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Thermo-Optical Properties of Thin-Film TiO₂–Al₂O₃ Bilayers Fabricated by Atomic Layer Deposition

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Abstract: We investigate the optical and thermo-optical properties of amorphous TiO_2 – Al_2O_3 thin-film bilayers fabricated by atomic layer deposition (ALD). Seven samples of TiO_2 – Al_2O_3 bilayers are fabricated by growing Al_2O_3 films of different thicknesses on the surface of TiO_2 films of constant thickness (100 nm). Temperature-induced changes in the optical refractive indices of these thin-film bilayers are measured by a variable angle spectroscopic ellipsometer $VASE^{\circledast}$. The optical data and the thermo-optic coefficients of the films are retrieved and calculated by applying the Cauchy model and the linear fitting regression algorithm, in order to evaluate the surface porosity model of TiO_2 films. The effects of TiO_2 surface defects on the films' thermo-optic properties are reduced and modified by depositing ultra-thin $ALD-Al_2O_3$ diffusion barrier layers. Increasing the $ALD-Al_2O_3$ thickness from 20 nm to 30 nm results in a sign change of the thermo-optic coefficient of the $ALD-TiO_2$. The thermo-optic coefficients of the 100 nm-thick $ALD-TiO_2$ film and 30 nm-thick $ALD-Al_2O_3$ film in a bilayer are $(0.048 \pm 0.134) \times 10^{-4}$ °C⁻¹ and $(0.680 \pm 0.313) \times 10^{-4}$ °C⁻¹, respectively, at a temperature T = 62 °C.

Keywords: atomic layer deposition (ALD); thin barrier films; thermo-optic coefficient; titanium dioxide; aluminum oxide; optical materials

1. Introduction

The continuous miniaturization of optical and photonic components with the growing inquisitiveness to explore atomic-scale phenomena has led researchers to develop innovative techniques to fulfill the requirements for atomic-level control. Atomic layer deposition (ALD), initially developed for the deposition of uniform thin-films over wide areas of electroluminescent display devices [1], is a unique method enabling an atomic-level control of film thickness and reproducible growth of defect-free films. It is cost effective and, thus, suitable for low-cost mass production. Research and development in ALD during recent years has led to a wide range of processes for new materials. In addition, the availability of ALD reactors has paved the way for further improving the precise atomic-level thickness control, achieving self-controlled alternating surface reactions, improving the wide area uniformity and obtaining continuous pinhole or defect-free films [2]. With ALD, high quality thin-films can be deposited even at room temperature [3], but also at high temperatures (up to 500 °C) [4]. One important feature of ALD is the excellent conformality of the deposited films over corrugated and/or zigzag surface profiles [5].

The ALD process is based on sequential self-limiting chemical reactions of alternating precursor molecules on the substrate surface at a given deposition temperature, which results in saturative surface reactions. A typical ALD process proceeds in cycles composed of four steps. During the first step, precursor "A" molecules are pulsed into the ALD chamber to chemisorb on the substrate surface followed by purging with an inert gas to remove excessive precursor molecules or any other reaction by-products (the second step). In the third step, the ALD chamber is pulsed with precursor "B" molecules, which react with precursor "A" molecules chemisorbed on the substrate surface and form the desired binary compound. This step is followed again by purging with an inert gas to remove non-reactive precursor "B" molecules and/or any reaction by-products (the fourth step). This one complete AB ALD cycle results in the deposition of a partial monolayer, typically with a thickness of around 0.1 nm/cycle. Several ABAB ALD cycles are needed to form a uniform and high-quality film [6,7].

Titanium dioxide (TiO₂) is a widely-studied metal oxide material due to having a high relative dielectric constant, high melting point, stability at higher temperatures, low absorption in the visible and infrared wavelength regions and temperature-induced reflectivity [8,9]. ALD-deposited TiO₂ has significant potential in nanophotonics applications [6]. An important aspect of ALD-deposited TiO₂ films is the adsorption of water molecules during the growth process, which leads to a change in the refractive index of the films due to environmental effects, such as temperature, pressure and humidity. Such index changes can also be accompanied by a bandgap change of the dielectric films due to the adsorption of water or other hydrogenated species at interstitial positions [10].

