



# Article The Mediterranean Zoanthid *Parazoanthus axinellae* as a Novel Source of Antimicrobial Compounds

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**Abstract:** Marine bioprospecting is a dynamic research field that explores the oceans and their biodiversity as noteworthy sources of new bioactive compounds. Anthozoans are marine animals belonging to the Cnidaria phylum characterized by highly specialized mechanosensory cells used both for defence against predators and prey capture. Here, high concentration of cnidocysts have been isolated from the Mediterranean zoanthid coral *Parazoanthus axinellae* (Schmidt, 1862) and their antimicrobial potential has been investigated. The cnidocyst extract exerted significant antibacterial activity against some human pathogens capable of developing resistance to conventional antibiotics such as *Streptococcus agalactiae* and *Coccus* sp., and against several *Vibrio species*, including some microbial strains for humans and farmed fish, such as *Vibrio alginolyticus*, *Vibrio anguillarum*, *Vibrio fischeri*, *Vibrio harveyi*, and *Vibrio vulnificus*. Results have been discussed in light of both the ecological aspects and biotechnological value of the cnidocyst extract in the nutritional, nutraceutical, and pharmaceutical fields.

Keywords: Anthozoa; yellow anemone; bioactive compounds; vibrios; antimicrobial activities

# 1. Introduction

Marine bioprospecting is a dynamic research field with explosive growth in recent decades, which continues to evolve. Nowadays, it is evident that the oceans and their biodiversity are a significant source of novel bioactive compounds, probably the largest resource to be discovered around the world [1]. Marine invertebrates can prove to be rich sources of natural products that display various types of biological activities employed in their defence system against microbial pathogens, parasites, and predators, or at various levels of intraspecific and interspecific communication, such as exchanging signals within marine communities [2,3]. To date, approximately 16,000 natural compounds have been discovered from marine species as described in a large number of scientific papers (e.g., [4–8]). The huge chemical diversity of marine bio-products with biotechnological potential and applications in the fine chemical, nutraceutical, cosmetic, pharmaceutical, and therapeutic sectors and in the agrochemical industry [9] attracts scientific and economic interest worldwide. However, currently, the number of marine bio-products on the market is small (e.g., Prialt® and Yondelis®, [10]), whereas some novel bioactive metabolites are involved in clinical steps and many others in medical trial development. Due to the complexity of problems raised during the development of these compounds, only a few authorizations for the marketing of drugs coming from the sea have been acquired, despite a consistent



