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Abstract: Niaodao, a lakeside wetland, was used as the focus of this study to investigate the effect of rainfall changes on the greenhouse gas fluxes of wetland ecosystems. Wetland plots with different moisture characteristics (+25%, -25%, +75%, and -75% rainfall treatments and the control treatment (CK)) were constructed to observe in situ field greenhouse gas emissions at 11:00 and 15:00 (when the daily mean values were similar) in the growing season from May to August 2020 by static chambergas chromatography and to investigate the responses of wetland greenhouse gases to different rainfall treatments. The results showed the following: (1) The carbon dioxide  $(CO_2)$  flux ranged from -49.409to 374.548 mg·m<sup>-2</sup>·h<sup>-1</sup>. The mean CO<sub>2</sub> emission flux was greater at 11:00 than at 15:00, and the +25% and +75% treatments exhibited substantially higher CO2 emissions. In addition, the CO2 flux showed a small peak at the beginning of the growing season when the temperature first started to rise. All treatments showed the effect of the  $CO_2$  source, and their effects were significantly different. (2) The methane (CH<sub>4</sub>) flux ranged from -213.839 to  $330.976 \ \mu g \cdot m^{-2} \cdot h^{-1}$  and exhibited an absorption state at 11:00 and an emission state at 15:00. The  $CH_4$  emission flux in August (the peak growing season) differed greatly between treatments and was significantly negatively correlated with the rainfall amount (p < 0.05). (3) The nitrous oxide (N<sub>2</sub>O) flux ranged from -10.457 to  $16.878 \ \mu g \cdot m^{-2} \cdot h^{-1}$  and exhibited a weak source effect throughout the growing season, but it was not significantly correlated with soil moisture; it was, however, negatively correlated with soil temperature. (4) The different treatments resulted in significant differences in soil physical and chemical properties (electrical conductivity, pH, total soil carbon, and total soil nitrogen). The rainfall enhancement treatments significantly improved soil physical and chemical properties.

Keywords: lakeside wetland; greenhouse gas fluxes; static chamber-gas chromatography; rainfall changes

# 1. Introduction

In 2019, the greenhouse gas concentration reached a historical high. The global mean concentrations of carbon dioxide (CO<sub>2</sub>), methane (CH<sub>4</sub>), and nitrous oxide (N<sub>2</sub>O) in this year were  $410.5 \pm 0.2$  ppm,  $1877.0 \pm 2.0$  ppb, and 332.0 ppb  $\pm 0.1$  [1], respectively, which were 148%, 260%, and 123% of the preindustrial levels [2]. Over a period of 100 years, the ratio of warming potentials per unit mass of CO<sub>2</sub>, CH<sub>4</sub>, and N<sub>2</sub>O was 1:28:265 [3]. Under the effect of human activities, the atmospheric concentrations of N<sub>2</sub>O and CH<sub>4</sub> are increasing at annual rates of approximately 0.3% [1] and 0.8% [4], respectively. Soil is the main emission source of greenhouse gases in the atmosphere. Irrigation, fertilization, and farming methods all impact greenhouse gas emissions through affecting the physical and chemical properties of the soil [5]. Wetlands are ecosystems with rich species diversity and high productivity. The long-term flooded anaerobic environment of wetlands leads to the accumulation of organic matter, making wetlands an important CO<sub>2</sub> sink [6]. Due to



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). the dual effects of human activities and climate change, large-scale wetland degradation has gradually reduced the carbon (C) sink function of wetlands, and the accelerated decomposition of organic matter has released large amounts of  $CH_4$  and  $N_2O$  [7].

In recent years, the water level of Qinghai Lake has been rising. In 2018, the area of the lake reached 4317.53 km<sup>2</sup> [8], and the area of its inundation zone increased by 21.86 km<sup>2</sup> compared with that in 2014 [8]. Although estuarine and riparian wetlands account for a relatively small proportion of the total area of wetlands in the world, they are extremely sensitive to global climate changes, because they are under the joint effect of land and sea, two major surface ecosystems [9]. The role of unique environmental factors (such as climate, hydrology, soil, and vegetation) of estuarine and riparian wetlands in the capture, fixation, and transformation of C and nitrogen (N) has been the focus of research by scientists worldwide [10]. Vegetation in these wetlands plays an important role in the production, consumption, and transport of greenhouse gases [11].

The exchange of greenhouse gas flux in wetlands is a complex biochemical process, which is affected by many environmental and biological factors [12], among which the influence of the soil moisture content on the greenhouse gas flux is more significant [13]. Most studies have shown that rainfall leads to an increase in CO<sub>2</sub> and N<sub>2</sub>O emissions and CH<sub>4</sub> uptake [14]. However, some studies have shown that a certain degree of rainfall can dissolve  $CO_2$  and  $N_2O$  in soil pore water, thus reducing the flux of  $CO_2$  and  $N_2O$ after rainfall [15,16]. Therefore, it is very important to study the effects of increasing and decreasing precipitation on greenhouse gas fluxes in lakeside wetlands. Precipitation directly affects the soil moisture content, and the soil moisture content affects the amount of  $N_2O$  produced in the process of soil nitrification by affecting the partial pressure of  $O_2$  in the soil. Within a certain range of water content, the denitrification rate and N<sub>2</sub>O emissions increase significantly with the increase of the water content [17]. When the moisture content further increases, the decrease of the soil oxygen pressure will reduce the denitrification rate and increase the proportion of  $N_2O$  to nitrified nitrogen [18]. Soil moisture affects  $CH_4$ oxidation by two aspects: one is the supply of CH<sub>4</sub> and oxygen to CH<sub>4</sub>-oxidizing bacteria through gas diffusion, and the other is the activity of CH<sub>4</sub>-oxidizing bacteria. Flooding slows gas transport and inhibits the activity of CH<sub>4</sub>-oxidizing bacteria, thereby increasing  $CH_4$  emissions [19]. However, if the soil moisture content is too low, the osmotic pressure of CH<sub>4</sub>-oxidizing bacteria will increase and the activity will decrease, which is not conducive to the oxidation of  $CH_4$  [20].