In this paper, we propose to modify the thermo-optic coefficient of TiO₂ thin-films by employing a TiO₂–Al₂O₃ bilayer film (see Figure 1). This may be useful in various nanophotonic devices, e.g., if athermal optical properties are desired. Due to the excellent film uniformity and low surface roughness obtained by ALD, it is an ideal deposition method for the fabrication of TiO₂–Al₂O₃ bilayers [11]. We study the thermo-optic coefficients of ALD-TiO₂ films of a 100-nm thickness and the influence of the ALD-Al₂O₃ thin-films of different thicknesses (10–70 nm) as barrier layers, in order to validate the surface porosity model introduced earlier [10,12]. The proposed model explains the reduction of surface defects on TiO₂ films due to the ALD-Al₂O₃ diffusion barrier layer and the reduction of the evaporation

rate of water molecules from TiO₂ films through the ALD-Al₂O₃ diffusion barrier layers. The concept is based on the assumption that the TiO₂ surface maintains the same energy levels (bandgaps) after coating by ultra-thin ALD-Al₂O₃ diffusion barrier layers. This is because the interfacial energy levels may change significantly due to the evaporation rate of water molecules from the TiO₂ surface and/or chemical reactions or environmental interactions.

The paper is organized as follows: Section 2 describes the fabrication, thermal measurements and the formulated optical model viable for the evaluation of ellipsometric parameters and stacked layer thicknesses through a polynomial fitting. Section 3 presents the experimental results and analysis of TiO₂ films of 100-nm thickness coated by ALD-Al₂O₃ diffusion barrier layers with different thicknesses. Finally, conclusions are presented in Section 4.

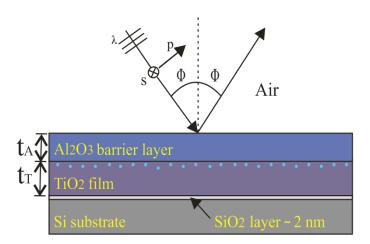


Figure 1. Schematic diagram of a TiO_2 and Al_2O_3 bilayer film grown by atomic layer deposition (ALD) on a Si substrate. The illumination geometry in ellipsometric measurements is also shown.

2. Experiments and Data Analysis

2.1. Sample Fabrication

In this study, seven bilayer samples containing a 100 nm-thick amorphous TiO_2 film and amorphous Al_2O_3 diffusion barrier layers with different thicknesses (from 10 nm to 70 nm) were fabricated by ALD on 2-inch silicon wafers with crystal orientation <100> by using a Beneq TFS 200-152 ALD reactor. The samples were not exposed to ambient environment between the depositions of the two layers. The employed wafers were doped with phosphorus (n-type), have a thickness of $380 \pm 25 \mu m$ and a native oxide layer with a thickness of 2 nm. The thickness of each ALD-grown layer was measured by the Dektak-150 stylus surface profilometer from Veeco technology, and the values were confirmed by ellipsometry measurements. The precursor species for the deposition of TiO_2 and Al_2O_3 thin-films were titanium tetrachloride ($TiCl_4$) and trimethylaluminum ($Al(CH_3)_3$), respectively, as well as H_2O . Nitrogen (N_2) was used as a purging gas. During the processes, the ALD chamber and the reactor were maintained at pressures of 5 mbar and 2 mbar, respectively. The ALD chamber N_2 flow was 200 sccm (standard cubic centimeters per minute), and the process N_2 flow was 600 sccm. During the TiO_2 film

deposition, the $TiCl_4$ pulse time was 150 ms, and the N_2 purge time was 750 ms; whereas the H_2O pulse time was 150 ms, and the N_2 purge time was 1 s. After the deposition process, the temperature was set to 20 °C, and the gas ballast time was 5 min to stabilize the end of the deposition process. At the end of the deposition process, the $TiCl_4$ gas line was purged with N_2 gas for 2 min. TiO_2 thin-film deposition was carried out at a temperature of 120 °C. Except for the Al precursor, the same deposition cycle parameters were used to deposit the Al_2O_3 thin-films. The growth rates of TiO_2 and Al_2O_3 thin-films were 0.065 nm and 0.12 nm per cycle, respectively.

