



Communication Negative-Stiffness Structure Vibration-Isolation Design and Impedance Control for a Lower Limb Exoskeleton Robot

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Abstract: The series elastic actuator (SEA) is generally used as the torque source of the exoskeleton robot for human–robot interaction (HRI). In this paper, an impedance control method for lower limb exoskeleton robots driven by SEA is presented. First, considering the low-frequency vibrations generated by the lower limb exoskeleton robot during walking, the displacement generated by the robot is regarded as an external disturbance to the SEA motor. An SEA structure with negative stiffness structure (NSS) is designed to achieve vibration isolation in the low-frequency excitation region. Second, the dynamics model of the SEA-driven exoskeleton robot system is proposed, and the impedance control strategy is integrated into the proposed system. In addition, the numerical responses of the vibration-isolation system in both time and frequency domains are given, and the designed NSS is designed to achieve vibration. The amplitude-frequency responses of the system are obtained. The harmonic balance (HB) method is used to give the analytical solution of the designed negative-stiffness isolation system, and the effects of different characteristic parameters on the isolation system are analyzed. Moreover, the stability of the SEA-driven exoskeleton impedance control system is demonstrated using the Lyapunov method. Finally, numerical simulations are carried out in order to show the effectiveness of the control method.

Keywords: impedance control; negative stiffness; vibration isolation; harmonic balance method

1. Introduction

Assistive robots are gaining attention and becoming human helpers in social environments [1–4], e.g., navigation robots, machine manipulators, and exoskeleton robots worn by hemiplegic patients, etc. An exoskeleton robotic system is an assistive robotic system with a humanoid structure that can be worn and assist the wearer to accomplish a corresponding task with the prediction of the intention of the wearer. In contrast to conventional robots, the motion system of exoskeletal robots needs to be consistent with the wearer, and therefore, effective HRI is essential. However, the lower limb exoskeleton robot is susceptible to factors such as conditions and external environment during walking; considering the impact from the ground causes body vibrations, in order to reduce the impact of low-frequency vibrations on the human body when the lower limb exoskeleton robot is walking, it is necessary to consider certain vibration-isolation designs in the control process.

Due to the effects of low-frequency vibrations on different mechanical systems, the necessary vibration-isolation design is required; however, active control tends to be costly and energy constrained. As a result, active control always involves higher costs and more implementation difficulties than passive systems, and passive vibration isolation has been widely developed [5–20]. In recent years, Fang et al. [11,12] explored systems of vibration control and energy harvesting models for satellites by integrating a nonlinear energy sink (NES) and a giant magnetostrictive material (GMM), and the complexification-averaging



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). (CX-A) technique was employed. Lu et al. [13] investigated the enhancement of circularring vibration-isolation performance by shape memory alloy (SMA) wire ropes. The NSS exhibits much lower dynamic stiffness compared to static systems or mechanisms, which provides the opportunity to achieve the lowest possible filtering without compromising other characteristics. Furthermore, in recent years, Lu et al. [14–17] have proposed many novel vibration-isolation structures and applied them to different projects, including the design of a new two-stage nonlinear vibration-isolation system, each with high-static-lowdynamic stiffness (HSLDS), with the positive stiffness of each stage achieved by a metal plate, and the corresponding negative stiffness achieved by a bistable carbon-fiber-metal (CF) composite plate. An analytical model was used and the plate was statically tested to measure the actual stiffness of the plate. These studies have made great contributions in the field of nonlinear vibration isolation [21–27]. Le and Ahn [21] gave an NSS consisting of a pair of opposed springs perpendicular to the mass displacement, which generate a net vertical recovery force to achieve vibration isolation when there is a relative displacement between the floor and the seat. Phu et al. [25] introduced a hybrid magneto-rheological (MR) damper containing a combination of three control strategies controllers: PI control, fuzzy neural control, and sliding mode control. In [26], a method for estimating the natural frequencies of Cartesian 3D printers based on the kinematic scheme was introduced. Gholikord et al. [27] experimentally tested a novel design of negative-stiffness (NS) structure and improved the performance of the negative-stiffness structure in terms of energy absorption as well as maintaining its original configuration under cyclic loading. Compared with Gholikord et al., the new structure with NSS characteristics designed based on an exoskeleton structure not only expands the diversity of quasi-zero stiffness structures, but also shows excellent performance in the field of low-frequency vibration isolation.

A series of SEAs have been designed to drive the exoskeleton robot [28–32]. Kong et al. [28] proposed the control method of rotary SEA and a gait phase-smoothing sliding model-based control method was given for exoskeleton robots. In [29], a nonlinear SEA for an exoskeleton robot is given. Three springs are connected in series between a direct-current (DC) servo motor (equipped with a harmonic reducer) and the load, which are, in turn, connected in parallel with each other. Li et al. [31] proposed an iterative learning impedance controller for a rehabilitation robot driven by an SEA, where the control target is specified as the desired impedance model. Hsieh et al. [32] designed a unidirectional force-sensing SEA for shoulder rehabilitation, which uses a single linear compression spring connected in series between a linear stepper motor and a slider to generate a unidirectional linear output force by compressing the spring. Although different SEAs were designed in the above studies, the effect of the harmonic excitation on the SEA for exoskeleton robots was not considered.

