Review

Recent Advances in Carbon Supported Metal Nanoparticles Preparation for Oxygen Reduction Reaction in Low Temperature Fuel Cells

Yaovi Holade, Nihat Ege Sahin, Karine Servat, Teko W. Napporn and Kouakou B. Kokoh *

Université de Poitiers, UMR CNRS 7285, « Équipe SAMCat »; 4, rue Michel Brunet, B27, TSA 51106, 86073 Poitiers cedex 09, France; E-Mails: yaovi.holade@univ-poitiers.fr (Y.H.); nihat.ege.sahin@univ-poitiers.fr (N.E.S.); karine.servat@univ-poitiers.fr (K.S.); teko.napporn@univ-poitiers.fr (T.W.N.)

* Author to whom correspondence should be addressed; E-Mail: boniface.kokoh@univ-poitiers.fr; Tel.: +33-549-45-41-20; Fax: +33-549-45-35-80.

Academic Editor: Minhua Shao

Received: 19 December 2014 / Accepted: 26 February 2015 / Published: 6 March 2015

Abstract: The oxygen reduction reaction (ORR) is the oldest studied and most challenging of the electrochemical reactions. Due to its sluggish kinetics, ORR became the major contemporary technological hurdle for electrochemists, as it hampers the commercialization of fuel cell (FC) technologies. Downsizing the metal particles to nanoscale introduces unexpected fundamental modifications compared to the corresponding bulk state. To address these fundamental issues, various synthetic routes have been developed in order to provide more versatile carbon-supported low platinum catalysts. Consequently, the approach of using nanocatalysts may overcome the drawbacks encountered in massive materials for energy conversion. This review paper aims at summarizing the recent important advances in carbon-supported metal nanoparticles preparation from colloidal methods (microemulsion, polyl, impregnation, Bromide Anion Exchange…) as cathode material in low temperature FCs. Special attention is devoted to the correlation of the structure of the nanoparticles and their catalytic properties. The influence of the synthesis method on the electrochemical properties of the resulting catalysts is also discussed. Emphasis on analyzing data from theoretical models to address the intrinsic and specific electrocatalytic properties, depending on the synthetic method, is incorporated throughout. The synthesis process-nanomaterials structure-catalytic activity relationships highlighted herein, provide ample new rational, convenient and
straightforward strategies and guidelines toward more effective nanomaterials design for energy conversion.

**Keywords:** electrocatalysts; oxygen reduction reaction; fuel cell; nanoparticles preparation; water in oil microemulsion; platinum; palladium

### 1. Introduction

Formerly, electrocatalysis was practiced with metals in the bulk state. Electrochemists became aware very early of a number of obstacles and/or limitations of fundamental and economic order. On a fundamental level, it is difficult to tune the activity and selectivity of the electrodes enabling the design of advanced energy converters. Since catalysis is a surface science [1–3], the use of a bare electrode has a huge economical impact. The recent advances in nanomaterial science enable the control of the nanoparticle growth steps for rational and effective preparation of nanostructures with different shapes and sizes. Seminal papers from different research groups have shown that the electrocatalytic properties of the metals depend quasi-exclusively on their crystallographic structures [2,4]. As electrochemical reactions involve the surface of the electrode, the bulk material is only of fundamental interest and thus serves as a model electrode for reaction testing. Concerning the oxygen reduction reaction, ORR, recently fundamental investigations have effectively and definitively demonstrated that its kinetics strongly depends on the particle size correlated with the corresponding aftermath [5–8]. Especially, Shao and coworkers unexpectedly found that the optimum particle size window for Pt is roughly 2.2 nm during ORR tests in perchloric acid, while the activity decreases drastically for ultra small particles [6].

Nanomaterials have different and unique physicochemical properties compared to the bulk metals from which they result. There are undoubtedly corollaries of their sizes and shapes. They exhibit special optical, magnetic, electronic, and catalytic properties. Consequently, they can be used in various applications either ranging from physics to chemistry or from bionanotechnology to medicine. Plainly speaking about ORR considered as the major contemporary technological hurdle, electrochemists are wondering how to reduce electrode cost without losing performance or durability and, to reduce cathode loadings under 0.1 mg<sub>PGM</sub> cm<sup>−2</sup> (United States Department of Energy (DOE) 2015 & 2017 targets [9]), while keeping the same activities. The approaches mostly emerging, focus on the catalytic nanoparticles’ surface structure and composition to achieve such gates (Figure 1). For this objective, new nanocatalyst preparation protocols have been introduced. Amongst these synthetic routes, featuring colloidal methods, high-surface area and conducting, carbon-based materials are employed to ultra-disperse platinum group metal (PGM) nanoparticles [10–14]. Figure 1 shows the kinetic activities of Pt-based electrocatalysts prepared from the major chemical synthetic approaches. The catalytic ability of an electrode material toward ORR is performed either by rotating disc electrode (RDE) or in membrane electrode assembly (MEA); it is currently expressed using the real electrochemical active surface (ECSA), the kinetic current density, <i>j_k</i>, (mA cm<sup>−2</sup><sub>PGM</sub>) or the metal content (mA µg<sup>−1</sup><sub>PGM</sub>) (Figure 1a). When ECSA increases, <i>j_k</i> decreases for the same activity expressed in mA µg<sup>−1</sup><sub>PGM</sub>, as can be seen in Figure 1b. The DOE’s 2015 target is 0.7 mA cm<sup>−2</sup><sub>PGM</sub>. Currently, the
state-of-the-art commercial pure Pt/C catalysts (2–4 nm) have specific activities of 0.15–0.20 mA cm$^{-2}$_{PGM} and 0.10–0.12 mA µg$^{-1}$_{PGM} measured in MEAs [9].

Figure 1. Kinetic activities of the main Pt-based electrocatalyst systems at 0.9 V vs. Reversible Hydrogen Electrode (RHE): (a) Activities are measured by rotating disc electrode (RDE) and (b) Activities are measured in membrane electrode assemblies (MEAs) at 80 °C and 150 kPa saturated O$_2$. Reprinted with permission from Ref. [9]. Copyright 2012, Nature Publishing Group.

In gas-phase heterogeneous catalysis, the metal loading on the support typically ranges from 0.1–1 wt%. Conversely to these kind of catalysts, the metal content in the electrocatalysts must be at least 10 wt%, due to the reduced mass-transport rates of the reactant molecules in the liquid phase versus the gas phase [15]. The most used support material for electrocatalyst preparation is carbon black. It should be emphasized that other carbon-based materials are used as supports e.g., carbon nanotubes [16,17], single/multi-walled carbon nanotubes [18,19], buckypaper [16], carbon nanofibers [20,21]; depending on the synthesis protocols. The exceptional electrical, physical, and thermal properties of these advanced carbon-based nanocomposites make them a preferential choice in electronics [17,22], bionanotechnology [16,17,20], energy conversion and storage [17,23,24]. However, even now, carbon black powder (Vulcan XC 72 or XC 72R) is the preferred support for low temperature FCs applications. In addition to the high metal loading, its relatively inert character implies that the widespread used method in gas-phase heterogeneous catalysts preparation such as ion exchange [25] is not effective and suitable in the electrocatalyst’s case. To overcome this, the electrocatalyst synthesis is based on chemical/colloidal methods. In this context, various processes have been developed. Basically, these routes can be classified into two categories: physical and chemical techniques [2,26]. The main advantage of the chemical routes is the facility of controlling and handling the primary structures of metal nanoparticles, such as size, shape and composition (in the case of multimetallic nanomaterials) as well as to achieve large-scale production. For the physical methods, all these crucial operations are more difficult.

This review aims to discuss the recent advances in the preparation of highly dispersed nanoparticles onto carbon-based substrates for low temperature FCs applications. These kinds of electrode materials enable increasing of the surface-to-volume ratio and thus the electrochemical reaction rates [5,27,28].
We focus on the recent developments regarding nanocatalysts preparation from water-in-oil microemulsion [29–34], polyol-based [35], impregnation-reduction and Bromide Anion Exchange synthetic routes [36–38].

2. Strategies to Synthesize Carbon Supported Nanocatalysts

2.1. Heterogeneous Catalysis: The Major Emergency for Supported Nanomaterials Design

Various synthetic routes have been successfully developed over the last twenty years for carbon supported nanoparticle preparation to be used in electrocatalysis, and particularly in ORR science. It is interesting to know why a support is needed during catalyst preparation. In catalysis, it is reported that the direct immobilization of metal nanoparticles onto carbon-based substrates induces a high improvement in the nanoparticles’ catalytic performances [2,21,39]. This enhancement has been attributed to the strong interaction between nanoparticles and the support. Free nanoparticles in solution are used in electrocatalysis to find out the intrinsic activity of the electrocatalysts, especially the structure sensitivity [2]. While it is difficult to control, distinguish, and separate the intrinsic activity of the different crystallographic facets, the single crystal (bulk) as well as the shape-controlled nanoparticles constituted cornerstones for the fundamental understanding of electrocatalytic activity. Even if many examples can be found in the literature about the use of these kinds of electrocatalysts toward ORR and related reactions, they are not still yet proven as of any significant interest in FC sciences. Indeed, a support is needed to boost the current density when the catalyst is immobilized for the tests of the FCs. Their preparation and long-term storage processes are less competitive than supported nanoparticles. Besides, it is more difficult to produce these types of materials for large-scale applications such as for FCs.

