



# Article Mn<sub>3</sub>O<sub>4</sub>/NiO Nanoparticles Decorated on Carbon Nanofibers as an Enzyme-Free Electrochemical Sensor for Glucose Detection

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Abstract: Transition metal oxides have garnered a lot of attention in the field of electrocatalysis along with their unique crystal structure and excellent catalytic properties. In this study, carbon nanofibers (CNFs) decorated with  $Mn_3O_4/NiO$  nanoparticles were made using electrospinning and calcination. The conductive network constructed by CNFs not only facilitates electron transport, but also provides landing sites for nanoparticles, thus reducing nanoparticle aggregation and exposing more active sites. Additionally, the synergistic interaction between  $Mn_3O_4$  and NiO improved electrocatalytic capacity for glucose oxidation. The  $Mn_3O_4/NiO/CNFs$  modified glassy carbon electrode shows satisfactory results in terms of linear range and anti-interference capability for glucose detection, suggesting that the constructed enzyme-free sensor has a promising application in clinical diagnosis.

Keywords: electrospinning; Mn<sub>3</sub>O<sub>4</sub>/NiO nanoparticles; carbon nanofibers; glucose biosensor

# 1. Introduction

Electrochemical glucose sensors perform an indispensable role in monitoring glucose concentrations, which not only can be employed to control the intake of glucose in diet, but also to predict diseases associated with high or low glucose levels [1,2]. Enzyme-based sensors show excellent sensitivity and accuracy for glucose detection, but they are sensitive to temperature and pH which limits their storage and transportation [3]. In contrast, enzyme-free sensors have the advantage of being cheap, stable, and sensitive [4], thus attracting considerable attention in recent years.

Noble metals and their alloys have shown excellent catalytic properties and stability [5,6] and are often used as enzyme-free sensors for glucose detection [7,8]. However, the high cost and scarcity of resources limit wide applications of noble metals. In this regard, transition metal can overcome the drawbacks mentioned above for noble metals and be applied as catalysts for many reactions [9], such as  $CO_2$  utilization [10], oxygen evolution reaction [11], and oxygen reduction reaction [12,13]. Generally speaking, composite transition metal oxides exhibit higher catalytic capacity and lower catalytic potential than single transition metal oxide due to the synergistic effect between different metal oxides. Wang et al. synthesized  $CuCo_2O_4/NiO$  nanoneedle arrays, modified on carbon cloth by hydrothermal method, which were used as self-supporting electrodes for the glucose detection [14]. Xu et al. fabricated CuO-NiO nanocomposites for the detection of glucose which exhibited excellent selectivity, reproducibility, and long-time stability [15].

One-dimensional nanofibers possess low density, large aspect ratio, and high charge carrier directed mobility [16]. Thomas et al. grew  $\alpha$ -MoO<sub>3</sub> nanorods on glass substrates by thermal evaporation for ammonia sensing at room temperature [17]. Zhang et al. used a hydrothermal method with low temperature growth to synthesize Co<sub>9</sub>S<sub>8</sub> nanotubes @CuS nanosheets, which were modified on glassy carbon electrode (GCE) for the detection of glucose and H<sub>2</sub>O<sub>2</sub> [18]. Kokulnathan et al. synthesized TiO/Au nanofibers by electrospinning for the determination of diphenylamine in food [19]. Among the above methods,



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). electrospinning is a simple, efficient, and inexpensive way to synthesize one-dimensional nanofibers [16,20]. Transition metal oxides/carbon nanofibers composites fabricated by electrospinning have the following advantages: (i) CNFs with large aspect ratio can form a conductive network, which facilitates the electron transport [21]; (ii) the mesh structure can serve as a substrate to support the nanoparticles which allows more active sites of the nanoparticles to be exposed; and, (iii) the synergistic interaction between transition metal oxides and carbon nanofibers can facilitate the electrocatalytic performance.