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**Copyright:** © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). number in discoveries of new marine bioactive compounds [11]. Although species belonging to the phylum Porifera are the predominant source of bioactive metabolites [1,12], the biotechnological potential of other taxonomic groups of marine organisms has also attracted the interest of researchers and especially cnidarians, molluscs, sea squirts, and algae are being studied with promising results, due to the increasing efforts in bioprospects and screening unexplored marine habitats. Different from vertebrates, invertebrates cannot rely on the acquired immunity; however, their effective defensive systems include an array of cellular and humoral factors of innate immunity along with particular integuments, such as cuticles, encapsulation, mucus, or shells [13]. Cnidarians are a large taxonomic group including over 11,000 marine organisms [14]. Lacking adaptive immunity, the phylum Cnidaria is equipped with a large range of first-line defence mechanisms designed to recognize and neutralize environmental threats [15]. Among cnidarian species, some organisms exhibit peculiar features and have been recognized as venomous animals, top predators within food webs, and monopolisers of trophic inputs, and available space, particularly when wide outbreaks occur [16–19]. Over the last decades, some researchers have investigated the potential properties of several cnidarian extracts in order to isolate compounds with relevant therapeutic features. Antimicrobial peptides (AMPs) represent the innate invertebrate immunity, the evolutionarily ancient weapon against a variety of pathogen species, including viruses, bacteria, micetes, and protozoa [20,21]. Marine invertebrates live in environments generally crowded with these pathogens; however, although they are continuously exposed, they do not show particular sensitivity to pathogenic species [22]; therefore, a set of AMPs must have evolved to counteract these microbes [1,13]. As regards to Anthozoa already in the early 1990s, to identify potential new resources against marine microbes and human pathogens, screenings of soft corals extracts have been performed and allowed to identify important antimicrobial activity in *Plexaura homomalla* and *Pseu*doplexaura flagellosa extracts [23]. Recently, a purification of thermically stable proteases and AMPs from different body compartments of the sea anemones Actinia equina and Anemonia sulcata has paved the way for antimycotic treatments and applications for biocleaning [24]. Among the recognized antimicrobial enzymes, a lysozyme is a lytic agent capable of damaging the integrity of bacterial cells by breaking the bacterial cell walls by hydrolysing the beta-1,4- glycosidic bond between N-acetylmuramic acid (NAM) and N-acetylglucosamine (NAG) [25,26]. In cnidarians, lysozyme-like activity was assessed in the anthozoan Actinia equina [27] in the scyphozoan Rhizostoma pulmo [28] and Aurelia coerulea [2], presumably used by marine organisms as a defence against the environmental pathogens [28–30]. Cnidarians belonging to the class Anthozoa have highly specialized mechano-sensory cells (cnidocytes), which contain a biological structure called a cnidocyst, the "explosive" organelle that gives the poisonous protein mixtures used both for defence against predators and prey capture [15]. In this framework, we explored the antimicrobial potential of cnidocyst extracts from the Mediterranean zoanthid coral Parazoanthus axinellae (Schmidt, 1862) commonly known as the yellow cluster anemone. Within Zoantharia, this North Eastern Atlantic and Mediterranean species is among the well-known invertebrates. This zoanthid lacks a skeleton and crusting colonies made up of soft polyps. It is a common species in sublittoral rocky communities, preferring environments with low light irradiance. For this reason, it is frequently found on shaded cliffs and at cave entrances [31]. In the 1970s, the secondary metabolome of *P. axinellae* was first investigated through the isolation and structure revelation of zoanthoxanthins and parazoanthoxanthins, two polyaromatic alkaloids [32-34]. Recently, other alkaloids, named parazoanthines, were identified from this species [35]. Despite cnidocysts being morphologically complex organelles and their explosive discharge being one among the rapidest bio-mechanical processes [36,37], no data are available up to now on the presence of antimicrobial compounds in these sensory cells in the investigated species. Thus, the present paper represents a contribution to this topic and the obtained results are discussed in light of both the ecological aspects and the bioprospecting of natural products with biotechnological value in the nutritional, nutraceutical, and pharmaceutical fields.

# 2. Materials and Methods

# 2.1. Sampling

Two-hundred polyps from some *P. axinellae* (Cnidaria: Anthozoa) colonies were collected by SCUBA diving along the Ionian coasts of Apulia, Italy Otranto Channel (40°08'39.8" N, 18°30'23.3" E) at about 15 m of depth; they were transported in the laboratory under controlled temperature and immediately processed for the isolation of cnidocysts.

### 2.2. Isolation of Cnidocyst

In the laboratory, cnidocysts (about 5000) isolated from the colonies of *P. axinellae*. Polyps were washed with sterile saline, placed on sterile Petri dishes, and employed for the isolation of the cnidocysts by employing the protocol of M. Avian et al. [38]. In detail, the dissected tentacles were placed in 50-100 mL of 1 M glycerol solution in cold distilled water (GLI-DW) and stirred at 4 °C. After 3–4 h, the sample was filtered through a filter with a mesh size of at least 100  $\mu$ m and the degree of cnidocyst isolation was checked by observing a drop of the liquid under the microscope. When large tissue fragments were no longer present, the sample was cold centrifuged for 10–15 min at a low speed, less than 1000 rpm, to avoid excessive compaction of the cnidocysts. The supernatant was discarded and the pellet was resuspended in the 1 M glycerol solution in cold distilled water. The centrifugation and resuspension operations were repeated 4-5 times. The last suspension was carried out in filtered sea water and then the degree of isolation of the cnidocysts in the pellet was verified by observing a drop of it under a microscope. The cnidocysts are generally devoid of staining and a stratification was initially observed in the pellet of which the upper whitish part reported the greatest concentration of isolated cnidocysts. All the operations were carried out cold and in a maximum time of 2–3 h. The pellet, containing the cnidocysts, was then sonicated at 50 duty cycles for 3 min in order to obtain the cnidocyst extract. The sonicate operation was repeated two times to ensure the rupture of as many cnidocysts as possible. The sonicate was then cold centrifuged for 10 min at low speed and the supernatant, represented by the pure cnidocyst extract, was used for antibacterial activity tests.