2.2. Thermal Measurement Setup

The thickness-, wavelength- and temperature-dependent refractive indices $n \equiv n(t_{\rm T,A}, \lambda, T)$ of the bilayer TiO₂ and Al₂O₃ thin-films were characterized by a variable angle spectroscopic ellipsometer VASE® with a High-Speed Monochromator System HS-190TM (manufactured by J.A. Woollam Co., Lincoln, NE, USA). It contains a continuously-rotating and adjustable wave plate analyzer, and a maximum beam spot size of 3 mm was used. The temperature-dependent refractive index of each bilayer sample was measured by a customized temperature-controlled heating device fabricated in-house. The heating device consists of an aluminum plate with adjustable mechanical clampers to hold the sample, thermocouples, a thermometer (manufactured by Fluke Corporation, Everett, WA, USA) and an adjustable power supply. The measurements were carried out for a temperature range from $T=22\,^{\circ}{\rm C}$ to $T=102\,^{\circ}{\rm C}$ with temperature steps of $10\,^{\circ}{\rm C}$ and with a reading accuracy of $\pm 0.1\,^{\circ}{\rm C}$. The temperature was precisely controlled by the adjustable power supply, and it was also measured by a Handheld Infrared Thermometer (Model Convir ST8811, manufactured by Calex Electronics Limited Co., Bedfordshire, UK). The measurements were done for a spectral range from 380 nm to 1800 nm with 5 nm wavelength steps. Three angles of incidence (59°, 67° and 75°) around the pseudo-Brewster angle were used in measurements for each temperature.

2.3. Structural Measurements

For structural characterization of the TiO_2 and Al_2O_3 thin-film bilayers, the samples were sputter coated with a thin (less than 8 nm thick) conductive copper (Cu) by a K675X Turbo Large Chromium Coater 8. The sputter-coated samples were characterized by a scanning electron microscope (SEM), LEO 1550 Gemini. The surface morphology measurements of the ALD- TiO_2 -Al $_2O_3$ thin-film bilayers were carried out by an atomic force microscope (AFM, MultiMode® with High-Speed ScanAsyst-Air Mode, Bruker Co., Billerica, MA, USA). The tapping mode in air was employed, and the software Nanoscope Analysis Version 1.50 was utilized in the AFM image analysis. The surface roughness of each sample was measured by scanning a surface area of 1 μ m × 1 μ m of the sample.

2.4. Ellipsometry and Optical Model for Bilayer

As mentioned above, a variable angle spectroscopic ellipsometer was used to characterize and determine the optical properties of the fabricated samples. The analysis was carried out with WVASE32

ellipsometric data analysis software from J.A. Woollam Co., in terms of ellipsometric parameters Ψ and Δ to express the polarization state of a reflected light beam [12,13]. Figure 1 illustrates schematically the interaction of polarized light with a sample and also the porosity at the surface of the TiO₂ layer. The varying angles of incidence in spectroscopic ellipsometry were set near the pseudo-Brewster angle to get the best sensitivity for the measured values of Δ [14].

In our optical model (see Figure 1), a polarized light (plane wave) illuminates a bilayer at an angle of incidence Φ . In this model, a 100 nm-thick ($t_{\rm T}$) TiO₂ film is considered on a native oxide (SiO₂) layer of ~2 nm in thickness (confirmed also with ellipsometry measurements). This, in turn, is on top of a 0.5 mm-thick Si substrate. On top of the TiO₂ film, a thin layer of Al₂O₃ is added. Its thickness $t_{\rm A}$ is varied from 10 nm to 70 nm. The model uses WVASE32 ellipsometry software in fitting the ellipsometric parameters Ψ and Δ to retrieve the experimentally-measured data at each wavelength within the defined spectral range. We did not add the layer of surface roughness and voids to the model (see Figure 1), since it would have been very difficult to properly add this non-uniform layer to the model. In addition, this layer would have a negligible effect, since the average surface roughness values of the TiO₂ and Al₂O₃ nanoscale layers are only \approx 1 nm. To assure the validity of this optical model, the errors were computed by a regressive algorithm and identified within a 90% confidence limit.