2.2. Water-in-Oil (w/o) Microemulsion Method

The preparation of metal nanoparticles from the “water-in-oil” microemulsion (w/o) method was initiated by Boutonnet et al. [30] in 1982 when they reported the successful preparation of Pt, Pd, Rh and Ir nanoparticles with a size ranging from 3–5 nm. After this stage of initiation, it is worthy of note that the preparation of nanoparticles from this method was successful, particularly in the field of catalysis. It should be noted that the term “microemulsion” was introduced by the English chemist, J. H. Schuman [29,31,40,41]. According to Clausse and co-workers, it can be assumed to be “a macroscopically monophasic fluid transparent compound made up by mixing water and hydrocarbon in the presence of suitable surface active agents (surfactants)” [42]. Similar definitions can be found in the literature [30,31,43]. It should be mentioned that this solution is optically isotropic and thermodynamically stable [44]. From a macroscopic point of view, the internal structure of the microemulsion appears to be homogeneous, but at the nanoscale, it is heterogeneous, consisting either of nano-spherical monosized droplets or a bi-continuous phase (10–40 nm) [41,44]. Obtaining this droplet is very crucial in order to control the size of the nanoparticles during their preparation.

The microscopic structure of the microemulsion is precisely determined at a given temperature by the ratio of its different constituents, as illustrated in Figure 2. Two systems can be clearly identified in this figure: the water-rich phase and the oil-rich one, determined by the water and oil contents. The
water-rich phase is obtained for a high concentration of water where the internal structure of the microemulsion consists of small oil droplets in a continuous water phase (micelles or direct micelles) and is known as “oil-in-water, o/w” microemulsion (ratio $o/w \ll 1$). Indeed, to stabilize the system, the hydrophilic portion of the surfactant molecules must be oriented toward the aqueous phase (water), while the hydrophobic tail is directed toward the organic phase (oil) to form oil droplets. In nanoparticles’ preparation from colloidal methods, it is important to keep in mind that the droplet size is the key parameter for size, shape and control of other factors. Consequently, the system $o/w$ is unusable for nanoparticles preparation because the metal ion (always in the aqueous phase) will be outside the droplet. Indeed, most metal precursors are inorganic salts and are soluble in water, not in oil [32]. At a high oil concentration, the system consists of small water droplets in a continuous oil phase (reversed micelles), also known as a “water-in-oil, w/o” microemulsion (ratio $w/o \ll 1$). For the solution stabilization, the hydrophilic portion of the surfactant molecules oriented toward the aqueous phase (water) and the hydrophobic tail directed toward the organic phase (oil) form together a water droplet: reversed micelles which are water-in-oil droplets stabilized by a surfactant are obtained. Therefore, the system $w/o$ (emulsions with low water concentration and high oil concentration) is used almost exclusively for nanoparticles’ preparation because the metal ion will be inside the droplet. It is a necessary condition for nanoparticles’ preparation from metal precursors. Furthermore, between these extreme situations, there is a bicontinuous phase without any clearly defined shape.

**Figure 2.** Scheme of the microscopic structure of a microemulsion at a given concentration of surfactant as function of temperature and water concentration, showing the different systems. Reprinted, adapted with permission from Ref. [44]: Copyright 2004, Elsevier and from Ref. [31]: Copyright 1995, American Chemical Society.

Obviously, at fixed water content, the volume of the surfactant plays crucial role for the size of the formed micelles. Basically, their size is inversely proportional to the amount of surfactant present in the microemulsion [32,44–46]. The surfactant can be ionic or non-ionic; its presence is very important for the stability of the microemulsion [31,44,45]. Moreover, the structure of micelles must be flexible to allow the penetration of the reducing agent and the interactions/exchanges between micelles during the collision step. In addition, when the ionic surfactants are used, they can form strong bonds with the surface of the nanoparticles. Thereby, it becomes particularly difficult to remove them during the cleaning step. This is
the case of sodium bis(2-ethylhexyl)sulphosuccinate, AOT, which can form thiol bonds with the metal surface, making it more complicated to remove. In order to minimize this kind of phenomenon, the most used non-ionic surfactant is a polyethylene glycol dodecylether known as Brij® 30 [47–50].

Concerning the nanoparticles’ preparation, there are currently two main ways: either by preparing a second microemulsion (having the same composition as that containing the metal ions), which contains a reducing agent, or by direct addition of the reducing agent to the microemulsion that already contains metal salt precursors [44,51]. Figure 3 illustrates the formation of nanoparticles following the first procedure. Here, two microemulsions are mixed together, one containing the precursor and the other, the reducing agent. Due to the physical and chemical properties of its different constituents, the colloidal solution is very sensitive to temperature and the synthesis is currently performed at room temperature (20–25 °C) [34,49,50,52–56]. Current reducing agents are sodium borohydride (NaBH₄), hydrazine (N₂H₄), gas hydrogen (H₂) etc. The organic solvent (oil) can be hexane, n-heptane, cyclohexane or isooctane [44,47,55,56]. The formation of particles occurs in two steps known as the nucleation process inside the droplet and the aggregation process to form the final particle [44]. The major role of the surfactant is to control the growth via steric effect in order to have well-dispersed and homogeneous particles with a good size distribution.

![Proposed mechanism for the formation of metal particles from the microemulsion method using the two microemulsions protocol.](image)

**Figure 3.** Proposed mechanism for the formation of metal particles from the microemulsion method using the two microemulsions protocol. Reprinted with permission from Ref. [45]. Copyright 2004, Elsevier.

Summarizing, the optimization of this method over more than twenty years has led to the following experimental parameters:

- molar ratio \( n(\text{water}) / n(\text{surfactant}) \times \omega \): 3.8 [47,48,52,56],
- volume of organic solvent (n-heptane) per synthesis reactor: 27.35 mL [50],
• total metal salt concentration in the aqueous solution: 0.1–0.2 mol L\(^{-1}\) \[47,48,50\],
• volume percentage of Brij\textsuperscript{®} 30 in the microemulsion: 16.5\% \[47,48,52,56\],
• molar ratio between the reducing agent and the metal salt: 15 \[49,50,52,56\],
• synthesis conducted at room temperature \[34,49,50,52–56\].

In order to have a good dispersion of nanoparticles, conducting and high surface area (BET surface) carbon substrates are currently used. The main roles of the support are to improve nanoparticles dissemination, to reduce the metal content (generally noble metals are used) and to provide good nanoparticles-support interactions \[53,54,57\]. Vulcan XC 72 and Vulcan XC 72R carbons are the most used substrates for electrocatalytic applications and the metal content rises from 20–40 wt.\%. For this purpose, Vulcan carbon is thermally pre-treated (see Section 2.4) to remove the potential undesired contaminants coming from its industrial manufacture such as sulfur \[53,54,57,58\]. Very recently, it has been shown that this thermal activation highly improved the physicochemical and electrocatalytic properties of Vulcan \[57\]. We will briefly describe herein a typical synthesis as currently carried out in our research group, from two microemulsions: one containing the dissolved metal(s) precursor(s) and the other one, the reducing agent, NaBH\(_4\). Typically, microemulsions I and II (as shown in Figure 3) are mixed in a synthesis reactor thermostatted at 25 °C for about 30 min under magnetic stirring: the mixture gradually darkens, reflecting the formation of metal nanoparticles. Then, an appropriate amount of the Vulcan XC 72 or Vulcan XC 72R carbon is added after the solution has been transferred into an ultrasonic bath for homogenization (15–20 min), followed by additional vigorous stirring for 2 h. Finally the carbon supported metal nanoparticles are thoroughly filtered and washed to remove organic solvent and surfactant using three different solvents, acetone, ethanol and water. The filtration occurs under a vacuum system (Buchner) using a Millipore filter type GV 0.22 µm (also known as GVWP 0.22 µm). The washing steps are carried out strictly in the following order: addition of acetone, then ethanol and finally a mixture of 50 vol% acetone-water. It is strongly recommended to repeat this procedure at least three times. The material is rinsed thoroughly with Milli-Q\textsuperscript{®} Millipore water (18.2 M\(\Omega\) cm at 20 °C), and finally the filter containing the catalyst is removed and dried in an oven for at least 12 h at 75 °C. Figure 4 shows the low and high resolution TEM images of the bimetallic 40 wt% AuPt/C. From these physicochemical and electrochemical characterizations, Habrioux and co-workers found that the obtained bimetallic nanomaterials exhibit two different behaviors. For high Au-content, the Au-Pt particles exhibited alloy properties, and at low Au-content, atom rearrangement leads to an enrichment of the electrode surface with those of Pt. It should be mentioned that the AuPd/C bimetallic nanomaterials synthesized from w/o by Simões \textit{et al.} \[34\] are unalloyed for Au \(\geq\) 50 at\%, leading to two phases: Au islets + AuPd alloy. Various studies have shown that ORR is a structure-sensitive reaction. This means that the crystallographic orientations (hkl) play a major role, more especially the low-index ones \[2,4\]. The seminal papers on the single crystal revealed that (111) and (110) are the most active facets toward ORR in aqueous media. Particularly, for Pt(hkl), the activity toward ORR increases in the order (100) \(<\) (110) \(\approx\) (111) in HClO\(_4\); (100) \(<\) (110) \(<\) (111) in KOH and (111) \(\ll\) (100) \(<\) (110) in H\(_2\)SO\(_4\) \[2\]. As highlighted in Figure 4b, the presence of (111) face on the nanoparticles prepared from the w/o approach allows better ORR efficiency to be expected on these catalysts.