#### 2.3. Lysozyme-like Activity

The presence of lysozyme activity was assessed by using the standard assay on Petri dishes, as already recently performed in other studies on cnidarians [2,27,39,40]. Dishes were prepared according to the following procedure: 700  $\mu$ L of 5 mg/mL of peptidoglycan from *Micrococcus luteus* (Sigma, Saint Louis, MO, USA) were suspended in 7 mL of 0.05 M (Phosphate Buffer) PB-agarose (1.2%, pH 5.0), and then spread on Petri dishes. Wells with 6.3 mm diameters were sunk in the agarose gel, and each well was filled with 30  $\mu$ L of cnidocyst extract. The plates were then incubated overnight at 37 °C and the enzymatic activity was evaluated by measuring the cleared diameter, due to the lysis of bacterial cell walls (at least five replicates). The diameter of the cleared zone was then compared with those of a reference sample represented by hen egg-white lysozyme (Merck, Rahway, NJ, USA).

#### 2.4. Tested Microorganisms

The antimicrobial activity was evaluated against several microbial strains. In particular, we tested human pathogenic microbial strains capable of developing resistance to conventional antibiotics such as *Streptococcus agalactiae* (SA237), *Salmonella* spp. (SA005), *Pseudomonas aeruginosa* (PA016), *Candida albicans* (CA347), and *Candida glabrata* (CG975), furnished by Vito Fazzi Hospital of Lecce, along with several *Vibrio* strains such as *Vibrio anguillarum* (VA011), *Vibrio alginolyticus* (VA001), *Vibrio harveyi* (MT1), *Vibrio fischeri* (AT1), *Vibrio vulnificus* (VV937), including some pathogens for farmed fish isolated and identified from seawater and algal samples [41–43], and stored in the microbial collection (BioForIU) of the University of Salento.

## 2.5. Antimicrobial Activity

To test the antimicrobial activity, an aliquot of each bacterial or yeast suspension ( $10^8$  cells/mL) was incubated with 50 µL of cnidocyst extract for 30 min at room temperature with stirring (100 rpm). Starting from this suspension, a series of dilutions were made in Marine broth (for marine bacteria), Nutrient broth (for pathogenic bacteria), and Sabouraud broth (for yeasts), and the various dilutions were plated in triplicate between two layers of nutrient agar (Marine Agar 2216E, Difco-Laboratories) for marine bacteria, PCA (Plate Count Agar) for pathogenic bacteria, and Sabouraud Agar for yeasts in order to obtain pinpoint colonies that are easily countable [44]. Colony-forming units (CFUs) were counted after 24 h of incubation at 30 °C for vibrios and at 37 °C for pathogenic bacteria and yeasts. The positive control, which allowed normal bacterial growth to be assessed, was represented by an aliquot of bacterial or yeast suspension ( $10^8$  cells/mL) incubated with 50 µL of Marine broth, Nutrient broth, or Sabouraud broth. Also, in this case the various dilutions were plated in triplicate. The difference between the number of colonies observed in the control plates and in the test plates allowed to calculate the percentage of bacteria inhibited in the growth.

#### 2.6. Scanning Electron Microscopy

The cnidocyst extract treated with *Vibrio alginolyticus* and the control (nutrient broth + bacterial suspension) were fixed overnight in gluteraldehyde in 0.1 M cacodylate buffer pH 7.5 (CB), then washed 3 times in CB, and post-fixed for 1 h in osmium tetroxide 2% in CB. After washing, the samples were dehydrated in a stepwise series of acetone, dried in a CPD (critical point desiccant), overlaid with gold, and then observed and recorded by using a Philips 515 scanning electron microscope at 20 KV.

#### 2.7. Statistical Analysis

To test the effects of *P. axinellae* cnidocyst extract on microbial growth inhibition, permutational analyses of variance (PERMANOVA) were performed based on Euclidean distances on untransformed data (9999 random permutations) [45,46]. Pairwise tests were performed to assess the consistency of the differences among investigated levels. The p values were obtained from Monte Carlo samplings in case of a restricted number of unique permutations in the pairwise tests. The analyses were performed using the software PRIMER v. 6 [47].

### 3. Results

### 3.1. Cnidarian Sample Characterization

As shown Figure 1, high concentration of cnidocysts were isolated from *P. axinellae* by employing glycerol solution 1 M and the protocol of M. Avian et al. [38].

