diverse, the most important of which are summarized as follows.

An important goal of healthcare management could be to ensure the proper functioning of medical instruments working close to the patient's body tissues and enable their protection by monitoring potential disturbances. Thanks to these commitments, different health recommendations can be advocated:

- Image-assisted robotics involving MRI and piezoelectric devices offer support for patient well-being.
- Conductive materials can be introduced into the MRI subject to particular shapes and spatial orientation in addition to EMC verification.
- Embedded devices constructed from EMF-insensitive materials or intelligently shielded can be used safely with short EMF exposure intervals.
- In case of continuous or prolonged EMF exposure, the increase in body tissue temperature must be supervised in addition to EMC monitoring.
- The use of virtual tissue models in EMC testing allows for more realistic evaluation capabilities.

From the above points, we see that alternative measures to alleviate the EMF exposure problem of medical equipment working near-body could be the use of MRI-compatible materials and onboard devices built from EMF-insensitive matters or smartly shielded.

In conclusion, EMF can disrupt medical devices working near living tissues by altering their functioning. These devices are mainly MRI and onboard devices. The resulting EMF disturbances would be deterioration of the MRI image and malfunction of onboard devices. Such disturbances could be verified by EMC monitoring. Correction of these disturbances could be achieved by using MRI-compatible materials in the imager and onboard devices constructed from EMF-insensitive materials or intelligently shielded. The results of these solutions could again be monitored by EMC verification.

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