Notwithstanding the diversity of applications, this method remains questionable due to the surfactant Brij\textsuperscript{®} 30 that is not completely removed from the surface of the metal nanoparticles \[59,60\]. The
remaining molecules undoubtedly block some catalytic sites, therefore affecting the catalytic performances of the obtained catalysts. In conclusion, the nature of the surfactant (Brij® 30 or others) and its strong adsorption onto the metal nanoparticles’ surface constitute the main drawback of the water-in-oil microemulsion method.

**Figure 4.** (a) TEM images of: (1) Pt/C, (2) Au₃₀Pt₇₀/C, (3) Au₇₀Pt₃₀/C, (4) Au₈₀Pt₂₀/C, (5) Au. Particle agglomerates are shown in (6) and (7) for Au₃₀Pt₇₀/C and Au₇₀Pt₃₀/C, respectively. (b) HRTEM images of (i and ii) Pt, (iii) Au₃₀Pt₇₀/C, (iv) Au₇₀Pt₃₀/C and (v) Au/C highlighting the facets, steps (S), twins (T) and stacking faults (SF). Note that the metal loading was 40 wt%. Reproduced and adapted in part from Ref. [54] with permission of the PCCP Owner Societies. Copyright 2009, Royal Society of Chemistry.
2.3. Polyol Method

The polyol process refers to a polyalcohol that acts both as a solvent and a reducing agent. It has spread for its self-seeding mechanism and lack of required hard or soft templating materials, making it an ideal process for potential industrial scale-up due to the low cost and simplicity of processing. The main superiority of the polyol synthesis is the use of high-boiling alcohols such as ethylene glycol (197 °C), propylene glycol (188 °C), butylene glycol (207 °C), diethylene glycol (244 °C), glycerol (290 °C), tetraethylene glycol (327 °C), benzyl alcohol (205 °C) etc., as a solvent and stabilizing agent for controlling particle nucleation and growth. Each polyol solvent has different oxidation potentials that along with the metal reagent, define the temperature at which particle formation takes place. Especially, ethylene glycol is one of the most widely used solvents for the polyol process owing to its strong reducing capability, relatively high boiling point and high dielectric constant, which increases the solubility of inorganic salts. Therefore, ethylene glycol is more convenient to act as reducing agent for the metal nanoparticles. In the polyol process, a metallic precursor in the form of chlorides, acetates, nitrates, hydroxides, oxides is dissolved in polyol solvent, and then the experimental conditions are optimized to complete the reduction of metallic precursor. To control the shape, size, and distribution of metallic particles, each metal precursor requires modified-experimental conditions.

To identify the mechanism and comprehend the influence of polyol solvents on nucleation and growth kinetics, several studies were reported. Fievet et al. [61] focused on the general mechanism of reduction of Ni(OH)₂ and Co(OH)₂ in ethylene glycol, shown in Scheme 1. They proposed that acetaldehyde is the possible reductant for the synthesis strategies of preparing metal nanoparticles. It is necessary that the precursors require high solubility in polyol solvents to actualize the reaction described in Scheme 1 by steps (1) and (2).

![Scheme 1. General mechanism of reduction of M(OH)₂ in ethylene glycol.](image)

According to the mechanism proposed by Fievet et al. [61], diacetyl appears to be the main oxidation product, which may be explained by a duplicative oxidation of acetaldehyde previously produced by dehydration of ethylene glycol. The metal is generated in the liquid phase and when the super-saturation is high enough, nucleation and the growth steps occur. For better understanding of the metallic reduction mechanism in polyol solvent, some significant researches were undertaken. One of them was based on redox phenomena related to the reduction potential of metal precursor and the oxidation potential of ethylene glycol [62]. The researchers proposed that chemical reduction of noble metal species by ethylene glycol is thermodynamically unfavorable. For this reason, to get a completely reduced metal species, an energy barrier must be overcome by heating the polyol solvent.

Another study on reaction mechanism was proposed by Bock et al. [63] for reduction of the metals by the oxidation of ethylene glycol to aldehydes, carboxylic acids, and CO₂, as shown by Scheme 2.
Scheme 2. Ethylene glycol (A) oxidation pathways to aldehydes (B, C), glycolic acid (D), oxalic acid (E) and further CO₂ and carbonate in alkaline medium owing to interaction of –OH groups of ethylene glycol with metal-ion sites.

The oxidation of the ethylene glycol gives glycolate or glycolic acid (depending on the pH) which acts as a stabilizer for the metal species; the size of the noble metal colloids is thereby controlled through the pH value of the synthesis solution. Oxidation products resulting from the ethylene glycol oxidation reaction interact with the noble metal colloids and hence act as their stabilizers. Additionally, Skrabalak et al. [64] reported how metal ions are reduced by the ethylene glycol oxidation to glycolaldehyde, using a spectrophotometric method. They proposed an alternative pathway related to the reduction of metal precursor depending on the reaction atmosphere. For example, heating ethylene glycol between 140 and 160 °C in air, Equation (1), may generate glycolaldehyde as a reductant for the many metal precursors

$$2\text{HO-CH}_2-\text{CH}_2-\text{CH}_2-\text{OH}+\text{O}_2 \rightarrow 2\text{HO-CH}_2-\text{CH}_2-\text{CHO}+2\text{H}_2\text{O}$$ (1)

It was found out from spectroscopic data that glycolaldehyde is the main reductant depending on reaction temperature, atmosphere, and experimental setup [64]. Numerous studies have been reported on synthesizing metal nanoparticles with controlled-size, shape and morphology, and satisfactory stability, as well as high product yield and low environmental contamination [65–67]. Physical properties of nanoparticles can influence catalytic activity [68,69], selectivity [70,71] and durability [72]. Biacchi et al. [73] demonstrated that proper selection of the polyol solvent can be used to manipulate the metal nanoparticles morphology. They reported that the kinetics and thermodynamics of nanoparticles synthesis is critically important for controlling the shape and size when using different polyol solvents such as ethylene glycol, diethylene glycol, triethylene glycol, and tetraethylene glycol. In recent years, methodological development of the synthesis of the highly active electrocatalysts has been one of the major topics in energy converting systems [74–79]. Joseyphus and co-workers [80] investigated the reaction rate of the polyol method using cobalt and its alloys. The reduction limit of polyol solution depends mainly on the concentration of hydroxyl ions (OH⁻) for the reduction of metal ions. Although the presence of OH⁻ ions in the metal ion-polyol system acts as a catalyst in accelerating the formation of precursor complexes, it may decrease the reaction rate by forming metal hydroxide compounds which are not easily reduced. Therefore, it is important to control the degree of complex or hydroxide forms in
the presence of OH$^-$ ions by using UV-Visible spectroscopy. Susut and Tong demonstrated that the particle shape could be controlled in the presence of AgNO$_3$ with different concentrations in the reaction mixture before the addition of PVP (poly-vinylpyrrolidone) and Pt precursor solutions [81]. Gonzalez-Quinjano et al. [82] also reported the synthesis of Pt-Sn/C electrocatalysts by using ethylene glycol containing ethanol and water in different ratios. They noticed that the chemical composition, lattice parameter, and degree of alloying depended on the solution ratio between ethylene glycol, ethanol, and water. The average particle size was observed as between 1.8 and 4.7 nm, the smaller particle sizes were reported in the absence of water. Furthermore, Jiang et al. [83] prepared Pt/C and Pt-Sn/C catalysts by slightly modifying the polyol method. In brief, they prepared a tin complex in ethylene glycol at 190 °C for 30 min and then added the required chloroplatinic acid and finally, the mixture was maintained at 130 °C for 2 h under argon gas to remove the oxygen and organic by-products. Lee et al. [84] prepared in ethylene glycol, acid pre-treated carbon supported Pt and Pt-Ni electrocatalysts, which exhibited significantly improved electrocatalytic activity.

In the polyol process, polyalcohols are currently used as both solvent and reducing agent. Alternatively, poly-vinylpyrrolidone (PVP) can be added as surfactant or capping agent [85,86] in association with a variety of reducing agents such as sodium borohydride (NaBH$_4$) [87,88], and formaldehyde (H-CHO) [88] for controlling surface reactivity. These properties significantly influence the electrochemical performance. During their synthesis, metal particles tend to aggregate, particularly in the liquid phase, because of their very high surface energy in the nano level. Therefore, nanoparticles have a natural tendency to be attracted to each other through Van der Waals forces leading to agglomeration. In order to neutralize the Van der Waals interaction, the required repulsive forces have to be improved. As a result, a stabilization procedure is required to ensure the quality of the nanomaterial products. The stability relation of the nanoparticles can be mainly controlled by two kinds of effects in the dispersing medium. One is an electrostatic stabilization (Figure 5a) for developing surface charges to repulse (high positive $E_T$) aggregated particles, which can be evaluated by zeta potential measurements and the other is a steric stabilization (Figure 5b) for controlling the protective layer, using organic ligands and polymer [89].

