

MDPI

Article

# Predicting Hospital Readmission for Campylobacteriosis from Electronic Health Records: A Machine Learning and Text Mining Perspective

Shang-Ming Zhou 1,\* D, Ronan A. Lyons 2, Muhammad A. Rahman 3, Alexander Holborow 4 and Sinead Brophy 2

- <sup>1</sup> Centre for Health Technology, Faculty of Health, University of Plymouth, Plymouth PL4 8AA, UK
- Health Data Research UK, Swansea University Medical School, Swansea University, Swansea SA2 8PP, UK; R.A.Lyons@Swansea.ac.uk (R.A.L.); S.Brophy@Swansea.ac.uk (S.B.)
- Department of Computer Science, Cardiff Metropolitan University, Cardiff CF5 2YB, UK; mrahman@cardiffmet.ac.uk
- South West Wales Cancer Centre, Singleton Hospital, Swansea SA2 8QA, UK; alexander.holborow@Swansea.ac.uk
- \* Correspondence: smzhou@ieee.org or shangming.zhou@plymouth.ac.uk

Abstract: (1) Background: This study investigates influential risk factors for predicting 30-day readmission to hospital for Campylobacter infections (CI). (2) Methods: We linked general practitioner and hospital admission records of 13,006 patients with CI in Wales (1990–2015). An approach called TF-zR (term frequency-zRelevance) technique was presented to evaluates how relevant a clinical term is to a patient in a cohort characterized by coded health records. The zR is a supervised term-weighting metric to assign weight to a term based on relative frequencies of the term across different classes. Cost-sensitive classifier with swarm optimization and weighted subset learning was integrated to identify influential clinical signals as predictors and optimal model for readmission prediction. (3) Results: From a pool of up to 17,506 variables, 33 most predictive factors were identified, including age, gender, Townsend deprivation quintiles, comorbidities, medications, and procedures. The predictive model predicted readmission with 73% sensitivity and 54% specificity. Variables associated with readmission included male gender, recurrent tonsillitis, non-healing open wounds, operation for in-gown toenails. Cystitis, paracetamol/codeine use, age (21–25), and heliclear triple pack use, were associated with a lower risk of readmission. (4) Conclusions: This study gives a profile of clustered variables that are predictive of readmission associated with campylobacteriosis.

**Keywords:** hospitalisation; readmission; *Campylobacter* infections; machine learning; text mining; feature selection; electronic health records



Citation: Zhou, S.-M.; Lyons, R.A.; Rahman, M.A.; Holborow, A.; Brophy, S. Predicting Hospital Readmission for Campylobacteriosis from Electronic Health Records: A Machine Learning and Text Mining Perspective. *J. Pers. Med.* 2022, 12, 86. https://doi.org/10.3390/jpm12010086

Academic Editor: Niels Bergsland

Received: 3 November 2021 Accepted: 14 December 2021 Published: 10 January 2022

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

# 1. Introduction

Campylobacteriosis is the most common form of culture-positive bacterial gastroenteritis worldwide, with the species *C.jejuni* and *C.coli*, inhabiting the intestinal tracts of both humans and animals, and accounting for up to 95% of human infections [1]. The disease burden has been estimated to be over 2.4 million people per annum in the USA [2,3]. In the UK, *Campylobacter* is thought to cause more than 280,000 cases of food poisoning annually, and be responsible for more than 100 deaths a year at an estimated cost of £900 million [4].

Campylobacter infections are typically attributed to the handling and consumption of chicken and, less frequently, with the consumption of unpasteurized milk, red meat, sausages, contaminated water, or transmission from household pets or farm animals. Most infections are sporadic, with relatively few identifiable outbreaks, so it is difficult to trace the sources and routes of transmission. Thus, translation of exposure to infection remains poorly understood [2,5–8].

Clinical manifestations of *Campylobacter* entirits typically include sudden onset abdominal pain, cramping, fever and frequent diarrhoea, with bloody stools in around one in

I. Pers. Med. 2022, 12, 86 2 of 15

ten patients. Fatality is most common in the elderly and those with comorbid conditions [9]. Late sequelae, such as inflammatory bowel diseases [10–12], rheumatologic disorders (i.e., reactive arthritis) [13–16], Guillain-Barré syndrome (GBS) [17,18], and Glomerulonephritis [19], often cause long term morbidity. In Europe, the incidence of campylobacter infection has continued to increase in the last decade, and reported increases in infection rates have necessitated the establishment of measures for prevention and control through the food chain [20]. Despite its high incidence, the factors associated with chronic infection or recurrence, and hence readmission, remain poorly understood.

Complications associated with *Campylobacter* infection often require hospitalisation [21–23], and in England and Wales approximately 10% of reported cases were admitted to hospital for treatment [24]. In an Australian provincial setting, the average anunual rate of Campylobacter-associated hospital admissions was 13.6%, and the readmission rate of Campylobacter-associated hospitalization was 5.53% whthin 28 days after discharge [25]. In the USA, campylobacteriosis costs an estimated \$1.3 billion a year in hospitalisation and other medical costs, surpassing salmonellosis and shigellosis [2,3], with unplanned readmission adding to the clinical and financial burden [26].

Readmission rates are utilised as indicators of hospital performance and quality of care. Absolute number and rate of readmission continue to rise in the UK, increasing by 19% between 2010 and 2017. Furthermore, readmission classified as potentially preventable is rising twice this rate, estimated at over 40% over the same time-period [27]. Preventable readmissions therefore represent an increasing burden on healthcare systems and hospitals have strong incentives to predict, at the time of discharge, patients who would be at high risk of readmission. The absence of effective predictive models currently limits the effectiveness of readmission reduction strategies. To develop a reliable predictive model, one first needs to identify modifiable predictors of readmission regarding patients and care. However, this can be challenging for diseases, such as campylobacteriosis studied here, where cases of infection are not well explained by the commonly recognized risk factors [6,28–30] and reliable predictors of hospitalisation have not been clearly established.

In current clinical practice, the risk of patient readmission can be evaluated using the LACE index, defined by four independent variables: length of stay (L); acuity level of admission (A); comorbidity condition (C); and use of emergency rooms (E) [29]. Use of the LACE index, assuming a linear relationship among the four variables [30,31], can result in poor predictive performance [29]. In fact, there is no standard LACE threshold to classify patients as readmission versus non-readmission, and practitioner assessment is often subjective in defining such threshold. In contrast to the LACE index, some regression models have been developed to predict readmission from patient hospital records, but majority of the models [29,31,32] were not only built from a small number of variables but also were not developed to be generalizable, often relying on a small number of coded terms from primary care records.

