

Supplementary Table S3. Assessment of the risk of bias for each important outcome within studies.

Study	Risk of bias	Interpretation
Barakat, 2016	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Bhartia, 2019	Unclear risk of bias for one or more domains.	Plausible bias that raises some doubt about the results.
de Oliveria, 2012	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
da Silva, 2017	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Haakstad, 2016	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Jayashree, 2013	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Kasawara, 2013	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Maharana, 2013	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Perales, 2020	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Price, 2012	Unclear risk of bias for one or more domains.	Plausible bias that raises some doubt about the results.
Ruiz, 2013	Unclear risk of bias for one or more domains.	Plausible bias that raises some doubt about the results.
Stafne, 2012	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Rakhshani, 2013	Low risk of bias for all key domains.	Plausible bias unlikely to seriously affect the results.
Tomic, 2013	Unclear risk of bias for one or more domains.	Plausible bias that raises some doubt about the results.
Wang, 2017	Unclear risk of bias for one or more domains.	Plausible bias that raises some doubt about the results.
Yeo, 2000	Unclear risk of bias for one or more domains	Plausible bias that raises some doubt about the results.