Soil microorganisms are mostly aerobic, and the amount of  $CO_2$  released by microorganisms through respiration is affected by the soil moisture content. Past research has shown that soil  $CO_2$  emissions under anaerobic conditions are 80% of those under aerobic conditions [21]. This may be because anaerobic conditions greatly limit the respiration of soil microorganisms or inhibit the synthesis and chemical reactions of some enzymes, resulting in a decrease in the available C sources for microorganisms [22]. However, past research has also found that short-term soil  $CO_2$  emissions under anaerobic conditions are approximately 50% higher than those under aerobic conditions, which may be due to the decomposition and release of some C-containing compounds that cannot be utilized by microorganisms [23].  $CO_2$  can be produced through the aerobic respiration of plants, animals, microorganisms, and some redox processes under anaerobic conditions, while  $CH_4$ can only be produced under anaerobic conditions [22].  $N_2O$  can be produced under both aerobic and anaerobic environments. The anaerobic environment enhances the intensity of denitrification, thereby further reducing  $N_2O$  to  $N_2$ .

In the past 50 years, climate change on the Tibetan Plateau has been characterized by warming and wetting, indirectly affecting the groundwater level. Precipitation is an important factor affecting greenhouse gas emissions [24]. Past research has shown that, when precipitation increases, the N<sub>2</sub>O flux increases [25]. Precipitation most directly impacts the soil moisture content. In a study on the Tibetan Plateau, Hu et al. [26] found that a low soil moisture content significantly affects the dynamic balances of the number and activity of methanogens and methanotrophic bacteria and that methanotrophic bacteria

produce a CH<sub>4</sub>-absorbing effect. However, the CH<sub>4</sub> in wetlands remains uncertain due to the complex and diverse hydrological conditions and processes of different types of wetlands [27]. Lakeside wetlands are unique ecosystems. What is the impact of changes in precipitation on the C cycle of these ecosystems? What are the C sink and source functions? To fully understand the C cycle of this type of wetland ecosystem, in-depth research must be conducted on the C cycle of lakeside wetlands. In this study, the greenhouse gas emission and absorption patterns of the ecosystem of Niaodao, a lakeshore wetland, were observed under different precipitation levels in the field during the growing season, and the differences between the influencing factors and the main control factors were analyzed. The results provide a reference and a theoretical basis for assessing the C budget of the same type of ecosystem.

## 2. Overview of the Study Area and Research Methods

### 2.1. Overview of the Study Area

Niaodao of Qinghai Lake is located at 36°57' N-37°04' N and 99°44' E-99°54' E, with an elevation of 3194-3226 m and a total area of  $600 \text{ km}^2$  [28]. Its topography is high in the northwest and low in the southeast. It is located at the confluence of the monsoon region in Eastern China and the westerly zone of the Tibetan Plateau. Thus, it has a semiarid alpine climate characterized by draught, little rainfall, frequent winds, strong solar radiation, and large diurnal temperature differences. It has obvious continental climate characteristics, with an annual mean temperature of -0.7 °C, a mean temperature of 12.4 °C in the hottest month of July, a mean temperature of -12.7 °C in the coldest month, an extreme maximum temperature of 28 °C, and an extreme minimum temperature of -31 °C. The annual mean precipitation is 420 mm, and the precipitation is concentrated in June–August. The annual evaporation is approximately 3.8 times the annual precipitation. The annual number of strong wind days is above 48 (A wind force of level 6 and above recorded by an ultrasonic anemometer (wind speed of 10 min  $\geq$  7 m/s) is defined as a strong wind day), and the maximum strong wind days in a year is 78 days. The annual sunshine duration is 3040 h, but the suitable period for plant growth is only 90–100 days. The thin soil layer is formed by the differentiation of Triassic or Permian gneiss and littoral sediments and thus contains a high content of gravel. The soil texture is sandy loam(Figure 1).

The vegetation height is approximately 30–40 cm. The dominant plant species include *Allium polyrhizum, Artemisia frigida, Astragalus adsurgens, Calamagrostis pseudophragmites, Carex moorcroftii, Leymus secalinus, Oxytropis falcata, Poa alpigena, Polygonum sibiricum,* and *Potentilla anserina,* forming a vegetation cover of more than 60%. According to the statistics of the Hydrological Bureau of Qinghai Province, the water level of Qinghai Lake has continued to rise since 2004. The inundation zone of Qinghai Lake in 2018 was 21.86 km<sup>2</sup> larger than that in 2014 [8], and the lakeside wetland of Niaodao expanded by 20–500 m.

### 2.2. Research Methods

According to the data of the Hydrological Bureau of Gangcha County [29], the precipitation in Niaodao has been relatively abundant since 2005. The annual precipitation in this area is 420 mm, the simulated +25% precipitation change is approximately 525 mm, the -25% precipitation change is approximately 315 mm, the +75% precipitation change is approximately 735 mm, and the -75% precipitation change is approximately 105 mm. The purpose of this study was to simulate the effect of extreme increases and decreases in precipitation in this type of wetland on the vegetation, soil, and microorganisms, thereby further deriving the effect of precipitation on greenhouse gases of such ecosystems.



(A)



**(B)** 



**Figure 1.** Overview map of the study area (**A**). Field precipitation simulation device (**B**). Precipitation and temperature from May to August in the study area (**C**).

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The greenhouse gases in the in situ simulated rainfall experiments in the growing season were measured using the static chamber–gas chromatography method. The plot area was 40 m  $\times$  40 m, including 9 pieces 3.2 m  $\times$  2.6 m plots. The plot layout was three rows and three columns, with plots in each column belonging to the same treatment group and plots in each row being three replicates of the same treatment. A 3-m-wide buffer zone was set between adjacent subplots, a 5-m-wide buffer zone was set around the plot, and a 20-cm-wide runoff prevention zone was set around each plot. In this experiment, the black box method was used. The box used in this study was made out of a stainless-steel sheet. The box body was divided into two parts. The exterior of the box was wrapped in white foam. The box was opaque, 40 cm long, 40 cm wide, and 30 cm high. The static box base was 40 cm  $\times$  40 cm. During sampling, the base tank was filled with water to prevent air leakage. A thermometer, a fan, and a pumping interface were installed in the box. The aboveground and underground biomass was not removed during any treatment in this study.