**Figure 5.** Stabilization of nanoparticles in a dispersing medium; (a) electrostatic stabilization and (b) steric stabilization of metal. Reprinted with permission from Ref. [89]. Copyright 2004, Elsevier.
2.4. Impregnation-Reduction Process

The impregnation-reduction method is one of the simple and straightforward techniques in material science for supported nanocatalysts preparation. It is still widely used in the field of gas-phase heterogeneous catalysis to prepare nanostructured catalysts. Compared to the w/o method, the impregnation technique is one of the green class methods to prepare nanocatalysts due to its environmental friendly solvents versus organics ones. The synthesis takes place either at low or room temperatures, thus minimizing energy consumption [32,51]. For a long time, this chemical approach was devoted to Pt-Ru catalyst preparation [90–92]. Basically, it involves two steps: impregnation and reduction. During the impregnation, the support (mainly carbon) is immersed in the aqueous solution containing the desired metal precursors. Then, metal ions are reduced to their metallic state by the addition of an aqueous solution of reducing agent such as Na2S2O3, NaBH4, Na2S2O5, N2H4, H-CHO, or H2 [51,91,93,94]. It should be noted that the impregnation duration step strongly depends on the nature of the precursors, the targeted metal loading, as well as the nature of the support. Recently, Knani et al. [93,95] optimized an experimental approach for synthesizing methanol tolerant ORR nanocatalysts (10 wt% Pt-Co-Sn/C) preparation using NaBH4 and Vulcan XC 72R carbon as reducing agent and support, respectively. Typically, the mixture made of metal precursors and the support is ultrasonically homogenized for 30 min followed by additional stirring for 2 h before the reduction step at 80 °C. Then, the filtered solid composite is washed several times with ultra pure water and dried in an oven at 110 °C for about 4 h [95]. Miller et al. [96], reported the preparation of noble metal free electrocatalysts based on iron(II) and silver(I) phthalocyanines using an impregnation-reduction method. During this procedure the Ketjenblack EC-600JD used as support was impregnated with the metal precursors by stirring (30 min) and sonicating (30 min) ethanol suspensions (200 mL) of the metal phthalocyanine complexes with the carbon material at room temperature. The obtained mixture was stirred afterwards for 24 h (to improve the impregnation process with the support surface) at room temperature and then sonicated for 30 min again. After these steps, the solvent was removed under reduced pressure to yield a solid residue which was dried under high vacuum. Then, the resulting powder annealed at high temperature (250–800 °C) for 2 h was cooled to room temperature under continued argon flow prior to use. These nanostructures have shown good electrochemical performances toward ORR in alkaline medium. Others impregnation-reduction processes have been reported for the successful preparation of PtRhM/C (M = W, Pd, or Mo) [97]; PtRh/C [98]; PtNi/C [99].

Different metal precursors can be used; chloride, sulfite, nitrate, carbonyl complexes. It should be emphasized that the metal carbonyl complexes are especially interesting since the second step is not required in some cases [32,100]. As any process, many experimental parameters affect the electrochemical activity of the obtained catalysts by controlling their composition, morphology, and dispersion onto the support. From the experimental view, it has been suggested that, the control of the nanoparticles size and as yet the particle distribution are more difficult by the impregnation method, which thus constitutes its major drawback [32,51].
2.5. Bromide Anion Exchange (BAE) Method

Obviously, electrocatalysis is one of the disciplines that requires maximum cleanness. Indeed, from catalyst preparation to initiating chemical reactions, the cleanness is mandatory throughout the chain. Any impurity can drastically alter the catalytic activity/selectivity through the control of active sites. Thus, taking into account the fact that the reactions involved in electrocatalysis are surface reactions, the electrocatalyst surface state (cleanness) is the key parameter for the best electroactivity. Thereby, the surface of the nanomaterial must be free from impurities such as surfactant molecules and other capping ones. In this way, the development of an advanced synthetic method must limit the use of strong organic molecules, which have an affinity with the nanoparticles surface. To this end, the research group of Prof. B. Kokoh has recently initiated a new clean, easy, and accessible synthetic route called “Bromide Anion Exchange, BAE” [36,38,101]. Most of the metal salts (precursors) used in nanomaterials synthesis are chlorinated. The bromide ion \((r(\text{Br}^-) = 195 \text{ nm})\) is larger than its counterpart chloride \((r(\text{Cl}^-) = 181 \text{ nm})\). Thus, the partial or total substitution of \(\text{Cl}^-\) by bromide anions must accentuate steric hindrance around the metal cation, which will further play a crucial role during the seed’s growth. This advanced method has been successfully used to synthesize Au-based nanocatalysts for glucose electro-oxidation [38,57], Pd-based electrocatalysts for glycerol electro-oxidation [36,37,101] and hybrid/abiotic electrodes for biofuel cell application [102,103].

This convenient and straightforward synthesis approach is an environmentally friendly method and is based on the use of bromide ion as a capping agent, the major gate in the BAE process. It has been reported that halide ions (chloride, bromide, and iodide) could serve as coordination ligands and thus, play the role of capping agent for shape and size control of nanocrystals [67,104–107]. Figure 6 summarizes the different steps for preparing nanocatalysts with the BAE route. The main feature of BAE lies in the simplicity undertaken. By using no organic compounds as surfactants or capping agents, clean, small, and well-dispersed nanoparticles with highly improved catalytic properties are currently obtained. The effects of the different parameters such as the metal salt concentration, the amount of bromide anion and the temperature of the synthesis reactor were scrutinized recently. From these reports, the molar ratio between KBr and total metal(s): \(\varphi = n(\text{KBr})/n(\text{metal(s)})\) is 1.46; the total molar concentration of metal salts is 1 mM and the reactor temperature is 25 and 40 °C (meaning 25 °C before the addition of the reducing agent and 40 °C after) [108].

Typically, the metal precursor salts are dissolved in a reactor containing ultrapure water thermostatted at 25 °C under magnetic stirring. Then, an appropriate amount of KBr via the parameter \(\varphi\) is added under vigorous stirring. A suitable amount of carbon support (Vulcan or Ketjenblack) is then added under constant ultrasonic homogenization for 45 min, followed by the drop wise addition of the reducing agent, under vigorous stirring. Afterwards, the reactor temperature is elevated tot 40 °C (to improve the reaction kinetics) for a 2 h period. Finally, the carbon supported nanomaterials are filtered, washed several times with ultra pure water and dried in an oven at 40 °C for 12 h. In the whole BAE procedure, the Vulcan or Ketjenblack supports were thermally pretreated at 400 °C under nitrogen atmosphere for 4 h, in order to improve their physical properties and remove any contaminant coming from their industrial manufacture [57]. Holade et al. [57] found surprisingly that the BET surface area of the support was enhanced, being 322 and 1631 m² g⁻¹ instead of 262 and 1102 m² g⁻¹ for the as-received Vulcan XC 72R (C) and Ketjenblack EC-600JD (KB) materials, respectively. They
also found that Pt/C and Pt/KB exhibited a highly improved specific electrochemical surface area (SECSA). It is worthy of note that all catalysts were prepared with a high chemical synthesis yield ($\omega > 90\%$), defined as the percentage of the ratio between the experimental mass and the theoretical one based on the initial reactor mixture [102,103]. It should be emphasized that it is the first time that such a synthesis yield has been reported. Indeed, for electrocatalysts preparation, neither the microemulsion method [30,109] nor any of the others [14,35,110,111] yielded this important result, indicating that the BAE method is suitable for nanomaterials preparation.

**Figure 6.** The experimental setup of the Bromide Anion Exchange (BAE) route for nanoscale materials synthesis. Reproduced with permission from Ref. [37] Copyright 2014, The Electrochemical Society.

During the synthesis (before the reduction step), change of the initial solution color was observed after the addition of KBr (see Figure 6: before and after step 2). Color changes can be seen in Figure 7a,c,e. To gain further insights on the origin of this phenomenon, UV-Vis measurements were performed. As can be seen in Figure 7b,d,f, there is a change in the UV-Vis spectra on the addition of KBr. In the case of the Pt salt, the addition of KBr shifts the band at 287 nm toward 298 nm with an intense shoulder around 411 nm. The absorption band due to a ligand-to-metal charge transfer transition of the $[\text{PtCl}_6]^{2-}$ ion complex is found to be at 263 nm [112] or 260 nm [46,113,114]. Thus, the shift and intensity of the present bands indicate partial substitution of Cl$^-$ in the $[\text{PtCl}_6]^{2-}$ ion complex by Br$^-$. For the Pd salt, the aqueous solution goes from a clear yellow to a deep yellow, depending on the metal salt concentration. Furthermore, the addition of KBr to this solution drastically changes its appearance. According to the literature, the absorption wavenumber associated with the complex $[\text{PdCl}_4]^{2-}$ in aqueous solution may be 425 nm [115] or 415 nm [116]. This value depends undoubtedly on the complex ion concentration in the solution and could be affected by the presence of other species. The metal salt solution without KBr presents a band at ca. 300 nm and a shoulder at ca. 400 nm. With KBr, in addition to the band at 325 nm, two shoulders at 400 nm and 510 nm can be observed. The slight shift of the peak position and the appearance of the band around 510 nm indicate clearly the insertion of the Br$^-$ ions in the complex $[\text{PdCl}_4]^{2-}$. Herein, the ratio $n(\text{Br}^-)/n(\text{Pd}^{2+})$ is 1.5 versus 4 for the complex ion $[\text{PdBr}_4]^{2-}$. Thus, there is no complete substitution of chloride by bromide.
The change of the color, substantiated with the UV-Vis observations is attributed to the complex ion 
\[ \text{[PdCl}_{4-x}\text{Br}_x]^{2-}, \ 0 \leq x \leq 4. \] Klotz et al. \[117\] reported that, in aqueous media, \[[\text{PdI}_4]^{2-}\] is 108.1 times more 
stable than \[[\text{PdBr}_4]^{2-}\] which is 104.1 times more stable than \[[\text{PdCl}_4]^{2-}\]. Consequently, the complex ions 
that control the particles size/shape growth after reduction is \[[\text{PdCl}_{4-x}\text{Br}_x]^{2-}\]. The latter species provides 
a more steric environment than \[[\text{PdCl}_4]^{2-}\]. This hypothesis was confirmed when nanoparticles were 
synthesized without and with different amounts of KBr \[108\].