In this study, CNFs decorated with  $Mn_3O_4/NiO$  nanoparticles ( $Mn_3O_4/NiO/CNFs$ ) were synthesized using electrospinning and subsequent heat treatment. The presence of CNFs not only increases the conductivity of the material, but also expands the active surface area of the catalysts. Additionally, the multivalence of transition metals facilitates the redox reaction at the electrode surface. The synergistic effect between  $Mn_3O_4$  and NiO is beneficial to improve the catalytic performance of glucose oxidation. It is worth noting that the constructed sensor has a good range of linearity, low detection limit, and outstanding interference immunity, indicating that the constructed enzyme-free sensor is promising in clinical diagnosis.

## 2. Experimental Section

## 2.1. Materials

Polyacrylonitrile (PAN) was supplied by Sigma-Aldrich (St. Louis, MO, USA). Mn(Ac)<sub>2</sub>·4H<sub>2</sub>O, N,N-dimethylformamide (DMF), NaOH, glycocoll (Gly), Ni(Ac)<sub>2</sub>·4H<sub>2</sub>O, and glucose (Glu) were supported by Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Sucrose (Suc), dopamine (DA), maltose (Mal), ascorbic acid (AA), fructose (Fru), uric acid (UA), and NaCl were bought from Alfa Aesar Co., Ltd. (Shanghai, China). Millipore water (18.25 M $\Omega$  cm) was used.

## 2.2. Instrumentations

The scanning electron microscope (SEM, SU5000, HITACHI, Tokyo, Japan) was utilized to observe the morphology and size of materials. The high-resolution transmission electron microscope (HRTEM; JEM 2100F, JEOL, Tokyo, Japan) was further used to investigate the microscopic crystal structure of samples. X-ray diffraction (XRD, D/MAX2200, Rigaku, Tokyo, Japan) was employed to characterize the crystal structure of the materials. Fourier transform infrared spectroscopy (FTIR, AVATAR370, Thermo Scientific, Waltham, MA, USA) was performed to study chemical structure. The degree of graphitization of CNFs was studied by Raman spectrum (INVIA, Renishaw, London, UK). X-ray photoelectron spectrometer (XPS, ESCALAB-250XI, Thermo Scientific, Waltham, MA, USA) was applied to measure the surface components of materials in qualitative detail.

## 2.3. Synthesis of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs

The synthesis process of  $Mn_3O_4/NiO/CNFs$  is illustrated in Scheme 1. Firstly, 0.5 g of PAN was mixed with 10 mL DMF and agitated to form a transparent solution. Then, 0.068 g  $Mn(Ac)_2 \cdot 4H_2O$  and 0.017 g  $Ni(Ac)_2 \cdot 4H_2O$  were added to the above solution and stirred continuously. Afterwards, the obtained brown precursor solution was moved to a 10 mL plastic injection syringe, and delivered to the metal needle at a constant stream rate of 0.6 mL h<sup>-1</sup> under control of an injection pump. The grounded aluminum plate was used as the collector and kept away from the needle at a distance of 12 cm. After electrospinning, the collected precursor fibers were dried overnight at 60 °C under vacuum. The dried precursor fibers were pre-oxidized in air at 250 °C for 2 h, and then carbonized at 800 °C for another 2 h in an Ar stream. For comparison,  $Mn_3O_4/CNFs$  and NiO/CNFs were synthesized by the same method.



Scheme 1. Schematic diagram of synthesis procedure of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs.

#### 2.4. Electrochemical Measurements

The electrochemical measurements were carried out in a three-electrode system consisting of a platinum wire as counter electrode, Ag/AgCl (saturated KCl) as reference electrode, and  $Mn_3O_4/NiO/CNFs/GCE$  as working electrode. The three-electrode system was connected to an electrochemical workstation (CHI 842D, CH Instruments, Shanghai, China). The  $Mn_3O_4/NiO/CNFs/GCE$  was prepared in following steps: the bare GCE was polished with aluminum powder (0.5 µm and 0.01 µm), followed by cleaning with deionized water. Then, 5 µL of  $Mn_3O_4/NiO/CNFs$  uniform dispersion was dropped on GCE and then dried under infrared light to obtain  $Mn_3O_4/NiO/CNFs/GCE$  for glucose detection. The supporting electrolyte was 0.1 M NaOH.