Following a decade of rising readmission rates in the UK, in 2011 the Department of Health introduced policies focussed on reversing this trend which included financial penalties for 30-day readmission [33]. This coincided with the US Hospital Readmission Reduction Programme, which also included punitive financial measures for underperforming hospitals [34]. The estimated cost of readmission in the USA stands at approximately \$17.4 billion [33], unplanned readmission has therefore become a major concern in advanced healthcare systems. Procedures for reducing readmissions, such as education, follow-up visits, and discharge 'teams' have been implemented in many hospitals [34], but these methods are often impractical, costly and of limited impact. Indeed, readmission rates have continued to rise in English hospitals since the introduction of these policies [35]. In light of this, there is an urgent need to identify factors that accurately predict the risk of readmission.

Risk factors for campylobacteriosis are widely recognized [5,7,36,37] but reliable predictors of hospitalisation have not been clearly established. Recently natural language processing techniques were adopted to predicit hospitalizations with structural and un-

J. Pers. Med. 2022, 12, 86 3 of 15

structural data [38,39]. Here, we develop a robust, validated, and cost-effective data-driven method to identify the most informative hospital readmission predictors from primary care medical records. We use a novel incorporation of machine learning techniques with electronic health records, in which clinical terms (diagnosis codes, procedure codes and medication codes) recorded in general practice were analysed using a text mining scheme, while the prediction of the re-hospitalisation was treated as a problem of document classification in text mining.

#### 2. Materials and Methods

This study aims to identify key influential factors from a pool of demographic variables and clinical events recorded in primary care to predict the outcomes of campylobacteriosis patients admitted to hospital, classified as *'readmission'* and *'non-readmission'*. Figure 1 illustrates the process of building the prediction model.

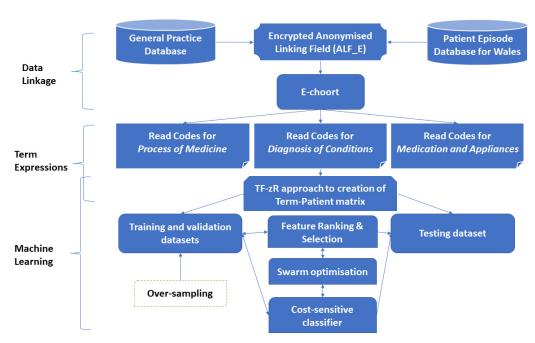


Figure 1. The flow diagram of the process of building readmission prediction model.

## 2.1. Data Collection and Linkage

A GP database from the Abertawe Bro Morgannwg University (ABMU) Health Board area with *Campylobacter* infections between 1990 and 2015 was linked to the Patient Episode Database for Wales (PEDW) which records all episodes of inpatient and daily case activity in NHS Wales hospitals. The data linkage was conducted via the Secure Anonymised Information Linkage (SAIL) databank [40,41]. The SAIL databank brings together and links a wide range of person-based data from multiple sources relevant to health. SAIL utilises a range of measures to ensure that the data are anonymous and secure, and that they can be safely utilised for research within a robust information governance framework [41]. Each patient was given a unique Encrypted Anonymised Linking Field (ALF\_E). Different databases of electronic health records hold inidviudal ALF\_Es which indicate patient level data records. So, these different databases can be linked at individal level by the ALF\_Es.

In this study, 12,747,826 rows of electronic health records for all patients with *Campylobacter* infections held in the GP database were linked with the hospital admission database by the ALF\_E. The patients with *Campylobacter* infections, defined in terms of Read code ("A0473" for *Campylobacter* gastrointestinal tract infection) and in GP data and ICD 10 code (A045—Campylobacter enteritis in hospital admissions), were extracted and the date of first occurrence was selected. All admissions took place after an infection. The inclusion criteria for GP records were (i) the patient was alive at discharge and (ii) the patient was

I. Pers. Med. 2022, 12, 86 4 of 15

enrolled within the GP record for 12 months before the date of infection. For each patient, within 12 months after Campylobacter infection, readmission was defined as any admission taking place within 30 days following discharge from the previous admission. This readmission was regarded as a reference admission. If there was no 30-day readmission, the first admission was treated as a reference admission. In other words, for each patient, their GP records from 12 months before the infection to their reference admission were collected. If a patient was readmitted on the same day of discharge, it was counted as a single continuous admission. For patients who had multiple *Campylobacter* infections leading to different hospital admissions, some infections may lead to readmission, others did not. In this situation, each infection was treated separately, as they corresponded to different GP visit records. In this way, a total of 13,006 patients admitted to hospital with Campylobacter infection were obtained, 8.17% of which (1062) were readmissions. In other words, these 13,006 patients generated 12,747,826 rows of records in the GP databse.

Additional demographic variables included: deprivation status in terms of Townsend score (quintile); urban status as defined by the Office for National Statistics [42]—' $Urban > 10 \ k$  ( $Urban \ Settlements \ with \ greater \ than \ 10 \ k$  population)', ' $Town \ and \ Fringe \ (located \ within \ the \ rural \ domain)', '<math>Village, \ Hamlet \ and \ Isolated \ Dwellings \ (located \ within \ the \ rural \ domain)';$  age bands between GP event date and date of birth (0–5, 6–10, 11–15, 16–20, 21–25, 26–30, 31–35, 36–40, 41–45, 46–50, 51–55, 56–60, 60+). Thus, the initial variables were formed by gender, age groups and bands of deprivation, and medical records held electronically in general practice and in the hospital admission dataset.

The 13,006 hospital admitted patients were further randomly split into training (70% of the data), testing (15%) and validation (15%) data subsets for constructing machine learning models, selecting the optimal model and testing performance respectively.

### 2.2. Machine Learning Approach

This cohort study used machine learning methods to identify influential risk factors that are most predictive of readmission of Campylobacter infections from routine electronic health records. However, the linked dataset includes different health-related fields with a range of data structures, for example, age and deprivation fields are categorical values, while the majority of the factors are text terms from the GP database based on NHS Read Clinical Term system. The general practice system with 5-bytes provides around 83,000 clinical descriptive terms in hierarchical structure comprising five levels of detail, whilst each successive level offers more detail to a concept. This means, there are multiple codes for the same medication/diagnosis/procedure with a progressive level of detail. Such heterogeneous linked data presents methodological challenges for predictive analytics [43,44]. To address the challenges, we integrated machine learning and natural language processing (NLP) techniques to identify the most influential predictors associated with the readmission of Campylobacter infections from the large number of heterogeneous variables. A 'bag of words' (BoW) scheme [45] consisting of coded terms and other variables (words) was used to describe each patient, where the number of occurrences of each term was recorded. The prediction of readmission for each patient was thus treated as a problem of text classification. The proposed methodology is described below.