\[\text{(a)}\] \[\text{(b)}\] \[\text{UV-Vis signal / Abs}\]

\[\lambda / \text{nm}\]

\[\text{1.5 mM KBr}\]
\[\text{1.0 mM H}_2\text{PtCl}_6\text{6H}_2\text{O}\]
\[\text{1.0 mM H}_2\text{PtCl}_6\text{6H}_2\text{O + 1.5 mM KBr}\]

\[\text{UV-Vis signal / Abs}\]

\[\lambda / \text{nm}\]

\[\text{1.5 mM KBr}\]
\[\text{1.0 mM HAuCl}_3\text{3H}_2\text{O}\]
\[\text{1.0 mM HAuCl}_3\text{3H}_2\text{O + 1.5 mM KBr}\]

\[\text{UV-Vis signal / Abs}\]

\[\lambda / \text{nm}\]

\[\text{1.5 mM KBr}\]
\[\text{1.0 mM K}_2\text{PdCl}_4\]
\[\text{1.0 mM K}_2\text{PdCl}_4 + 1.5 mM KBr}\]

\[\text{Figure 7.} \ (\text{a}), \ (\text{c}) \text{ and } (\text{e}) \text{ From left to right in each photograph, images of water containing:}
\text{no substance, 1.5 mM KBr, 1.0 mM metal salt and 1.5 mM KBr + 1.0 mM metal salt. (b),}
\text{ (d) and (f) Their corresponding UV-Vis absorption spectra of water containing}
\text{1.5 mM KBr (black), 1.0 mM H}_2\text{PtCl}_6\text{6H}_2\text{O (red) and 1.5 mM KBr + 1.0 mM H}_2\text{PtCl}_6\text{6H}_2\text{O (blue). Note: (a–b) for platinum; (c–d) for gold and (e–f) for palladium.}\]
Figure 8a,b show the TEM micrographs (with their HRTEM images in the inset) of 20 wt% AuPt nanomaterials and their corresponding particle size distribution when using Vulcan XC 72R or Ketjenblack EC-600JD as supports, respectively. Particles are well dispersed onto the support with a mean particle size between 3–6 nm. The HRTEM images highlight an octahedron-like shape. It has been observed that for Au-based bimetallics, the particle size increases with increasing Au content, which is a well-known phenomenon, coming from the difference in the reduction kinetics of the metal salts. Trimetallics AuPtPd supported on both Vulcan and Ketjenblack were also successfully prepared from BAE [102,103].

Figure 8. TEM-HRTEM micrographs and their corresponding particle size distribution (histograms were fitted using the log-normal function) of the nanostructured AuPt (20 wt%) supported on (a) Vulcan XC 72R and (b) Ketjenblack EC-600JD. (a) Reprinted and adapted with permission from Ref. [103]. Copyright 2014, John Wiley & Sons, Inc. (b) Reprinted and adapted with permission from Ref. [102]. Copyright 2014, John Wiley & Sons, Inc.
2.6. Other Synthetic Routes

From chemical to physical approaches, a huge number of metal nanoparticles preparation methods have been initiated over the last twenty years. Formerly reserved for the application in physics and related fields [26,39], nanomaterials prepared from physical routes are becoming unavoidable targets for electrocatalysis. Free nanoparticles prepared in solution from radiolysis [118] or laser ablation processes have been successfully tested in electrocatalysis [119]. Up till now, no test has been performed using carbon as support for application in electrocatalysis. The other chemical methods are the historical methods developed by Bönnemann and co-workers [94,120,121]. They have been adapted for electrocatalysts preparation [58,94]. In such a method, the reducing agent is a tetra-alkylammonium triethylborohydride, which acts also as a surfactant after reducing the metal salt in a tetrahydrofuran medium. After addition of the support, e.g., Vulcan XC 72 carbon, the filtered powder is calcined under air at 300 °C. Small nanoparticles about 2–5 nm are currently obtained. However, because of the use of some organic molecules as reducing agents, their removal from the nanoparticles surface is not always effective. Thus, their catalytic performance can be affected.

3. Application of Carbon-Supported Nanocatalysts toward the ORR

3.1. ORR Activity on Various Carbon Supported Nanoparticles Prepared from w/o Method

Because of its natural abundance (20.95 vol%; 23.20 wt% of the earth's atmosphere and roughly 21% in air), dioxygen is the first choice of oxidant used at the cathode in FCs. Already known as an oxidant in the propulsion system, H$_2$O$_2$ can supply O$_2$ as in the case of submarines. From this perspective, FCs were already developed [122,123]. This section will focus on the electrocatalytic performances of carbon-based substrates supporting metal nanoparticles toward the ORR. An emphasis on analyzing data from theoretical models to address the intrinsic and specific electrocatalytic properties depending on the synthetic method is incorporated throughout. The issue of the ORR is as old as that of FCs. Obviously; it is certainly one of the most widely studied processes due to its important applications in the field of clean energy conversion and storage systems. The ORR involves several basic steps. To date, two plausible mechanisms have been proposed in the literature (Figure 9) [124–126]. According to Acre et al. [125], the direct O$_2$ reduction to H$_2$O (path A) is the result of O$_2$ adsorption parallel to the catalytic surface plane. This requires the presence of active sites side by side. The other pathway (path B) proceeds by an initial adsorption of O$_2$ perpendicularly to the electrode surface (by a single atom). However, it should be noted that the second step (reduction of H$_2$O$_2$) has a high activation energy, which increases the overpotential.
In the early 2000s, most of the catalytic applications of nanomaterials prepared from the water-in-oil method (developed more than 10 years ago) were oxidation of organic molecules in heterogeneous catalysis ranging from batch reactor to electrocatalysis. Tuning the experimental factors that affect the w/o method will be crucial for designing more active low temperature FCs cathodes. In 2008, Demarconnay and co-workers reported the use of the w/o route to prepare various Pt-Bi bimetallic nanomaterials dispersed onto Vulcan XC 72 carbon (metal loading: 50 wt%) [33] for the oxygen reduction reaction in alkaline medium. It is worth mentioning that this metal loading is too high to achieve the condition for commercialization of FCs which is limited to 8 g of platinum group metals (PGM) per vehicle, meaning less than 100 µgPGM cm$^{-2}$ at the cathode [9]. However, it can be helpful to understand the ORR electrocatalysis before thinking about the required three major criteria for FCs MEAs: cost, performance, and durability. In this preliminary ORR investigation using electrocatalyst from the w/o method, the RRDE technique to find out the fundamental data was used. It is worthy of note that, after the preparation of a carbon black catalyst, a black powder is obtained. Before using this powder for electrochemical tests, a catalytic ink is prepared. To this end, different approaches are currently used and are based on the initial method proposed at the beginning of the 1990s using Nafion® suspension [101,127–129]. Figure 10 shows the polarization curves at 5 mV s$^{-1}$ (2500 rpm) at the disc for Pt/C, Vulcan XC 72R and different bimetallic catalysts in 0.2 M NaOH. The reaction starts at ca. 1.05 V vs. RHE on PtBi/C and 0.87 V vs. RHE on Vulcan XC 72R. An onset circuit potential (OCP) of 1.05 V vs. RHE reflects the ORR sluggishness because it must be roughly 1.19 V vs. RHE. As can be seen in the activation–diffusion mixed region (from 1.0–0.7 V vs. RHE) the bimetallics Pt$_{90}$Bi$_{10}$/C and Pt$_{80}$Bi$_{20}$/C are more active than Pt/C and Pt$_{70}$Bi$_{30}$/C. This means that the optimum window is obtained when at %Bi < 70 in the PtBi alloy system. The Pt/C catalyst synthesized by this method did not produce any peroxide, yielding roughly 4 as the number of exchanged moles of electron per mole of oxygen as on bulk Pt [130]. The evaluated kinetic current density at 0.95 V vs. RHE was 0.60, 1.05, 1.14, and 0.49 mA cm$^{-2}$ on Pt/C, Pt$_{90}$Bi$_{10}$/C, Pt$_{80}$Bi$_{20}$/C, and Pt$_{70}$Bi$_{30}$/C,
respectively. Unfortunately, it was not always mentioned whether this kinetic current density, which is free from mass transport, was evaluated using geometrical or active surface area. Therefore, it is difficult to compare it with other values found in the literature. Based on these values, Pt$_{80}$Bi$_{20}$/C shows the best kinetic activity. The value of exchange current density ($j_0$) at the high overpotential region on this electrode material is $23.2 \times 10^{-3}$ mA cm$^{-2}$, which is higher than 16.8 and $5.6 \times 10^{-3}$ mA cm$^{-2}$ on Pt/C and Pt$_{70}$Bi$_{30}$/C, respectively. Typically the exchange current density is $5.4 \times 10^{-5}$ mA cm$^{-2}$ on the bulk Pt [130]. The low value of the Tafel slope on Pt$_{70}$Bi$_{30}$/C at high overpotential (99 mV dec$^{-1}$) contrary to theoretical value of 120 mV dec$^{-1}$ has been explained by the presence of bismuth oxides. Table 1 shows the influence of the synthesis method and catalyst composition on the kinetic parameters. More importantly, the authors found that Pt$_{80}$Bi$_{20}$/C exhibits a high tolerance for ORR in the presence of 0.1 M ethylene glycol from 1.0 – 0.9 V vs. RHE. Indeed, they investigated the tolerance properties of the catalysts towards the ORR in the presence of ethylene glycol as fuel. The platinum substitution by bismuth up to 20 at% improves the catalyst tolerance by shifting the reduction wave towards higher potentials. These kinds of fuel tolerant cathode materials are promising electrodes for the development of advanced electrocatalysts for direct alcohol fuel cells in which the fuel can crossover the membrane to be mixed with O$_2$ in the cathodic compartment.