In the case of HRI, it is possible to use force control as an alternative; however, its disadvantage is its poor robustness [33–35]. In contrast to force control, impedance control is a control strategy that controls the robot by regulating the dynamic relationship between the robot position and the interacting forces, and impedance control methods can improve the system stability. In recent years, impedance control has been further explored [36–41], and the studies have shown that impedance control has been effectively applied in robot control.

Inspired by the aforementioned discussions, this work has the following contributions: (1) This paper introduces a vibration-isolation design method for a lower limb exoskeleton robot using NSS under low-frequency harmonic excitation. The displacement generated by the robot is considered as an external disturbance to the motor. (2) The response of the NSS vibration-isolation system in the time and frequency domains is given by numerical solutions and HB methods. The effect of different characteristic parameters on the isolation system is analyzed by the analytical solutions. (3) The impedance control method is integrated into the dynamics model of the SEA-driven exoskeleton system and the stability of the overall system is demonstrated using the Lyapunov method.

2. Problem Formulation and Preliminaries

This section presents the SEA structure with NSS for a lower limb exoskeleton robot. In addition, the HRI force is given and will be viewed as an elastic external force.

2.1. SEA Structure with NSS

In the design of the NSS and exoskeleton, a simplified technical drawing is shown in Figure 1 that will help visualize the design.



Figure 1. A simplified technical drawing of the NSS and exoskeleton designs.

We took measurements to minimize backlash and ensure that saturation does not occur. For instance, we carefully selected actuators that have a high dynamic range and are not prone to saturation. Additionally, we used feedback control algorithms that can account for and compensate for nonlinearities in real-time. Regarding the issue of jamming, we took several precautions to ensure that the mechanism does not jam when the angle β is large. We use rail guides to constrain the motion of the mechanism and prevent it from deviating from its intended path. We also use limiters to restrict the motion of the mechanism within safe operating ranges, and to prevent it from reaching extreme angles that could lead to jamming or other undesirable behaviors.

In order to achieve a compliance control of the exoskeleton robot, based on [31], a compliant actuator schematic is illustrated in Figure 2a; it is composed primarily of a servo motor with a rotary encoder, a set of linear and nonlinear springs, a ball screw and displacement sensors. The motion of the motor is first transmitted through a couple to the ball screw, and the couple transforms the rotational motion of the shaft into the linear motion of the ball screw nut. The motion of the nut is then passed through the NSS to the output carriage, which uses a pair of cables to drive the robot joints. An encoder is mounted on the motor to measure the angular displacement of the NSS, and a rotary potentiometer is mounted in the robot joint to measure the joint angle. Figure 2b shows the elastic element placed before the reducer, i.e., between the motor and the exoskeleton. The ball screws offer high precision and accuracy, which is crucial in many industries such as manufacturing, aerospace, and robotics. They have a low friction coefficient, which means they require less power to operate, and they are able to maintain their accuracy over long periods of use.



Figure 2. Overview of the mechanical structure schematic of SEA: (**a**) Diagram of SEA structure with NSS. (**b**) Diagram of the placement of the elastic element.

The NSS is shown in Figure 3b. Here, the weight of the vibration isolation device is neglected. By means of a force F, opposite to the displacement, the mass is displaced downward x from its initial position and two horizontal springs are compressed and produce two vertical restoring forces acting on the mass. Figure 3a describes the HRI with vibration isolation structure.



Figure 3. Overview of the model structure schematics: (a) Diagram of vibration isolation structure with negative stiffness. (b) Schematic diagram of HRI with vibration-isolation structure.

The total virtual work of the vibration-isolated device on vertical direction is as

$$\delta U = F \delta x - 2F_h \tan(\beta) \delta x. \tag{1}$$

By applying the principle of virtual work, we can obtain

$$F\delta x - 2F_h \tan(\beta)\delta x = 0, \tag{2}$$

where $F_h = K_h(L_o - L_h)$ is the horizontal spring force; β is the angle of the horizontal line at the start; L_o and L_h are the lengths of the horizontal springs, respectively; and the length of the sliding block is neglected here.