First, a *Term-Patient* matrix was created to represent each patient by the BoW of terms. Traditionally, the term frequency (how often a term occurs) was used to weight each term, for example, a blood pressure check may happen five times a year, a diagnosis may happen once. However, text mining studies have indicated that term frequency (TF) based classification methods often fails to effectively distinguish the individuals (patients here) [45]. Thus, in this paper, an approach called *TF-zR* (term frequency-zRelevance) technique was devecloped to evaluates how relevant a clinical term is to a patient in a cohort characterized by coded electronic health records (see Appendix A). The *zR* is a supervised term-weighting (STW) metric to assign a weight to a term based on relative frequencies of the term across different classes (i.e, readmission and non-readmission). The mechanism behind such a STW method is that the more relevant term should be the

J. Pers. Med. **2022**, 12, 86 5 of 15

one with more concentrated frequency in one class (positive class: readmission/negative class: non-readmission) than the other class. Then the TF value and the STW metric were combined to represent each patient (see Appendix A). In this way, a quantitative digest of each patient represented by this *TF-zR* method in a *Term-Patient* matrix was obtained. This method is different from traditional unsupervised term-weighing methods which do not consider the impact of sample distributions across different classes.

For this *Term-Patient* matrix, each variable was then ranked using the information gain method [46] (see Appendix A) to examine its capacity of distinguishing readmission with non-readmission across all patients. Normally, the Read codes in general practice fall into the categories of "*Process of Medicine*" (PoM) (such as laboratory tests), "*Diagnosis of Conditions*" (DoC) and "*Medication and Appliances*" (MaA). The issue is that the PoM Read terms are frequent but carry less information, while the DoC and MaA terms, such as a diagnosis of diabetes, may occur once in a patient's lifetime but are important and carry more information. Therefore, it is unsurprising that using a purely TF method, the PoM codes will suppress the impact of DoC and MaA, although the latter provide more meaningful clinical knowledge of patient's health conditions in terms of diagnoses and treatments. To avoid the suppression of the PoM codes, in this study the Read codes in each category were assessed and ranked separately in terms of their capacity of distinguishing the outcomes. Then along with demographic variables, the pool of the selected codes from each category were used for constructing a classification model in the next phase.

Of the 13,006 patients admitted to hospital with *Campylobacter* infections, there were only 8.2% readmissions. Thus, this is an extremely imbalanced data problem. To address the problem, a cost-sensitive classification scheme [47,48] is used to provide different penalties of misclassifications of readmission and admission. Specifically, the cost of misclassifying readmission as admission is greater or more serious than misclassifying admission as readmission. Using particle swarm optimisation [49] and a weighted learning scheme, the model with the most influential predictive factors was then identified, offering the best potential of distinguishing those that were readmitted to hospital with those that were not. The read codes in the categories of DoC and MaA were given higher weighting than those in PoM. The final selected predictors were then validated with the independent unlabelled samples in a testing data subset.

The performance of the model was assessed in terms of sensitivity and specificity against 15% of the total database.

To further validate the performance of the identified clinical and demographic signals in predicting the hospitalization of *Campylobacter* infection, the over-sampling technique was used to adjust the class distribution of the trained data set for building machine learning models with the more balanced data set.

#### 3. Results

This study utilised 12,747,826 health records of 13,006 patients admitted to hospital with *Campylobacter* infections between 1990 and 2015, while there were 1062 readmissions. So, this is a highly imbalanced data problem where the negative class has much more samples than the positive class. Table 1 shows a demographics table of *Campylobacter* infection admissions. Children aged 0–5 had the highest rates of hospital admissions, while patients aged between 46 and 55 had the highest rates of readmission. Children aged 6–15 had the fewest overall hospital admissions and readmissions. Due to a denser population, more people living in the urban areas had hospital admissions and readmissions than those living in town and fringe, or village, hamlet and isolated dwellings. Among patients in the 5th Townsend deprivation quintile (the most deprived), the rate of their re-admissions was 8.66%, higher than the rate of re-admissions (7.92%) among those in the 1st deprivation quintile (the most affluent). It is noted that although these statistics showed the overall impacts of demographic factors on hospital admissions, this does not mean that they are significant in predicting the readmissions as the predictors also depend on interactions between variables.

6 of 15 I. Pers. Med. 2022, 12, 86

**Table 1.** Demographics table of campylobacter admissions.

Percentage of male admissions

Percentage of admissions in most affluent

Percentage of admission in most deprived

	Non-Readmission	Readmission
Number of admitted patients	11,944	1062
Average age of admissions	43.0 (SD = 22.1)	51.8 (SD = 22.3)

49.9%

22.4%

17.6%

55.6%

21.7% 18.7%

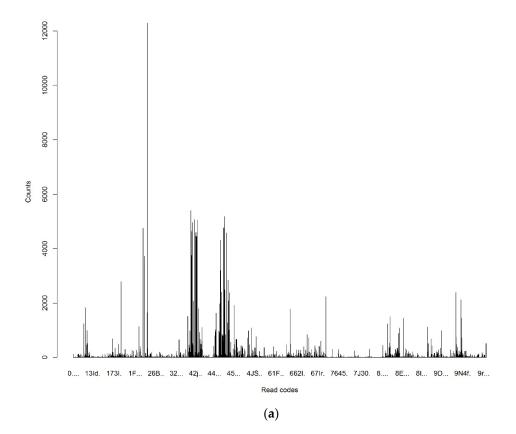
There were 23 categorical demographic variables generated on gender, age groups, deprivation and urbanicity. In addition, 17,483 clinical events were classified by read codes into the categories of PoM (8206 codes), DoC (3702 codes) and MaA (5575 codes). In this way, the linked dataset generated initial data with 17,506 variables. These variables were taken forward to identify the most influential predictors associated with the Campylobacter readmission.

These clinical terms demonstrated a great disparity in term of TF across the different categories of PoM, DoC and MaA (Figure 2). The wide range of frequency variations exactly characterises real clinical practices, in which the PoM events often occur much more frequently than those of the DoC and MaA. It is noted that these frequency measurements did not take into account their relevance to the re-admission. Differently, the supervised term-weighting method—zR metric took into account the contributions of a term across different classes (re-admission and non-readmission) to generate the relevance measurements which show much better proportionality for different categories of read codes (Figure 3).