Since the precipitation in this area is concentrated in June–August, samples were collected regularly during the growing season from May to August in 2020. Two rounds of experiments were performed every month at local times 11:00 and 15:00. The sampling interval was 15 min (0 min, 15 min, and 30 min). Samples of 50-mL air were collected in airtight syringes and immediately sent to Qinghai Normal University for indoor measurements. In addition, the soil temperature and soil moisture in the 0–10-cm soil layer, temperature in the chamber, and air humidity of each plot were recorded at different time periods. Similar to the air sample collection, one soil sample was collected from the 0–10-cm soil layer in each plot every month. The soil samples were passed through a 50-mesh soil sieve to remove stones and other impurities, thus resulting in homogeneous soil samples. After the soil samples were cleansed, the underground biomass was picked up with tweezers. The sieved soil samples were air-dried indoors and stored for later measurement of the total N, total C, soil electrical conductance, and pH.

Before measuring the concentration of each sample, two standard air samples were injected for calibration. Finally, the following formula was used to calculate the greenhouse gas flux [30]:

$$F = \rho \times \frac{V}{A} \times \frac{P}{P_0} \times \frac{T_0}{T} \times \frac{dCt}{dt}$$
(1)

where F (mg·m<sup>-2</sup>·h<sup>-1</sup>) is the measured gas emission flux,  $\rho$  (g/L) is the measured gas density under standard conditions, V (m<sup>3</sup>) is the air volume in the sampling box, A (m<sup>2</sup>) is the area covered by the sampling box, P (hPa) is the air pressure at the sampling point,  $P_0$  (hPa) is the atmospheric pressure under the standard state,  $T_0$  (K) is the absolute temperature of the air under the standard state, T (K) is the absolute temperature of the air under the standard state, and dCt/dt is the rate of change of the concentration of the air in the sampling box.

### 2.3. Data Processing

The experimental data were the mean of three sets of repeated measurement data. A correlation analysis was used to analyze the coupling relationship between the greenhouse gas fluxes and soil moisture and temperature. Significant differences in the greenhouse gas fluxes among the different precipitation treatments were analyzed, and the physical and chemical properties of different soil environments were assessed using multiple comparisons. SPSS (Statistical Product and Service Solutions)(IBM SPSS Statistics for Windows, Version 21.0. IBM Corp., Armonk, NY, USA) was used for the data analysis, and Origin (2018) software was used for plotting.

## 3. Results and Analysis

# 3.1. Greenhouse Gas Variation Patterns in Niaodao in the Growing Season under Different Rainfall Treatments

3.1.1. CO<sub>2</sub> Flux Variation Patterns during the Growing Season

The seasonal CO<sub>2</sub> fluxes in Niaodao exhibit pulsed variations (Figure 2), all indicating emission sources with the same variation pattern. The CO<sub>2</sub> flux was significantly different between the four rainfall treatments and the control treatment (CK) (Table 1); the differences among the five treatments also reached significance (p < 0.05). During the four-month observation period, the CO<sub>2</sub> fluxes of all the treatments were positive, and the mean CO<sub>2</sub> emission rates under the four rainfall treatments and CK during the observation period followed a descending order of +75% (117.26 mg·m<sup>-2</sup>·h<sup>-1</sup>) > CK (114.80 mg·m<sup>-2</sup>·h<sup>-1</sup>) > -75% (107.05 mg·m<sup>-2</sup>·h<sup>-1</sup>) > +25% (106.45 mg·m<sup>-2</sup>·h<sup>-1</sup>) > -25% (62.27 mg·m<sup>-2</sup>·h<sup>-1</sup>). Therefore, the four treatments and CK all showed the function of an atmospheric CO<sub>2</sub> source during the observation period.



**Figure 2.**  $CO_2$  emission characteristics during the growing season under different rainfall treatments. Change diagram of the  $CO_2$  emission flux at 11:00 a.m. (**A**). Change diagram of the  $CO_2$  emission flux at 3:00 p.m. (**B**).

The CO<sub>2</sub> emission fluxes of the different rainfall treatments ranged from -49.409 to 374.548 mg·m<sup>-2</sup>·h<sup>-1</sup>. The peak CO<sub>2</sub> emission flux of the +25% treatment occurred at 11:00 on 10 July (228.188 mg·m<sup>-2</sup>·h<sup>-1</sup>), while the peak values of all the other treatments occurred on June 20. Although the CO<sub>2</sub> emission flux from the +75% treatment was lower than that from the -75% treatment at 11:00 (11:00: +75% < -75%, 2.82 mg·m<sup>-2</sup>·h<sup>-1</sup>), the CO<sub>2</sub> emission fluxes from the different rainfall enhancement treatments were greater than those from the rainfall reduction treatments at different time periods (11:00: +25% > -25%,

24.66 mg·m<sup>-2</sup>·h<sup>-1</sup>; 15:00: +25% > -25%, 41.18 mg·m<sup>-2</sup>·h<sup>-1</sup>, +75% > -75%, 10.21 mg·m<sup>-2</sup>·h<sup>-1</sup>). As shown by the comparison of the CO<sub>2</sub> emission fluxes at 11:00 and 15:00, the CO<sub>2</sub> emission fluxes from the different rainfall enhancement treatments were lower at 11:00 than at 15:00, while those from the rainfall reduction treatments were higher at 11:00 than at 15:00 (+25%: 11:00 < 15:00, 16.20 mg·m<sup>-2</sup>·h<sup>-1</sup>; +75%: 11:00 < 15:00, 10.56 mg·m<sup>-2</sup>·h<sup>-1</sup>; -25%: 11:00 > 15:00, 3.33 mg·m<sup>-2</sup>·h<sup>-1</sup>; -75%: 11:00 > 15:00, 2.47 mg·m<sup>-2</sup>·h<sup>-1</sup>). The CO<sub>2</sub> emission fluxes were significantly different among the different rainfall treatments (Table 1). Figure 2A is the change of the CO<sub>2</sub> flux at 11:00, and Figure 2B is the change of the CO<sub>2</sub> flux at 15:00.

**Table 1.** Multiple comparisons of the  $CO_2$ ,  $CH_4$ , and  $N_2O$  fluxes treated by five types of rainfall in the Niaodao Lakeside wetland.