**Figure 10.** ORR polarization curves recorded in an O$_2$-saturated 0.2 M NaOH solution at 50 wt.% PtBi/C catalysts prepared from w/o method: (1) Pt/C, (2) Pt$_{90}$Bi$_{10}$/C, (3) Pt$_{80}$Bi$_{20}$/C, (4) Pt$_{70}$Bi$_{30}$/C and (5) Vulcan XC 72 carbon (5 mV s$^{-1}$, 2500 rpm, 20 °C). Metal loading on the electrode: 177 µg cm$^{-2}$. Reprinted with permission from Ref. [33]. Copyright 2004, Elsevier.

Until the early 2000s, it was difficult to decrease the metal content in the electrocatalysts without losing significant catalytic activity. This poses a considerable challenge to the material science community, particularly when considering that for most catalyst systems, durability and high current density work together with the PGM content. Habrioux and co-workers used the same w/o method to design platinum-gold nanoalloys with improved electrocatalytic properties [52]. They managed to reduce the metal charge up to 40 wt% without a significant loss in catalytic activities. Au is known to improve the Pt electrode durability by modifying the Pt–OH bond strength [52]. O$_2$ reduction starts at ca. 0.7 V vs. RHE on Vulcan, 0.9 V vs. RHE on Au/C and 0.95 V vs. RHE on Au$_{70}$Pt$_{30}$/C, Au$_{20}$Pt$_{80}$/C, and Pt/C. The peroxide production increases when the Pt content decreases in the electrode materials.
From the kinetic parameter, Au\textsuperscript{70}Pt\textsuperscript{30}/C has the best exchange current density: $j_0 = 300, 300, 700, 100$ and 400 $\mu$A cm$^{-2}$ for Pt/C, Au\textsubscript{20}Pt\textsubscript{80}/C, Au\textsubscript{70}Pt\textsubscript{30}/C Au/C, and Vulcan carbon, respectively. In order to reduce the cost of the electrocatalysts, while keeping the same reaction kinetics, Pd-based electrodes have been recognized to be excellent candidates. Precisely, the addition of Ni or Ag boots the electroactivity of Pd either for oxidation of organic molecules [36,101,108] or ORR [56,131] in both acid and alkaline media. The synthesis of 2–5 nm of PdAg/C and PdNi/C (20 wt%) from the w/o method using the reversed micelles approach has been reported [56]. The polarization curves for ORR on Pd/C, Pd\textsubscript{70}Ni\textsubscript{30}/C, and Pd\textsubscript{70}Ag\textsubscript{30}/C electrode materials are represented in Figure 11. In the activation region (0.95–0.85 V vs. RHE), the addition of the second metal to Pd does not induce any benefit in terms of activity. The electrodes’ efficiency in terms of oxygen reduction current follows the order Pd/C > Pd\textsubscript{70}Ni\textsubscript{30}/C > Pd\textsubscript{70}Ag\textsubscript{30}/C. This is supported by the value of the exchange current density ($j_0$), which is 11.1, 7.4 and 1.6 $\mu$A cm$^{-2}$ for Pd/C, Pd\textsubscript{70}Ni\textsubscript{30}/C, and Pd\textsubscript{70}Ag\textsubscript{30}/C, respectively [56]. In the mixed activation-diffusion limiting control domain (0.85–0.65 V vs. RHE, Figure 11), the presence of Ag or Ni increases slightly the limiting current, which is roughly 6.9 mA cm$^{-2}$ (Pd/C), 7.1 mA cm$^{-2}$ (Pd\textsubscript{70}Ag\textsubscript{30}/C), and 8.0 mA cm$^{-2}$ (Pd\textsubscript{70}Ni\textsubscript{30}/C). The determined number of exchanged electrons, from Koutecky-Levich plots, is close to 4 for all the catalysts. This shows that O\textsubscript{2} reduction is a four-electron transfer process for the electrode potential centered at ca. 0.85 V vs. RHE. But, the careful analysis of the two behaviors in the polarization curves (on the disc) in 0.9–0.8 V vs. RHE and 0.75–0.6 V vs. RHE indicates a 2 + 2 electrons process.

**Figure 11.** Disc (bottom) and ring (top) current-potential curves for ORR on (a) Pd/C, (b) Pd\textsubscript{70}Ni\textsubscript{30}/C and (c) Pd\textsubscript{70}Ag\textsubscript{30}/C electrocatalysts prepared from w/o method (20 wt%), in O\textsubscript{2}-saturated 1 M NaOH at 5 mV s$^{-1}$. Metal loading on the electrode ca. 100 $\mu$g cm$^{-2}$. 
3.2. ORR Activity on Various Carbon Supported Nanoparticles Prepared from the Polyol Method

Examination of the oxygen reduction reaction on various metals, including Pt, Pd, Rh, Ir, and Au began in the 1960s. Over the past decade the polyol process has been used to synthesize metallic nanoparticles such as Pt [132,133], Pd [88,134], Au [135], Fe [136], Ni [137,138], Co [139], Ag [140,141], Cu [142,143], Sn [144], and Rh [73]. Platinum is one of the most active metal catalysts toward many electrochemical reactions, such as oxidation of small molecules and reduction of molecular oxygen in PEMFC. Compared to other transition metals, Pt adsorbs oxygen with an intermediate bond strength. That is, Pt adsorbs oxygen strongly enough to be reduced, but not so strongly that the surface oxidizes. Additionally, the transition metals, for instance Ni, Co, Cr and Fe, adsorb oxygen so strongly that the surface may fully oxidize, while Au adsorbs oxygen so weakly that it does not stick to the surface. As platinum exhibits the highest catalytic activity for the oxygen reduction reaction [145], carbon supported platinum-based bimetallic alloys have been investigated as electrocatalysts to reduce the voltage losses associated with the cathode performance. Platinum-based bimetallic catalysts provide high oxygen reduction activity on the basis of d-band modification by the addition of a second metal. Toda et al. [146] reported that oxygen adsorption increases in the case of changing of the electronic structure of Pt induced by a transition metal, and then the O-O bond is weakened. For this purpose, various platinum-based bimetallic catalysts, such as Pt-Ni [147,148], Pt-Co [149,150], Pt-Fe [151,152], Pt-Cr [153,154], Pt-Cu [155,156], Pt-V [157,158], Pt-Mn [159], Pt-Bi [35], Pt-Te [160] have been reported. It can be clearly emphasized that modified-platinum catalysts display 1.5–3 times higher catalytic activity than that of pure platinum catalyst. Alvarez et al. [88] reported oxygen reduction activity on carbon supported palladium prepared by using ethylene glycol, sodium borohydride, and formaldehyde. They showed that reduction of the palladium precursor salt in alkaline medium led to small palladium nanoparticles around 5.7 nm at pH 11. It is clearly displayed that the peak position for palladium oxide reduction depends on the nanoparticles size. Indeed, this peak is centered at 0.70 V vs. RHE on Pd/C-ETEK; 0.72 V vs. RHE on Pd/C-CH3O, 0.74 V vs. RHE on Pd/C-NaBH4 and 0.74 V vs. RHE on Pd/C-EG. Rao et al. [152] reported Pt and Pt-M (M: Fe, Co, Cr) alloy catalysts prepared by the polyol method in 1,2-hexadecanediol in the presence of nonanoic acid and nonylamine as protecting agents. The results of linear sweep voltammetry indicated that the Pt alloy catalysts exhibited 1.5–1.7 times higher oxygen reduction activity than that of the as-synthesized and commercial Pt catalyst. Additionally, electrocatalytic activity and stability on graphene supported Pt3-Co and Pt3-Cr alloy catalysts were reported by Rao et al. [150] for the oxygen reduction reaction. The fuel cell performance of the catalysts was evaluated with 0.4 mg Pt cm\(^{-2}\) catalyst loading on the cathode and at 353 K and 1 atm. The power densities of 790, 875, 985 mW cm\(^{-2}\) were observed for graphene supported Pt, Pt3-Co, and Pt3-Cr catalysts, respectively. The stability of the so-called catalysts were investigated by using continuous potential cyclic voltammetry swept for 500 cycles in O\(_2\)-saturated 0.5 M H\(_2\)SO\(_4\) and then linear scan voltammetry recorded at 1600 rpm and 5 mV s\(^{-1}\). No obvious decrease in the oxygen reduction activity was observed for graphene supported catalysts after a continuous 500 cycles. Santiago et al. [149] prepared homogeneously dispersed Pt-Co bimetallic catalysts with 1.9 nm particle size, which have a high degree of alloying without thermal treatment. H\(_2\)/O\(_2\) PEM fuel cell polarization curves for oxygen reduction were recorded at 80 °C with a 0.4 mg cm\(^{-2}\) total metal loading. The single cell polarization response related to the as-prepared catalysts exhibited superior mass activity compared to commercial Pt/C catalyst. As reported by
Chen and co-workers [161], shape controlled Pt-Ni bimetallic nanocrystals exhibit enhanced oxygen reduction activity. Pt3-Ni nanoframe catalysts exhibited in mass activity a factor of 22 and in specific activity a factor of 36, for the enhancement for the oxygen reduction reaction. In addition to the high intrinsic and mass activities, Pt3-Ni nanoframe catalysts showed considerable durability for a duration of 10,000 potential cycles at different scan rates from 2–200 mV s\(^{-1}\). Kumar et al. [162] prepared carbon supported palladium catalysts by using the polyol process for the oxygen reduction reaction. They reported that pretreatment of Vulcan XC-72R carbon support influenced Pd nanoparticle morphology and its activity towards the oxygen reduction reaction in acidic solution. The mass activities, measured at 0.7 V vs. RHE, for Pd at 0.07 M H\(_3\)PO\(_4\), 10% H\(_2\)O\(_2\) and 0.2 M KOH treated carbon supports were superior to that of E-TEK 20% Pd/C. They reported less than 4% H\(_2\)O\(_2\) formation on different Pd/C catalysts in the kinetic potential regions. The Tafel slopes of the oxygen reduction reaction on different Pd/C catalysts showed two different regions with two different slopes. These Tafel slope values are about 60 and 120 mV dec\(^{-1}\), at the low current and high current density regions, suggesting different adsorption isotherms of oxygenated species such as Temkin and Langmuir isotherms [163,164], respectively. Carbon supported Pt-Cu bimetallic catalysts were prepared by the polyol process for the oxygen reduction reaction by Tseng et al. [155]. The prepared catalysts were exposed under 300, 600, 900 °C for 1 h in a flowing mixture of 90% Ar–10% H\(_2\). They reported that the Pt-Cu/C catalyst treated at 300 °C exhibited superior catalytic activity in terms of mass activity and specific activity than that of Pt/C in 0.1 M HClO\(_4\). From the experimental data recorded at 1600 rpm and 5 mV s\(^{-1}\), it was reported that Pt-Cu/C-300 showed the highest mass activity of 651 mA mg\(^{-1}\), and the highest specific activity of 1.33 mA cm\(^{-2}\). In the case of Pt-Cu/C-600 and Pt-Cu/C-900, lower mass and specific activities were observed than that of the unheated Pt-Cu/C catalyst.