After the TF-zR method generated the Term-Patient matrix, applying information-gain to this Term-Patient matrix allowed the generation of a feature ranking metric for each variable which assessed the contribution of each variable in distinguishing between the readmission and non-readmission (Figure 4). Information-gain is normally used to determine the influential features/attributes/variables that render maximum information about a class. So in terms of information-gain, the top read codes were selected from each category of PoM, DoC, and MaA. Then together with 23 categorical demographic variables, a data space with total 623 variables was generated. From these 623 variables, the swarm optimization with weighted subset learning and cost-sensitive decision tree classifier identified the 33 optimal features that offered the best potential of predicting the hospitalisation of Campylobacter infections (Table 2). The 33 most predictive variables included an age group (ages 21~25 associated with non-readmission), gender, Townsend deprivation quintiles (bands 1 and 4), comorbidities (12 diagnostic codes), medications (11 prescription codes) and procedures (6 codes). Applying to an independent test dataset, the classifier with the 33 influential predictors performed significantly above chance to predict readmissions with sensitivity 0.73 (95% confidence interval (0.71, 0.75)), and specificity of 0.54 (95% confidence interval (0.53, 0.55)). Cystitis, paracetamol and codeine use, age (21 to 25), and heliclear triple pack, have turned up to be very efficient in classifying the outcomes of Campylobacter infections, where patients with these conditions had lower risk of readmission.

Percentage of admissions in rural domains \* 37.2% 37.7% \* Including "Town and Fringe (located within the rural domain)", and "Village, Hamlet and Isolated Dwellings (located within the rural domain)".

J. Pers. Med. **2022**, 12, 86 7 of 15



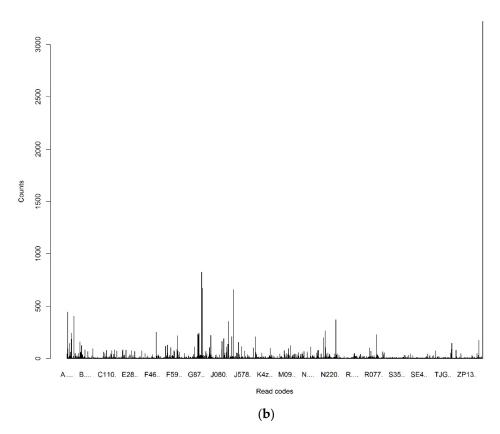
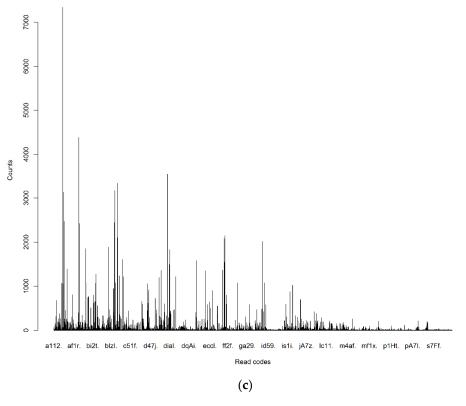


Figure 2. Cont.



**Figure 2.** Frequencies of read codes in different categories. (a) Frequencies of read codes in PoM; (b) frequencies of read codes in DoC; and (c) frequencies of read codes in MaA.

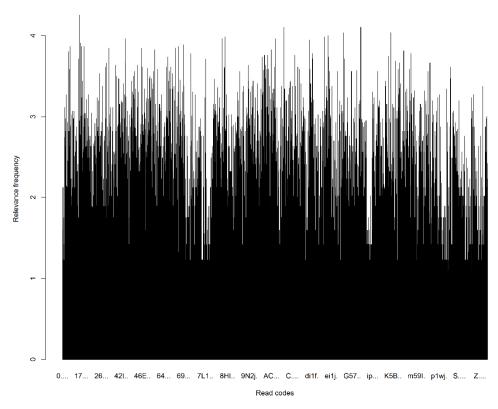
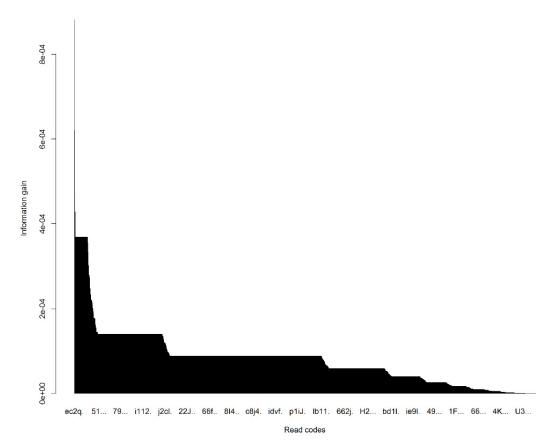


Figure 3. The supervised term-weighting metric.

J. Pers. Med. **2022**, 12, 86 9 of 15



**Figure 4.** The ordered information gains of variables in distinguishing between the readmissions and admissions.

To further validate the performance of the 33 predictors in this imbalanced data problem, we applied to an independent balanced dataset produced by the over-sampling technique, the 33 predictors predicted readmissions with sensitivity 0.91 (95% confidence interval (0.90, 0.913)), and specificity of 0.54 (95% confidence interval (0.52, 0.565)).

In order to demonstrate the efficiency of how the developed modelling approach tackles the issue of imbalanced classes in medical data, we further compared with logistic regression, a traditional modelling approach to readmission prediciton. Using the raw data with same training and testing datasubsets as our model, the logistic regression model with the same 33 influential predictors offered prediction of readmissions on testing datasubset with sensitivity 0.0298, and specificity 0.974. Clearly logistic regression approach cannot tackle the imblanced data issue. Then using the same oversampled data as our model, the logistic regression model with the same predictors significantly improved the prediction performance with sensitivity 0.8196, and specificity 0.5253, but still compared unfavourably with our developed modelling approach.