	Treatment	22 May	10 June	20 June	10 July	20 July	11 August
CO <sub>2</sub> flux	CK	$159.50\pm26.04b$	$8.51\pm6.72~\mathrm{c}$	$326.57 \pm 21.94$ a	$101.95 \pm 21.94  b$	$90.51\pm14.33b$	$1.77\pm21.56~\mathrm{c}$
	+25%	$174.98 \pm 29.04$ ab	$23.89 \pm 22.08 \mathrm{b}$	$237.90 \pm 66.48$ a	$132.82 \pm 39.67$ ab	$45.64 \pm 37.90 \text{ b}$	$23.48\pm4.00\mathrm{b}$
	-25%	$94.58 \pm 19.30  \mathrm{b}$	$6.28 \pm 2.12 \text{ d}$	$180.97 \pm 28.50$ a	$22.54 \pm 15.35 \text{ cd}$	$-7.06 \pm 8.79 \text{ d}$	$76.29 \pm 17.94 \text{ d}$
	+75%	$172.40 \pm 36.45$ b	$-4.27 \pm 13.64 \text{ c}$	$290.66 \pm 25.31$ a	$159.84 \pm 28.88  \mathrm{b}$	$49.30 \pm 10.79 \text{ c}$	$35.62 \pm 13.17 \text{ c}$
	-75%	$119.36\pm30.15~\text{b}$	$25.17\pm8.35~c$	$212.34\pm21.80~\text{a}$	$114.23\pm11.00~\text{b}$	$44.22\pm20.25bc$	$43.18\pm5.67bc$
CH <sub>4</sub> flux	СК	$4.23 \pm 17.55$ a	$-22.33 \pm 10.98$ a	$-4.31 \pm 1.64$ a	$-6.10 \pm 3.91$ a	$-0.73 \pm 2.40$ a	$-68.58 \pm 63.10$ a
	+25%	$26.29 \pm 23.54$ a	$-16.87 \pm 14.43$ a	$-3.39 \pm 0.76$ a	$-1.21 \pm 2.52$ a	$46.47 \pm 22.04$ a	$4.68 \pm 1.96$ a
	-25%	$1.34\pm29.12\mathrm{b}$	$-3.79\pm1.14$ b	$0.24\pm5.95\mathrm{b}$	$-10.91 \pm 5.57 \mathrm{b}$	$59.71 \pm 30.96 \text{ b}$	$212.76 \pm 50.81$ a
	+75%	$-3.22 \pm 17.81$ a	$-2.10 \pm 2.30$ a	$-30.99 \pm 20.34$ a	$-4.92 \pm 2.66$ a	$-0.01 \pm 7.72$ a	$6.71 \pm 2.67$ a
	-75%	$22.66 \pm 29.97$ a	$-4.19\pm1.18$ a	$-1.28\pm1.29$ a	$-2.19\pm1.13$ a	$5.40\pm3.48~\mathrm{a}$	$17.65\pm3.74$
N <sub>2</sub> O flux	CK	$2.69\pm2.86~\mathrm{a}$	$1.07\pm2.99$ a	$8.31\pm7.92$ a	$-4.89\pm4.20~\mathrm{a}$	$-6.10 \pm 2.76$ a	$-1.96 \pm 1.54$ a
	+25%	$0.44\pm0.85$ a	$5.35\pm3.43$ a	$7.70\pm4.14$ a	$4.17\pm2.94$ a	$-4.06\pm2.64$ a	$1.63 \pm 2.66$ a
	-25%	$2.07\pm0.80$ a	$5.07\pm5.47$ a	$1.03\pm4.37~\mathrm{a}$	$3.97\pm4.98~\mathrm{a}$	$-3.08\pm1.24$ a	$1.77\pm1.30$ a
	+75%	$2.43\pm1.35~\mathrm{ab}$	$8.85\pm3.74$ a	$7.88\pm3.34$ a	$-6.44\pm4.60$ b	$-1.18\pm1.94$ ab	$-1.85\pm0.92$ ab
	-75%	$-1.68\pm1.43$ a	$-5.04\pm2.84$ a	$4.27\pm3.01~\mathrm{a}$	$0.61\pm3.22~\mathrm{a}$	$-0.98\pm1.77$ a	$-0.68\pm1.88$ a

Note: There is a significant difference between the mean values of the letters that are not shared.

# 3.1.2. CH<sub>4</sub> Flux Variation Patterns during the Growing Season

The CH<sub>4</sub> emission flux exhibited characteristics of absorption at 11:00 and emission at 15:00 (Figure 3). The CH<sub>4</sub> flux was significantly different between the four rainfall treatments and CK (Table 1); the differences among the five treatments also reached significance (p < 0.05). During the observation period, the mean CH<sub>4</sub> emission rates of the four rainfall treatments and CK followed the descending order of -25% (43.22 µg·m<sup>-2</sup>·h<sup>-1</sup>) > -75% (18.88 µg·m<sup>-2</sup>·h<sup>-1</sup>) > +25% (9.33 µg·m<sup>-2</sup>·h<sup>-1</sup>) > +75% (-5.76 µg·m<sup>-2</sup>·h<sup>-1</sup>) > CK (-16.30 µg·m<sup>-2</sup>·h<sup>-1</sup>). During the observation period, the rainfall enhancement was negatively correlated with the CH<sub>4</sub> flux, and the source and sink functions varied during this period.