#### 3.2. Lysozyme-like Activity

In order to evaluate the lysozyme-like activity, a standard assay on Petri dishes inoculated with *Micrococcus luteus* cell walls was used. The diameters of the potential cleared zone due to cnidocyst extract of *P. axinellae* were compared with those of a reference sample represented by hen egg-white lysozyme used at a concentration ranging from 0.2 mg/mL to 1.5 mg/mL and producing diameters of lysis comprised between 1.5 and 10.5 mm. The cnidocyst extract of *P. axinellae* did not record a noteworthy lysozyme-like activity and no appreciable diameter of lysis was observed. The cnidocyst extract of *P. axinellae* did not record a noteworthy lysozyme-like activity since no appreciable diameter of lysis was observed (Figure 2).



Figure 1. Cnidocysts discharged from the P. axinellae tentacles immersed in glycerol solution.



**Figure 2.** Standard assay on Petri dish inoculated with *Micrococcus luteus* cell walls to detect the lysozyme-like activity of cnidocyst extract from *P. axinellae* (**A**). Standard hen egg-white lysozyme (HEWL) was used as positive control (**B**).

# 3.3. Antibacterial Activity

*Parazoanthus axinellae* cnidocyst extract exerted significant antibacterial activity against several tested microorganisms (Table 1).

In particular, the highest growth inhibition percentage ( $75.00 \pm 0.90\%$ ) occurred against *Streptococcus agalactiae*, soon followed by inhibition of *Vibrio alginolyticus* ( $73.00 \pm 1.30\%$ ). Although with lower percentages, a significant sensitivity to the *P. axinellae* cnydocyst extract was also highlighted in *Vibrio fischeri* ( $43.36 \pm 5.00\%$ ), *Vibrio anguillarum* ( $40.15 \pm 1.50\%$ ), *Coccus* sp. ( $37.84 \pm 2.30\%$ ), *Vibrio vulnificus* ( $34.32 \pm 8.00\%$ ), and *Vibrio harveyi* ( $28.00 \pm 4.10\%$ ). *Pseudomonas aeruginosa* and *Salmonella* sp. were not significantly affected by treatment with *P. axinellae* extract. The two human pathogenic yeasts *Candida albicans* and *C. glabrata* showed no sensitivity to the tested extract. In Table 2, the Permanova analyses concerning the sensitivity of the considered microorganisms to the action of *P. axinallae* cnidocyst extract are reported.

Bacterial Strain	% Growth Inhibition
Candida albicans	$0.00\pm0.00$
Candida glabrata	$0.00\pm0.00$
Coccus sp.	$37.84 \pm 2.30$
Pseudomonas aeruginosa	$0.00\pm0.00$
Salmonella sp.	$0.00\pm 0.00$
Streptococcus agalactiae	$75.00\pm0.90$
Vibrio alginolyticus	$73.00\pm1.30$
Vibrio anguillarum	$40.15\pm1.50$
Vibrio fischeri	$43.36\pm5.00$
Vibrio harveyi	$28.00\pm4.10$
Vibrio vulnificus	$34.32\pm8.00$

**Table 1.** Results of an in-vitro test showing the antibacterial activity of *P. axinellae* cnidocyst extract. Each value represents the average of three replications  $\pm$  SE. Concentration of microbial strains =  $1 \times 10^8$  cells/mL.

**Table 2.** Results of the PERMANOVA tests on percentages of microbial growth inhibition produced by *P. axinellae* cnidocyst extract. Abbreviations used: df—degrees of freedom; MS—mean squares; Pseudo-F—Pseudo-F statistic; P(MC)—probability level after Monte Carlo simulations; \*\*  $p \le 0.01$ ; \*\*\*  $p \le 0.001$ ; ns—not significant.

Source	df	MS	Pseudo-F	P(MC)	MS	Pseudo-F	P(MC)	
			Candida albicans		Candida glabrata			
Factor	1	$1.67 imes10^{-5}$	1	ns	$1.67 imes10^{-5}$	1	ns	
Residual	4	$1.67  imes 10^{-5}$			$1.67  imes 10^{-5}$			
Total	5							
			Coccus sp.		Pset	udomonas aerugin	osa	
An	1	2147.80	271.18	***	$1.67 imes10^{-5}$	1	ns	
Res	4	7.92			$1.67 imes10^{-5}$			
Total	5							
			Salmonella sp.		Str	eptococcus agalact	iae	
Factor	1	$1.67 imes10^{-5}$	1.00	ns	8437.50	6934.20	***	
Residual	4	$1.67  imes 10^{-5}$			1.22			
Total	5							
		,	Vibrio alginolyticus		I	/ibrio anguillarum		
Factor	1	7993.50	3157.90	***	2418	715.39	***	
Residual	4	2.53			3.38			
Total	5							
			Vibrio fischeri			Vibrio harveyi		
Factor	1	2820.10	75.21	**	1176.00	46.657	**	
Residual	4	37.50			25.20			
Total	5							
			Vibrio vulnificus					
Factor	1	1766.80	18.39	**				
Residual	4	96.05						
Total	5							