At arbitrary positions, the angle β can be established as

$$\tan(\beta) = \frac{h_{id} - x}{b - L_h},\tag{3}$$

where

$$L_h = b - \sqrt{a^2 - (h_{id} - x)^2},$$
(4)

and

$$h_{id} = \sqrt{a^2 - (b - L_o)^2}.$$
 (5)

Substituting Equations (3)–(5) to the expression in Equation (2) for the horizontal spring force F_{h_t} , it can be derived that

$$F = 2K_h \left(\frac{L_o}{\sqrt{a^2 - \left(\sqrt{a^2 - (b - L_o)^2} - x\right)^2}} - \frac{b}{\sqrt{a^2 - \left(\sqrt{a^2 - (b - L_o)^2} - x\right)^2}} + 1 \right) \cdot \left(\sqrt{a^2 - (b - L_o)^2} - x\right).$$
(6)

The following dimensional parameters can be defined as

$$\hat{F} = \frac{F}{K_{h}L_{o}}, \hat{x} = \frac{x}{L_{o}}, \gamma_{1} = \frac{a}{L_{o}}, \gamma_{2} = \frac{b}{L_{o}},$$

$$\hat{h}_{id} = \sqrt{\left(\frac{a}{L_{o}}\right)^{2} - \left(\frac{b}{L_{o}} - 1\right)^{2}} = \sqrt{\gamma_{1}^{2} - (\gamma_{2} - 1)^{2}},$$
(7)

where \hat{F} is the dimensionless restoring force, \hat{x} is the dimensionless displacement, γ_1 and γ_2 are configuration parameters, \hat{h}_{id} is the dimensionless deformation of the vertical spring, a is the length of the rod, and b is the distance from the edge to the edge.

Given these dimensionless parameters, the dimensionless restring force can be derived from Equation (6) as follows.

$$\hat{F} = 2 \left(\frac{1}{\sqrt{\gamma_1^2 - (\hat{h}_{id} - \hat{x})^2}} - \frac{\gamma_2}{\sqrt{\gamma_1^2 - (\hat{h}_{id} - \hat{x})^2}} + 1 \right) (\hat{h}_{id} - \hat{x}).$$
(8)

The above equation shows the parametric correlation between the dimensionless recovery force \hat{F} and the dimensionless displacement \hat{x} . Figure 4a,b describes the dimensionless force-deflection characteristics for various configuration parameters, and the configurative parameters of the NSS are shown in Table 1.

Table 1. Configurative parameters of the NSS.

Parameters	Change in the Value of γ_1	Change in the Value of γ_2
γ_1	0.8, 0.82 and 0.85	0.75
γ_2	1.2	1.2, 1.25 and 1.3



Figure 4. Dimensionless force-deflection characteristics for various configuration parameters: (**a**) for various γ_1 , (**b**) for various γ_2 .

As for the range of values of NS, some predictions in the design of NSS can be derived from Figure 4. In this paper, as shown in Figure 4a, if the value of $\gamma_2 = 1.2$ and $0.8 \leq \gamma_1 \leq 0.85$, the maximum and minimum forces exist for the restoring force. The dimensionless restoring force decreases as the dimensionless mass displacement increases, while if the mass position is outside this range, the restoring force increases with the mass dimensionless displacement. This means that in this case, the structure has two different values of stiffness depending on the displacement of the mass. For example, $\gamma_1 = 0.82$, as shown in Figure 4a, if the displacement of the mass is in a region, the stiffness is positive and the other is negative. Similarly, the above analysis applies to Figure 4b.

2.2. Design Procedure of the Vibration Isolation System

When the mass is moved downward by x amounts from the initial position, as a result, the mass is compressed by three compressive forces including two restoring forces generated by the two horizontal springs and the force of the vertical spring. Thus, in this case, the vertical restoring force of the system can be obtained by adding the restoring force of the vertical spring on the left side of Equation (8).

The following dimensional parameters can be defined as

$$\hat{F}_{s} = \hat{x} + 2\alpha \left(\frac{1}{\sqrt{\gamma_{1}^{2} - \left(\hat{h}_{id} - \hat{x}\right)^{2}}} - \frac{\gamma_{2}}{\sqrt{\gamma_{1}^{2} - \left(\hat{h}_{id} - \hat{x}\right)^{2}}} + 1 \right) \left(\hat{h}_{id} - \hat{x}\right), \tag{9}$$

where $\alpha = K_h/K_v$ denotes the spring ratio.

Define $\hat{u} = \hat{h}_{id} - \hat{x}$ as the dimensionless displacement of the isolated device with respect to the base and Equation (9) can be rewritten as follows

$$\hat{F}_{s} = \hat{h}_{id} - \hat{u} + 2\alpha \left(\frac{1}{\sqrt{\gamma_{1}^{2} - \hat{u}^{2}}} - \frac{\gamma_{2}}{\sqrt{\gamma_{1}^{2} - \hat{u}^{2}}} + 1\right)\hat{u}.$$
(10)

The dimensionless dynamic stiffness of the system is obtained by differentiating Equation (10) with respect to the dimensionless displacement \hat{x}

$$\hat{K} = 1 + 2\alpha \left(\frac{\hat{u}^2(\gamma_2 - 1)}{(\gamma_1^2 - \hat{u}^2)^{\frac{3}{2}}} + \frac{(\gamma_2 - 1)}{\sqrt{\gamma_1^2 - \hat{u}^2}} - 1 \right).$$
(11)

When u = 0, the dimensionless equivalent stiffness at the static equilibrium position \hat{K}_{SEP} is described by

$$\hat{K}_{SEP} = 1 + 2\alpha \left(\frac{(\gamma_2 - \gamma_1 - 1)}{\gamma_1}\right).$$
(12)

The above equation shows the parametric correlation between the dimensionless dynamic stiffness and \hat{K} the dimensionless displacement \hat{u} . The spring ratio $\alpha = K_h/K_v$ is set as $\alpha = 1, 1.8$ and 2.0. Figure 5 shows the dimensionless dynamic stiffness curves with linear stiffness for the various values of α .