As a conclusion, the polyol reduction process permits the preparation of size and shape controlled metal nanoparticles by improving the synthesis parameters for electrochemical applications. Parameters such as reaction duration, reaction temperature, and the pH value of the electrolyte assist to a remarkable extent the reduction kinetics [63,80].

3.3. ORR Activity on Pt/C Electrocatalyst Synthesized from BAE Method

Recently introduced in nanoscale material science, the BAE method enables the preparation of nanoscale electrocatalysts without using organic molecules. Materials from this advanced synthetic route have been primary used as anode materials for organics electro-oxidation [36,38,101] and have been successfully utilized as anode-based electrodes in the glucose hybrid biofuel cell for bionanotechnology applications. More importantly, it has been demonstrated that Au-Pt catalysts prepared with the BAE method exhibit unexpected cathode selectivity-tolerance-durability in mixed reactants and in a poisoning environment, and physiological medium [102]. Indeed, Au\(_{60}\)Pt\(_{40}\) bimetallic (3.2 nm) supported onto carbon Ketjenblack EC 600-JD was able to selectively reduce oxygen in a membraneless biomedical implantable glucose fuel cell at pH 7.7 in human serum to activate a pacemaker, which constitutes a real application [102]. To some extent, BAE allows the development of advanced low temperature FCs electrocatalysts. In order to check these exceptional behaviors and compare them with the existing methods in acidic and alkaline media using the RRDE technique, we conducted ORR at 20 wt% Pt/C, as prepared from BAE as a state-of-art catalytic material [9,28,165,166]. In both media, several metal
loadings were studied ranging from 6–100 µgPt cm\(^{-2}\). Durability tests were performed by cycling the electrode potential from 0.05–1.10 V vs. RHE for 1000 cyclic voltammograms (CVs). Figure 12a shows the ORR polarization curves recorded in O\(_2\)-saturated 0.1 M HClO\(_4\). Before recording these curves, the RRDE setups were calibrated as illustrated in Figure 9. Then, the electrode was scanned from 0.05–1.1 V vs. RHE at 50 mV s\(^{-1}\) twenty times followed by 2 CVs at 5 mV s\(^{-1}\). Finally ORR was performed by scanning the disc (glassy carbon, 0.196 cm\(^2\)) from 1.1–0.2 V vs. RHE at 5 mV s\(^{-1}\), while that of the potential of the ring (platinum, 0.11 cm\(^2\)) was fixed at 1.2 V vs. RHE to oxidize any peroxide intermediate. The oxygen reduction at the disc starts earlier than 1 V vs. RHE, with negligible H\(_2\)O\(_2\) in the whole scanned potential range. As a first qualitative observation, the catalyst displays good kinetics because of the sharp current behavior in the potential range of 1.0–0.8 V vs. RHE reaching a half-potential (\(E_{1/2}\)) of 0.90 and 0.85 vs. RHE for 400 and 900 rpm, respectively. Almost the same value of the OCP and \(E_{1/2}\) were reached in 0.1 M NaOH. The important diffusion current density obtained herein and compared to that resulting in the w/o method can be assigned to the synthetic method, whereas the magnitude of the metal loading is almost two times lower [33,52]. One of the recurring themes in the FCs performance loss is the decrease of the ORR activity due to the active electrochemical surface area (ECSA) loss over the cycles [9,58,167–170]. The durability test was performed as depicted in Figure 12b. It provides evidence that the BAE method delivers prototype catalyst with impressive durability performances where the ORR curve is superimposed with the initial polarization curve, even if the catalyst loses 12% on its maximum ECSA. Indeed, compared to the current carbon supported nanoparticles, in such a situation, the catalyst is expected to lose more than 50% [58,171,172].

**Figure 12.** ORR polarization curves recorded in an O\(_2\)-saturated 0.1 M HClO\(_4\) solution at 20 wt% Pt/C catalyst prepared from the BAE method: (a) Ring (top) and disc (bottom) current density; (b) Electrochemical durability (top) and the ORR polarization after 1000 CVs (bottom). ORR performed at 5 mV s\(^{-1}\), 1600 rpm, and room temperature. Insets show the SECSA decay over the 1000 cycles from 0.05–1.1 V vs. RHE at 50 mV s\(^{-1}\). Metal loading on the electrode: 100 µgPt cm\(^{-2}\).
The kinetic parameters of the catalyst were analyzed. Figure 13a shows the Koutecky-Levich plots, highlighting a linear dependence at all potentials. This linearity combined with the parallelism is not surprising and clearly indicates that the oxygen reduction reaction is first-order kinetics with respect to oxygen. The type of plot is crucial for determining the apparent kinetic current density at each potential. Then, all these values are plotted as in Figure 13b to give the limiting current density ($j_l$). In 0.1 M HClO$_4$, $j_l = 150$ and 140 mA cm$^{-2}$ for the initial Pt/C and Pt/C after 1000 CVs, respectively. These values are found to be 105 and 97 mA cm$^{-2}$ in 0.1 M NaOH. Considering the likely impact of the electrolyte on the ORR performances at the nanoparticles, Nesselberger et al. [5] found in 2011 that the absolute reaction rates decrease in the order HClO$_4$ > KOH > H$_2$SO$_4$. They explained it by the anionic adsorption strength increase (acid solutions), whereas the lower activity of KOH compared to HClO$_4$ might be due to the noncovalent interactions between hydrated K$^+$ and adsorbed OH$^-$ [5,173]. Because of the ORR improved durability and activity in HClO$_4$, this solution is the electrolyte of choice for the electrochemical tests in a three-electrode cell [11,14,173–175].

Two Tafel slopes (inset in Figure 13b) were determined: 125 mV dec$^{-1}$ at low overpotential (PtO$_x$ region) and 63 mV dec$^{-1}$ at high overpotential (Pt free region). On the fresh Pt/C electrode, these values were 130 and 67, respectively. Besides, 126 and 69 mV dec$^{-1}$ were evaluated with the fresh catalyst. Then, 140 and 71 mV dec$^{-1}$ were obtained after the durability test in 0.1 M NaOH. All these determined Tafel slopes are close to the theoretical ones, which are 120 mV dec$^{-1}$ (low $\eta$) and 60 mV dec$^{-1}$ (high $\eta$) [126]. It should be emphasized that these values are in agreement with those reported both for Temkin adsorption isotherms of oxygenated species (low $\eta$), or Langmuir ones for high $\eta$ (where Pt surface is free of PtO$_x$ species) [176,177].

**Figure 13.** Cont.
Figure 13. (a) Koutecky–Levich and (b) $j_k^{-1}$ plot for the determination of $j_L$. Inset in (b) shows the Tafel plots: data are extracted from ORR after the durability test in 0.1 M HClO$_4$. (c) Comparison of $j_k$ at 0.9 V vs. RHE in 0.1 M HClO$_4$ and 0.1 M NaOH.

