

DLQI (Dermatology Life Quality Index) questionnaire

DERMATOLOGY LIFE QUALITY INDEX

Hospital No:

Date:

Name:

Score:

Address:

Diagnosis:

DLQI

The aim of this questionnaire is to measure how much your skin problem has affected your life over the last week. Please tick ⇒ one box for each question.

- | | | | |
|-----|---|-------------------------------------|---------------------------------------|
| 1. | Over the last week, how itchy, sore, painful or stinging has your skin been? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | |
| 2. | Over the last week, how embarrassed or self conscious have you been because of your skin? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | |
| 3. | Over the last week, how much has your skin interfered with you going shopping or looking after your home or garden ? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| 4. | Over the last week, how much has your skin influenced the clothes you wear? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| 5. | Over the last week, how much has your skin affected any social or leisure activities? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| 6. | Over the last week, how much has your skin made it difficult for you to do any sport ? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| 7. | Over the last week, has your skin prevented you from working or studying ? | Yes <input type="checkbox"/> | |
| | | No <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| | If "No", over the last week how much has your skin been a problem at work or studying ? | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | |
| 8. | Over the last week, how much has your skin created problems with your partner or any of your close friends or relatives ? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| 9. | Over the last week, how much has your skin caused any sexual difficulties ? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |
| 10. | Over the last week, how much of a problem has the treatment for your skin been, for example by making your home messy, or by taking up time? | Very much <input type="checkbox"/> | |
| | | A lot <input type="checkbox"/> | |
| | | A little <input type="checkbox"/> | |
| | | Not at all <input type="checkbox"/> | Not relevant <input type="checkbox"/> |

Please check you have answered EVERY question. Thank you.

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Table S1. Age range, clinical picture and previous therapies of individual patients at baseline.

No.	Age (years)	Sex	Subtype OLP	cutaneous LP	genital LP	TCS/SCS
1	52	f	erosive	+	-	TCS
2	66	f	erosive	-	+	TCS
3	58	f	erosive	-	-	TCS
4	51	f	atrophic	-	+	TCS
5	56	f	erosive	+	-	TCS
6	58	m	erosive	-	-	TCS
7	73	m	reticular	-	-	TCS
8	69	f	erosive	-	-	TCS
9	40	f	erosive	-	-	SCS, TCS
10	58	m	erosive	-	-	TCS
11	75	f	erosive	-	-	TCS
12	59	f	atrophic	-	-	TCS
13	58	f	erosive	-	-	TCS
14	50	f	erosive	-	-	TCS
15	41	f	erosive	-	-	TCS
16	45	m	reticular	-	+	TCS
17	79	f	erosive	-	-	TCS
18	66	f	erosive	-	-	TCS
19	52	f	erosive	-	-	TCS
20	60	m	atrophic	-	-	TCS
21	78	f	reticular	-	-	TCS

Sex, age, clinical picture and previous therapies of individual patients at baseline. + yes, - no; No.: patient's number; LP: lichen planus; TCS: topical corticosteroid, SCS: systemic corticosteroid.

Table S2. Wilcoxon rank-sum test to analyse changes between responders and non-responders from T1 (withdrawal of CSA) to T2 (after four weeks without CSA) regarding VAS-, PGA- and DLQI-scores.

Variable	Overall (<i>n</i> = 21)	Responder (<i>n</i> = 16)	Non-responder (<i>n</i> = 5)	<i>p</i> -value
	No. (%)	No. (%)	No. (%)	
	median (Q1–Q3)	median (Q1–Q3)	median (Q1–Q3)	
VAS Difference T1/T2	1.5 (0–2.5)	1.5 (0–2.8)	1 (0–2.5)	0.90
PGA Difference T1/T2	0.5 (0–1)	0 (0–1)	1 (0.5–1)	0.38
DLQI Difference T1/T2*	0.5 (-0.75–1)	0 (-0.5–1)	1 (-0.5–1.5)	0.75

Wilcoxon rank-sum test to analyse changes between responders and non-responders from T1 (withdrawal of CSA) to T2 (after four weeks without CSA) regarding VAS-, PGA- and DLQI-scores. No significant differences between the two groups were found. * Evaluation of differences in DLQI-scores between T1 and T2 was based on 14 patients.

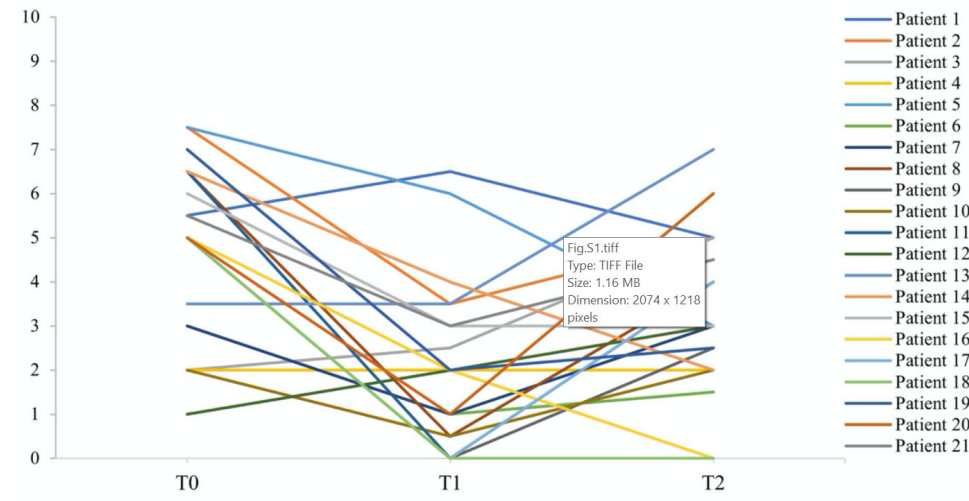


Figure S1. Line graphs showing courses of VAS-scores for each individual patient.