The resilience force for Equation (10) is expressed in the following dimensional form.

$$F_{s} = K_{v}x + 2K_{h}\left(\frac{1}{\sqrt{\gamma_{1}^{2} - \left(\frac{h_{id} - x}{L_{o}}\right)^{2}}} - \frac{\gamma_{2}}{\sqrt{\gamma_{1}^{2} - \left(\frac{h_{id} - x}{L_{o}}\right)^{2}}} + 1\right)(h_{id} - x).$$
(13)

2.3. Human-Limb Model

Given the slow HRI process, based on [37], the human-limb model can be simplified as

$$K_H(z_h - u) = F_e, (14)$$

where K_H denotes the stiffness. z_h is the desired position for a human limb.

When the system deviates from the initial position x, its potential energy V can be given as

$$V = \frac{1}{4}K_{v}x^{2} + 2K_{h}\left(h_{id} - \frac{x}{2}\right)x + 2K_{h}(1 - \gamma_{2})L_{o}\left(\sqrt{\gamma_{1}^{2} - \left(\frac{h_{id} - x}{L_{o}}\right)^{2}} - \sqrt{\gamma_{1}^{2} - \left(\frac{h_{id}}{L_{o}}\right)^{2}}\right).$$
(15)

The dissipation function is defined as

$$D = \frac{1}{2}C(\dot{z}_m - \dot{z}_e)^2.$$
 (16)

The kinetic energy *T* in the system is given by

$$T = \frac{1}{2}m\dot{z}_m^2.$$
(17)

Next, applying Lagrange's equation,

$$\frac{\mathrm{d}}{\mathrm{d}t}\left(\frac{\partial T}{\partial \dot{z}_m}\right) - \left(\frac{\partial T}{\partial z_m}\right) + \left(\frac{\partial V}{\partial z_m}\right) + \left(\frac{\partial D}{\partial z_m}\right) = P + Q + F_e,\tag{18}$$

where Q = -mg. *P* indicates the external excitation.

By substituting Equations (14)–(17) into Equation (18), the equation for the isolated control system can be derived as follows

$$m\ddot{z}_m + C(\dot{z}_m - \dot{z}_e) - K_v x - 2K_h \left(\frac{(1 - \gamma_2)}{\sqrt{\gamma_1^2 - \left(\frac{h_{id} - x}{L_o}\right)^2}} + 1\right) (h_{id} - x) + mg = P + F_e.$$
(19)

The relative displacement, velocity and acceleration of the isolated control system are shown below

$$u = h_{id} - x, \dot{u} = \dot{z}_m - \dot{z}_e, \ddot{u} = \ddot{z}_m - \ddot{z}_e,$$

where $h_{id} \rightarrow z_m$, $x \rightarrow z_e$.

The dynamics system is rewritten as follows

$$m\ddot{u} + C\dot{u} + (K_v + K_H)u - 2K_h \left(\frac{(1 - \gamma_2)}{\sqrt{\gamma_1^2 - \left(\frac{u}{L_o}\right)^2}} + 1\right)u = -m\ddot{z}_e + P + K_H z_h.$$
 (20)

2.4. Numerical Solution of Nonlinear Vibration Isolation System

Next, in order to analyze the dynamic response of the negative-stiffness isolation system, the numerical solution curves, time-amplitude response and frequency-amplitude response curves are given. The external excitation parameters are set to $P = -k_1u + m\ddot{z}_e + F_a \cos(\omega t)$, $F_e = 0.01$ N, $k_1 = 1.0$ N/m. The results are shown in Figure 6a,b.



Figure 6. Time and frequency amplitude response curves: (**a**) frequency and amplitude response curve, (**b**) time and amplitude response curve.

2.5. Harmonic-Balance Solution for Nonlinear Vibration-Isolation Systems

Considering the steady-state vibration around the static equilibrium position as well as the minimal displacement, at the static equilibrium position (u = 0), the extended power series of the restoring force can be approximated as

$$\hat{F}_{se} = \hat{h}_{id} + \frac{K_v}{m} \left(1 + 2\alpha \frac{(\gamma_2 - \gamma_1 - 1)}{\gamma_1} \right) \hat{u} + \alpha \frac{(\gamma_2 - 1)}{\gamma_1^3} \hat{u}^3 + O(u),$$
(21)

where \hat{F}_{se} denotes the approximate force and O(u) denotes the higher order term. Then, Equation (20) can be rewritten in terms of dimension, as below

$$F_{se} = h_{id}K_v + K_v \left(1 + 2\alpha \frac{(\gamma_2 - \gamma_1 - 1)}{\gamma_1}\right) u + \alpha K_v \frac{(\gamma_2 - 1)}{\gamma_1^3 L_o^2} u^3 + O(u).$$
(22)