Figure 13c gathers the kinetic current (extracted from Figure 13a) normalized either with ECSA mass (mA cm$^{-2}$Pt) or Pt mass (mA µg$^{-1}$Pt) at 0.9 V vs. RHE. Initially, $j_k = 0.45$ mA cm$^{-2}$Pt (0.15 mA µg$^{-1}$Pt) in 0.1 M HClO$_4$ and $j_k = 0.31$ mA cm$^{-2}$Pt (0.12 mA µg$^{-1}$Pt) in 0.1 M NaOH. After the durability test, they became $j_k = 0.40$ mA cm$^{-2}$Pt (0.15 mA µg$^{-1}$Pt) in 0.1 M HClO$_4$ and $j_k = 0.14$ mA cm$^{-2}$Pt (0.05 mA µg$^{-1}$Pt) in 0.1 M NaOH, meaning a good stability in acid medium and a performance loss in the alkaline medium. The stability could be improved by the addition of second metals like palladium or gold to platinum. Table 1 summarizes the different parameters. It can be seen that $j_0$ is $179 \times 10^{-3}$ mA cm$^{-2}$ and $122 \times 10^{-3}$ mA cm$^{-2}$ after stability in HClO$_4$, and $153 \times 10^{-3}$ mA cm$^{-2}$ and $114 \times 10^{-3}$ mA cm$^{-2}$ after stability in NaOH, respectively. These values of $j_0$ are more important than those reported by Demarconnay et al. [33] (16.8 mA cm$^{-2}$) and Habrioux et al. [52] (0.3 $\times 10^{-3}$ mA cm$^{-2}$) on Pt/C synthesized from the w/o method, reflecting an enhanced ORR kinetics at these electrode materials.

Table 1 gathers the experimental data concerning the ORR on carbon-supported nanomaterials prepared from the colloidal method. It would be interesting to discuss each point depending on the used method. Unfortunately, there is missing information in the literature. The ORR occurs with high OCP close to 1 V vs. RHE and suitable half-potential (E$_{1/2}$) roughly at 0.85 V vs. RHE, as on the most active and advanced Vulcan supported PtCo [3,14], PtNi [3,11] or PtNiCo [13] nanoparticles as well as on the free nanoparticles in solution (unsupported catalysts) [10,65]. The other interesting result from this table concerns the number of exchanged electrons. This value is close to 4, which means that the reaction does not produce any significant peroxide, maximizing the Faradaic yield. Conversely, it is difficult to compare the kinetic activity with $j_k$ due to the fact that some authors did not clearly indicate whether the current was normalized with the geometric or active surface area. For this, we recommend further papers include full information concerning their materials for better comparison.
### Table 1. Comparative performances of oxygen reduction reaction (ORR) results from RRDE experiments on various catalysts prepared from colloidal methods. $E_{1/2}$ was graphically determined at 1600 rpm (potential at $i = I_D/2$). Note: OCP, “w/o” and “BAE” refer to open circuit potential, water-in-oil and bromide anion exchange methods, respectively. Empty box (–) means that the original article does not provide such data.

<table>
<thead>
<tr>
<th>Catalyst</th>
<th>Electrolyte</th>
<th>OCP $E_{1/2}$</th>
<th>$j_h$ (mA cm$^{-2}_{\text{r}}$) at (V vs. RHE)</th>
<th>Tafel slope (mV dec$^{-1}$)</th>
<th>$j_0 \times 10^{-3}$ mA cm$^{-2}$</th>
<th>$n_{ex}$</th>
<th>Method and Ref.</th>
</tr>
</thead>
<tbody>
<tr>
<td>50 wt% Pt/C</td>
<td>0.2 M NaOH</td>
<td>1.05 0.85</td>
<td>0.60 - 81 126</td>
<td>1.2 16.8</td>
<td>4</td>
<td>w/o [33]</td>
<td></td>
</tr>
<tr>
<td>50 wt% Pt$<em>{80}$Bi$</em>{20}$/C</td>
<td>1.05 0.87</td>
<td>1.14 - 62 127</td>
<td>0.3 23.2</td>
<td>4</td>
<td>w/o [33]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 wt% Pd/C</td>
<td>1 M NaOH</td>
<td>0.95 0.83</td>
<td>0.07 89 162</td>
<td>- 11.1</td>
<td>3.9</td>
<td>w/o [56]</td>
<td></td>
</tr>
<tr>
<td>20 wt% Pd$<em>{70}$Ni$</em>{30}$/C</td>
<td>0.95 0.85</td>
<td>0.06 76 133</td>
<td>- 1.63</td>
<td>3.8</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 wt% Pd/C</td>
<td>0.5 M H$_2$SO$_4$</td>
<td>0.80 0.70</td>
<td>- - 60 120</td>
<td>- -</td>
<td>4</td>
<td>Polyol [162]</td>
<td></td>
</tr>
<tr>
<td>20 wt% Pt/C</td>
<td>0.925 0.84</td>
<td>- - - - - -</td>
<td>- -</td>
<td>4</td>
<td>Polyol [152]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 wt% Pt-Co/C</td>
<td>0.980 0.85</td>
<td>- - - - - -</td>
<td>- -</td>
<td>4</td>
<td>Polyol [152]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 wt% Pt-Cr/C</td>
<td>0.985 0.85</td>
<td>- - - - - -</td>
<td>- -</td>
<td>4</td>
<td>Polyol [152]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 wt% Ag/C</td>
<td>0.1 M NaOH</td>
<td>0.95 0.80</td>
<td>- - 6.3 157</td>
<td>- 3.9</td>
<td>w/o [178]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20 wt% Pt/C</td>
<td>0.1 M HClO$_4$</td>
<td>1.09 0.85</td>
<td>0.45 1.01 67 130</td>
<td>0.45 179</td>
<td>4.0</td>
<td>BAE Here</td>
<td></td>
</tr>
<tr>
<td>0.1 M NaOH</td>
<td>1.08 0.85</td>
<td>0.31 0.77 69 126</td>
<td>0.64 122</td>
<td>4.0</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 4. Summary and Perspectives

This review paper focused on the preparation and application of carbon supported nanoparticles in electrocatalysis, and especially on the oxygen reduction reaction (ORR) in low temperature fuel cells (FCs). We examined the recent developments in nanocatalysts preparation science in order to better understand and correlate their catalytic performances toward the ORR. From this survey, we found that the catalytic properties can be precisely and effectively tuned by changing the experimental conditions. Definitively, among the developed methods for carbon-supported nanoparticles, the colloidal ones are the most used in ORR electrochemistry. The state-of-the-art Pt/C electrocatalyst shows poor long-term stability and different co-atoms (Co, Ni, Bi, Ag, Au) have been proposed to improve its performances. The reaction on Pt-based electrodes starts at ca. 1.1 V vs. RHE, which represents only 100 mV difference compared to the theoretical value (close to 1.2 V vs. RHE). More importantly, most of the
optimized systems, display sharp behavior between 0.8–0.9 V vs. RHE in the potential-current ORR polarization curves, for the range of interest for FCs applications. From the different results, it can be concluded that the oxygen reduction reaction at the metal nanoparticles depends strongly on the electrolyte medium as well as the particle size. Fundamental studies at the laboratory scale reveal that the reaction kinetics decreases in the order $\text{HClO}_4 > \text{NaOH (or KOH)} > \text{H}_2\text{SO}_4$. For the particles size effect, the optimum window is 2–3 nm, where the active sites on the corners and edges are more available. Unfortunately, basic but fundamental data are missing in research papers about the kinetic parameters to enable better comparison. In this review paper, we were not able to compare the specific kinetics of the different electrode materials derived from the various preparation methods due to lack of information. Future studies are urged to provide clear and full in depth information on their ORR tests.

These recent advances in low temperature FCs electrocatalysts preparation indicate that the standard and quality of fundamental research in this area needs to continue unabated. Water-in-oil has been the method of choice for heterogeneous catalysis. The inability to clean the nanoparticles surface from the organic molecules used as surfactant affects the catalytic performance of the obtained catalysts. The recent initiated “Bromide Anion Exchange, BAE” method leads to various surfactant-free nanoparticles. Undoubtedly, the performance of such materials in the long term is expected to be of particular importance in fuel cell science. Even catalysts from colloidal methods (water-in-oil, polyl, Bönnemann, BAE) have demonstrated excellent ability toward the ORR; they have not been widely tested in the Membrane-Electrode-Assembly, MEA. Future works in this area should first focus on the performances of carbon supported metal nanoparticles in MEAs for the *in situ* oxygen reduction reaction as well as the FC results. Furthermore, in order to reduce the electrode cost and thus the FC system, incorporating non-noble metals is needed to reduce the amount of precious metals in the electrode materials. The experimental tools provided herein will be useful for early career researchers in FCs and could help in finding suitable ORR methodology.

**Acknowledgments**

The authors would like to thank financial supports from the French National Research Agency (ANR) through the program “ChemBio-Energy” and “Region Poitou-Charentes”.

**Author Contributions**

Kouakou B. Kokoh conceived the project. Yaovi Holade and Nihat Ege Sahin wrote the first draft of the manuscript which was then improved by Karine Servat, Teko W. Napporn and Kouakou B. Kokoh. All the authors researched the literature.

**Conflicts of Interest**

The authors declare no conflict of interest.
References


© 2015 by the authors; licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution license (http://creativecommons.org/licenses/by/4.0/).