



Supplementary Materials

Table S1. Mann-Whitney-U-tests for group differences between participants with and without pre-existing physical health conditions.

Variable	z-Value	p-Value	r-Value	Mean Rank wphc a	Mean Rank wopнсb
PHQ-4	-6.69	0.000	0.11	1903.16	1667.42
WHO-5	-7.58	0.000	0.13	1919.06	1651.04
SOC-L9	-5.89	0.000	0.10	1457.43	1656.52
Coping	-2.36	0.018	0.04	1813.88	1734.92
PHQ	-2.75	0.006	0.05	1690.17	1596.60
stress	-2.73	0.006	0.03	1070.17	1370.00

Notes. a = with physical health condition, n = 1300 b = without physical health condition, n = 2230.

Table S2. Means and standard deviations for PHQ-4, WHO-5, SOC-L9 and PHQ stress module for participants with and without pre-existing physical health conditions.

Variable	M w p H c^a	SD w PH c^a	M woph c^b	SD woph c^b
PHQ-4	4.26	3.20	3.52	2.90
PHQ Stress	6.61	3.92	6.23	3.87
WHO-5	13.70	5.97	12.10	5.84
SOC-L9	40.68	10.31	42.95	9.83

Notes. a = with physical health condition, n = 1300 b = without physical health condition, n = 2230.

Table S3. Answers for item "coping" (percentage) for participants with and without pre-existing physical health conditions.

How Well Are You Coping?	Percentage %wphc a	Percentage %worhcb	
Very good	14.1	14.3	
Good	43.5	47.3	
Neither nor	12.8	13.0	
Not very good	23.8	21.4	
Not good at all	5.8	3.9	

Notes. a = with physical health condition, n = 1300 b = without physical health condition, n = 2230.



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