The CH<sub>4</sub> flux was relatively stable from 22 May to 20 July, exhibiting a peak or trough on August 11. The CH<sub>4</sub> flux varied in the range of  $-213.839-330.976 \ \mu g \cdot m^{-2} \cdot h^{-1}$  across the different rainfall treatments. The emission fluxes from the two rainfall enhancement treatments were smaller than those from the two rainfall reduction treatments at 11:00 and 15:00 (11:00: +25% < -25%,  $3.51 \ \mu g \cdot m^{-2} \cdot h^{-1}$ , +75% < -75%,  $3.46 \ \mu g \cdot m^{-2} \cdot h^{-1}$ ; 15:00: +25% < -25%,  $64.29 \ \mu g \cdot m^{-2} \cdot h^{-1}$ , +75% < -75%,  $45.81 \ \mu g \cdot m^{-2} \cdot h^{-1}$ ). As shown by the comparison of the CH<sub>4</sub> emission fluxes at 11:00 and 15:00, all the emission fluxes, except that from the +75% treatment, were greater at 11:00 than at 15:00, and the CH<sub>4</sub> emission fluxes from the other treatments were smaller at 11:00 than at 15:00 (+25%: 11:00 < 15:00, 15.96 \ \mu g \cdot m^{-2} \cdot h^{-1}; -25%: 11:00 < 15:00, 76.75 \ \mu g \cdot m^{-2} \cdot h^{-1}; +75%: 11:00 > 15:00, 4.27 \ \mu g \cdot m^{-2} \cdot h^{-1}; -75%: 11:00 < 15:00, 38.08 \ \mu g \cdot m^{-2} \cdot h^{-1}). The CH<sub>4</sub> emission fluxes were significantly different among the different rainfall treatments (Table 1). Figure 3A is the change of the CH<sub>4</sub> flux at 11:00, and Figure 3B is the change of the CH<sub>4</sub> flux at 15:00.



**Figure 3.**  $CH_4$  emission characteristics during the growing season under different rainfall treatments. Change diagram of the  $CH_4$  emission flux at 11:00 a.m. (**A**). Change diagram of the  $CH_4$  emission flux at 3:00 p.m. (**B**).

# 3.1.3. N<sub>2</sub>O Flux Variation Patterns during the Growing Season

The N<sub>2</sub>O emission flux at 11:00 did not show a clear pattern, while the N<sub>2</sub>O emission flux at 15:00 peaked roughly between 10 June and 20 June (Figure 4). The N<sub>2</sub>O flux was significantly different between the four rainfall treatments and CK (Table 1), and the differences among the five treatments reached a significant level (p < 0.05). During the observation period, the mean N<sub>2</sub>O emission rates under the four rainfall treatments and CK followed the descending order of +25% (2.54 µg·m<sup>-2</sup>·h<sup>-1</sup>) > -25% (1.81 µg·m<sup>-2</sup>·h<sup>-1</sup>) > +75% (1.62 µg·m<sup>-2</sup>·h<sup>-1</sup>) > CK (-0.15 µg·m<sup>-2</sup>·h<sup>-1</sup>) > -75% (-0.58 µg·m<sup>-2</sup>·h<sup>-1</sup>). During the observation period, when the treatment was -75%, the N<sub>2</sub>O flux began to change from absorption to emission.

The N<sub>2</sub>O fluxes under the different rainfall treatments ranged from -10.457 to 16.878 µg·m<sup>-2</sup>·h<sup>-1</sup>. Although the N<sub>2</sub>O emission flux from the +25% treatment was lower than that from the -25% treatment at 11:00 (11:00: +25% < -25%, 2.31 µg·m<sup>-2</sup>·h<sup>-1</sup>), the N<sub>2</sub>O emission fluxes under the rainfall enhancement treatments were higher than those under the rainfall reduction treatments (11:00: +75% > -75%, 1.49 µg·m<sup>-2</sup>·h<sup>-1</sup>; 15:00: +25% > -25%, 3.77 µg·m<sup>-2</sup>·h<sup>-1</sup>, +75% > -75%, 2.91 µg·m<sup>-2</sup>·h<sup>-1</sup>). As shown by the comparison of the N<sub>2</sub>O emission fluxes at 11:00 and 15:00, the N<sub>2</sub>O emission fluxes of the rainfall enhanced treatments were higher at 11:00 than at 15:00, (+25%: 11:00 < 15:00, 4.81 µg·m<sup>-2</sup>·h<sup>-1</sup>; +75%: 11:00 < 15:00, 0.60 µg·m<sup>-2</sup>·h<sup>-1</sup>; -25%: 11:00 > 15:00, 1.26 µg·m<sup>-2</sup>·h<sup>-1</sup>; -75%: 11:00 > 15:00, 0.82 µg·m<sup>-2</sup>·h<sup>-1</sup>). The N<sub>2</sub>O emission fluxes were significantly different among the different rainfall treatments (Table 1). Figure 4A is the change of the N<sub>2</sub>O flux at 11:00, and Figure 4B is the change of the CH<sub>4</sub> flux at 15:00.



**Figure 4.** N<sub>2</sub>O emission characteristics during the growing season under different rainfall treatments. Change diagram of the N<sub>2</sub>O emission flux at 11:00 a.m. (**A**). Change diagram of the N<sub>2</sub>O emission flux at 3:00 p.m. (**B**).

# 3.2. *Test of Applicability of Data Standardization and Factor Analysis* 3.2.1. Principal Component Analysis Procedure

The first two principal components explained 57.507% of the total variance, indicating that the two principal components extracted could represent 57.507% of the original data of the eight soil physical and chemical properties. Therefore, it is reasonable to evaluate the soil physical and chemical properties with a principal component analysis. The two principal components were extracted and denoted as  $Y_1$  and  $Y_2$ , and the principal component coefficients were calculated:

$$Y_1 = 0.30960X_1 + 0.25944X_2 - 0.11650X_3 + 0.37918X_4 + 0.45901X_5 + 0.47896X_6 - 0.35275X_7 + 0.33872X_8$$
(2)

$$Y_{2} = 0.40538X_{1} + 0.56030X_{2} - 0.30983X_{3} - 0.32653X_{4} + 0.19852X_{5} - 0.03432X_{6} + 0.40445X_{7} - 0.33859X_{8}$$
(3)

From the above formulas, in  $Y_1$ , the absolute values of the coefficients of  $X_6$  (soil temperature),  $X_5$  (soil moisture),  $X_4$  (electrical conductivity),  $X_7$  (total N),  $X_8$  (total C), and  $X_1$  (aboveground biomass) are greater than the absolute values of the coefficients of  $X_2$  (underground biomass) and  $X_3$  (pH). Therefore,  $Y_1$  is a comprehensive representation of the six soil physical and chemical properties. This indicates that it is necessary to use the six indicators to explain the impact of the soil physical and chemical properties on greenhouse gases under changes in rainfall. In the process of greenhouse gas emission and absorption, it is necessary to comprehensively consider the changes in soil temperature and moisture and the soil C and N contents and vegetation content to more comprehensively explain the greenhouse gas fluxes.

