Supplementary Material

Supplementary Material Figure S1. Funnel plots for the effect of whole grain consumption on (**A**) Glucose iAUC 0–120; (**B**) Glucose iAUC 0–180; (**C**) Insulin iAUC 0–120 and (**D**) Insulin iAUC 0–180

Supplementary Material Figure S2. Funnel plots for the effect of whole grain consumption on (**A**) Fasting glucose; (**B**) Fasting insulin; (**C**) Maximal glucose response and (**D**) maximal insulin response.