

Supplementary Table S1. Correlation between protein (grams) and amino acids (mg) per 100 g food for fruits and vegetables analyzed by NSPKU.

Variables	Amino acids in fruits (<i>n</i> = 8) ^a						Amino acids in vegetables (<i>n</i> = 48) ^b					
	Protein	Phe	Leu	Met	Tyr	Lys	Protein	Phe	Leu	Met	Tyr	Lys
1. Protein	-						-					
2. Phenylalanine	0.74	-					0.61	-				
3. Leucine	0.80	0.92	-				0.57	0.97	-			
4. Methionine	0.63	0.98	0.84	-			0.52	0.88	0.89	-		
5. Tyrosine	0.57	0.69	0.85	0.67	-		0.55	0.90	0.91	0.95	-	
6. Lysine	0.80	0.70	0.91	0.58	0.78	-	0.61	0.93	0.94	0.91	0.88	-

Abbreviations; Phe, phenylalanine; Leu, leucine; Met, methionine; Tyr, tyrosine; Lys, lysine; NSPKU, National Society for Phenylketonuria.

^a Fruit crisps were not included in the analysis.

^b Branded sweet potato fries (cooked) were not included in the analysis due the extra protein content from flour (e.g. rice flour, corn flour, etc.) used as a coating.