2.4.1. Retrieval of the Film Thickness and Optical Constants by Optical Models

The thicknesses and optical constants of TiO_2 and Al_2O_3 in the fabricated thin bilayer films were extracted by a Cauchy model. The optical constants of the films in these bilayers, with a corresponding uncertainty (statistical deviation values), were calculated at a wavelength of 640 nm. The Cauchy dispersion formula and the corresponding uncertainty equations used are given below, respectively, in Equations (1) and (2) [15]:

$$n(\lambda) = A + \frac{B}{\lambda^2} + \frac{C}{\lambda^4} \tag{1}$$

$$\sigma[n(\lambda)] = \left[(\sigma A)^2 + \left(\frac{\sigma B}{\lambda^2} \right)^2 + \left(\frac{\sigma C}{\lambda^4} \right)^2 \right] \tag{2}$$

Here, A, B and C are Cauchy parameters and the unit of wavelength is μ m. The final values of Cauchy model parameters were determined by fitting the model-generated data to the experimental data.

Thermal measurements for the bare Si substrate, with a thin native oxide layer, were first carried out for the temperature range from $T=22\,^{\circ}\mathrm{C}$ to $T=102\,^{\circ}\mathrm{C}$, as described in Section 2.2. The thermal results for the Si substrate were added as the default for each temperature point in the beginning of the modeling scheme. The thermal data for the SiO_2 layer embedded in the WVASE32 software was used. The appropriate minimum and maximum thickness values of each layer in the bilayer, together with the initial values of Cauchy parameters, were assigned using the edit fitting parameters. Upon optimum fitting between the experimental and the model data, the thickness and optical constants of each layer in the bilayer were determined, at a wavelength of 640 nm. Figure 2 shows room temperature spectroscopic ellipsometric measurements, in terms of ellipsometric parameters Ψ and Δ fitted by the Cauchy model at three angles (59°, 67° and 75°), for a bilayer consisting of a 100 nm-thick TiO_2 layer and a 30 nm-thick $\mathrm{Al}_2\mathrm{O}_3$ layer.

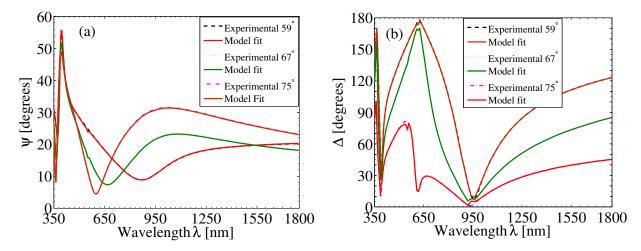


Figure 2. Spectral dependence of the measured ellipsometric data at room temperature: (a) Ψ and (b) Δ for a bilayer with a 100 nm-thick ALD-TiO₂ and a 30 nm-thick ALD-Al₂O₃. The data are fitted by the Cauchy model at three different angles (59°, 67° and 75°).

2.4.2. Polynomial Fitting by Regression Algorithm

Finally, the thermo-optic coefficients for each layer in the bilayer along with their uncertainties were calculated using the refractive index data calculated at a 640 nm wavelength and employing a polynomial fitting algorithm. The procedure of this polynomial fitting is explained in detail in [16,17]. In our case, the thermo-optic coefficients and the associated standard uncertainties are at the 90% level of confidence.

3. Results and Discussion

Thermo-optic coefficients of the bilayers comprising a 100 nm-thick ALD-TiO₂ film and ALD-Al₂O₃ films of different thicknesses, from 10 nm to 70 nm, were evaluated after fitting the experimentally-measured data. To illustrate the high quality of these bilayers, Figure 3 shows an SEM image of a cross-section of a bilayer with 20 nm-thick ALD-Al₂O₃ diffusion barrier layer to protect the TiO₂ surface from water vapor evaporation.

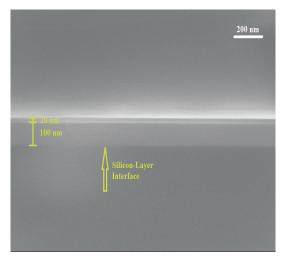


Figure 3. Scanning electron microscope (SEM) image of a bilayer consisting of a 100 nm-thick ALD-TiO₂ and a 20 nm-thick ALD-Al₂O₃ film, on a Si substrate.