## 3. Results and Discussion

# 3.1. XRD, Raman, FT-IR, and XPS Characterization of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs

The crystal structure and purity of  $Mn_3O_4/NiO/CNFs$  were characterized with XRD. Figure 1a shows the XRD patterns of  $Mn_3O_4/CNF$ , NiO/CNF, and  $Mn_3O_4/NiO/CNF$ . The obtained material contained a set of diffraction peaks that matched with  $Mn_3O_4$ , NiO, and CNF. In addition, there were no other impure phases. The peak at 24.2° could be ascribed to the (200) plane of CNF. The diffraction peaks at 37.2°, 43.2°, 62.8°, and 75.4° displayed the crystal planes of (111), (200), (220), and (311) plane for NiO [22]. The diffraction peaks at 17.9°, 28.9°, 31.0°, 32.3°, 36.1°, 38.0°, 44.4°, 50.7°, 53.1°, 56.0°, 58.5°, 59.9°, and 64.5° were well indexed to the (101), (112), (200), (103), (211), (004), (220), (105), (312), (303), (321), (224), and (400) plane of  $Mn_3O_4$  with a cubic spinel [23].



**Figure 1.** (a) XRD patterns of  $Mn_3O_4/CNFs$ , NiO/CNFs, and  $Mn_3O_4/NiO/CNFs$ ; (b) Raman spectrum of  $Mn_3O_4/NiO/CNFs$  at 800 °C.

The Raman spectrum was applied to evaluate the degree of graphitization of CNFs. In Figure 1b, the Raman spectrum shows a couple of significant peaks at 1350 and 1590  $\text{cm}^{-1}$ 

which were directly related to the D band and G band, respectively [24]. The intensity of the D band reflected the carbon defects, while the intensity of the G band gave information about the graphitic structure. The intensity ratio between the D and G band,  $R = I_D/I_G$ , can be used to reflect the degree of graphitization of CNFs [25]. The R value is 1.07, which means that there are still defects in the material under calcination at 800 °C. The explanation for the defect is that the N element in PAN has not been completely removed. As shown in Figure S1, an FT-IR spectrum of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs was performed. The band at 3444 cm<sup>-1</sup> is identified as the stretching vibration of O-H, which is related to the adsorption of water. The peak at 1620 cm<sup>-1</sup> can correspond to the C=C bond. The weak peak observed at 1383 cm<sup>-1</sup> can be attributed to the C-H bond. The band at about 1169 cm<sup>-1</sup> is caused by C-O [26]. The peaks which appear at 618 cm<sup>-1</sup> and 523 cm<sup>-1</sup> can be traced back to Mn<sub>3</sub>O<sub>4</sub> and NiO, respectively [27].