Based on the Lagrange Equation (18), the approximate dynamic equation for the steady-state mass is derived below

$$\ddot{u} + 2\zeta_1 \dot{u} + \left(\zeta_2 \left(1 + 2\alpha \frac{(\gamma_2 - \gamma_1 - 1)}{\gamma_1}\right) + \frac{K_H}{m}\right) u + \zeta_2 \left(\alpha \frac{(\gamma_2 - 1)}{\gamma_1^3 L_o^2}\right) u^3 = -\ddot{z}_e + \frac{P}{m} + \frac{K_H z_h}{m}, \quad (23)$$

where $\zeta_1 = C/2m$ and $\zeta_2 = K_v/m$. $P/m = -k_1u + m\ddot{z}_e + F_a \cos(\omega t)$, $(K_H z_h)/m = -2F_a \cos(\omega t)$.

The HB method is adopted and the solution is set as

$$u = A\cos(\omega t) + B\sin(\omega t).$$
(24)

Substituting the Equation (24) into (23), the following equations can be obtained based on HB method

$$(-4A\gamma_1^3\omega^2 + 8B\zeta_1\gamma_1^3\omega + 3A^3\zeta_2\gamma_2 + 3AB^2\zeta_2\gamma_2 - 4A\zeta_2\gamma_1^3 + 8A\zeta_2\gamma_1^2\gamma_2 + 4A\gamma_1^3k_1 - 3A^3\zeta_2 - 3AB^2\zeta_2 - 8A\zeta_2\gamma_1^2 + 4F_a\gamma_1^3)/4\gamma_1^3 = 0,$$

$$(25)$$

$$(-8A\zeta_1\gamma_1^3\omega - 4B\gamma_1^3\omega^2 + 3A^2B\zeta_2\gamma_2 + 3B^3\zeta_2\gamma_2 - 4B\zeta_2\gamma_1^3 + 8B\zeta_2\gamma_1^2\gamma_2 + 4B\gamma_1^3k_1 - 3A^2B\zeta_2 - 3B^3\zeta_2 - 8B\zeta_2\gamma_1^2)/4\gamma_1^3 = 0.$$

$$(26)$$

Thus, the frequency and amplitude response relationship curves will be obtained based on (25) and (26). Different values of γ_2 are set as $\gamma_2 = 1.35$, $\gamma_2 = 2.45$ and $\gamma_2 = 3.15$, as shown in Figure 7a.



Figure 7. Amplitude and frequency response curve for various (a) γ_2 and (b) ζ_1 .

Next, different external excitations are considered, let $z_e = F_a \cos(\omega t)$, $P/m = -k_1 u$, $(K_H z_h)/m = -F_a \cos(\omega t)$. Similarly, substituting the excitations into Equation (23), one can obtain

$$\ddot{u} + 2\zeta_1 \dot{u} + \left(\zeta_2 \left(1 + 2\alpha \frac{(\gamma_2 - \gamma_1 - 1)}{\gamma_1}\right) + \frac{K_H}{m}\right) u + \zeta_2 \left(\alpha \frac{(\gamma_2 - 1)}{\gamma_1^3 L_o^2}\right) u^3 = -(\omega^2 + 1)F_a \cos(\omega t) - k_1 u.$$
(27)

Then, the following equations can be obtained

$$(-4A\gamma_1^3\omega^2 + 8B\zeta_1\gamma_1^3\omega + 4F_a\gamma_1^3\omega^2 + 3A^3\zeta_2\gamma_2 + 3AB^2\zeta_2\gamma_2 + 12A\zeta_2\gamma_1^3 - 8A\zeta_2\gamma_1^2\gamma_2 + 4A\gamma_1^3k_1 - 3A^3\zeta_2 - 3AB^2\zeta_2 + 8A\zeta_2\gamma_1^2 + 4F_a\gamma_1^3)/4\gamma_1^3 = 0,$$

$$(28)$$

$$(-8A\zeta_{1}\gamma_{1}^{3}\omega - 4B\gamma_{1}^{3}\omega^{2} + 3A^{2}B\zeta_{2}\gamma_{2} + 3B^{3}\zeta_{2}\gamma_{2} + 12B\zeta_{2}\gamma_{1}^{3} - 8B\zeta_{2}\gamma_{1}^{2}\gamma_{2} + 4B\gamma_{1}^{3}k_{1} - 3A^{2}B\zeta_{2} - 3B^{3}\zeta_{2} + 8B\zeta_{2}\gamma_{1}^{2})/4\gamma_{1}^{3} = 0.$$
(29)

Different values of ζ_1 are set as $\zeta_1 = 0.4$, $\zeta_1 = 0.45$ and $\zeta_1 = 0.5$. The amplitude and frequency response curves can be obtained in Figure 7b.

