Supplementary Table S2. Quality assessment using the Cochrane Risk of Bias Tool for randomized controlled trials.

First author, year	Adequate random sequence generation	Allocation concealment	Blinding of participants	Blinding of personnel	Blinding of outcome assessors	Incomplete data outcome	Selective reporting	Other
Barakat, 2016	+	+	-	+	?	+	+	+
Bhartia, 2019	?	?	-	?	?	+	+	?
de Oliveria, 2012	+	+	-	-	+	+	+	+
da Silva, 2017	+	+	-	-	+	+	+	+
Haakstad, 2016	+	+	+	+	+	+	+	+
Jayashree, 2013	+	?	-	+	+	+	+	+
Kasawara, 2013	+	+	-	?	?	+	+	?
Maharana, 2013	+	?	-	+	+	+	+	+
Perales, 2020	+	?	-	+	+	+	+	+

Price, 2012	+	+	-	?	?	+	+	?
Ruiz, 2013	+	?	-	-	?	+	+	?
Stafne, 2012	+	+	-	-	+	+	+	?
Rakhshani, 2013	?	?	-	+	+	+	+	+
Tomic, 2013	?	?	-	?	?	+	+	?
Wang, 2017	+	+	-	-	?	+	+	?
Yeo, 2000	?	?	-	?	?	+	+	?