## 3.4. Characterization of Antibacterial Activity in P. axinellae Extract

Since *Vibrio alginolyticus* was one of the strains most inhibited by *P. axinellae* cnidocyst extract, it was chosen in order to better characterize the observed activity. Antibacterial activity was tested using the bactericidal assay described above. In particular, a dose-response curve was plotted by employing increasing volumes of cnidocyst extract and maintaining the bacterial suspension at  $1 \times 10^8$  cells/mL (by using a spectrophotometer, optical density at 600 nm). The antibacterial activity was further characterized by increasing the bacterial concentration (from  $1 \times 10^8$  to  $8 \times 10^8$  cells/mL) of *V. alginolyticus* and

maintaining constant the volume of *P. axinellae* extract (50  $\mu$ L) and recording the obtained dose–response curve. Moreover, in order to determine the effect of temperature on the investigated antibacterial activity, the cnidocyst extract was held for 1 hr at 22, 37, or 56 °C. Finally, a time course of activity was also obtained by incubating 50  $\mu$ L of cnidocyst extract with 10  $\mu$ L of bacterial suspension (10 <sup>8</sup> cells/mL) at 30 °C for 1, 4, 6, and 24 h.

### Dose-Response Curves

Since *V. alginolyticus* was found to be the most sensitive microbial species, it was selected as a standard test strain for the characterization of the antibacterial activity produced by the *P. axinellae* cnidocyst extract.

As shown in Figure 3 a dose–response curve was obtained by increasing the volumes of the *P. axinellae* extract. In particular, *Vibrio alginolyticus* growth inhibition was 62.70  $\pm$  0.80% when the concentration of the bacterial suspension was maintained at 1  $\times$  10<sup>8</sup> cells/mL and 20 µL of extract were employed. Increasing the extract volume at 50 and 100 µL only highlighted a small additional inhibition (73.10  $\pm$  1.10 and 88.90  $\pm$  0.90%, respectively). The percentage of antibacterial activity was positively correlated (R = 0.99) with the employed extract volumes.



**Figure 3.** Dose–response curve of antibacterial activity against *Vibrio alginolyticus* recorded at different volumes of cnidocyst extract (from 20 to 100  $\mu$ L). Values are given as means  $\pm$  standard error.

A dose–response curve was obtained by increasing the bacterial concentration (from  $1 \times 10^8$  to  $8 \times 10^8$  cells/mL) of *Vibrio alginolyticus* exposed to 50 µL (constant volume) of *P. axinellae* extract (Figure 4). Variation in bacterial concentration strongly affected the antibacterial power of the *P. axinellae* extract employed at a constant volume. In particular, when the concentration of the bacterial suspension was  $1 \times 10^8$  cells/mL, the bacterial growth inhibition percentage was 77.80 ± 2.10%. When 50 µL of *P. axinellae* extract were incubated with *V. alginolyticus* at  $4 \times 10^8$  and  $6 \times 10^8$  cells/mL, the growth inhibition decreased markedly to  $44.20 \pm 1.30$  and  $19.1 \pm 0.70\%$ , respectively. Antimicrobial activity of the *P. axinellae* extract was not present with a bacterial concentration of  $8 \times 10^8$  cells/mL. The percentage of antibacterial activity was positively correlated (R = 0.99) with the employed bacterial concentration.



**Figure 4.** Dose–response curve of antibacterial activity against different bacterial concentration of *Vibrio alginolyticus* exposed to a constant volumes of *P. axinellae* cnidocyst extract (50  $\mu$ L). Values are given as means  $\pm$  standard error.

The anti-*V. alginolyticus* activity of the tested extract significantly depended on both the employed volume of the *P. axinellae* cnidocyst extract (Table 3) and the concentration of the bacterial suspension (Table 4) as evidenced by the Permanova analyses.