In  $Y_2$ , the absolute values of the coefficients of  $X_2$  (underground biomass),  $X_1$  (aboveground biomass),  $X_7$  (total N),  $X_8$  (total C),  $X_4$  (conductivity), and  $X_3$  (pH) are greater than the absolute values of the coefficients of  $X_5$  (soil moisture) and  $X_6$  (soil temperature). Therefore,  $Y_2$  is a comprehensive representation of the six soil physical and chemical properties.  $Y_2$  represents the effect of rainfall on the source and sink capacity of the greenhouse gases, and the greenhouse gas fluxes may be increased or decreased via the rational control of the soil physical and chemical properties.

## 3.2.2. Aboveground and Underground Biomass

During the growing season, the aboveground and belowground biomass of Niaodao showed different trends. The aboveground biomass trend of the  $\pm 25\%$  treatments was consistent with aboveground biomass trend of CK: the aboveground biomass increased from May to July, peaked in July (+25%: 0.82 g·m<sup>-2</sup>, -25%: 0.57 g·m<sup>-2</sup>), and started to decrease in August. The aboveground biomass of the  $\pm 75\%$  treatments increased continuously from May to August. The underground biomass trend of the  $\pm 75\%$  treatments was consistent with the CK trend, which first increased and then decreased and peaked in July (+75%: 0.016 g·m<sup>-2</sup>, -75%: 0.017 g·m<sup>-2</sup>). The underground biomass trend of the  $\pm$ 75% treatments was consistent with the underground biomass trend of CK: the underground biomass first increased, then decreased, and peaked in July (+75%: 0.016 g·m<sup>-2</sup>, -75%:  $0.017 \text{ g} \cdot \text{m}^{-2}$ ). The underground biomass of the  $\pm 25\%$  treatment peaked in June (+25%:  $0.015 \text{ g} \cdot \text{m}^{-2}$ , -25%: 0.016 g $\cdot \text{m}^{-2}$ ). The underground biomass was significantly different between the different rainfall treatments (Table 2 and Figure 5). Table 1 shows that the dominant species of the different treatments were slightly different. Since Niaodao has a relatively thin (10 cm) soil layer with a high content of gravel and a mean vegetation cover of less than 65%, the vegetation height during the peak growing season was 10–30 cm higher under the rainfall reduction treatments than under the rainfall enhancement treatments. Among the eight dominant plant species, *Thermopsis lanceolate*, *Allium przewalskianum*, and Melissitus ruthenicus are xerophilous plants, which is in-line with the decrease in the soil moisture content of the rainfall reduction treatments.

Treatment	Dominant Plant	Vegetation Cover/%	Vegetation Height/cm	Vegetation Surface Thickness/cm
СК	Stipa sareptana, Carex moorcroftii, Elymus nutans Griseb	55	25.1-45.4	1.1
+25%	Stipa sareptana, Allium przewalskianum Thermopsis lanceolate, Lamus secalinus	65	20.2–50.3	1.0
-25%	Elymus securnus, Elymus nutans Griseb, Allium przewalskianum Stiva sarevtana.	57	30.5-85.2	0.8
+75%	Asparagus cochinchinensis Leymus secalinus.	60	13.8–48.5	1.2
-75%	Elymus nutans Griseb, Melissitus ruthenicus	55	1.3–29.6	0.6

Table 2. August vegetation survey form of the Niaodao Lakeside wetland.

### 3.2.3. Soil Total Nitrogen and Total Carbon

In the different rainfall treatments, the total soil N in Niaodao showed a trend of first increasing and then decreasing, and the total soil C showed a trend of first decreasing and then increasing(Figure 6). The total soil N peaked in June (1.13 g·kg<sup>-1</sup>). In addition, the monthly total soil N was higher under the rainfall enhancement treatments (May: 1.27, June: 1.43, July: 0.91, and August: 0.76) than under the rainfall reduction treatments (May:

0.92, June: 0.90, July: 0.36, and August: 0.07). The total soil C troughed (9.78 g·kg<sup>-1</sup>) in June. The total soil C was lower under the rainfall enhancement treatments (18.03) than under the rainfall reduction treatments (18.86) only in June and was higher under the rainfall enhancement treatments (May: 22.28, July: 26.06, and August: 29.72) than under the rainfall reduction treatments (May: 21.47, July: 25.34, and August: 27.39) in the other three months. The total soil C was significant different among the different rainfall treatments (Table 3).



**Figure 5.** The aboveground and underground biomass changes during the growing season of the Niaodao Lakeside wetland.



**Figure 6.** Changes of the soil total nitrogen and total carbon in the Niaodao Lakeside wetland during the growing season under different rainfall treatments.

