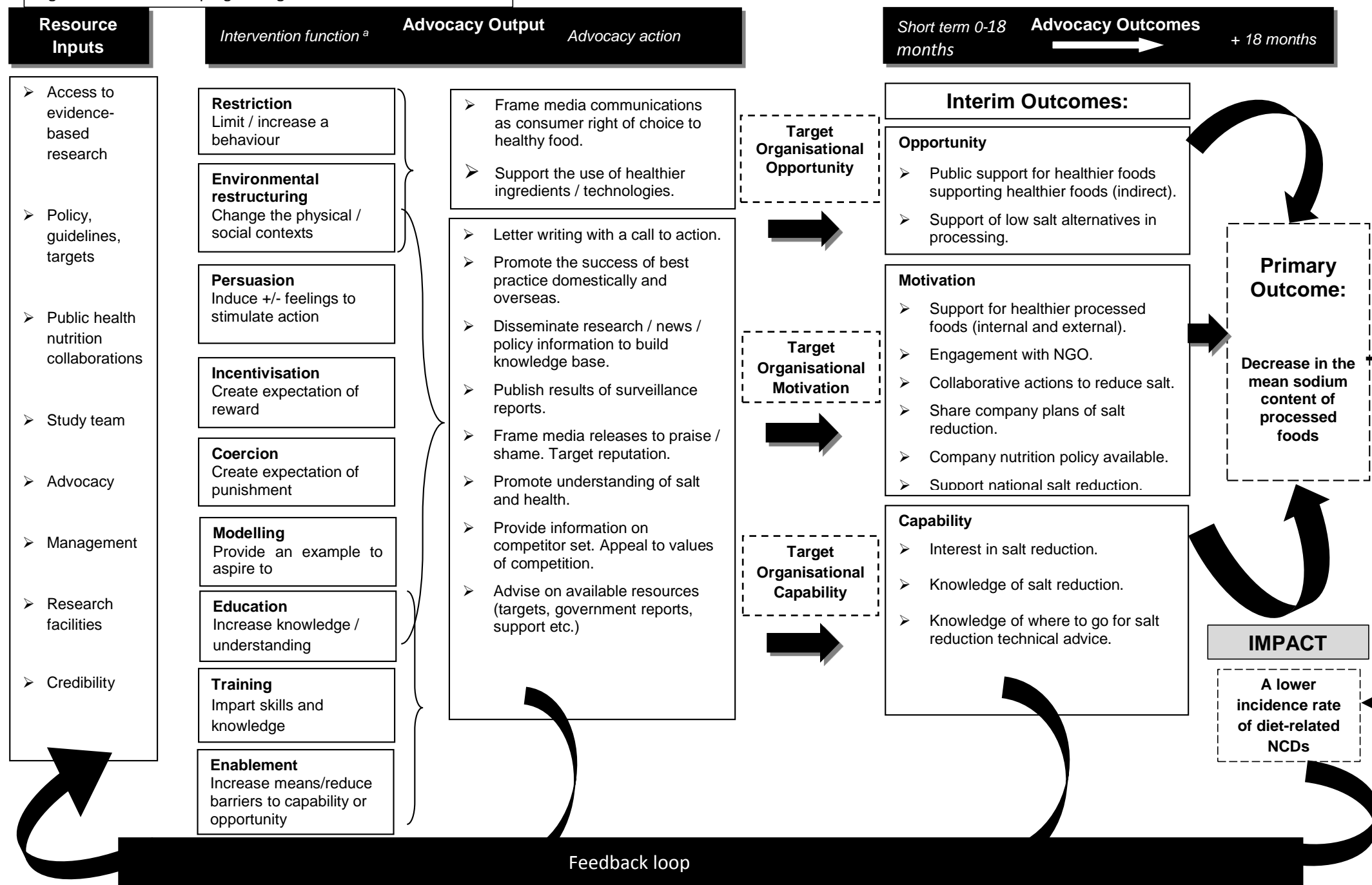


Figure S1 Intervention program logic model



^aAdapted from Michie S, van Stralen M, West R. The Behaviour change wheel a new method for characterising and designing behaviour change interventions. Implement Sci. 2011;6:42