**Table 3.** Results of the PERMANOVA tests on percentages of bacterial growth inhibition exhibited by several cnidocyst extract volumes of *P. axinellae* against *Vibrio alginolyticus*. Abbreviations used: df—degrees of freedom; MS—mean squares; Pseudo-F—Pseudo-F statistic; P(MC)—probability level after Monte Carlo simulations; t—pairwise tests; \*\*\*  $p \le 0.001$ ; V20 = 20 µL of cnidocyst extract of *P. axinellae*; V50 = 50 µL of cnidocyst extract of *P. axinellae*; V100 = 100 µL of cnidocyst extract of *P. axinellae*; vs. = *versus*.

Source	df	MS	Pseudo-F	P(MC)	Pairwise	t	P(MC)
Volume	2	522.12	195.46	***	V20 vs. V50	7.63	***
Residual	6	2.67			V20 vs. V100	21.72	***
Total	8				V50 vs. V100	11.10	***

**Table 4.** Results of the PERMANOVA tests on percentages of bacterial growth inhibition exhibited by the cnidocyst extract of *P. axinellae* against several bacterial concentrations of *Vibrio alginolyticus*. Abbreviations used: df—degrees of freedom; MS—mean squares; Pseudo-F—Pseudo-F statistic; P(MC)—probability level after Monte Carlo simulations; t—pairwise tests; \*\*\*  $p \le 0.001$ ; C1 = 1 × 10<sup>8</sup> cells/mL; C4 = 4 × 10<sup>8</sup> cells/mL; C6 = 6 × 10<sup>8</sup> cells/mL; C8 = 8 × 10<sup>8</sup> cells/mL; vs. = *versus*.

Source	df	MS	Pseudo-F	P(MC)	Pairwise	t	P(MC)	Pairwise	t	P(MC)
Concentration	3	2980.70	602.58	***	C1 vs. C4	11.58	***	C4 vs. C6	17.02	***
Residual	8	4.95			C1 vs. C6	24.25	***	C4 vs. C8	33.91	***
Total	11				C1vs. C8	34.58	***	C6 vs. C8	27.10	***

#### 3.5. Effect of Temperature on Antibacterial Activity

The effect of temperature on the antibacterial activity was also evaluated. When *P. axinellae* cnidocyst extract was maintained at 22 °C, *V. alginolyticus* growth inhibition percentage was 73.10  $\pm$  3.80%, while at 37 and 56 °C, the percentages decreased accounting for 61.00  $\pm$  1.50 and 66.70  $\pm$ 1.70, respectively (Figure 5).



**Figure 5.** Power of the *P. axinellae* extract to inhibit the growth of *Vibrio alginolyticus* under different experimental temperatures, n = 3. Values are given as means  $\pm$  standard error.

No significant differences in antibacterial activity were observed between the extract at 22, 37, and 56  $^{\circ}$ C (Table 5).

**Table 5.** Results of the PERMANOVA tests on percentages of bacterial growth inhibition exhibited by the cnidocyst extract of *P. axinellae* against *Vibrio alginolyticus* under several experimental temperatures. Abbreviations used: df—degrees of freedom; MS—mean squares; Pseudo-F—Pseudo-F statistic; P(MC)—probability level after Monte Carlo simulations; ns—not significant.

Source	df	MS	Pseudo-F	P(MC)
Temperature	2	109.93	3.90	ns
Residual	6	28.15		
Total	8			

# 3.6. Time Course of Antibacterial Activity

The effect of incubation time on the antibacterial activity was also determined. After 30 min of incubation of *V. alginolyticus* exposed to cnidocyst extract, the maximum growth inhibition percentage was recorded, corresponding to  $74.30 \pm 2.70\%$ , while, after 60 and 120 min of incubation, the percentages decreased to  $43.50 \pm 1.50\%$  and  $39.10 \pm 1.20\%$ , respectively (Figure 6).



**Figure 6.** Power of the *P. axinellae* extract to inhibit the growth of *Vibrio alginolyticus* under different experimental incubation time. Values are given as means  $\pm$  standard error.

Pairwise tests detected significant differences in antibacterial activity of the extract after 30 and 60, and 30 and 120 min of incubation, while no significant differences were showed in antibacterial activity of the extract after 60 and 120 min of incubation (Table 6).

