

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Bernier 1998	-	-	+	-	+	+	+
Chuntrasakul 2003	-	-	-	-	+	+	+
Garrel 1995	+		+	-	-	+	+
Gottschlich 1990	+		+	-	+	+	
Saffle 1997	-	-	+	-	+	+	+
Tihista 2016	+		+	-	-	+	
Wibbenmeyer 2006	+		+	-	-	+	

+ Low risk of bias

- High risk of bias

Supplemental Figure S1. Risk of bias assessment