3. Impedance Control of Integrated Robotic Systems

In this section, the dynamics model of the SEA-driven robot is proposed, impedance control is considered and a theorem is given for the control system of an exoskeleton robot.

3.1. Dynamic Model of SEA-Driven Robot

In this subsection, the dynamics model of the SEA-driven robot is presented in Cartesian space. Consider an exoskeleton robot connected by compliant joints, the schematic structure of the dynamics of the SEA-driven robot is shown in Figure 8.



Figure 8. Schematic diagram of the dynamics of the SEA-driven robot.

The dynamic model is described as follows

$$\begin{cases} M_1 \ddot{z}_e - F_{NSS} = F_d, \\ M_2 \ddot{z}_m + F_{NSS} = u_a, \end{cases}$$
(30)

where $M_1 \in \mathbb{R}^{n \times n}$ is the symmetric inertia matrix and $M_2 \in \mathbb{R}^{n \times n}$ is the symmetric inertia matrix of actuator, $z_d \in \mathbb{R}^n$ and $z_e \in \mathbb{R}^n$ represent position vectors for HRI. $z_m \in \mathbb{R}^n$ represent position vector of actuator. $u_a \in \mathbb{R}^n$ denotes the input torque exerted on the actuator. F_d denotes the interaction force between human and robot. F_NSS denotes the force between robot and actuator and can be described by

$$F_{NSS} = (K_S + K_N)(z_m - z_e) + C(\dot{z}_m - \dot{z}_e),$$
(31)

where $C \in \mathbb{R}^{n \times n}$ is the vector of Coriolis and centripetal forces, $K_S \in \mathbb{R}^{n \times n}$ and $K_N \in \mathbb{R}^{n \times n}$ are the stiffness vectors of SEA.

Considering the robot dynamics in Cartesian space by substituting the kinematic constraints (31) into the dynamic model (30), we obtain

$$M_1 \ddot{z}_e + K_s z_e + C \dot{z}_e = K_s z_m + K_N (z_m - z_e) + C \dot{z}_m + F_d,$$
(32)

and

$$M_2 \ddot{z}_m + K_s z_m + C \dot{z}_m = K_s z_e - K_N (z_m - z_e) + C \dot{z}_e + u_a.$$
(33)

Then, letting $d_r = K_N(z_m - z_e) + C\dot{z}_m$ and $d_a = -K_N(z_m - z_e) + C\dot{z}_e$ represent the unknown nonlinear function, one has

$$M_1 \ddot{z}_e + K_s z_e + C \dot{z}_e = K_s z_m + d_r + F_d,$$
(34)

and

$$M_2 \ddot{z}_m + K_s z_m + C \dot{z}_m = K_s z_e + d_a + u_a.$$
(35)

Property 1 ([37]). *Matrices* $2C - \dot{M}_1$ *and* $2C - \dot{M}_2$ *are skew-symmetric matrices. Matrices* M_1 *and* M_2 *are symmetric and positive definite.*

3.2. Impedance Control

Impedance control is integrated into the system; the robot is controlled to be compliant to the force applied by the human partner. The schematic diagram of impedance control is shown in Figure 9.



Figure 9. Schematic diagram of impedance control.

Equivalently, the dynamics of the target impedance model is as follows [37],

$$M_E(\ddot{z}_e - \ddot{z}_d) + C_E(\dot{z}_e - \dot{z}_d) + K_E(z_e - z_d) = F_d,$$
(36)

where M_E , C_E and K_E are the inertia, damping, and stiffness matrices that can be designed, respectively. z_d is the desired position for the human–robot.

To achieve compliance control of the robot systems. The error signal should be constructed:

$$\omega = M_E \ddot{h}_e + C_E \dot{h}_e + K_E h_e - F_d, \tag{37}$$

where $h_e = (z_e - z_d)$ is the error. There exist two positive definite matrices Λ and Γ such that

$$\begin{aligned} \Lambda + \Gamma &= M_E^{-1} C_E, \\ \dot{\Lambda} + \Lambda \Gamma &= M_E^{-1} K_E, \\ \dot{e}_l + \Gamma e_l &= M_E^{-1} F_d. \end{aligned}$$
(38)

By substituting the above equations, one can obtain

$$\omega = \ddot{h}_e + (\Lambda + \Gamma)\dot{h}_e + (\dot{\Lambda} + \Lambda\Gamma)h_e - \dot{e}_l - \Gamma e_l.$$
(39)