**Table 2.** The 33 key predictive variables identified.

Variable Name	Description
Male	Gender
AGE_A21-25	Age group: 21~25 years old
TOWSEND_Q1	Townsend quintile band 1
TOWSEND_Q4	Townsend quintile band 4
67E	Foreign travel advice
8B311	Medication given
67H	Lifestyle counselling
9	Administration
8H7	Other referral
7G300	Excision of nail bed
R0901	Abdominal colic
K3108	Breast infection
S89z.	Other open wounds NOS
K15	Cystitis
H170.	Allergic rhinitis due to pollens
H037.	Recurrent acute tonsillitis
A53	Herpes zoster
N05	Osteoarthritis and allied disorders
Ayu03	Salmonella infection, unspecified
F501.	Infective otitis externa
F504.	Impacted cerumen (wax in ear)
N2410	Myalgia unspecified
dian.	Paracetamol+codeine phosphate 500 mg/30 mg tablets
ka91.	Celluvisc 1% single-use eye drops
da7Z.	Venaxx XL 75 mg m/r capsules
dher.	Prochlorperazine 5 mg tablets
c13M.	Ventolin 200 micrograms Accuhaler
bs18.	Warfarin sodium 3 mg tablets
a6g2.	Heliclear triple pack
k3g1.	Fusidic acid 1% eye drops
e91E.	Erythromycin 125 mg/5mL sugar free suspension
c61z.	Beclometasone dipropionate 100 micrograms inhaler
da61.	Paroxetine 20 mg tablets

#### 4. Discussion

By integrating text mining, feature selection, and machine learning, our study provides a novel methodology for building a predictive model capable of automatically identifying influential risk factors from primary care records with good predictive performance.

Using this methodology, we identified 33 most predictive variables of age, gender, deprivation, comorbidities, medication and medical procedure. Analysis of the clinical implication of these variables revealed that most of the predictors of readmission relate to comorbidities of recurrent minor illness (e.g., recurrent tonsillitis, non-healing open wounds, ingrown toenails, impacted cerumen (wax in ear)). Males with a history of recurrent minor illnesses are at increased risk of readmission, indicating that patient profiling could help with support at discharge and more targeted use of antibiotics. Each such condition may not be directly important in the outcomes of Campylobacter infection, but combined, they give a profile of individuals that have a history of chronic minor illness and may be less well equipped to take care of themselves. These 'at risk' patients may require additional support at discharge to reduce readmission risk. Such support could include enhanced patient education during discharge, conducting follow-up visits or medication reconciliation [50]. These 'at risk' patients contrast with the profile of patients least likely to be re- admitted, typically younger females with a history of seeking treatment for bacterial infections and taking medication for illness. Cystitis has emerged in our study as the most effective variable in predicting no readmission for the campylobacter. Campylobacter infection patients with cystitis had a lower risk of readmission once they were discharged.

Perhaps this signals the profile of the person with the least chance of readmission is more likely female and reports bacterial infections. The predictions identified in this study therefore provide a justification for using comorbidity as an indicator in the LACE index as assessed by *Charlson* comorbidity index to predict readmissions.

There are several advantages to the machine learning approach employed in this study. First, it works efficiently with a large and very high dimensional dataset for developing predictive models, which allows the predictive models to avoid the challenges of dimensionality [51]. Second, most machine learning algorithms fail to work with imbalanced datasets due to subject to a frequency bias in which more emphasis is placed on learning data observations with more occurrences. Our methodology integrates a cost-sensitive learning scheme to effectively identify the influential factors. Third, different from classic unsupervised term-weighting methods including frequency, our methodology used a supervising term weighting method to generate patient representations by considering the disparity of term distributions across data classes. This provides a foundation for identifying predictive factors with good capacity for distinguishing the outcomes of health conditions. Fourth, different from existing readmission predictive models without considering model generalisation performance during construction, our methodology centred on generalisation performance of the constructed model by adopting optimal model selection scheme and using independent data subsets for the different purposes of model constructions, hyper-parameter identification and model evaluation.

However, the proposed methodology has some limitations. It requires a high computing load to build a robust prediction model, and extensive cross-validation to evaluate the potential predictors identified. Furthermore, there are variations unexplained by this prediction model and additional information about the infections (strain, severity) and the symptoms are needed to improve the prediction performance.

This study was developed with a focus on campylobacter infection related admissions, future studies should explore the usability/fittingness of such machine learning and state-of-the-art methods of natural language processing, such as transformer models such as BERT [52], BioBERT [53], for word representations in readmission prediction.

## 5. Conclusions

By identifying predictors of readmission for campylobacter infections in primary care setting, we conclude that patients with a history of recurrent minor preventable illnesses may need greater support upon discharge from hospital to prevent readmission. This is important for reducing the burden on secondary care services that readmission represents and in improving care for patients. The effectiveness of this approach demonstrates the potential in machine learning methods in adopting personalised medicine to meet the goal of reducing preventable readmissions.

**Author Contributions:** S.B. and S.-M.Z. conceived the study. M.A.R. collected data in the cohort. S.-M.Z. conceived the data analysis methodology and conducted the experiments. S.-M.Z., S.B. and R.A.L. analyzed the results. R.A.L. advised on study design. A.H. reviewed the outcomes. All authors have read and agreed to the published version of the manuscript.

**Funding:** This work was supported by the Health Data Research UK (NIWA1). This analysis was also undertaken with the support of the National Centre for Population Health and Wellbeing Research (NCPHWR) via Health and Care Research Wales (grant ref. CA02).

**Institutional Review Board Statement:** The data records held within the SAIL databank have been anonymised and obtained with the permission of Caldicott Guardian/Data Protection Officer; therefore, the National Research Ethics Service (NRES) has stated that no ethical review is required. Approval was obtained from the Information Governance Review Panel (IGRP) to use the SAIL System for this research question.

**Informed Consent Statement:** Patient consent was waived due to the electronic health records used in this study have been anonymized.

**Data Availability Statement:** Data are available from the SAIL (Secure Anonymised Information Linkage) Databank for researchers who meet the criteria for access to confidential data.

**Conflicts of Interest:** The authors declare that they have no competing interests.

## Appendix A

Appendix A.1. zR: Supervised Term Weighting Metric

As each patient is described by a series of read codes and additional categorical demographic variables, these codes and variables can be treated as terms as carried out in the text mining. In this way, mining electronic health records in primary care and secondary care settings corresponds to the task of text categorization which automatically classify textual documents into different predefined semantic classes. Certainly, different terms in a document (i.e., a patient record here) often make different contributions to the semantics of the document. Term weighting is an important step to assess the importance of terms in classifying unlabelled natural language documents.

In this study, we consider a term weighting scheme by which the more important term should be the one with more concentrated occurrence in one class (positive class/negative class) than the other class (negative class/positive class). To formalize this idea, we use a, b, c, and d to denote the number of different patient records, as listed below:

- a = the number of patient records in the Class 1 that contains the term t.
- b = the number of patient records in the Class 1 that does not contain the term t.
- c = the number of patient records in the Class 0 that contains the term t.
- d = the number of patient records in the in Class 0 that does not contain the term t.

where the Class 1 is the category of patients re-admitted to hospital, the Class 0 is the category of patients not re-admitted to hospital. Then we can have a contingence table of term t across the two classes of patients (see Table A1).