It has been previously reported that TiO₂ films possess negative thermo-optic coefficients due to the desorption of H₂O and OH⁻ species at the OH–H₂O surface-bound sites [12,18,19]. The adsorption of water molecules either undergoes dissociations at particular defect sites or they are adsorbed molecularly. Such evaporation of water molecules can be effectively minimized by an ALD-deposited Al₂O₃ diffusion barrier layer. This is due to the pinhole and defect-free nature of even very thin ALD-Al₂O₃ films, which cap the TiO₂ surface and eliminate the desorption of water molecules at elevated temperatures. Figure 4a shows the temperature dependence of the refractive index dispersion curves of a 100 nm-thick ALD-TiO₂ film coated by a 30 nm-thick ALD-Al₂O₃ diffusion barrier layer. Figure 4b shows the same for the 30 nm-thick Al₂O₃ barrier layer. Considering the calculation of thermo-optic coefficients at the wavelength of 640 nm, one can observe that the ALD-TiO₂ index is nearly constant, and the Al₂O₃ index increases with temperature [20].

The temperature dependence of the refractive index of the 100 nm-thick ALD-TiO₂ film as a function of the Al₂O₃ film thickness, $n_{\rm T}(T,t_{\rm A})$, at a wavelength of 640 nm, is shown in Figure 5. This TiO₂ temperature dependence is shown in the case of the ALD-Al₂O₃ diffusion barrier layer thicknesses of 20 nm (Figure 5a) and 30 nm (Figure 5c). The corresponding temperature dependencies of the Al₂O₃ diffusion barrier layers are shown in Figure 5b,d. As mentioned above, with a 20 nm-thick ALD-Al₂O₃ diffusion barrier layer, the refractive index of the 100 nm-thick ALD-TiO2 film decreases slightly with temperature. This temperature dependence is very similar to that of a single 100 nm-thick TiO₂ film, indicating a very small barrier effect [12]. However, by increasing the diffusion barrier layer thickness only by 10 nm, i.e., to 30 nm, the refractive index of the TiO₂ is nearly constant with temperature. It can also be seen (Figure 5d) that the refractive index of the 30 nm-thick ALD-Al₂O₃ film increases with temperature rather than decreases, as is the case with the 20 nm-thick ALD-Al₂O₃ film (Figure 5b). This is expected when the Al₂O₃ film is thick enough. These results clearly indicate that a 20 nm-thick ALD-Al₂O₃ film is not yet pinhole free, while a 30 nm-thick film acts as an efficient, nearly pinhole-free, diffusion barrier layer. Consequently, a different behavior of the refractive indices with the temperature is observed for the ALD-Al₂O₃ films of 20-nm and 30-nm thicknesses in Figure 5b,d, respectively. In addition, the temperature dependence of the refractive index of a TiO₂ thin-film does not depend only on its own properties, but also on the thickness of the diffusion barrier layer.

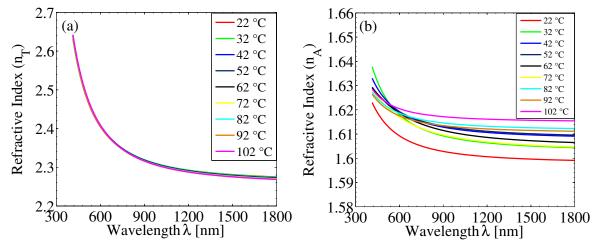


Figure 4. Dispersion relation of refractive indices of (**a**) a 100 nm-thick ALD-TiO₂ film and (**b**) a 30 nm-thick ALD-Al₂O₃ film in a TiO₂-Al₂O₃ bilayer at different temperatures.