Total

8

ns

	Abbreviations used: df—degrees of freedom; MS—mean squares; Pseudo-F—Pseud P(MC)—probability level after Monte Carlo simulations; *** $p \le 0.001$ ; ns—not significations							
Source	df	MS	Pseudo-F	P(MC)	Pairwise	t	P(MC)	
Incubation	2	1103.50	100.35	***	I30 vs. I60	9.96	***	
Residual	6	11.00			I30 vs. I120	11.90	***	

**Table 6.** Results of the PERMANOVA tests on percentages of bacterial growth inhibition exhibited by the cnidocyst extract of *P. axinellae* against *Vibrio alginolyticus* under several experimental temperatures. Abbreviations used: df—degrees of freedom; MS—mean squares; Pseudo-F—Pseudo-F statistic; P(MC)—probability level after Monte Carlo simulations; \*\*\*  $p \le 0.001$ ; ns—not significant.

I60 vs. I120

2.29

### 3.7. Scanning Electron Microscope (SEM)

The scanning electron microscopy (SEM) revealed that the cnidocyst extract of *P. ax-inellae* strongly affected the bacterial strain *Vibrio alginolyticus* (Figure 7) as shown by the collapsed bacterial walls, when compared to the morphology of *Vibrio alginolyticus* not exposed to the tested extract.



**Figure 7.** Power of the *P. axinellae* extract to inhibit the growth of *Vibrio alginolyticus* (**A**) = control: *Vibrio alginolyticus* with only nutrient broth, (**B**) = treatment: *Vibrio alginolyticus* with cnidocyst extract.

# 4. Discussion

The marine environment is very complex and here animals equally fight for survival, in a complex balance between predation and defence [48,49]. Sessile organisms remain those most at risk, since they do not have the possibility to escape from the lurking dangers, whether they are other animals or changes in environmental parameters. In this framework, in the present paper, we investigated the antimicrobial activity of P. axinellae cnidocyst extract, as defence mechanism against microorganisms that normally populate the environment where this species lives. Despite the inability to move, most of the sessile organisms, including P. axinellae, indeed, have evolutionarily developed defence systems that provide for the immediate release of toxic substances. These molecules, which are generally encapsulated in specialized structures called cnidocysts, are released following an appropriate stimulus and provide a partial guarantee of survival [50]. The isolation of *P. axinellae* cnidocyst extract was obtained by using the method of Avian et al. [38], thus allowing us to reach a percentage of cnidocysts of about 90% used to test their antimicrobial activity. The results obtained are encouraging since the cnidocyst extract of *P. axinellae* shows a marked ability to inhibit the growth of some bacterial strains. The substances in the *P. axinellae* cnidocyst extract, responsible for the antibacterial activity observed, were thermostable and acted rapidly. In fact, only 30 min of contact with V. algonoliticus was necessary for the bacterial growth "in vitro" to be inhibited. A low percentage of bacteria (about 27%), however, survived the action of the *P. axinellae* cnidocyst extract and

this phenomenon was most likely determined by the dose–response relationship existing between effectors and target organism. This dose–response relationship could explain why, prolonging the incubation period till 120 min, it was not possible to observe an increase in the percentage of bacterial growth inhibition as evidenced in the time course. After 1 h, indeed, the percentage of inhibition of bacterial growth was reduced to  $43.50 \pm 1.50\%$ , probably because the bacteria not destroyed by the extract continued to multiply, producing a reduction in the estimated effect. The mechanism of action of *P. axinellae* cnidocyst extract against *V. alginolyticus* presumably could be reflected also against the other tested microorganisms such as *Coccus* sp., *Streptococcus agalactiae*, and vibrios. A similar trend of the antibacterial activity was already observed also in the cnidarian *Anemonia sulcata* [51], in the annelidan *Eisenia andrei* [52], in the sea urchin *Paracentrotus lividus* [53], and in several molluscans [54].