Then, define

$$z = \dot{h}_e + \Lambda h_e - e_l. \tag{40}$$

One can obtain

$$\omega = \dot{z} + \Gamma z. \tag{41}$$

Assume that $\lim_{t\to\infty} \dot{z}(t)$ exists; $\lim_{t\to\infty} z(t) = 0$ will lead to $\lim_{t\to\infty} \dot{z}(t) = 0$. Therefore, we have $\lim_{t\to\infty} \varpi(t) = 0$ if $\lim_{t\to\infty} z(t) = 0$. Then, an augmented state variable is defined as

$$\dot{z} = \dot{z}_e - \dot{z}_r. \tag{42}$$

where $z_r = \dot{z}_d - \Lambda h_e + e_l$ is a reference vector. In order to propose the controller. First, (34) is rewritten as

$$M_1 \ddot{z}_e + K_s z_e + C \dot{z}_e = K_s z_{mu} + K_s \Delta z_m + d_r + F_d, \tag{43}$$

where $\Delta z_m = (z_m - z_{mu}), z_{mu} \in \mathbb{R}^n$ represents a fictitious desired input. Considering the variable Equation (42), the above equation can be rewritten as

$$M_1 \dot{z} + Cz + M_1 \ddot{z}_r + C\dot{z}_r + K_s z_e = K_s z_{mu} + K_S \Delta z_m + d_r + F_d.$$
(44)

Then, the desired input for the robot dynamics is proposed as

$$z_{mu} = z_e + K_s^{-1}(-K_z z - k_r \text{sgn}(z) - F_d + M_1 \ddot{z}_r + C \dot{z}_r),$$
(45)

where $K_z \in \mathbb{R}^{n \times n}$ is positive definite, k_r is a positive constant, and sgn (\cdot) is a sign function.

Substituting (45) into (44), the dynamic equation of the robot system can be obtained as

$$M_1 \dot{z} + (C + K_Z) z + k_r \operatorname{sgn}(z) = K_S \Delta z_m + d_r.$$
(46)

Next, a sliding vector is introduced for the actuator dynamics (35) as

$$s = \dot{z}_m - \dot{z}_{mr} = \dot{z}_m - \dot{z}_{mu} + \alpha_1 \Delta z_m, \tag{47}$$

where $\dot{z}_{mr} = \dot{z}_{mu} - \alpha_1 \Delta z_m$ represents another reference vector, and α_1 is a positive constant, \dot{z}_{md} .

By considering the sliding vector, the actuator dynamics (35) can be rewritten as

$$M_2 \dot{s} + Cs + M_2 \ddot{z}_{mr} + C \dot{z}_{mr} + K_s z_m = K_s z_e + d_a + u_a.$$
(48)

Next, the control input is proposed as

$$u_a = K_S(z_m - z_e) - k_a \text{sgn}(s) + M_2 \ddot{z}_{mr} + C \dot{z}_{mr} - K_S s,$$
(49)

where k_a is a positive constant.

Substituting (49) into (48), the dynamic equation of the actuator subsystem can be obtained as

$$M_2 \dot{s} + (C + K_s) s + k_a \operatorname{sgn}(s) - d_a = 0.$$
(50)

As a result, the impedance control model of the closed-loop system of the SEA-driven compliant robot is obtained, and in the next subsection, the system stability analysis will be performed.

3.3. Lyapunov Stability Analysis

Based on the above analysis, a block diagram of the control system of the closed-loop robot system was given. In addition, the following corollary is given in order to analyze the stability of the control system.

Corollary 1. Considering the robot dynamics described in (30), the controller parameters α_1 and K_Z were chosen such that the condition (C1) $\lambda_{\min}(\alpha_1^2 K_Z K_S) > \frac{1}{4} \lambda_{\max}(K_S^2)$ is satisfied. The defined impedance error is guaranteed to converge asymptotically to 0 when $t \to \infty$, i.e., $\lim_{t\to\infty} z(t) = 0$ and all signals in the closed loop are bounded by designing the designed impedance control protocol.

Proof. Consider the following Lyapunov function

$$V = \frac{1}{2}z^{T}M_{1}z + \frac{1}{2}s^{T}M_{2}s + \alpha_{1}\Delta z_{m}^{T}K_{S}\Delta z_{m}.$$
(51)

According to Property 1, the time derivative of *V* is

$$\dot{V} = z^{T} M_{1} \dot{z} + \frac{1}{2} z^{T} \dot{M}_{1} z + \frac{1}{2} s^{T} \dot{M}_{2} s + s^{T} M_{2} \dot{s} + 2\alpha_{1} \Delta z_{m}^{T} K_{S} \Delta \dot{z}_{m}$$

$$= z^{T} (M_{1} \dot{z} + Cz) + s^{T} (M_{2} \dot{s} + Cs) + 2\alpha_{1} \Delta z_{m}^{T} K_{S} \Delta \dot{z}_{m}$$

$$= z^{T} (-K_{Z} z - k_{r} \text{sgn}(z) + K_{S} \Delta z_{m} + d_{r})$$

$$+ s^{T} (-K_{S} s - k_{a} \text{sgn}(s) + d_{a}) + 2\alpha_{1} \Delta z_{m}^{T} K_{S} \Delta \dot{z}_{m}.$$
(52)

By considering B_r and B_a as the upper bounds of d_r and d_a , respectively, the following inequalities hold

$$z^{T}(d_{r} - k_{r} \operatorname{sgn}(z)) \leq ||z|| (B_{r} - k_{r}),$$

$$s^{T}(d_{a} - k_{a} \operatorname{sgn}(s)) \leq ||s|| (B_{a} - k_{a}).$$
(53)

By choosing constants k_r and k_a , such that $B_r \le k_r$ and $B_a \le k_a$, the above inequalities are less than or equal to 0.

