

Supplementary Materials

Table S1. Search strings employed during the electronic search and number of records retrieved.

Database	String	Number of records retrieved
Pubmed	(cryostimulation OR cryotherapy OR cryochamber OR cryosauna OR "cold immersion" OR "cold shock" OR "cold therapy" OR "cold exposure") AND (fibromyalgia OR "myofascial pain" OR "chronic generalized pain" OR "chronic widespread pain" OR fibrositis OR fibromyositis)	28
Scopus	(TITLE-ABS-KEY (cryostimulation OR cryotherapy OR cryochamber OR cryosauna OR "cold immersion" OR "cold shock" OR "cold therapy" OR "cold exposure") AND TITLE-ABS-KEY (fibromyalgia OR "myofascial pain" OR "chronic generalized pain" OR "chronic widespread pain" OR fibrositis OR fibromyositis))	100
Embase	(fibromyalgia OR 'myofascial pain' OR 'chronic generalized pain' OR 'chronic widespread pain' OR fibrositis OR fibromyositis) AND (cryostimulation OR cryotherapy OR cryochamber OR cryosauna OR 'cold immersion' OR 'cold shock' OR 'cold therapy' OR 'cold exposure')	107
Web of Science	fibromyalgia (All Fields) and costimulation OR cryotherapy OR crio chamber OR cryosauna OR "cold immersion" OR "cold shock" OR "cold therapy" OR "cold exposure" (All Fields)	28