**Table A1.** Contingence table of term *t* across the two classes of patients.

Term t			
	Yes	No	Sum
Class 1	a	b	$N_{1.}$
Class 0	С	d	$N_0$ .
Sum	$N_{.1}$	$N_{.0}$	N

where

$$N_{1} = a + c$$
,  $N_{0} = b + d$ ,  $N_{1} = a + b$ ,  $N_{0} = c + d$ ,  $N = a + b + c + d$ .

Then we first have the information gain of the term *t* defined as

$$ig = \frac{a}{N} \cdot log\left(\frac{a \cdot N}{N_{.1} \cdot N_{1.}}\right) + \frac{b}{N} \cdot log\left(\frac{b \cdot N}{N_{.0} \cdot N_{1.}}\right) + \frac{c}{N} \cdot log\left(\frac{c \cdot N}{N_{.1} \cdot N_{0.}}\right) + \frac{d}{N} \cdot log\left(\frac{d \cdot N}{N_{.0} \cdot N_{0.}}\right)$$

where the base of this logarithmic operation (*log*) is 2. Information gain computes the he impurity in class elements by following the concept of entropy while aiming at decreasing the level of entropy.

We propose a supervised term weighting-based relevance metric, zRelevance (zR), to describe the situation of the term t which occurs more often in one class than in the other class.

$$zR = p_1^t \cdot \log\left(2 + \frac{a}{\max(c, 1)}\right) + p_0^t \cdot \log\left(2 + \frac{c}{\max(a, 1)}\right)$$

where  $p_1^t$  and  $p_0^t$  are the relative frequencies (probabilities) of term t occurring across the patient records of different classes:

$$p_1^t = \frac{a}{N_{.1}}$$

$$p_0^t = \frac{c}{N_{.1}}$$

The weight for the term t is finally assigned as

$$W(t) = zR$$

Appendix A.2. TF-zR Approach to Creation of Term-Patient Matrix

Assuming there be m patients and n terms in the database (i.e., each patient is characterized by these n terms). Let  $tf_{ij}$  represent the frequency of the term  $t_j$  in the records of the patient  $pt_i$ . Then the *Term-Patient* (*TP*) *matrix* used to represent the relationships between clinical terms and outcomes can be generated as

$$TP_{ij} = tf_{ij} \cdot W(t_i)$$

where  $W(t_i)$  is the zR relevence metric defined above.

#### References

1. Ruiz-Palacios, G.M. The Health Burden of Campylobacter Infection and the Impact of Antimicrobial Resistance: Playing Chicken. Clin. Infect. Dis. 2007, 44, 701–703. [CrossRef] [PubMed]

- 2. Eberle, K.N.; Kiess, A.S. Phenotypic and genotypic methods for typing Campylobacter jejuni and Campylobacter coli in poultry. *Poult. Sci.* **2012**, 91, 255–264. [CrossRef] [PubMed]
- 3. Campylobacter Attorney. Campylobacter Costs \$1.3 Billion a Year in Hospitalization and Medical Costs. (n.d.-a). Available online: http://www.campylobacterblog.com/campylobacter-information/campylobacter-costs-13-billion-a-year-in-hospitalization-and-medical-costs/ (accessed on 12 February 2017).
- Food Standards Agency. Acting on Campylobacter Together. Available online: https://www.food.gov.uk/science/microbiology/campylobacterevidenceprogramme (accessed on 21 March 2017).
- 5. Adak, G.K.; Cowden, J.M.; Nicholas, S.; Evans, H.S. The Public Health Laboratory Service national case-control study of primary indigenous sporadic cases of campylobacter infection. *Epidemiol. Infect.* **1995**, 115, 15–22. [CrossRef]
- 6. Friedman, C.R.; Hoekstra, R.M.; Samuel, M.; Marcus, R.; Bender, J.; Shiferaw, B.; Reddy, S.; Ahuja, S.D.; Helfrick, D.L.; Hardnett, F.; et al. Risk Factors for SporadicCampylobacterInfection in the United States: A Case-Control Study in FoodNet Sites. *Clin. Infect. Dis.* 2004, 38 (Suppl. S3), S285–S296. [CrossRef] [PubMed]
- 7. Gallay, A.; Bousquet, V.; Siret, V.; Prouzet-Mauleon, V.; De Valk, H.; Vaillant, V.; Simon, F.; Le Strat, Y.; Mégraud, F.; Desenclos, J. Risk Factors for Acquiring SporadicCampylobacterInfection in France: Results from a National Case-Control Study. *J. Infect. Dis.* **2008**, 197, 1477–1484. [CrossRef] [PubMed]
- 8. Potter, R.C.; Kaneene, J.B.; Hall, W.N. Risk Factors for Sporadic Campylobacter jejuni Infections in Rural Michigan: A Prospective Case–Control Study. *Am. J. Public Health* **2003**, 93, 2118–2123. [CrossRef]
- 9. Skirrow, M.; Blaser, M. Campylobacter jejuni. In *Infections of the Gastrointestinal Tract*; Blaser, M.J., Smith, P.D., Ravdin, J.I., Greenberg, H.B., Guerrant, R.L., Eds.; Lippincott Williams and Wilkins: Philadelphia, PA, USA, 2002; p. 719.
- 10. Kaakoush, N.O.; Mitchell, H.M.; Man, S.M. Role of Emerging Campylobacter Species in Inflammatory Bowel Diseases. *Inflamm. Bowel Dis.* **2014**, *20*, 2189–2197. [CrossRef]
- 11. Gradel, K.O.; Nielsen, H.L.; Schønheyder, H.C.; Ejlertsen, T.; Kristensen, B.; Nielsen, H. Increased Short- and Long-Term Risk of Inflammatory Bowel Disease After Salmonella or Campylobacter Gastroenteritis. *Gastroenterology* **2009**, *137*, 495–501. [CrossRef]
- 12. Jess, T.; Simonsen, J.; Nielsen, N.M.; Jørgensen, K.T.; Bager, P.; Ethelberg, S.; Frisch, M. Enteric Salmonella or Campylobacter infections and the risk of inflammatory bowel disease. *Gut* 2010, *60*, 318–324. [CrossRef]
- 13. Locht, H. Comparison of rheumatological and gastrointestinal symptoms after infection with Campylobacter jejuni/coli and enterotoxigenic Escherichia coli. *Ann. Rheum. Dis.* **2002**, *61*, 448–452. [CrossRef]
- 14. Hannu, T.; Mattila, L.; Rautelin, H.; Pelkonen, P.; Lahdenne, P.; Siitonen, A.; Leirisalo-Repo, M. Campylobacter-triggered reactive arthritis: A population-based study. *Rheumatology* **2002**, *41*, 312–318. [CrossRef] [PubMed]
- 15. Fischbach, L.A.; Nordenstedt, H.; Kramer, J.R.; Gandhi, S.; Dick-Onuoha, S.; Lewis, A.; El-Serag, H.B. The Association Between Barrett's Esophagus and Helicobacter pylori Infection: A Meta-Analysis. *Helicobacter* 2012, 17, 163–175. [CrossRef]
- 16. Falk, G.W. Barrett's Esophagus: Diagnosis and Surveillance. In *Practical Manual of Gastroesophageal Reflux Disease*; John Wiley & Sons: Hoboken, NJ, USA, 2013; pp. 287–309. [CrossRef]
- 17. Poropatich, K.O.; Walker, C.L.F.; Black, R. Quantifying the Association between Campylobacter Infection and Guillain-Barré Syndrome: A Systematic Review. *J. Health Popul. Nutr.* **2010**, *28*, 545–552. [CrossRef] [PubMed]
- 18. Drenthen, J.; Yuki, N.; Meulstee, J.; Maathuis, E.M.; Van Doorn, P.A.; Visser, G.H.; Blok, J.; Jacobs, B.C. Guillain-Barre syndrome subtypes related to Campylobacter infection. *J. Neurol. Neurosurg. Psychiatry* **2011**, *82*, 300–305. [CrossRef]