Substituting $s = \Delta \dot{z}_m + \alpha_1 \Delta z_m$ into (52), we obtain

$$\dot{V} = -z^T K_Z z + K_S \Delta z_m - \Delta \dot{z}_m^T K_S \Delta \dot{z}_m - \alpha_1^2 \Delta z_m^T K_S \Delta z_m = -[z^T, \Delta z_m^T] Q[z^T, \Delta z_m^T]^T,$$
(54)

where $Q = [K_Z, -\frac{1}{2}K_S; -\frac{1}{2}K_S, \text{ and } \alpha_1^2K_S]$. Then, the controller parameters α_1 and K_Z are chosen such that

$$\lambda_{\min}\left(\alpha_1^2 K_Z K_S\right) > \frac{1}{4} \lambda_{\max}\left(K_S^2\right).$$
(55)

where $\lambda_{\min}[\cdot]$ and $\lambda_{\max}[\cdot]$ denote the minimum and the maximum eigenvalues.

If the chosen control parameters satisfy the condition (C1), then Q is non-negative definite and $\dot{V} \leq 0$. This implies that V converges to a non-negative constant, since V_0 is bounded. Therefore, when $t \to \infty$, $\lim_{t\to\infty} z(t) = 0$; the impedance control objective is achieved. \Box

3.4. Simulation Results

Based on the above analysis, the dynamics model of the SEA-driven robot was proposed, and impedance control was integrated into the system. Moreover, numerical simulations were carried out in order to show the effectiveness of the control method proposed in this paper.

The desired trajectory for a human knee joint is specified as a sine wave, i.e., $z_d = 0.15 \sin(0.1t)$. The main parameters are chosen as $\gamma_1 = 0.95$, $\gamma_2 = 1.2$, $\alpha_1 = 1$, $g = 9.8 \text{ m/s}^2$, $\zeta_1 = 3$, $\zeta_2 = 1$. The control input parameters are set as $K_Z = 1 \text{ m/s}^2$, C = 6 Ns/m. By utilizing the proposed impedance control strategy, the simulation results are obtained. The desired gait trajectory is set as z_d , and the position and velocity tracking trajectories are depicted in Figure 10; it can be seen that the desired position and velocity tracking trajectories can be tracked using the impedance control strategy. Thus, the given control strategy has good performance. The position and velocity trajectory of the SEA actuator is depicted in Figure 11. The interaction force variation curve is depicted in Figure 12, which shows that the interaction force tends to be compliant through the impedance control method.



Figure 10. The position and velocity trajectory of the robot.



Figure 11. The position and velocity trajectory of the SEA actuator.



Figure 12. The interaction force of the human–robot.

Next, through the method of parameter tuning, various parameters of the system are discussed by selecting different values so as to find the suitable range. Different values of ζ_1 and ζ_2 were tuned; the main parameters were chosen as $\gamma_1 = 0.95$, $\gamma_2 = 1.2$, $\zeta_1 = \zeta_2 = 1$. By utilizing the proposed impedance control strategy, the simulation results were obtained. The desired gait trajectory is set as z_d , and the position and velocity tracking trajectories are depicted in Figure 13; it can be seen that desired position and velocity tracking trajectories can be tracked using the impedance control strategy. Thus, the given control strategy has good performance. The position and velocity trajectory of the SEA actuator is depicted in Figure 14. Set $\zeta_1 = 12$, $\zeta_2 = 1.5$; similarly, through the proposed impedance



Figure 13. The position and velocity trajectory of the robot.



Figure 14. The position and velocity trajectory of the SEA actuator.



Figure 15. The position and velocity trajectory of the robot.



Figure 16. The position and velocity trajectory of the SEA actuator.

Then, the desired trajectory is tuned. The desired trajectory for a human knee joint is specified as $z_d = 0.1 \sin(0.1t)$. The main parameters are chosen as $\gamma_1 = 0.95$, $\gamma_2 = 1.2$, $\alpha_1 = 1$, $g = 9.8 \text{ m/s}^2$, $\zeta_1 = 3$, and $\zeta_2 = 1$. The results are depicted in Figures 17 and 18. It can be seen that desired position and velocity tracking trajectories can be tracked.



Figure 17. The position and velocity trajectory of the robot.



Figure 18. The position and velocity trajectory of the SEA actuator.

4. Conclusions

In this paper, a novel impedance control method for lower limb exoskeleton robots driven by SEA was presented. An SEA structure with NSS was designed to achieve vibration isolation. The response of the NSS structure isolation system in the time and frequency domains was given numerically. In addition, the analytical solution of the designed negative stiffness-isolation system was given with the HB method and the effect of different characteristic parameters on the isolation system was analyzed. In addition, the impedance control method was given and the stability of the control system was demonstrated through the Lyapunov method. Finally, numerical simulations showed that the given control strategy has good performance.

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