

Supplementary Table S2. The concentration of microplastics found in participants' stool samples.

Participant	HDPE	LDPE	PE	PP	PS	PET
C1	13,99 + 3,95	nd	nd	nd	nd	nd
C2	nd	nd	nd	nd	nd	nd
C3	nd	nd	nd	nd	nd	nd
C4	7,19 ± 1,76	nd	nd	3,13 ± 0,51	nd	nd
C5	nd	nd	nd	nd	nd	nd
C6	12,27 ± 0,21	nd	7,00 ± 1,25	nd	nd	nd
C7	3,33 ± 1,37	nd	nd	nd	nd	nd
C8	nd	nd	nd	nd	nd	nd
C9	nd	nd	nd	nd	nd	nd
C0	nd	nd	nd	nd	11,59 ± 2,56	2,44 ± 0,3
C11	nd	3,48 ± 1,25	nd	nd	8,18 ± 2,41	nd
Average	9,195	3,48	7,00	3,13	9,89	2,44
Prevalence	0,364	0,091	0,091	0,091	0,182	0,091

nd: not detected