The bacteria treated with the *P. axinellae* extract showed morphological changes, when observed by scanning electron microscopy. In particular, significant lesions of the bacterial wall were highlighted suggesting a lytic action of cnidocysts. Studies conducted on other cnidarians have evidenced the ability of some molecules called "cytolysins" to lyse the plasma membrane of other cells with which they come into contact [55]. In some cases, the mechanism of action of cytolysins has been determined and appears to consist of two phases. The first one involves the formation of a bond with the plasma membrane of the target cell and the second one the oligomerization at the level of the plasma membrane with the formation of the pore [55–59]. Cytolysins, therefore, could be responsible for the inhibitory activity shown by *P. axinellae* cnidocyst extract on bacterial growth. However, the defensive system used against microorganisms living in the surrounding environment is complex. Thus, it cannot be excluded that other factors are responsible for the observed antibacterial activity or that both cytolysins and other "defensive factors" act synergistically in the antibacterial protection of *P. axinellae*. The presence of several defence mechanisms to preserve the integrity of *P. axinellae* is also demonstrated by the work of Herndl and Velimirov [60]. They indicated that the coelenteric fluid excellently controls the concentration of bacteria inside the gastric cavity of *P. axinellae*, degrading bacteria when their concentration rises to above a threshold value. As hypothesized by some authors, this digestion would bring advantages to the anthozoans, as they would incorporate useful carbonaceous compounds, vitamins, and essential trace elements, or antibiotic substances coming from the tissues of microorganisms [15,60-63]. It is uncertain, however, whether it is an enzymatic digestion, due to gastric processing of the same microorganisms, or whether there are specific substances at the coelenteric level that determine this phenomenon. The results obtained in the present work suggest that the survival of *P. axinellae* in an environment usually crowded by microorganisms is due to the relationship between the substances here investigated, encapsulated within the cnidocysts, and those freely present in an unpackaged form in the coelenteric fluid Parazoanthus axinellae, as observed in other marine organisms [64–66], that has probably managed over the course of evolution to develop a genetic pool capable of leading to the synthesis of specific defence molecules, acting synergistically, fighting potential pathogens. The specific genetic makeup or the mechanism of synthesis and storage of the aforementioned substances is not yet known and further studies will be conducted to clarify these aspects. The existence of a common synthesis route of molecules with antibacterial activity which are partly encapsulated in the cnidocysts and partly secreted by the external cell layers cannot be excluded.

Another particularly interesting and noteworthy aspect obtained in this work is the notable sensitivity of bacteria belonging to the genus *Vibrio* to the action of the cnidocyst extract of *P. axinellae*. These bacteria, in fact, include halophilic species and are counted among the most interesting bacterial strains present in the marine environment. Currently, numerous of these species are considered pathogenic both for humans and for the several marine organisms, including some invertebrates and fish [67–70]. The antibacterial activity of *P. axinellae* cnidocyst extract against vibrios, particularly *V. alginolyticus*, is of particular interest for the potential biotechnological applications since the extract could be used

to fight vibriosis, representing one of the major problems in aquaculture with economic relapsed [71–73]. Some bacterial strains (especially *Pseudomonas aeruginosa* and *Salmonella* sp.) and the yeast fungi Candida albicans and Candida glabrata were not absolutely inhibited in their growth. On the contrary, we found a high antibacterial activity of *P. axinellae* cnidocyst extract against the bacterial strain Streptococcus agalactiae (GBS). It is a relatively frequent bacterial strain in a female gastrointestinal and genitourinary tract. However, it can be transmitted from mothers to infants at the time of birth, causing septicaemia, meningitis, sepsis, and neonatal pneumonia [74–78]. Among the newborns, Schindler et al. [79] showed a strong relationship between GBS infection and the risk of intrauterine foetal death. Thus, finding antibacterial capable of combating GBS represents a challenge due to its high incidence among parturients and their neonates worldwide and the development of its antibiotic resistance [80]. Moreover, previous studies showed an antimicrobial activity of P. axinellae extract incorporated nanostructures against the Gram-positive bacterial strain Staphylococcus aureus and the Gram-negative bacterial strain Aeromonas hydrophila, Aeromonas sobria, Escherichia coli, and Salmonella enterica as reported by Konuklugil et al. [81]. In this scenario, further investigations will be needed in order to isolate the potential molecules responsible for the antibacterial activities and our results pave the way for the identification of these interesting bio-compounds requiring further integrated analytical approaches, such as metabolomic, HPLC, GC-MS, and LC-MS methods. In particular metabolomic approach could be the pivotal topic of a further study in order to provide further information insight the secondary metabolites present in the cnidocyst extract elucidating also the chemical nature of the compounds involved in the here evidenced antibacterial activity.

In conclusion, on account of the antimicrobial activity of *P. axinellae* cnidocyst extract against vibrios and *S. agalactiae*, the present work encourages the potential exploitation of *P. axinellae* as a novel and excellent source of antibacterial compounds with several possible applications for the biotechnological and pharmacological sectors. This is crucial considering the need to discover innovative antimicrobials for the treatment of infectious diseases due to multidrug-resistant bacteria and to combine research and technological advancements.

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