

Supplemental Table S4. Comparison of daily intake in micronutrients between quintiles (Q) of western pattern (N=44,350)

	Q1		Q2		Q3		Q4		Q5		p
	mean	SD	mean	SD	mean	SD	mean	SD	mean	SD	
Calcium	1025.2	2.86	917.7	2.80	877.0	2.77	853.0	2.80	809.2	3.05	<0.0001
Beta caroten	4350.6	29.37	3533.2	28.79	3168.2	28.47	2906.5	28.76	2380.7	31.33	<0.0001
Iron	14.1	0.05	13.5	0.05	13.1	0.05	12.9	0.05	12.1	0.05	<0.0001
Potassium	3441.9	6.75	3025.3	6.61	2845.2	6.54	2716.2	6.61	2518.9	7.20	<0.0001
Magnesium	371.6	1.20	344.1	1.17	332.6	1.16	322.1	1.17	301.6	1.28	<0.0001
Sodium	2971.1	9.46	2943.4	9.27	2918.9	9.17	2871.1	9.26	2809.8	10.09	<0.0001
Phosphorus	1408.2	3.14	1279.2	3.08	1227.4	3.05	1187.7	3.08	1132.3	3.35	<0.0001
Vitamin A	1201.7	9.72	1076.8	9.53	1020.7	9.42	995.2	9.52	908.4	10.37	<0.0001
Vitamin B1	1.3	0.01	1.2	0.01	1.1	0.01	1.1	0.01	1.1	0.01	<0.0001
Vitamin B2	2.0	0.01	1.7	0.01	1.6	0.01	1.6	0.01	1.5	0.01	<0.0001
Vitamin B3	20.5	0.06	18.8	0.06	18.2	0.06	17.7	0.06	16.9	0.07	<0.0001
Vitamin B5	5.9	0.01	5.3	0.01	5.0	0.01	4.9	0.01	4.6	0.01	<0.0001
Vitamin B6	2.0	0.01	1.8	0.01	1.7	0.01	1.6	0.01	1.5	0.01	<0.0001
Vitamin B9	376.5	1.09	326.9	1.07	307.9	1.06	292.3	1.07	270.2	1.16	<0.0001
Vitamin B12	5.9	0.06	5.4	0.06	5.2	0.06	5.0	0.06	4.7	0.06	<0.0001
Vitamin C	133.1	0.75	113.7	0.74	105.9	0.73	101.0	0.74	96.1	0.80	<0.0001
Vitamin D	3.0	0.03	2.8	0.03	2.7	0.03	2.6	0.03	2.4	0.03	<0.0001
Vitamin E	12.1	0.05	11.3	0.05	10.9	0.04	10.6	0.05	10.1	0.05	<0.0001
Zinc	11.5	0.03	10.9	0.03	10.5	0.03	10.2	0.03	9.6	0.03	<0.0001

ANCOVA tests controlled for gender, age and total energy intake

Abbreviations: SD standard deviation