The elemental composition and valence state of the Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs were reflected using XPS technique. The fully scanned spectrum (Figure 2a) demonstrates that the synthesized materials contained elements of C, N, O, Ni, and Mn. The peaks located at 854.7 eV and 872.1 eV were associated with Ni  $2p_{3/2}$  and Ni  $2p_{1/2}$ , which were derived from Ni<sup>2+</sup> (Figure 2b). In addition, two satellite peaks accompanying the main peaks were observed at 861.5 eV and 879.8 eV, proving the presence of Ni<sup>2+</sup> from NiO [28]. The peaks located at 856.5 eV and 874.0 eV in Ni 2p spectrum corresponded to Ni  $2p_{3/2}$  and Ni  $2p_{1/2}$  from Ni<sup>3+</sup>, respectively. Here, more energy was required to form Ni<sup>3+</sup> than Ni<sup>2+</sup>, since the compensation of large amounts of charge leads to the introduction of Ni vacancies and oxygen gaps, which in turn cause the formation of  $Ni^{3+}$  [29,30]. As shown in Figure 2c, the Mn 2p spectrum consists of a pair of major peaks located at 653.3 eV and 641.6 eV. The deconvolution peaks at the binding energies of 640.9 eV/652.4 eV and 642.3 eV/653.7 eV were caused by Mn<sup>2+</sup> and Mn<sup>3+</sup> species, respectively. The peaks located at about 645.0 eV and 655.0 eV belong to satellite peaks. Four peaks with energies of 284.6 eV, 285.6 eV, 287.4 eV, and 290.1 eV, corresponding to C=C, C-C, C=O/C=N, and O=C-O bonds, respectively, were fitted from the high-resolution C 1s peak (Figure 2d) [31,32]. The O 1s spectrum can be divided into three characteristic peaks, where the peaks of T-O-T and T-OH (T symbolizes transition metal) were observed at 529.9 eV and 531.2 eV, respectively. Moreover, the binding energy value of O 1s located at 533.2 eV represents the water-adsorbed on the surface (H-O-H) (Figure 2e). In the spectrogram of N 1s (Figure 2f), three peaks located at 398.8 eV, 400.1 eV, and 402.0 eV can be considered as pyridinic N, pyrrolic N, and graphitic N, respectively. Among them, pyridinic N and pyrrolic N are the two main doping forms in CNF [33].



**Figure 2.** XPS spectra of  $Mn_3O_4/NiO/CNFs$ : (a) full wide-scan; (b) Ni 2p; (c) Mn 2p; (d) C 1s; (e) O 1s; and (f) N 1s.

# 3.2. SEM and TEM of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs

The surface morphologies of  $Mn(Ac)_2/Ni(Ac)_2/PAN$  precursor nanofibers and  $Mn_3O_4/NiO/CNFs$  were observed through SEM. In Figure 3a, the surface of uncalcined precursor nanofibers was smooth due to the amorphous structure of Ni(Ac)\_2 and Mn(Ac)\_2. After calcination at 800 °C, the nanoparticles were uniformly dispersed on the nanofiber surface (Figure 3b). The previous XRD result confirmed that the nanoparticle consisted of  $Mn_3O_4$  and NiO. The diameter statistics and Gaussian distribution of the precursor nanofibers and  $Mn_3O_4/NiO/CNFs$  are shown in the insets of Figure 3a,b. Obviously, the average diameter of the nanofibers decreased from 168 to 115 nm after calcination, a phenomenon which was ascribed to the reduction of huge amount of H, O, and N elements during the carbonization process. TEM and HRTEM were carried out to further reveal the microscopic crystal structure of  $Mn_3O_4/NiO/CNF$ . As shown in Figure 3c,  $Mn_3O_4/NiO$  nanoparticles were uniformly adhered to the CNF surface. Lattice fringes with spacing of 0.308 nm and 0.289 nm corresponds to the (112) plane of  $Mn_3O_4$  and (200) plane of NiO, respectively (Figure 3d) [34,35].



**Figure 3.** SEM images of electrospun: (**a**) Mn(Ac)<sub>2</sub>/Ni(Ac)<sub>2</sub>/PAN nanofibers and (**b**) Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs; (**c**) TEM image of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs; (**d**) HRTEM image of Mn<sub>3</sub>O<sub>4</sub>/NiO.

## 3.3. Electrochemical Characterization

The cyclic voltammetry (CV) and electrochemical impedance spectroscopy (EIS) were used to study the electrochemical performance of  $Mn_3O_4/NiO/CNFs$ . EIS tests of different modified electrodes were conducted in the solution with 5 mM [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> and 0.1 M KCl. The outcome of the EIS test is reflected by the Nyquist plot, where the semicircular part of the high frequency region relates to the electron transfer restriction process and the linear part of the low frequency region reflects the diffusion process. The decrease in the radius of the semicircle represents a decrease in the electron transfer resistance at the electrode interface (R<sub>et</sub>). In Figure S2, compared to  $Mn_3O_4/CNFs/GCE$  and NiO/CNFs/GCE,  $Mn_3O_4/NiO/CNFs/GCE$  shows the smallest diameter, indicating the fastest charge transfer capability. To investigate the electrochemical performance of  $Mn_3O_4/NiO/CNFs$ , CV was employed. Figure 4a shows the CV curves of  $Mn_3O_4/CNFs/GCE$ , NiO/CNFs/GCE,