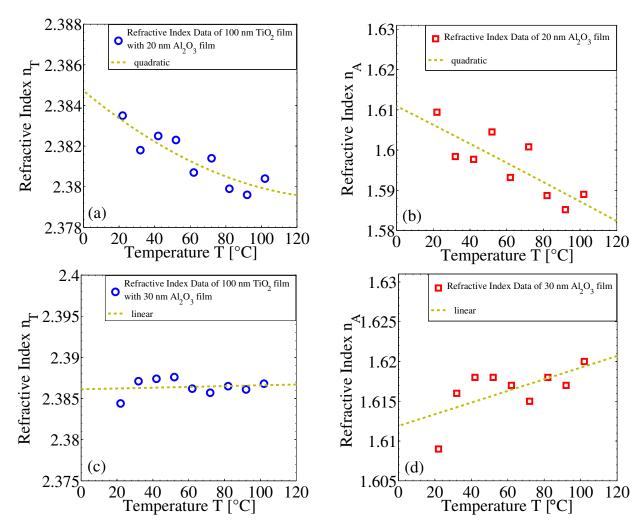


Figure 5. Temperature dependence of the refractive index of ALD-TiO₂ and ALD-Al₂O₃ films in bilayers: (**a**) for a 100 nm-thick TiO₂ film with a 20 nm-thick Al₂O₃ diffusion barrier layer; (**b**) for a 20-nm Al₂O₃ diffusion barrier layer; (**c**) for a 100-nm TiO₂ film with a 30-nm Al₂O₃ diffusion barrier layer; and (**d**) for a 30-nm Al₂O₃ diffusion barrier layer.

Figure 6a shows an atomic force microscopy (AFM) image of a 100 nm-thick ALD-TiO₂ film with a surface roughness of $R_a = 1.10$ nm. The surface roughness of a similar 100 nm-thick ALD-TiO₂ film with a 20 nm-thick ALD-Al₂O₃ film is less than 1 nm and is shown in Figure 6b. This means that the surface roughness of the TiO₂ films is reduced after coating with an ALD-Al₂O₃ film.

The temperature dependence of the permeation through a diffusion barrier layer provides information about the dominating permeation mechanism for H_2O and OH^- species, since the vapor permeation through solids is a thermally-driven process. The temperature-dependent permeation process can be described by the Arrhenius equation [21] as:

$$q = q_0.e^{\frac{-E_{\Lambda}}{kT}} \tag{3}$$

where q is the permeation coefficient, q_0 is the system-dependent constant permeation coefficient, E_A is the activation energy and k is the Boltzmann constant. The activation energies depend on the diffusion barrier layer, which is interpreted by a chemical interaction between water molecules and the coated diffusion barrier layer.

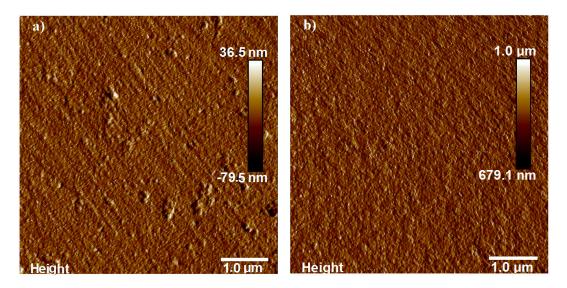


Figure 6. The atomic force microscopy (AFM) images of (**a**) a 100 nm-thick ALD-TiO₂ film deposited on a Si substrate with a surface roughness value $R_a = 1.10$ nm; and (**b**) a 100 nm-thick ALD-TiO₂ film with a 20 nm-thick ALD-Al₂O₃ film with a surface roughness value $R_a < 1$ nm.

Figure 7 shows the thermo-optic coefficients of ALD-Al₂O₃ and ALD-TiO₂ films as a function of the thickness t_A . The thermo-optic coefficient of the Al₂O₃ film attains a positive value when the thickness t_A is 30 nm or more (Figure 7a), *i.e.*, when the film is nearly pinhole free and uniform. With thicker films, up to 70 nm in thickness, no rapid increase in the thermo-optic coefficient appears. On the other hand, the thermo-optic coefficient of the 100 nm-thick ALD-TiO₂ film appears to increase linearly with thicknesses t_A , as seen in Figure 7b. A linear fit gives an equation:

$$\left[\frac{\mathrm{d}n}{\mathrm{d}T}\right]_{\mathrm{TiO}_2} = 6.7 \times 10^{-6} t_{\mathrm{A}} - 2.2 \times 10^{-4} \tag{4}$$

For its dependence on t_A . Here, the slope of 6.7×10^{-6} has dimensions of °C⁻¹ nm⁻¹; -2.2×10^{-4} is a constant with a dimension of °C⁻¹; and t_A is the thickness of the barrier layer in nm. The slope of the straight line is described as per degree increase in temperature per nm, which determines the amount of activation energy required for water molecules to permeate through the ALD-Al₂O₃ diffusion barrier layer. If one increases the thickness t_A of the barrier layer, the required activation energy will increase, and less water molecules are able to permeate through the barrier layers. This, in turn, will result in an increase in the thermo-optic coefficient of the TiO₂ film and, consequently, in an increase in its density. Interestingly, the thermo-optic coefficient can attain a positive value, although the TiO₂ films typically possess a negative thermo-optic coefficient. This may also be interpreted as acquiring low thermodynamic energies in order to fill surface defects of TiO₂ films to minimize pinhole defects. As a potential application for these ALD-TiO₂-Al₂O₃ bilayer films and nanostacks, we propose resonance waveguide gratings (RWG), which have important applications in sensing [22].