Treatment	Month	Conductivity	рН	Aboveground Biomass	Underground Biomass	Soil Total Nitrogen	Soil Total Carbon
СК	May June July August	$\begin{array}{c} 77.93 \pm 0.81 \text{ b} \\ 153.37 \pm 3.95 \text{ a} \\ 208 \pm 2.88 \text{ b} \\ 367.5 \pm 5.12 \text{ c} \end{array}$	$8.82 \pm 0.03 \text{ c}$ $8.72 \pm 0.01 \text{ c}$ $8.83 \pm 0.01 \text{ a}$ $9.02 \pm 0.01 \text{ b}$	$\begin{array}{c} 0.09 \pm 0.01 \text{ a} \\ 0.22 \pm 0.02 \text{ b} \\ 0.27 \pm 0.07 \text{ b} \\ 0.14 \pm 0.01 \text{ a} \end{array}$	$\begin{array}{c} 0.005 \pm 0.001 \text{ a} \\ 0.01 \pm 0.001 \text{ a} \\ 0.02 \pm 0.004 \text{ a} \\ 0.01 \pm 0.001 \text{ a} \end{array}$	$\begin{array}{c} 1.03 \pm 0.09 \text{ a} \\ 1.00 \pm 0.02 \text{ b} \\ 0.83 \pm 0.10 \text{ ab} \\ 0.93 \pm 0.02 \text{ a} \end{array}$	$\begin{array}{c} 22.66 \pm 0.33 \text{ a} \\ 7.11 \pm 0.47 \text{ b} \\ 27.67 \pm 2.23 \text{ a} \\ 23.29 \pm 3.12 \text{ a} \end{array}$
+25%	May June July August	$\begin{array}{c} 58.27 \pm 0.79 \text{ d} \\ 110.13 \pm 0.76 \text{ b} \\ 79.47 \pm 1.36 \text{ d} \\ 546.77 \pm 5.19 \text{ b} \end{array}$	$9.10 \pm 0.02 \text{ ab}$ $9.07 \pm 0.01 \text{ a}$ $8.88 \pm 0.01 \text{ a}$ $9.03 \pm 0.01 \text{ b}$	$0.17 \pm 0.02$ a $0.61 \pm 0.01$ a $0.82 \pm 0.08$ a $0.48 \pm 0.07$ a	$\begin{array}{c} 0.006 \pm 0.002 \text{ a} \\ 0.02 \pm 0.001 \text{ a} \\ 0.01 \pm 0.002 \text{ a} \\ 0.01 \pm 0.0002 \text{ a} \end{array}$	$\begin{array}{c} 1.17 \pm 0.09 \text{ a} \\ 1.24 \pm 0.13 \text{ b} \\ 0.66 \pm 0.22 \text{ bc} \\ 0.72 \pm 0.03 \text{ a} \end{array}$	$\begin{array}{c} 23.25\pm0.76~\text{a} \\ 6.77\pm0.47~\text{b} \\ 27.61\pm1.24~\text{a} \\ 28.91\pm2.65~\text{a} \end{array}$
-25%	May June July August	$\begin{array}{c} 87.90 \pm 1.14 \text{ a} \\ 86.87 \pm 0.56 \text{ c} \\ 94.13 \pm 1.12 \text{ c} \\ 651.63 \pm 0.56 \text{ a} \end{array}$	$9.08 \pm 0.01 \text{ b}$ $9.02 \pm 0.01 \text{ a}$ $8.93 \pm 0.02 \text{ a}$ $8.92 \pm 0.04 \text{ c}$	$\begin{array}{c} 0.14 \pm 0.05 \text{ a} \\ 0.32 \pm 0.07 \text{ b} \\ 0.57 \pm 0.12 \text{ ab} \\ 0.56 \pm 0.21 \text{ a} \end{array}$	$\begin{array}{c} 0.005 \pm 0.001 \text{ a} \\ 0.02 \pm 0.0004 \text{ a} \\ 0.02 \pm 0.002 \\ 0.01 \pm 0.003 \text{ a} \end{array}$	$\begin{array}{c} 0.93 \pm 0.02 \text{ a} \\ 0.88 \pm 0.07 \text{ b} \\ 0.24 \pm 0.09 \text{ c} \\ 0.07 \pm 0.02 \text{ b} \end{array}$	$\begin{array}{c} 25.76 \pm 3.00 \text{ a} \\ 6.65 \pm 0.85 \text{ b} \\ 26.89 \pm 1.46 \text{ a} \\ 27.49 \pm 0.17 \text{ a} \end{array}$
+75%	May June July August	$\begin{array}{c} 61.53 \pm 0.53 \text{ c} \\ 87.43 \pm 0.52 \text{ c} \\ 92.77 \pm 1.66 \text{ c} \\ 186.20 \pm 1.23 \text{ e} \end{array}$	$\begin{array}{c} 9.20 \pm 0.03 \text{ a} \\ 8.95 \pm 0.02 \text{ b} \\ 9.03 \pm 0.01 \text{ a} \\ 8.87 \pm 0.01 \text{ c} \end{array}$	$\begin{array}{c} 0.20 \pm 0.05 \text{ a} \\ 0.41 \pm 0.04 \text{ b} \\ 0.46 \pm 0.03 \text{ b} \\ 0.53 \pm 0.16 \text{ a} \end{array}$	$\begin{array}{c} 0.005 \pm 0.002 \text{ a} \\ 0.02 \pm 0.002 \text{ a} \\ 0.02 \pm 0.002 \text{ a} \\ 0.006 \pm 0.002 \text{ a} \end{array}$	$\begin{array}{c} 1.36 \pm 0.22 \text{ a} \\ 1.62 \pm 0.12 \text{ a} \\ 1.16 \pm 0.09 \text{ a} \\ 0.80 \pm 0.20 \text{ a} \end{array}$	$\begin{array}{c} 21.30 \pm 0.38 \text{ a} \\ 7.96 \pm 1.71 \text{ b} \\ 24.52 \pm 0.44 \text{ a} \\ 30.54 \pm 1.64 \text{ a} \end{array}$
-75%	May June July August	$\begin{array}{c} 78.3 \pm 0.57 \text{ b} \\ 72.5 \pm 0.90 \text{ d} \\ 226.07 \pm 4.51 \text{ a} \\ 235.67 \pm 2.18 \text{ d} \end{array}$	$\begin{array}{c} 9.12 \pm 0.01 \text{ ab} \\ 8.93 \pm 0.01 \text{ b} \\ 9.00 \pm 0.07 \text{ a} \\ 9.15 \pm 0.02 \text{ a} \end{array}$	$\begin{array}{c} 0.17 \pm 0.02 \text{ a} \\ 0.24 \pm 0.04 \text{ b} \\ 0.32 \pm 0.03 \text{ b} \\ 0.34 \pm 0.11 \text{ a} \end{array}$	$\begin{array}{c} 0.004 \pm 0.001 \text{ a} \\ 0.01 \pm 0.002 \text{ a} \\ 0.02 \pm 0.001 \text{ a} \\ 0.01 \pm 0.002 \text{ a} \end{array}$	$\begin{array}{c} 0.91 \pm 0.03 \text{ a} \\ 0.92 \pm 0.03 \text{ b} \\ 0.48 \pm 0.10 \text{ bc} \\ 0.07 \pm 0.01 \text{ b} \end{array}$	$\begin{array}{c} 17.19 \pm 1.60 \text{ a} \\ 20.40 \pm 2.50 \text{ a} \\ 23.78 \pm 0.56 \text{ a} \\ 27.30 \pm 0.08 \text{ a} \end{array}$

**Table 3.** Physical and chemical properties of the surface soil under different rainfall treatments during the growing season.

Note: There is a significant difference between the mean values of the letters that are not shared.