and  $Mn_3O_4/NiO/CNFs/GCE$  in 0.1 M NaOH solution with and without 2 mM glucose. The oxidation current that changed for  $Mn_3O_4/CNFs/GCE$  in the presence of glucose can be neglected. Meanwhile, NiO/CNFs/GCE exhibited a positive electrocatalytic oxidation peak current for glucose detection which can be ascribed to the transition between Ni<sup>2+</sup> and Ni<sup>3+</sup>. Notably,  $Mn_3O_4/NiO/CNFs/GCE$  exhibited the highest oxidation current. The mechanism of glucose oxidation on  $Mn_3O_4/NiO/CNFs$  can be explained by the following equations [36]:

$$NiO + H_2O \rightarrow Ni(OH)_2 \tag{1}$$

$$Ni(OH)_2 + OH^- \rightarrow NiOOH + H_2O + e^-$$
(2)

$$NiOOH + C_6H_{12}O_6 \rightarrow Ni(OH)_2 + C_6H_{10}O_6 \text{ (Gluconolactone)}$$
(3)



Figure 4. (a) CVs of  $Mn_3O_4/CNFs$ , NiO/CNFs, and  $Mn_3O_4/NiO/CNFs$  electrodes in the absence and presence of 2 mM glucose; (b) CVs of  $Mn_3O_4/NiO/CNFs$  electrode with different concentrations of glucose in 0.1 M NaOH at the scan rate of 100 mV s<sup>-1</sup>; (c) CVs of  $Mn_3O_4/NiO/CNFs$  electrode in the presence of 1 mM glucose at different scan rates; (d) peak currents in relationship to the square root of the scanning speed scan rate.

Originally, in the alkaline medium, NiO strongly adsorbed water molecules to form  $Ni(OH)_2$  (Equation (1)). Next,  $Ni(OH)_2$  was oxidized to NiOOH as electron mediator (Equation (2)). Then, NiOOH obtained electrons from glucose to form  $Ni(OH)_2$ , and glucose was oxidized to gluconolactone (Equation (3)). Previous studies have indicated that Mn-based materials have a wide range for enzyme-free detection of glucose [37,38]. In this work, by virtue of the synergistic interaction between Mn and Ni, the composite exhibits more significant electrocatalytic activity for the oxidation of glucose [39]. The results of the EIS also confirm that the introduction of  $Mn_3O_4$  can increase the electrical conductivity of the composites.

Figure 4b describes the CV curves of  $Mn_3O_4/NiO/CNFs/GCE$  in different glucose concentrations (from 0 mM to 5 mM). The oxidation current signal increased with increasing glucose concentration, indicating that  $Mn_3O_4/NiO/CNFs$  are suitable as electrocatalytic media for the construction of glucose sensors. To further investigate the kinetic process of glucose oxidation on the electrode surface, the CV curves of  $Mn_3O_4/NiO/CNFs/GCE$  were

tested in the range of scan rate from 20 mV s<sup>-1</sup> to 320 mV s<sup>-1</sup> (Figure 4c). As illustrated in Figure 4d, the currents of the anodic peak ( $I_{pa}$ ) and cathodic peak ( $I_{pc}$ ) maintained a good linear connection with the square root of the scanning speed, indicating that the oxidation of glucose on Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE is a diffusion-controlled process.