19. Denneberg, T.; Friedberg, M.; Holmberg, L.; Mathiasen, C.; Nilsson, K.O.; Takolander, R.; Walder, M. Combined Plasmapheresis and Hemodialysis Treatment for Severe Hemolytic-Uremic Syndrome Following Campylobacter Colitis. *Acta Paediatr.* 1982, 71, 243–245. [CrossRef] [PubMed]

- 20. Gölz, G.; Rosner, B.; Hofreuter, D.; Josenhans, C.; Kreienbrock, L.; Löwenstein, A.; Schielke, A.; Stark, K.; Suerbaum, S.; Wieler, L.H.; et al. Relevance of Campylobacter to public health—The need for a One Health approach. *Int. J. Med. Microbiol.* **2014**, *304*, 817–823. [CrossRef]
- 21. Esan, O.B.; Perera, R.; McCarthy, N.; Violato, M.; Fanshawe, T.R. Incidence, risk factors, and health service burden of sequelae of campylobacter and non-typhoidal salmonella infections in England, 2000–2015: A retrospective cohort study using linked electronic health records. *J. Infect.* 2020, 81, 221–230. [CrossRef]
- 22. Brophy, S.; Jones, K.; Rahman, M.A.; Zhou, S.-M.; John, A.; Atkinson, M.; Francis, N.; Lyons, R.A.; Dunstan, F. Incidence of Campylobacter and Salmonella Infections Following First Prescription for PPI: A Cohort Study Using Routine Data. *Am. J. Gastroenterol.* **2013**, *108*, 1094–1100. [CrossRef]
- 23. Charlett, A.; Cowden, J.M.; Frost, J.A.; Gillespie, I.A.; Millward, J.; Neal, K.R.; O'Brien, S.J.; Painter, M.J.; Syed, Q.; Tompkins, D. Ethnicity and Campylobacter infection: A population-based questionnaire survey. *J. Infect.* **2003**, *47*, 210–216. [CrossRef]
- 24. Gillespie, I.A.; O'Brien, S.J.; Frost, J.A.; Adak, G.K.; Horby, P.; Swan, A.V.; Painter, M.J.; Neal, K.R. A case-case comparison of Campylobacter coli and Campylobacter jejuni infection: A tool for generating hypotheses. *Emerg. Infect. Dis.* **2002**, *8*, 937–942. [CrossRef]
- 25. Moffatt, C.R.M.; Kennedy, K.J.; Selvey, L.; Kirk, M.D. Campylobacter-associated hospitalisations in an Australian provincial setting. *BMC Infect. Dis.* **2021**, *21*, 1–10. [CrossRef]
- 26. Vest, J.R.; Gamm, L.D.; Oxford, B.A.; Gonzalez, M.I.; Slawson, K.M. Determinants of preventable readmissions in the United States: A systematic review. *Implement. Sci.* **2010**, *5*, 88. [CrossRef]
- 27. Morris, J. Emergency Readmissions: Trends in Emergency Readmissions to Hospital in England. Nuffield Trust. Available online: http://www.qualitywatch.org.uk/blog/emergency-readmissions-trends-emergency-readmissions-hospital-england# (accessed on 20 September 2018).
- 28. Scallan Walter, E.J.; Crim, S.M.; Bruce, B.B.; Griffin, P.M. Incidence of Campylobacter-Associated Guillain-Barré Syndrome Estimated from Health Insurance Data. *Foodborne Pathog. Dis.* **2020**, *17*, 23–28. [CrossRef]
- 29. Cotter, P.E.; Bhalla, V.K.; Wallis, S.J.; Biram, R.W.S. Predicting readmissions: Poor performance of the LACE index in an older UK population. *Age Ageing* **2012**, *41*, 784–789. [CrossRef]
- 30. Van Walraven, C.; Dhalla, I.A.; Bell, C.; Etchells, E.; Stiell, I.G.; Zarnke, K.; Austin, P.C.; Forster, A.J. Derivation and validation of an index to predict early death or unplanned readmission after discharge from hospital to the community. *Can. Med. Assoc. J.* **2010**, *182*, 551–557. [CrossRef]
- 31. van Walraven, C.; Wong, J.; Hawken, S.; Forster, A.J. Comparing methods to calculate hospital-specific rates of early death or urgent readmission. *Can. Med. Assoc. J.* **2012**, *184*, E810–E817. [CrossRef] [PubMed]
- 32. Billings, J.; Dixon, J.; Mijanovich, T.; Wennberg, D. Case finding for patients at risk of readmission to hospital: Development of algorithm to identify high risk patients. *BMJ* **2006**, 333, 327. [CrossRef]
- 33. Department of Health. Payment by Results Guidance for 2012–2013. Gateway Reference 17250; Department of Health: London, UK, 2012.
- 34. Centers for Medicare and Medicaid Services. Readmissions Reduction Program (HRRP). Available online: https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/AcuteInpatientPPS/Readmissions-Reduction-Program.html (accessed on 20 September 2017).
- 35. What Do the Numbers Say about Emergency Readmissions to Hospital? Health Watch. Available online: https://www.healthwatch.co.uk/sites/healthwatch.co.uk/files/20171025\_what\_do\_the\_numbers\_say\_about\_emergency\_readmissions\_final\_0.pdf (accessed on 20 September 2018).
- 36. Eberhart-Phillips, J.; Walker, N.; Garrett, N.; Bell, D.; Sinclair, D.; Rainger, W.; Bates, M. Campylobacteriosis in New Zealand: Results of a case-control study. *J. Epidemiol. Community Health* 1997, 51, 686–691. [CrossRef] [PubMed]
- 37. Rodrigues, L.C.; Cowden, J.M.; Wheeler, J.G.; Sethi, D.; Wall, P.G.; Cumberland, P.; Tompkins, D.S.; Hudson, M.J.; Roberts, J.A.; Roderick, P.J. The study of infectious intestinal disease in England: Risk factors for cases of infectious intestinal disease with Campylobacter jejuni infection. *Epidemiol. Infect.* **2000**, *127*, 185–193. [CrossRef] [PubMed]
- 38. Lineback, C.M.; Garg, R.; Oh, E.; Naidech, A.M.; Holl, J.L.; Prabhakaran, S. Prediction of 30-Day Readmission After Stroke Using Machine Learning and Natural Language Processing. *Front. Neurol.* **2021**, *12*, 649521. [CrossRef]
- 39. Arnaud, E.; Elbattah, M.; Gignon, M.; Dequen, G. Deep Learning to Predict Hospitalization at Triage: Integration of Structured Data and Unstructured Text. In Proceedings of the 2020 IEEE International Conference on Big Data, (Big Data), Atlanta, GA, USA, 10–13 December 2020. [CrossRef]
- 40. Ford, D.V.; Jones, K.H.; Verplancke, J.-P.; Lyons, R.A.; John, G.; Brown, G.; Brooks, C.J.; Thompson, S.; Bodger, O.; Couch, T.; et al. The SAIL Databank: Building a national architecture for e-health research and evaluation. *BMC Health Serv. Res.* **2009**, *9*, 157. [CrossRef] [PubMed]
- 41. Lyons, R.A.; Jones, K.H.; John, G.; Brooks, C.J.; Verplancke, J.-P.; Ford, D.V.; Brown, G.; Leake, K. The SAIL databank: Linking multiple health and social care datasets. *BMC Med. Inform. Decis. Mak.* **2009**, *9*, 3. [CrossRef]
- 42. ONS. Rural and Urban Area Definition Metadata. Available online: https://www.ons.gov.uk (accessed on 18 November 2016).