#### 4. Discussion

### 4.1. Characteristics and Influencing Factors of CO<sub>2</sub> Fluxes

CO<sub>2</sub> emission fluxes in wetlands arise primarily from soil microbial respiration [31]. The field observations in the growing season of 2020 showed that the wetland plots under different rainfall treatments all served as  $CO_2$  emission sources and that the high  $CO_2$ emission fluxes in the two time periods at the beginning of the growing season may be due to the release of  $CO_2$  frozen in the soil as the soil warmed up, forming a small peak, which is consistent with the results of Wu et al. [32]. Soil moisture plays a crucial role in microbial activity. Studies have shown that, within a certain soil moisture range, the microbial activity increases with an increasing moisture content. According to the study of Cai [33], the soil moisture content in different soil environments has different effects on  $CO_2$  fluxes, and a higher soil moisture content in sandy loam may reduce the  $CO_2$  emission fluxes, which is consistent with the results of this study. When the groundwater level rises, the highest soil moisture in Niaodao reached 100% under the rainfall enhancement treatments. An anaerobic environment with a soil moisture high state reduces the available C source for soil microorganisms [34]. Increasing the soil temperature will provide a good combination of water and heat and promote microbial activity and root respiration. The mean soil temperature at 15:00 in Niaodao was 5–8 °C higher than that at 11:00, and the mean CO<sub>2</sub> emission fluxes at 15:00 were approximately  $4.00 \text{ mg} \cdot \text{m}^{-2} \cdot h^{-1}$  higher than that at 11:00.

## 4.2. Characteristics and Influencing Factors of CH<sub>4</sub> Fluxes

The CH<sub>4</sub> emission environment is mostly anaerobic, and the soil water and heat conditions directly determine the CH<sub>4</sub> flux. The community characteristics of methanogens and aerobic methanotrophic bacteria also vary with changes in the soil moisture and temperature [32]. Sandy loam soil has good aeration due to its special structure, and the higher moisture content of sandy loam soil does not have a significant impact on the CH<sub>4</sub> flux. The CH<sub>4</sub> emission fluxes in Niaodao were greatly affected by the soil temperature (p < 0.05). The mean CH<sub>4</sub> emission fluxes at 15:00 were higher than those at 11:00 by approximately 15 µg·m<sup>-2</sup>·h<sup>-1</sup>, which is consistent with the results of Cao [35]. Changes in the soil moisture content caused by rainfall patterns are an important factor affecting soil greenhouse gas fluxes [36]. When the soil moisture content decreases, water stress increases

the water dependence of microorganisms such as methanogens; thus, rainfall reduction can enhance  $CH_4$  fluxes. The -25% treatment had a significant effect on the  $CH_4$  flux.

### 4.3. Characteristics and Influencing Factors of N<sub>2</sub>O Fluxes

The production and emission of N2O in wetlands arise primarily from nitrification and denitrification [37].  $N_2O$  emissions are closely related to the soil temperature. During the growing season, as the atmospheric temperature rises, the soil temperature rises, and the N<sub>2</sub>O fluxes slowly change from absorption to emission. Past research has shown that a certain degree of rainfall will dissolve  $N_2O$  in the soil and thus reduce the  $N_2O$ fluxes [15,38]. In this study, the mean N<sub>2</sub>O flux of the +25% treatment was 2.31  $\mu$ g·m<sup>-2</sup>·h<sup>-1</sup> less than that of the -25% treatment, while the mean N<sub>2</sub>O flux of the +75% treatment was 1.49  $\mu$ g·m<sup>-2</sup>·h<sup>-1</sup> higher than that of the -75% treatment, indicating that N<sub>2</sub>O emissions were suppressed by the soil moisture content under the +25% treatment but were significantly enhanced by the soil moisture content under the +75% treatment. The substrates of nitrification and denitrification are soil C and N, and soil C and N pools have a great impact on the  $N_2O$  emission flux [15]. The results herein showed that the total soil C responded consistently to the rainfall enhancement and reduction treatments and that the total soil C had a significant correlation among the treatments (p < 0.05). The total soil C was higher under the rainfall enhancement treatments than under the rainfall reduction treatments and was higher under the +75% treatment than under the +25% treatment, perhaps because the increase in moisture content enhanced the microbial activity, resulting in an increase in the total soil C. The variation pattern of the total soil N was consistent with that of the total soil C. As the soil moisture increased, the microbial activity increased, and the N<sub>2</sub>O flux also increased.

# 5. Conclusions

The simulated rainfall significantly affected the greenhouse gas emissions of Niaodao, a lakeside wetland, during the growing season. The soil electrical conductivity, total N content, total C content, and pH were significantly correlated among the different rainfall treatments (p < 0.05), and some of them were extremely significantly correlated (p < 0.01). The aboveground and underground biomass increased as the moisture content increased.

During the entire growing season, all treatments showed the effect of the CO<sub>2</sub> source. The +25% and +75% treatments significantly increased the CO<sub>2</sub> emission fluxes (p < 0.05), and the CO<sub>2</sub> emission fluxes at 15:00 were significantly higher than those at 11:00. At the beginning of the growing season, the CO<sub>2</sub> fluxes showed a small peak due to increasing temperatures and then decreased, and the mean CO<sub>2</sub> flux was 101.57 mg·m<sup>-2</sup>·h<sup>-1</sup>. The soil temperature significantly affected the CH<sub>4</sub> flux. The CH<sub>4</sub> flux of Niaodao in the growing season exhibited the characteristics of absorption at 11:00 and emission at 15:00. The soil moisture had little effect on the CH<sub>4</sub> flux (p > 005). The mean CH<sub>4</sub> flux during the growing season was 9.87 µg·m<sup>-2</sup>·h<sup>-1</sup>. The rainfall enhancement treatments increased the N<sub>2</sub>O emission flux, showing a weak source effect. The N<sub>2</sub>O emission flux was not significantly correlated with the soil temperature (p > 0.05). The effect of the rainfall enhancement treatments on the greenhouse gas flux was more prominent during the high-temperature periods.

Under the premise of climate warming and the continuous rise of the water level of Qinghai Lake, rainfall enhancement treatments have more prominent effects on the greenhouse effect, which directly or indirectly affects the ecological process of the wetland and the C and N budget balance in this area. These results provide a reference for the regional C pool balance.

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