To improve the electrocatalytic effect of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs on glucose detection, the time-current method was used to optimize the parameters during the experiments, including the applied voltage and the concentrations of NaOH and Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs. Figure 5a shows that the response current increases with increasing applied voltage at the beginning, and then decreases when the applied voltage is higher than 0.50 V. Thus, 0.50 V is the optimum applied potential. In Figure 5b, the response current initially increases with increasing concentration of NaOH, and then starts to decrease when the concentration of NaOH exceeds 0.10 M. Therefore, 0.1 M NaOH was chosen as the optimum concentration of electrolyte. Figure 5c shows that the response current reaches its maximum when the concentration of  $Mn_3O_4/NiO/CNFs$  is 9 mg mL<sup>-1</sup>; therefore, 9 mg mL<sup>-1</sup> was selected as the optimum modification material concentration. Figure 6a shows the current response of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE for continuous addition of glucose under known optimal experimental conditions. The relationship between response current and glucose concentration shows linearly in the range of 5–3000  $\mu$ M (R<sup>2</sup> = 0.997) and 3000–12,000  $\mu$ M  $(R^2 = 0.993)$ , and could be well-fitted to the equation: I ( $\mu$ A) = 27.33 C (mM) + 1.343 and I ( $\mu$ A) = 17.22 C (mM) + 35.015. The detection limit of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE was calculated to be 0.73  $\mu$ M (S/N = 3). The sensitivity was calculated to be 386.84  $\mu$ A mM<sup>-1</sup> cm<sup>-2</sup>  $(5-3000 \ \mu\text{M})$  and 243.74  $\mu\text{A} \ \text{mM}^{-1} \ \text{cm}^{-2}$  (3000–12,000  $\mu\text{M}$ ). Additionally, the response time is a key factor in weighing up the practical application of the sensor. Figure S3 shows that the Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE at different glucose concentrations reaches its steady-state current within 2-4 s after the addition of glucose. Table 1 lists the electrocatalytic effects of some reported enzyme-free glucose sensors and enzymatic glucose sensors. Compared with them, our proposed  $Mn_3O_4/NiO/CNFs/GCE$  has a wider linear range as well as lower detection limit as glucose sensor.

Table 1. Performance comparison of the proposed  $Mn_3O_4/NiO/CNFs/GCE$  with other glucose sensors.

Sensing Material	Linear Range (µM)	Detection Limit (µM)	Sensitivity (µA mM <sup>-1</sup> cm <sup>-2</sup> )	Ref.
Mn <sub>3</sub> O <sub>4</sub> @ZIF-67/CC <sup>1</sup>	0.8-6000	0.24	3421.0	[40]
CuCo <sub>2</sub> O <sub>4</sub> /NiO/CC	0.5-6000	0.28	4140	[14]
Cu <sub>2</sub> O-Cu-Au	0-4500	1.71	1082	[41]
Cu-Ni/NF	1-600	2	11,340.25	[42]
NiMoO <sub>4</sub> /CNF	0.3-4500	0.05	301.77	[43]
Ni <sub>2</sub> P-Cu <sub>3</sub> P	4-5000	0.1	4700	[44]
ZnO/MXene	50-700	17	29	[45]
Co <sub>0.33</sub> Ni <sub>0.67</sub> -HLDH <sup>2</sup>	10-2000	3.1	242.9	[46]
Mn <sub>3</sub> O <sub>4</sub> /NiO	9.9-3665	1.0	226.2	[47]
$MnO_2/Co_3O_4$	60-7000	0.03	127	[48]
FTO-CNTs/PEI/GOX	70-700	70	63.38	[49]
PEDOT: SCX/MXene/GOX/GCE	500-8000	22.5	-	[50]
Ni-MOF <sup>3</sup> /rGO <sup>4</sup> /CF <sup>5</sup>	6-2090	0.6	852	[51]
Mn <sub>3</sub> O <sub>4</sub> /NiO/CNFs	5–3000 3000–12,000	0.73	386.84 243.74	This work

<sup>1</sup> Carbon cloth. <sup>2</sup> Hollow layered double hydroxides. <sup>3</sup> Metal organic frameworks. <sup>4</sup> Reduced graphene oxide. <sup>5</sup> Carbon fiber.