J. Pers. Med. 2022, 12, 86 15 of 15

43. Zhou, S.-M.; Fernandez-Gutierrez, F.; Kennedy, J.; Cooksey, R.; Atkinson, M.; Denaxas, S.; Siebert, S.; Dixon, W.; O'Neill, T.W.; Choy, E.; et al. Defining Disease Phenotypes in Primary Care Electronic Health Records by a Machine Learning Approach: A Case Study in Identifying Rheumatoid Arthritis. *PLoS ONE* **2016**, *11*, e0154515. [CrossRef] [PubMed]

- 44. Zhou, S.-M.; Lyons, R.A.; Bodger, O.G.; John, A.; Brunt, H.; Jones, K.; Gravenor, M.B.; Brophy, S. Local Modelling Techniques for Assessing Micro-Level Impacts of Risk Factors in Complex Data: Understanding Health and Socioeconomic Inequalities in Childhood Educational Attainments. *PLoS ONE* **2014**, *9*, e113592. [CrossRef] [PubMed]
- 45. Feldman, R.; Sanger, J. The text mining handbook: Advanced approaches in analyzing unstructured data. *Imagine* **2007**, *34*, 410. [CrossRef]
- 46. Zhou, S.-M.; Rahman, M.A.; Atkinson, M.; Brophy, S. Mining textual data from primary healthcare records: Automatic identification of patient phenotype cohorts. In Proceedings of the 2014 International Joint Conference on Neural Networks (IJCNN), Beijing, China, 6–11 July 2014; pp. 3621–3627. [CrossRef]
- 47. Lu, H.; Xu, Y.; Ye, M.; Yan, K.; Gao, Z.; Jin, Q. Learning misclassification costs for imbalanced classification on gene expression data. *BMC Bioinform.* **2019**, 20, 681. [CrossRef]
- 48. Witten, I.H.; Frank, E.; Hall, M. Data Mining: Practical Machine Learning Tools and Techniques. In *Complementary Literature None*, 3rd ed.; Elsevier: New York, NY, USA, 2011.
- 49. Zhou, S.-M.; Lyons, R.A.; Bodger, O.; Demmler, J.C.; Atkinson, M.D. SVM with entropy regularization and particle swarm optimization for identifying children's health and socioeconomic determinants of education attainments using linked datasets. In Proceedings of the International Joint Conference on Neural Networks, Barcelona, Spain, 18–23 July 2010. [CrossRef]
- 50. Koehler, B.E.; Richter, K.M.; Youngblood, L.; Cohen, B.A.; Prengler, I.D.; Cheng, D.; Masica, A.L. Reduction of 30-day postdischarge hospital readmission or emergency department (ED) visit rates in high-risk elderly medical patients through delivery of a targeted care bundle. *J. Hosp. Med.* 2009, 4, 211–218. [CrossRef]
- 51. Zhou, S.-M.; Gan, J. Constructing L2-SVM-Based Fuzzy Classifiers in High-Dimensional Space With Automatic Model Selection and Fuzzy Rule Ranking. *IEEE Trans. Fuzzy Syst.* **2007**, *15*, 398–409. [CrossRef]
- 52. Devlin, J.; Chang, M.W.; Lee, K.; Toutanova, K. BERT: Pre-training of deep bidirectional transformers for language understanding. In Proceedings of the NAACL HLT 2019—2019 Conference of the North American Chapter of the Association for Computational Linguistics: Human Language Technologies, Minneapolis, MN, USA, 2–7 June 2019.
- 53. Lee, J.; Yoon, W.; Kim, S.; Kim, D.; Kim, S.; So, C.H.; Kang, J. BioBERT: A pre-trained biomedical language representation model for biomedical text mining. *Bioinformatics* **2020**, *36*, 1234–1240. [CrossRef]