Typically, the RWG spectral characteristics encounter a spectral shift under varying thermal conditions and consequently make the resonance peak unstable for accurate sensing [23]. In order to mitigate the effect of temperature-dependent variations in the refractive index of TiO_2 , RWG surfaces can be coated with thin Al_2O_3 layers as diffusion barrier layers. To illustrate this approach, Figure 8 shows

an RWG structure fabricated on fused silica substrate and employing an ALD- TiO_2 - Al_2O_3 nanostack as the waveguide. It is worth mentioning that the use of ALD results in highly conformal coating on the corrugated substrate.

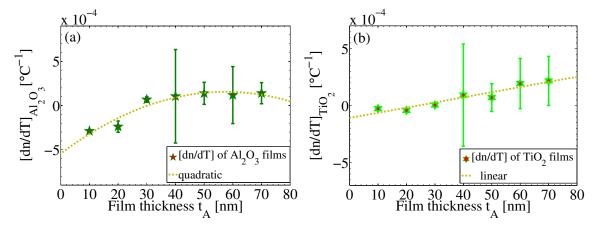


Figure 7. Thermo-optic coefficients of (a) Al_2O_3 and (b) TiO_2 films.

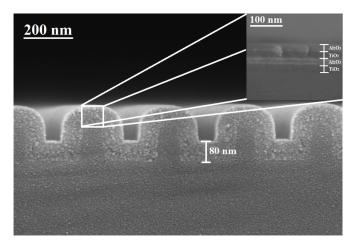


Figure 8. SEM image of a resonant waveguide grating structure with a TiO_2 – Al_2O_3 bilayer as the waveguide layer, on a fused silica substrate.

4. Conclusions

Thin-film bilayers of TiO₂ and Al₂O₃ were fabricated by ALD, and their temperature-dependent optical properties were spectrally characterized by ellipsometry. The experimental data were analyzed with the support of optical models and respective regression algorithms. The ellipsometry data measured for these bilayers were fitted by the Cauchy model, which provided optical constants both for TiO₂ and Al₂O₃ thin-films. The determined optical constants were then used for the evaluation of thermo-optic constants of TiO₂ and Al₂O₃ thin-films in this bilayer configuration. Thermo-optic properties of ALD-TiO₂ films with a thickness of 100 nm, in the presence of diffusion barrier layers of ALD-Al₂O₃ with different thicknesses, were presented. The results were discussed in terms of the porosity model of thin TiO₂ films. The study included the gradual increase of the thickness of the diffusion barrier layer, which resulted in a change in the refractive index and thermo-optic coefficients of the two thin-film materials. On increasing the thickness of the ALD-Al₂O₃ diffusion barrier layers from 20 nm to 30 nm, the initially negative thermo-optic coefficient of a 100 nm-thick TiO₂ film turns positive. The increase in

its thermo-optic coefficient with the thickness of the barrier layer exhibits a nearly linear relation, with a slope that determines the activation energies required for H_2O and OH^- species to permeate through the barrier layer. The proposed ALD-grown bilayers and nanostacks may have potential in nanophotonics applications, in which temperature-dependent operation is a nuisance. For example, biosensors based on resonance waveguide gratings typically require accurate control of the ambient temperature, which may be alleviated with the proposed approach.

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Author Contributions

The first author has contributed to the fabrication, measurements and characterization of samples. Muhammad Rizwan Saleem is the original inventor of the presented research to observe the defects on the surface of optical materials by exploring the behavior of thermo-optic coefficients. The surface porosity model is further extended by a diffusion barrier layer. Pertti Pääkkönen has assisted during the measurements and in the calculations involved. Seppo Honkanen has supervised the research work. All authors have contributed in writing the manuscript.

Conflicts of Interest

The authors declare no conflict of interest.

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