**Figure 5.** Optimization of parameters on the current response of 0.5 mM glucose: (**a**) applied potential; (**b**) the concentration of NaOH; (**c**) the content of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs.



**Figure 6.** (a) Amperometric response of  $Mn_3O_4/NiO/CNFs$  electrode for different concentrations of glucose (inset is current response at low concentrations); (b) calibration curves corresponding to (a); (c) current response of  $Mn_3O_4/NiO/CNFs$  electrode to 100  $\mu$ M glucose and different interferences; (d) the stability test of  $Mn_3O_4/NiO/CNFs$  electrode during the 2000 s. All the above experiments were conducted under optimal parameters.

# 3.4. Selectivity, Stability, Repeatability, and Reproducibility of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE

The presence of other easily oxidized molecules in the actual sample may affect the accuracy of glucose detection. In Figure 6c, the addition of 5  $\mu$ M of some interferences to 100  $\mu$ M glucose solution at the ratio of 1:20 was investigated by a time-current test. The outcomes showed that the current responses caused by the addition of interferences were virtually negligible, indicating that Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE had good selectivity. Figure 6d shows the amperometric response of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE to 100  $\mu$ M glucose. The current kept stable during 2000 s, suggesting that the electrode had an excellent stability as glucose sensor. Besides, repeatability and reproducibility are also key to determine whether the synthesized materials can be used for actual sample detection. The five identical modified electrodes used to detect 0.1 mM glucose were found to have a relative

standard deviation (RSD) of 6.38% (Figure S4), indicating that the electrodes have good reproducibility. The modified electrode was repeated five times to detect 0.1 mM glucose, and the RSD was calculated to be 1.32% (Figure S5), meaning that the electrode has a good repeatability. To evaluate the long-term stability of the sensor, the  $Mn_3O_4/NiO/CNFs/GCE$  was stored at room temperature for 30 days. The results show that the response current remains at 95.3% of the initial current after 30 days (Figure S6), indicating that our sensors have satisfactory long-term stability.

## 3.5. Actual Sample Analysis

To evaluate the practicality of  $Mn_3O_4/NiO/CNFs/GCE$ , serum samples with different concentrations of glucose were detected using standard addition method. The serum samples used in the experiment were from the School of Medicine, Shanghai University. The recoveries of the three samples were 100.09%, 100.20%, and 99.91%, respectively (Table 2), indicating that the built sensor can be accepted for glucose detection in serum samples.

Sample	Detected (mM)	Commercial Method (mM)	RSD (%)	Recovery (%)
1	4.72	4.59	1.91	100.09
2	4.83	4.69	1.47	100.2
3	8.00	7.67	2.34	99.91

Table 2. Analysis of glucose in human blood serum.

## 4. Conclusions

In this work,  $Mn_3O_4/NiO/CNFs$  were synthesized by electrospinning and following calcination, and were used as an enzyme-free sensor for glucose detection. The intricate network structure of CNFs provides the backbone for the nanoparticles and facilitates electron transport. In addition, the synergistic effect between  $Mn_3O_4$  and NiO is beneficial to improve the catalytic performance for glucose detection. The constructed  $Mn_3O_4/NiO/CNFs/GCE$  sensor has good linear range, low detection limit, and anti-interference ability, indicating that  $Mn_3O_4/NiO/CNFs$  have some application prospects as electrochemical sensors in clinical diagnosis.

**Supplementary Materials:** The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/bios13020264/s1, Figure S1: FT-IR spectrum of Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs.; Figure S2: EIS tests of the Mn<sub>3</sub>O<sub>4</sub>/CNFs/GCE, NiO/CNFs/GCE and Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE in 5.0 mM [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> containing 0.1 M KCl.; Figure S3: Response time of (a) low glucose concentration and (b) high glucose concentration.; Figure S4: The reproducibility of the Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE.; Figure S5: The repeatability of the Mn<sub>3</sub>O<sub>4</sub>/NiO/CNFs/GCE.; Figure S6: The long-time stability.

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